



DISCOVER YOUR CITY



Campus France will guide
you through your first steps
in France and **exploring Lyon,**
your new home.

WELCOME TO LYON





YOUR ARRIVAL IN LYON /

◆ A one-stop multi-service online welcome desk

STUDENTS WELCOME DESK 2022

COMUE Université de Lyon and its partners work together to support international students when they arrive in Lyon (and in Saint-Étienne), to ensure their academic year gets off to a good start, and to ease their integration into life in France.

Every year, the Students Welcome Desk teams inform and help students with all the administrative procedures required at the start of the academic year, in particular regarding residency permits and also on all help and support systems available within the Lyon conurbation.

Since 2020, international students can carry out all procedures related to residence permits entirely online.

The hotline's multilingual advisers provide international students with remote assistance for their administrative procedures and their integration into life in France; they are also available to meet in person (by appointment only) in the ComUE Université de Lyon Digital Space.

Dates and Opening Hours:
Hotline and reception by appointment in the Digital Space.

Dates and Hours:

Hotline and consultations by appointment at the Espace Numérique: from 2 September to 13 December 2024, Monday to Friday from 10 am to 1 pm and 2 pm to 5 pm.

Hotline Number: 04 37 37 43 00 or

www.universite-lyon.fr/swd

Address: 92 rue Pasteur, 69007 Lyon.

Contact: swd@universite-lyon.fr and SWD LYON

Facebook page: <https://www.facebook.com/studentswelcomedesk/>

For more information, take a look at:

- The COMUE Université de Lyon website

www.universite-lyon.fr/swd

- The Lyon Campus website and the bilingual French and English pages dedicated to international students):

<https://www.lyoncampus.com/etudier/etudiants-internationaux>

◆ Welcome and Orientation for Doctoral Students and Researchers

Espace Ulys – Euraxess Center

Espace Ulys is the welcome and orientation service on the Lyon Saint-Etienne site for foreign doctoral students, researchers, and their families. Year-round, a multilingual team can assist you in all your administrative procedures concerning your arrival and a successful stay (housing, residence permit, healthcare, activities in English to help you explore the city, and more).

Espace Ulys: <https://espace-ulyss.universite-lyon.fr/information@espace-ulyss.com> - 04 87 25 95 94

◆ Buddy System

You can be assisted by a local student in Lyon!

- With ESN CosmoLyon (Erasmus Student Network), a mentor program was put in place in Lyon. This **Buddy System** will help you find a mentor to help you in your procedures and in exploring the city: <https://esnlyon.org/>
- Some schools have also set up their own student buddy systems. Please contact your institution's international relations office.



Making you feel at home is a major concern for all French higher education institutions! The **Welcome to France label** is awarded to institutions that fulfil exacting criteria in the way they take care of their international students.

◆ Welcome and orientation in the institutions

Depending on the institution, school, or university, two information services are available: the Service des Relations Internationales (international relations) and/or the Service de la Sclolarité (Admissions).

Regardless of your institution, please consult the Campus France website for orientation. The site presents a series of **Information Sheets covering the different higher learning institutions**: <https://www.campusfrance.org> > Students > Documentary resources > Practical information for students and researchers > Reception arrangements in institutions

If you cannot find your school in this list, then go directly to their website

◆ National Services

- students: www.etudiant.gouv.fr

- doctoral students, researchers: <http://www.euraxess.fr/fr>



ACCOMMODATION

Finding somewhere to live is not always easy.

Rents are often high, and landlords require financial guarantees (such as a deposit). Nevertheless, there is a wide range of accommodation on offer: halls of residence that are exclusively reserved for students and managed by the CROUS, student halls and private lodgings, rooms in private homes, flatshares...

The main thing is to start preparing for this as early as possible, before leaving your home country.

- **The Lyon Campus site** gives you all the information and tips you need to find housing in Lyon: <https://www.lyoncampus.com> > Vivre > Se loger
- **Le CRIJ** (Centre Régional d'Information Jeunesse), the regional youth information center for Auvergne Rhône - Alpes, publishes classified ads: <https://www.info-jeunes.fr> > Vie quotidienne / Logement / Santé > Trouver et financer son logement
- For **doctoral students and researchers**, check **Espace Ulys** and the pages dedicated to housing: <http://www.espace-ulyx.fr> > Logement

A FEW TIPS

♦ Short-term housing:

- **Lyon Youth Hostel**, a 10-minute walk from the city center.
Address: Auberge Vieux-Lyon, 41 - 45 montée du Chemin Neuf, 69005 Lyon.
Contact: 04 78 15 05 50.
Website: <https://www.hifrance.org> > Auberge de jeunesse > Lyon
- for other types of temporary residences, use the **Lyon Tourist Office site's search engine**: <https://www.lyon-france.com/>

♦ Long-term housing:

The Lyon CROUS (Centre Régional des Œuvres Universitaires - Regional Center for University Services) for **student housing**.

