

WATER LANTERN FESTIVAL

February 2026

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# THE GLOW

*Love Starts Within*

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# A Message From the Team

February invites us to slow down and turn inward — to remember that love isn't only found in shared moments, but also in how we care for ourselves. This month is a gentle reminder that self-love isn't selfish; it's essential. It's found in the quiet choices we make to honor our needs, protect our energy, and offer ourselves grace.

As you move through these weeks, we hope you take moments to fill your own lantern. Whether that means resting, celebrating small wins, or setting gentle boundaries, every act of self-care adds light to the world around you. When we nurture ourselves, we're better able to show up for the people and communities we love.

Thank you for being part of the Lantern+ family and for embracing a love that begins within. Here's to honoring your heart, tending your light, and continuing to shine — together.

Warm Wishes,

*Water Lantern Festival*



# UPCOMING EVENTS



**BAKERSFIELD, CA**  
**FEBRUARY 14, 2026**



**MELBOURNE CABLE PARK**  
**MARCH 14, 2026**



**SUNSHINE COAST**  
**FEBRUARY 15, 2026**



**LAS VEGAS, NV**  
**MARCH 21, 2026**



**MOUNT ANNON, NSW**  
**FEBRUARY 21-22, 2026**



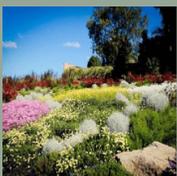
**LAUNCETON, TAS**  
**MARCH 27-29, 2026**



**FRESNO, CA**  
**MARCH 7, 2026**



**WASHINGTON DC**  
**MARCH 27-29, 2026**



**CRONULLA, NSW**  
**MARCH 7, 2026**



**PALM DESERT, CA**  
**MARCH 28, 2026**



**FORT WORTH, TX**  
**MARCH 14, 2026**



**ORLANDO, FL**  
**MARCH 28, 2026**

*We can't wait to return and share another special evening with you in your community. Be sure to sign up for the waitlist on our website to be the first to know when we announce dates for your city. We'd love to see you there.*

# GRATITUDE JOURNAL

Date: \_\_\_\_\_

S M T W T F S

TODAY I AM GRATEFUL FOR

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

TODAY'S AFFIRMATION

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

SOMETHING I AM PROUD OF

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

TOMORROW I LOOK FORWARD TO

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

NOTES/REMINDERS

# MARRY ME CHICKEN

*The Perfect Date Night Dinner Recipe*



## Ingredients

- 1/3 CUP ALL-PURPOSE FLOUR
- KOSHER SALT AND FRESHLY GROUND PEPPER
- 4 CHICKEN BREASTS, HALVED HORIZONTALLY AND PATTED DRY
- 3 TBSP. OLIVE OIL, PLUS MORE IF NEEDED
- 3 TBSP. UNSALTED BUTTER
- 3 CLOVES GARLIC, GRATED
- 3 TO 4 SPRIGS FRESH THYME
- 2 TBSP. APPLE CIDER (ABOUT 1 OUNCE)
- 1 CUP CHICKEN STOCK
- 3/4 CUP HEAVY CREAM
- 1/2 CUP SUN-DRIED TOMATOES, CHOPPED
- 1 1/2 OZ. PARMESAN, GRATED (ABOUT 1/3 CUP)
- FRESH BASIL, FOR GARNISH
- BAGUETTE, OR OTHER FRESH BREAD, WARMED, FOR SERVING

