



Semaglutide FAQ

1. What is Semaglutide?

Semaglutide is a medication originally developed to help manage type 2 diabetes that has also been FDA-approved for chronic weight management. It works by mimicking a natural hormone in the body (GLP-1) that regulates appetite, slows digestion, and improves blood sugar control—helping you feel fuller longer and reducing overall calorie intake.

2. How does Semaglutide help with weight loss?

By signaling to your brain that you are satisfied sooner, Semaglutide helps reduce cravings and portion sizes. Combined with lifestyle changes such as balanced nutrition and increased activity, many clients experience safe, sustainable weight loss over time.

3. Is Semaglutide safe?

Yes. When prescribed and monitored by a qualified medical provider, Semaglutide is safe and effective. At Gloss, we follow evidence-based guidelines and perform a thorough consultation before starting treatment. Your health and safety are always our top priority.

4. What are the common side effects?

Some clients may experience mild side effects as their body adjusts, including:

- Nausea
- Stomach upset or constipation
- Headache
- Fatigue

These are typically temporary and can be minimized with proper dosing adjustments and lifestyle support. Our team is here to guide you through every step.

5. How is Semaglutide administered?

Semaglutide is given as a once-weekly injection with a tiny needle that most clients find virtually painless. At Gloss, we provide detailed instructions and support so you feel confident and comfortable self-administering at home.

6. How soon will I see results?

Results vary by individual, but many clients notice changes in appetite and eating patterns within

the first few weeks. Weight loss typically becomes noticeable after the first month and continues steadily with consistency.

7. How does Gloss ensure quality and safety?

At Gloss, your wellness is personal. We:

- Source compounded Semaglutide through accredited U.S. pharmacies
- Customize your treatment plan to your health profile and goals
- Provide ongoing monitoring, support, and access to our team throughout your journey

8. Do I have to commit to a long program?

Not at all! We offer flexible options designed around your needs. Most clients find best results with a 3–6 month program, but you can start with one month at a time and extend as you progress.

9. How do I get started?

It's simple:

1. Book your consultation with one of our licensed providers.
2. Complete a thorough health assessment.
3. Begin your personalized Semaglutide program with expert support.

✨ Ready to start your weight-loss journey? Click the **Connect With Provider** button for more information!