

THE GLOW

ISSUE 5

MAY 2025

A Letter From the Editor

Hello! As May unfolds its blooming glory, I'm reminded of the power in growth. May is a time to slow down, soak up the sunshine after the rain, and remember to appreciate the people who've helped us bloom.

This month, we celebrate the beauty of spring and the magic of motherhood – not just the moms who raised us, but also the mentors, caretakers, and nurtures who show up with unconditional love.

May is an invitation to breathe deeper, love louder, and notice the beauty around you. Let the flowers remind you: growth can be soft and strong at the same time.

With a heart of gratitude,

Helen Blodgett

Upcoming events:

April 26th – Newcastle, New South Wales

May 3rd – Hartford, Connecticut

May 3rd – Miami, Florida

May 3rd – El Paso, Texas



Meet Connie

AN EVENT ATTENDEE WHO WAS ROOTED
ON BY HER KIDS TO SHARE HER STORY
AT THE WATER LANTERN FESTIVAL

My name is Connie, this has truly been an amazing event... I just finished fighting cancer while retiring and moving in the same season, I beat it! But this event is really something special and something that I want to come to every year. Everyone has been so wonderful, the food is phenomenal, the music is great, and I can tell you that i'll be here every year!



WHERE EVERY
LIGHT TELLS
A STORY

[Water Lantern Festival](#)



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Mother's Day



THIS MONTHS MEDITATION

BY: ELLIE SPENDLOVE



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MEDITATION



Celebrate Mom this Mother's Day!



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memories,
not things -
with 15% off
tickets!

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information!

