



Any questions: Sharon 214-239-7183. Menus subject to change.

HOT KOSHER MEALS — OCTOBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Orange Juice Field Green Salad Salmon Couscous Green Peas Bread Fresh Fruit	2 JCC CLOSED YOM KIPPUR	3 Orange Juice Matzo Ball Soup Chicken Curry Basmati Rice Yellow Squash Challah Ginger Cookie
6 Orange Juice Cucumber Salad Chicken Pot Pie Mixed Veggies Cauliflower Bread Pecan Sandie	7 JCC CLOSED SUKKOT	8 JCC CLOSED SUKKOT	9 Orange Juice Turkey Sandwich Baked Beans Lettuce/Tomato/Onion Chips Baked Apple	10 Orange Juice Matzo Ball Soup Beef Stroganoff Mash Potatoes Roasted Veggies Challah Pineapple Crisp
13 Orange Juice Tomato Salad Chicken Schnitzel Potato Hash Green Peas Bread Choc Chip Cookie	14 JCC CLOSED SHEMINI ATZERET	15 JCC CLOSED SIMCHAT TORAH	16 Orange Juice Egg Salad Lettuce/Tomato/Onion Cucumber Chips Bread Macaroons	17 Orange Juice Matzo Ball Soup Chicken Piccata Rice Green Beans Challah Chocolate Cake
20 Orange Juice Cucumber Salad Grilled Chicken Baked Potato Roasted Beets Bread Fruit Compote	21 Orange Juice Lentil Soup Salmon Alfredo Roasted Broccoli Garlic Bread Lemon Pound Cake	22 Orange Juice Potato Leek Soup Fried Tilapia Fries Yellow Squash Bread Fresh Fruit	23 Orange Juice Chicken Salad Potato Chips Tomato/Lettuce/Onion Pickle Bread Cup Cake	24 Orange Juice Matzo Ball Soup Stuffed Cabbage Rice Green Beans Challah Chocolate Mousse
27 Orange Juice Caesar Salad Meat Balls Spaghetti Roasted Cauliflower Bread Pineapple Crisp	28 Orange Juice Minestrone Veggie & Cheese Frittata Hash Browns Zucchini Bread Brownie	29 Orange Juice Butternut Squash Soup Salmon Croquette Sweet Potato Vegetable Medley Bread Fresh Fruit	30 Orange Juice Hamburger + Bun French Fries Tomato/Lettuce/Onion Pickle Choc Chip Cookie	31 Orange Juice Matzo Ball Soup Roast Chicken Potato Anna Roasted Beets Challah Mandelbrot

This program is for everyone, Age 60+. JCC membership is not required. Complete, nutritious lunch served daily in the Zale Auditorium for a suggested donation of \$4.00 (subsidized by the JCC and Dallas Area Agency on Aging).