Address: CROUS, 59 rue de la Madeleine, 69007 Lyon.

Hours: Monday to Friday, 9am to 5pm.

Contact: 04 72 80 17 70.

Website: <http://www.crous-lyon.fr> > Logement
The website *Trouver un logement*: <https://trouverunlogement.lescrous.fr/>

• Private Housing Platforms

Numerous Lyon institutions are members of Studapart, a platform for private housing: <https://www.studapart.com> > Lyon
Other offers for student lodging, managed by private organisms, are also available in Lyon.

For example, visit:

- <https://www.adele.org/>
- <https://www.immojeune.com/>
- <https://www.location-etudiant.fr/>
- <https://housinganywhere.com/>

- There is also **Lokaviz**, a site managed by CROUS, which includes a listing of student accommodations in private homes: <https://www.lokaviz.fr/>

- **Shared Leases** Consult *La Carte des Colocs*, a national site for shared leases that's free and simple to use: <https://www.lacartedescolocs.fr/>

- **Other solutions available on the Campus France site**: www.campusfrance.org > Getting Organized > Accommodation

♦ Visale provides a free service for students needing

a guarantor to secure housing: www.visale.fr



GETTING AROUND LYON



To get to Lyon from Paris, you can take the high-speed TGV train (2 hours): <https://www.oui.sncf/> or a flight which arrives at Lyon Saint-Exupéry international airport.



Depending on where you arrive, to get to the Students Welcome Desk:

- from Lyon Part-Dieu train station: Tram T1 or the B Metro
- from Lyon Perrache station: Tram T1 or Tram T2
- from Lyon Saint-Exupéry airport: RhôneExpress shuttle



For getting around the city and suburbs, use the public transportation (metro, bus and tramway) network, managed by TCL for transportation in Lyon: <http://www.tcl.fr/>



For travel within the region, take:

- Auvergne Rhône-Alpes regional trains
Auvergne-Rhône-Alpes: <https://www.ter.sncf.com/auvergne-rhone-alpes>
- Buses are also an option for low-cost travel: <https://fr.ouibus.com/> or <https://www.flixbus.fr/>



For ride-sharing, refer to the collaborative websites, for example:
- local: <https://www.covoiturage-grandlyon.com/>
- national: <https://www.blablacar.fr>



For greater independence, rent a **Vélo'o**, the bicycle rental service for the Greater Lyon Metropolitan area: <https://velov.grandlyon.com/home>

◆ **If you want to make an application for public housing funding (the APL "Aide Personnalisée au Logement"),**

The CAF (Caisse des Allocations Familiales) can check your eligibility: 32 30 or www.caf.fr

◆ **For accommodation adapted to your special needs**

Contact the CROUS Service Social which will work with your host institution.

Some institutions have specialized services for special-needs students (housing assistance and also transportation and tuition).

Université de Lyon is one of the first in France to engage in **Mission Handicap**, a disability project to welcome and support special needs students. Learn more: <https://www.universite-lyon.fr> > Vie des Campus > Handicap et accessibilité

◆ **Confirm Registration**

Take note! Even if you have a pre-registration letter, you are not officially enrolled. You must confirm your enrollment with the institution's Service de la Scolarité (Admissions) as soon as you arrive

RESIDENCE PERMITS

WHAT YOU NEED TO KNOW

- If you have just arrived in France on a long-term VLS-TS student visa: you must **validate it online as soon as you arrive in France**, on the ANEF (Administration numérique pour les Etrangers en France - Digital Administration for Foreigners in France) website. This validation must be carried out within the three months following your arrival: <https://administration-etrangers-en-france.interieur.gouv.fr/particuliers/#/>
- If you have Algerian citizenship or you are a student holding a "concours" visa or a visa bearing the mention "carte à solliciter dans les deux mois" ("card to be requested within two months"): your request for a residence permit must be carried out at the Préfecture.
- If you hold a "mineur scolarisé" ("minor in education") visa and you have since attained your majority, you must request a residence permit directly on the ANEF website or at the *préfecture* of your place of residence within the two months following your attaining the age of legal majority: <https://administration-etrangers-en-france.interieur.gouv.fr/particuliers/#/>

