

OCTOBER 2026

Hot Kosher Meals

Aaron Family JCC of Dallas

This program is for everyone age 60+, JCC membership is not required. Complete, nutritious lunch served daily for a suggested donation of \$4 (subsidized by the JCC and Dallas Area Agency on Aging).

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Orange Juice Roast Beef Sand. Lett/Tom/Onion Coleslaw/Pickle Potato Chips Bread Peanut Butter Cookie	Orange Juice Matzo Ball Soup Salisbury Steak Mashed Potato Vegetable Medley Challah Orange Pound Cake
5	6	7	8	9
Orange Juice Cucumber Salad Chicken Pot Pie Mixed Veggies Cauliflower Bread Pecan Sandie	Orange Juice Minestrone Salmon Alfredo Roasted Carrots Garlic Bread Ginger Cookie	Orange Juice Mush./Barley Soup Tilapia Stir Fried Veggies Roast Potatoes Bread Fresh Fruit	Orange Juice Knockwurst French Fries Red Cabbage Salad Pickle/Sauerkraut Bun Pineapple Crisp	Orange Juice Matzo Ball Soup Chicken Cacciatore Risotto Zucchini Challah Chocolate Cake
12	13	14	15	16
Orange Juice Israeli Salad Panko Chicken Roast Sw. Potato Broccoli Bread Blueberry Pie	Orange Juice Vegetable Soup Cheese/Sp Enchilada Refried Beans Mexican Rice Tortilla Churro	Orange Juice Butternut Sq Soup Salmon Croquette Orzo Roasted Veggies Bread Melon Medley	Orange Juice Chicken Salad Potato Chips Lett/Tom/Onion Pickle Bread Apple Cake	Orange Juice Matzo Ball Soup Beef Bourguignon New Potatoes Green Beans Challah Mandelbrot
19	20	21	22	23
Orange Juice Onion Soup Bolognaise Spaghetti Roast Cauliflower Garlic Bread Baked Apple	Orange Juice Green Salad Pasta Primavera Bread Ice Cream Sundae	Orange Juice Roast Corn Soup Baked Fish Orzo Mixed Veggies Bread Fresh Fruit	Orange Juice Tuna Salad Tom/Lett/Onion Pickle Potato Chips Bread Muffin	Orange Juice Matzo Ball Soup Chicken Piccata Potato Anna Roasted Beets Challah Choc Mousse
26	27	28	29	30
Orange Juice Tomato Salad Chicken Schnitzel Potato Hash Broccoli Bread Choc Chip Cookie	Orange Juice Brocc/Ched Soup Veggie Lasagna Side Salad Bread Rugelach	Orange Juice Navy Bean Soup Salmon Israeli Couscous Green Peas Bread Fresh Fruit	Orange Juice Turkey Sandwich Lett/Onion/Tom Potato Chips Coleslaw/Pickle Bread Fruit Cocktail	Orange Juice Matzo Ball Soup Brisket Basmati Rice Yellow Squash Challah Cup Cakes