

AUGUST, 2026

Hot Kosher Meals

Aaron Family JCC of Dallas

This program is for everyone age 60+, JCC membership is not required. Complete, nutritious lunch served daily for a suggested donation of \$4 (subsidized by the JCC and Dallas Area Agency on Aging).

Monday	Tuesday	Wednesday	Thursday	Friday
3 Orange Juice Caesar Salad Mexican Chicken Rice Roast Cauliflower Bread Blondie	4 Orange Juice Lentil Soup Salmon Alfredo Broccoli Garlic Bread Lemon Pound Cake	5 Orange Juice Cucumber Salad Tilapia Sweet Potatoes Green Peas Bread Fruit in Season	6 Orange Juice Israeli Salad Reuben Sandwich Potato Chips Lettuce/Tom/Onion Bread Pea. Butter Cookie	7 Orange Juice Matzo Ball Soup Pot Roast Mushroom Risotto Yellow Squash Challah Cup Cake
10 Orange Juice Bean Salad Panko Chicken Zucchini Roast Potatoes Bread Baked Apples	11 Orange Juice Minestrone Veg/Ch Frittata Hash Browns Roast Cauliflower Bread Choc Chip Cookie	12 Orange Juice Chickpea Salad Salmon Orzo Green Beans Bread Fresh Fruit	13 Orange Juice Knockwurst Sauerkraut/Pickle Fries Baked Beans Bun Fruit Cake	14 Orange Juice Matzo Ball Soup Beef Stroganoff Rice Mixed Veggies Challah Bread Pudding
17 Orange Juice Chicken Fajita Street Corn Charro Beans Guacamole Tortilla Cinn/Sugar Cookie	18 Orange Juice Broc/Ched Soup Veggie Lasagna Side Salad Bread Rugelach	19 Orange Juice Cabbage Salad Cod Roasted Potatoes Green Peas Bread Fresh fruit	20 Orange Juice Roast Beef Sand. Potato Chips Tom/Onion/Lettuce Pickle Bread Fruit Compote	21 Orange Juice Matzo Ball Soup Roast Chicken Yellow Rice Roasted Butternut Challah Straw. Shortcake
24 Orange Juice Green Salad Meatballs Spaghetti Roast Cauliflower Bread Pineapple Crisp	25 Orange Juice Mush/Barley Soup Eggplant Parmesan Fresh Green Salad Pasta Bread Stewed Pears	26 Orange Juice Spinach Salad Salmon Croquette Sweet Potato Mash Vegetable Medley Bread Fresh Fruit	27 Orange Juice Sloppy Joe Side Salad Fries Coleslaw/Pickle Bun Lemon Square	28 Orange Juice Matzo Ball Soup BBQ Brisket Roast Potatoes Green Beans Challah Chocolate Cake
31 Orange Juice Butternut Soup Chicken Schnitzel Baked Potato Mixed Vegetables Bread Apple Cake				