

# SENIORS • SEPTEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Closed for Labor Day	<b>2</b> 10 Yiddish 10:30 Therapy Dogs 11 NIA 12 Lunch 1 Chair Volleyball 1 Canasta/Swoosh	<b>3</b> 9:30 Rummikub 11 Strength and Stretch 12 Lunch with The Legacy 1 Canasta 1 Torah with Laura	<b>4</b> 10 Art Technique* 11 Balance Fitness 12 Lunch 1 Movie Thursday	<b>5</b> 9 Bridge 9:30 Rummikub 11 Chair Yoga 12 Lunch 1 OLLI Info Session
<b>8</b> 9:30 Sewing/Knitting 10 Art Technique* 11 Silver Fit 12 Lunch 1 Kaluki/Mahjong	<b>9</b> 9:30 Sr. Advisory Board 10:30 Therapy Dogs 11 NIA 12 Lunch 1 Chair Volleyball 1 Canasta/Swoosh 1 Rabbi Wolk	<b>10</b> 9:30 Rummikub 11 Strength and Stretch 12 Lunch 1 Canasta 1 Torah with Laura 1 National Medal of Honor Museum*	<b>11</b> 10 Art Technique* 11 Balance Fitness 12 Lunch 1 Movie Thursday 5:30 Bubbie's Table Live	<b>12</b> 9 Bridge 9:30 Rummikub 9:30 Book Club 11 Chair Yoga 12 Lunch 1 Cyber Scam Seminar
<b>15</b> 9:30 Sewing/Knitting 10 Art Technique* 11 Silver Fit 12 Lunch 1 Kaluki/Mahjong	<b>16</b> 10 Yiddish 10:30 Therapy Dogs 11 NIA 12 Lunch 1 Canasta/Swoosh 1 Chair Volleyball 1:30 Jewish Film Fest	<b>17</b> 9:30 Rummikub 11 Strength and Stretch 12 Lunch 1 Canasta 1 Torah with Laura	<b>18</b> 10 Art Technique* 11 Balance Fitness 12 Lunch 1 Movie Thursday	<b>19</b> 9 Bridge 9:30 Rummikub 11 Chair Yoga 12 Lunch
<b>22</b> 9:30 Sewing/Knitting 10 Art Technique* 11 Silver Fit 12 Lunch 1 Kaluki/Mahjong 1 Bingo with Renee	<b>23</b> Closed for Rosh Hashanah	<b>24</b> Closed for Rosh Hashanah	<b>25</b> 10 Art Technique* 11 Balance Fitness 12 Lunch 1 Movie Thursday	<b>26</b> 9 Bridge 9:30 Rummikub 11 Chair Yoga 12 Lunch
<b>29</b> 9:30 Sewing/Knitting 10 Art Technique* 11 Silver Fit 12 Lunch 1 Kaluki/Mahjong	<b>30</b> 10:30 Therapy Dogs 11 NIA 12 Lunch 1 Canasta/Swoosh 1 Chair Volleyball 1:30 Jewish Film Fest	Mark your calendar! <b>Always Patsy Cline</b> Sunday, September 7 at 1:30pm <b>Brunch and Games</b> Sunday, September 14 at 10am		*Programs with an asterisk incur an additional fee.

# Program Descriptions

## Always Patsy Cline - Sunday, September 7 at 1:30pm

The show features 27 of Patsy Cline's biggest hits, providing a musical journey through her career and life. Join us for only \$30 per person, transportation included. Seats are limited – sign up at the senior office or J front desk.

## Book Club - Friday, September 12 at 9:30am

Discuss “The Love Elixir of Augusta Stern” by Lynda Cohen Loigman and “The Sunflower: On the Possibilities and Limits of Forgiveness” by various authors. Thank you to Linda Blasnik for leading!

## Brunch and Games - Sunday, September 14 at 10am

Join us for fun, food, and friendly competition - board games, mahjong, bingo, card games, and more! This event is sponsored by Doctors Implants. RSVP to Sharon Cane.

## Bubbie's Table Live - Thursday, September 11 at 5:30pm

Enjoy an evening full of flavor and fun, featuring Bubbies recipe tasting stations, recipes and stories, and a Dallas Jewish Historical Society pop-up exhibit on Jewish food traditions.

## Cyber Scam Seminar - Friday, September 12 at 1pm

Learn to protect your financial information online, including bank accounts, payment apps, and online shopping. Presented by America's Credit Union in partnership with Jewish Family Service.

## Jewish Film Festival - Tuesdays, September 16 and 30 at 1:30pm

See two matinee options in September! See “Iron Ladies” and “Fiddler on the Moon” on 9/16 and “The Property” on 9/30. Transportation is not provided and tickets available only at [jccdallas.org/film-festival](http://jccdallas.org/film-festival).

## Lunch - Weekdays at Noon (Zale Auditorium)

Hot kosher meals for all age 60+, JCC membership not required. Suggested donation of \$4. The Legacy Senior Communities joins on September 3 with music from Don Weitz.

## National Medal of Honor Museum - Wednesday, September 10 at 1pm

A celebration of the human spirit, the National Medal of Honor Museum honors the inspiring lives and legacies of ordinary Americans who took extraordinary action in the service of others. \$36 per person, including transportation. Sign up at the senior office or J front desk.

## OLLI Information Session - Friday, September 5 at 1pm

Learn about lifelong learning for adults available from OLLI, a program sponsored by the University of North Texas. Some classrooms are only six miles from the J! Explore non-credit courses, special events, group travel, and more.

## Rabbi Wolk: Jewish History - Tuesday, September 9 at 1pm

Rabbi Howard Wolk is the community chaplain of Jewish Family Service. Join him to discuss “Gearing Up for Rosh Hashanah: Heading into the New Year.”

# Contact Information

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Join our PRIVATE  
Facebook group page:  
J Dallas Seniors



**Dallas**

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Our lunch program serves everyone without discrimination regarding race, creed, color, sex, age, ancestry, national origin, religion, or handicap. We welcome people with economic needs, disabilities, or limited English proficiency.