Please note: if you wish to renew your residence permit or VLS-TS, you must make your request during the third month preceding the date of end of validity of your current residence permit, on the following website: <https://administration-etrangers-en-france.interieur.gouv.fr/particuliers/#/>

The following tutorial can help you with this procedure: <https://www.campusfrance.org/en/tutorials-to-help-international-students-in-their-application-process>

- Your institution's student support services can assist you in case of any difficulties.

To find out more about your rights and obligations: <https://www.service-public.fr/particuliers/vosdroits/N110>

The CROUS, at your service everywhere

Do you need any help and/or advice, somewhere to eat or to live, a job - or do you just want to find out all there is to know about student life? Then the CROUS is what you need!



The CROUS (Centre Régional des Œuvres Universitaires et Scolaires - Regional Centre of University and School Services) has branches in all major French university towns.

It manages university halls of residence and canteens, allows you to meet social workers, and offers cultural activities and job opportunities.



FIRST THINGS FIRST /

ENROLLMENT IN YOUR INSTITUTION

◆ **CVEC**

Before you can enroll in your institution, you must download proof of payment of the Contribution Vie Etudiante et de Campus (CVEC) – the student and campus life contribution fee.

- Connect to <https://cvec.etudiant.gouv.fr/>

- For additional information and special cases:

<https://www.campusfrance.org> > Getting Organized > CVEC



PRACTICAL INFORMATION /

OPENING A BANK ACCOUNT

If you stay in France for more than 3 months, it will be much easier day-to-day if you open a bank account, **online or in one of the bank agencies located in Lyon.**

In France, opening a bank account is a right:
www.service-public.fr > Argent > Comptes bancaires
> Droit au compte

ACCESSING HEALTHCARE

Accessing healthcare in France is almost free, but you must be insured. **You must therefore be registered with the national health insurance programme.**

Please go to the <https://etudiant-etranger.ameli.fr> website to register, understand your rights and to carry out the requisite procedures.

Learn more:

<https://www.campusfrance.org> > Getting Organized
> Health

As a student, you can also take advantage of the university medical services. In these health centers where consultations are free, you will be greeted by a team of doctors and nurses who can give personalized advice about health and prevention.

That's the case in Lyon where the universities have a Service de Santé étudiante (SSE), or Student Health Service, set up in each learning institution:

- **Université Claude Bernard Lyon 1**

Address: 6 rue de l'Émetteur, 69100 Villeurbanne.

Contact: 04 27 46 57 57 or ssu@univ-lyon1.fr

- **Université Lumière Lyon 2**

Address: Bâtiment L,

5 avenue Pierre Mendès-France, 69500 Bron.

Contact: 04 78 77 43 10 or sse@univ-lyon2.fr

- **Université Jean Moulin Lyon 3**

Address: 18 rue Rollet, Espace rue sud, 69008 Lyon.

Contact: 04 78 78 79 83

or sse@univ-lyon3.fr

Learn more: <https://www.universite-lyon.fr>

> Vie des Campus > Santé des étudiants

TAKING OUT COMPLEMENTARY HEALTH INSURANCE ("MUTUELLE")

We recommend you take out complementary health insurance in order to cover the totality of your healthcare costs, which are not all covered by the compulsory and free national health insurance programme.

Please note: options and levels of insurance vary from one insurer to another. In order to choose the complementary insurance that is best adapted to your situation and your budget, you can access more information on a student "mutuelles" price comparison website.

INSURE YOUR HOME

In France, housing insurance is mandatory.

The "garantie risques locatifs" - rental risk guarantee - is housing insurance which you can subscribe with your bank or a private insurance company. Online subscription is also often possible.

EMERGENCY NUMBERS

SAMU: Call 15 Emergency Medical Services

Police emergency: Call 17 in the event of violence, theft, robbery.

Fire Department: Call 18 in the event of fire, gas leak, water damage, natural catastrophe, or traffic accident.

Call 112: European emergency services number that's accessible from anywhere in the European Union in addition to the French numbers above.

