

Any questions: Sharon 214-239-7183. Menus subject to change.

HOT KOSHER MEALS — SEPTEMBER 2025

| Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|--------------------------|---------------------|----------------------|----------------------|
| | | | | |
| 1 | 2 Orange Juice | 3 Orange Juice | 4 Orange Juice | 5 Orange Juice |
| | Tomato Soup | Garden Salad | Rueben Sandwich | Matzo Ball Soup |
| JCC CLOSED | "Meat" Lasagna | Salmon | Coleslaw | Salsbury Steak |
| LABOR DAY | Broccoli | Sweet Potato Mash | Chips | Mashed Potato |
| | Garlic Roll | Roasted Cauliflower | Pickle | Vegetable Medley |
| | Blondie | Bread | Bread | Challah |
| | | Fresh Fruit | Peanut Butter Cookie | Orange Cake |
| 6 Orange Juice | 7 Orange Juice | 8 Orange Juice | 9 Orange Juice | 10 Orange Juice |
| Cucumber Salad | Vegetable Soup | Tomato Salad | Knockwurst | Matzo Ball Soup |
| Turkey Meatloaf | Cheese/Spinach Enchilada | Tilapia | Fries | Chicken Cacciatore |
| Pasta | Refried Beans | Stir Fried Veggies | Coleslaw | Risotto |
| Green Beans | Mexican Rice | Roast Potatoes | Pickle/Sauerkraut | Zucchini |
| Bread | Tortilla | Bread | Bun | Challah |
| Brownie | Churro | Fresh Fruit | Ginger Cookie | Chocolate Cake |
| 15 Orange Juice | 16 Orange Juice | 17 Orange Juice | 18 Orange Juice | 19 Orange Juice |
| Field Green Salad | Bean Soup | Israeli Salad | Chicken Salad | Matzo Ball Soup |
| Panko Chicken | Salmon Alfredo | Salmon Croquets | Chips | Beef Bourguignon |
| Roasted Sweet Potatoes | Roasted Veggies | Orzo | Lettuce/Tomato/Onion | Mashed Potato |
| Broccoli | Garlic Bread | Roasted Carrots | Pickle | Green Peas/Mushrooms |
| Bread | Choc/Chip Cookie | Bread | Bread | Challah |
| Blueberry Pie | | Watermelon | Apple Strudel | Mandelbrot |
| 22 Orange Juice | 23 Orange Juice | 24 Orange Juice | 25 Orange Juice | 26 Orange Juice |
| Corn Salad | | | Tuna Salad | Matzo Ball Soup |
| Bolognaise | JCC CLOSED | JCC CLOSED | Tomato/Lettuce/Onion | Brisket |
| Spaghetti | ROSH HASHANAH | ROSH HASHANAH | Pickle | Potato Anna |
| Roasted Cauliflower | | | Chips | Roasted Beets |
| Garlic Bread | | | Bread | Challah |
| Baked Apple | | | Muffin | Chocolate Mousse |
| 29 Orange Juice | 30 Orange Juice | | | |
| Waldorf Salad | Navy Bean Sou[| | | |
| Salisbury Steak | "Chicken" Fried Rice | | | |
| Mashed Potatoes | Stir Fry Veggies | | | |
| Roasted Carrots | Bread | | | |
| Bread | Almond Cookie | | | |
| Cake | Innois Cookie | | | |
| | | | | |

This program is for everyone, Age 60+. JCC membership is not required. Complete, nutritious lunch served daily in the Zale Auditorium for a suggested donation of \$4.00 (subsidized by the JCC and Dallas Area Agency on Aging).