LEARNING FRENCH

Learning French is an opportunity that's not to be missed! Find what works best for you:

- by consulting the Campus France site or the Français Langue Etrangère (FLE) - French as a foreign language - centers and universities which offer courses at all levels year-round:

<https://ecolesdete.campusfrance.org/#/main>

- by asking in your institution, at city hall, or in your host city's Maison des Associations - community centers.

FINDING A JOB OR WORK EXPERIENCE PLACEMENT

It is important that you have sufficient financial resources to come and study in France.

Working in France as a foreign student is possible within limits, namely for a maximum duration of 964

hours per year. This can therefore only be a way of earning **supplementary funds**. Please note: to work in France, if you are not a citizen of the European Union, you must hold a valid **student residence permit**.

To help you find a job or work experience placement, 3 addresses:

- the **Centre Régional d'Information Jeunesse** (Info Jeunes Rhône-Alpes), the regional youth information center, has a site with classified ads: <https://www.info-jeunes.fr/emploi-job/trouver-un-emploi-job>
- The **Lyon Campus** site presents very complete pages for a job or internship search: <https://www.lyoncampus.com/actualites/detail/vos-jobs-et-rendez-vous-emploi-du-moment>
- the **Jobaviz website, run by the CROUS**, can help you find a student job compatible with your studies: <https://www.jobaviz.fr/>



THINGS TO DO IN LYON /

TAKE UP A SPORT

In your institution, contact the Service des Sports for free access to sports facilities. In Lyon, each university has a **Service des Sports (SUAPS)**, or Sports Department, and more often than not, a Sports Office in each school. Check with your learning establishment.

Learn more:

- on the **Lyon Campus** site: <https://www.lyoncampus.com> > Sortir > Lyon Métropole verte et sportive
- on the **Université de Lyon** site: <https://www.universite-lyon.fr> > vie-des-campus > vie étudiante
- In **Lyon**, you can also find a sports activity among the sports disciplines offered by the city, at the site <https://www.lyon.fr/> > Sport > La pratique du sport au quotidien

BE ACTIVE

- Attend cultural and sporting events, or join a social or community group, through one of the numerous local or national student clubs and associations. To learn more, check with your school (Service de la vie étudiante, Student Services) or visit the following sites: www.animafac.net or www.letudiant.fr
- **La Maison des Étudiants**
In Lyon, the Maison des Étudiants, the Student Union, is the hub of campus life in the Lyon

Metropolitan area: 65 student associations, co-working spaces, events venues, and display of student initiatives are housed there: <https://www.lyoncampus.com> > S'impliquer > La Maison des Etudiants de la Métropole de Lyon

CULTURE AND NIGHTLIFE

• Lyon offers many ways to cultivate yourself or party. Movie theaters, concerts, theaters, operas, museums, exhibitions, and festivals are on the program and most of the time, at reduced cost for students.

Learn more:

- the Lyon city hall site: <https://www.lyon.fr> > Culture
- the Grenoble Lyon Tourist Office: <https://www.lyon-france.com> > Je découvre Lyon > Culture et musées

• Consult the Lyon Campus site for everything you need to know about student culture: <https://www.lyoncampus.com>

With the Pass Culture Etudiant de la Métropole de Lyon, the city's cultural pass for students, you get reduced rates for shows in partner institutions: <https://www.lyoncampus.com> > Sortir > Le Pass Culture étudiant

- A digital information portal, **POP Sciences**, was also created to inventory scientific cultural activities in the region:

<https://popsciences.universite-lyon.fr/>

• **For entertainment or to pick up some culture, you can choose from:**

- 40 multiplex movie theaters in Lyon and its suburbs, (student rates, rewards program) including six art-house theaters among which the Lumière Institute. Thanks to the Lumière Brothers, the authors of the first film in 1895, **Lyon is the historic capital of film**.
- over 30 museums, including the Musées des Confluences with its futuristic architecture, a museum which is at the crossroads of knowledge (sciences, techniques, and society).
- around forty performance halls (Lyon and suburbs) including the Opera and the Celestins Theater, two beautiful historical buildings.
- numerous bookstores including twenty-some independent book merchants and the Gibert Librairie for buying and selling used books.
- a network of 16 municipal libraries: <https://www.bm-lyon.fr/>

• In Lyon, for going out or staying abreast of events, read the **leading regional daily paper, Le Progrès**, available in newsstands or on the Internet: <https://www.leprogres.fr/>

You can also check out the cultural agenda of the Lyon Tourist Office:

<https://www.lyon-france.com> > L'Agenda > Spectacles



TOP ATTRACTIONS /

In 1998, several sites in Lyon were inscribed on the UNESCO World Heritage List.

- Vieux-Lyon, old-town, with its Renaissance-period houses and the renown traboules, hidden passages which connect the buildings.
- Fourvière hill with its Roman theaters, the Gallo-Roman museum, and the Fourvière basilica which overlooks Lyon.
- the Presqu'île neighborhood, surrounded by the Saône and the Rhône, the heart of Lyon.
- Place des Terreaux, with its fountain designed by Bartholdi, and City Hall. This is also a neighborhood of "bouchons", typical Lyon restaurants.
- the Lyon Musée des Beaux Arts (Fine Arts Museum) completely renovated and one of the most beautiful in France.
- Saint Jean-Baptist cathedral, a Gothic building with four towers.
- Croix-Rousse, the former working neighborhood for the canuts, the silk workers.
- the modern Confluence neighborhood, with its parks and strolls along the Saône.

Learn (and see) more:

<https://www.lyon-france.com> > Je découvre Lyon
> Sites et Monuments



IMPORTANT ANNUAL EVENTS /

APRIL

- **Journées des Arts et de la Culture (JACES)**, Art and Culture Days to highlight cultural and artistic accomplishments in higher learning.
- Quais du Polars, an international mystery film and book festival.

MAY

- **Pint of Science**, a European initiative for learning about research in atypical venues.
- Nuits Sonores, an electric music festival which takes place in symbolic venues throughout the city.
- The Nuit Européenne des Musées (European Museum Night), an occasion to visit museums differently (and for free).

JUNE

- Fête de la Musique: Music everywhere in town (free concerts).
- Nuits de Fourvière, a multi-disciplinary festival (music, theater, dance, and film) throughout the summer in the Fourvière antique theater.

SEPTEMBER

- Les Journées du Patrimoine (heritage days), free visits of cultural venues.
- Dance Biennial, a contemporary dance festival with numerous events (performances, meetings, workshops, and theater).
- Contemporary Art Biennial, discovery and experimentation in art, in all its forms, in emblematic venues.

OCTOBER

- **La Nuit des Etudiants du Monde** - Students of the World Night, a high point in Lyon student life, to wish international students welcome.
- **Fête de la Science** in the University laboratories.
- Lumière Film Festival, programming centered on classic movies with retrospectives of old movies (reduced rates).

DECEMBER

- La Fête des Lumières, the Festival of Lights, an inescapable moment, free and open to all: illuminations and creations by light designers throughout the city.

Learn more: <https://www.grandlyon.com>

> Une métropole à vivre > Grands évènements



**& SHARE
PARTICIPATE**

To stay informed and attuned to others and the world, to share and dialogue with students, follow **social media** where Campus France has an especially strong presence!

*Don't forget to join the **France Alumni** network to take part in discussion groups on various subjects, take advantage of cultural outings, and consult job and internship offers.*



THINGS TO KNOW

Greater Lyon Metropolitan area:

1,400,000 residents

City of Lyon:

520,000 residents

3rd LARGEST CITY IN FRANCE

LYON,

SEAT OF THE RHÔNE DEPARTMENT,
one of 12 departments which
make up the Auvergne
Rhône-Alpes Region, the
region's largest city and its
capital

**AUVERGNE
RHÔNE-ALPES
REGION,**

**2nd FRENCH
REGION** in terms
of hosting foreign
students
(48,000 international
students)

Académie de Lyon:

200,000 students

13% international students

13,300 researchers in the area
Over 800 doctoral theses submitted every year.

**LYON, 11TH AMONG FRENCH CITIES (ON 46) AS A GREAT PLACE TO LIVE
AND STUDY** (awarded by L'Étudiant magazine)

Most of the information presented in the Campus France City Information Sheets concerns all international students regardless of their institution.

In France, in each of the host cities, most foreign students study at universities. Accordingly, the City Information Sheets attach great importance to them without overlooking the other higher education institutions even if it is not possible to list them all here with their specific information.

For more information on the institutions' welcomes and orientations:

<https://www.campusfrance.org/fr/recherche/categorie/auvergne-rhone-alpes-553>

CAMPUS FRANCE

28 rue de la Grange aux Belles, 75010 PARIS - 01 40 40 58 58 - www.campusfrance.org