## Directions

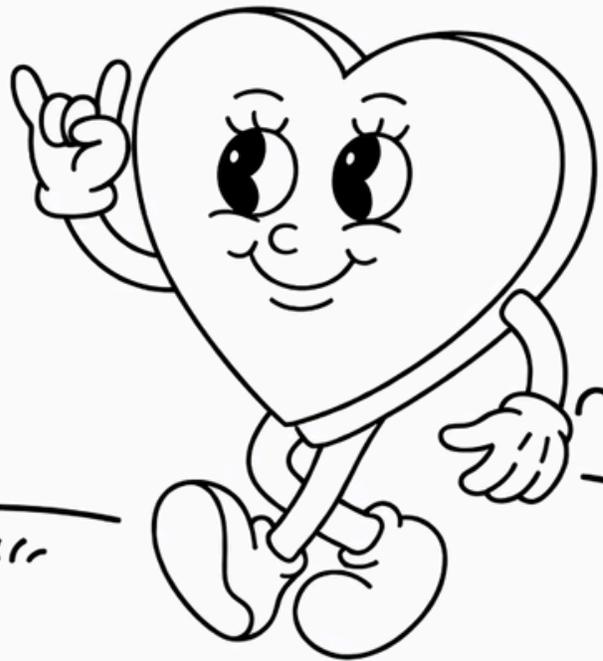
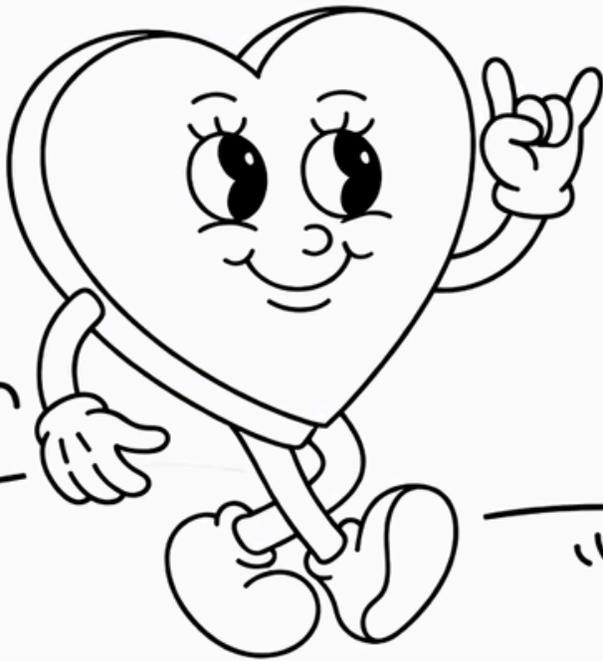
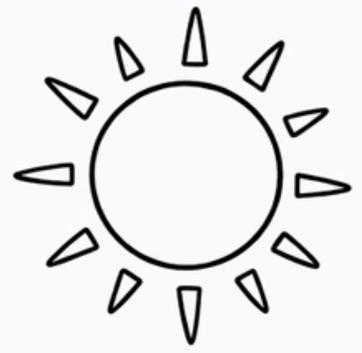
**Step 1:** Place flour in a shallow bowl. Season with salt and pepper. Season chicken with salt and pepper. Working with one piece at a time, coat chicken in flour.

**Step 2:** Heat oil and butter in a large straight-sided skillet over medium heat. Cook chicken in a single layer (working in batches and adding more oil if necessary), turning once, until golden brown, 7 to 9 minutes. Transfer to a plate.

**Step 3:** Add garlic and thyme to skillet. Cook, stirring, until fragrant, 30 seconds to 1 minute. Add apple cider and cook, scraping up any bits that have stuck to the pan, about 1 minute. Add stock and reduce heat to medium low. Simmer until liquid is reduced by half, 2 to 3 minutes.

**Step 4:** Add cream and tomatoes. Cook, stirring frequently, until mixture begins to thicken, 2 to 3 minutes. Stir in Parmesan. Season with salt and pepper. Nestle chicken in sauce. Cover and cook until chicken is warmed through, 3 to 4 minutes. Serve garnished with basil and baguette alongside.

*Happy  
Valentine's Day*



WATER LANTERN  
FESTIVAL

SELF-LOVE

# DAILY AFFIRMATIONS

I AM CAPABLE OF  
ACHIEVING MY  
GOALS AND  
DREAMS.

I CHOOSE  
HAPPINESS AND  
POSITIVITY EVERY  
DAY.

I AM GRATEFUL  
FOR ALL THE  
BLESSINGS IN MY  
LIFE.

I AM WORTHY OF  
LOVE, HAPPINESS,  
AND SUCCESS.

I AM CONFIDENT  
IN MY ABILITIES  
AND BELIEVE IN  
MYSELF.

I AM IN CONTROL  
OF MY THOUGHTS  
AND EMOTIONS.



# Valentine's Day Word Scramble

Unscramble the following  
Valentine's Day words

LVOE

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CRAD

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CPIDU

---

HRTEA

---

AWRRO

---

PERNSET

---

FOLWESR

---

FREBRUYA

---

VLAENTINE

---

BLALNOOS

---

STEW RHEEAT

---

COHCLTSEOA

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*Lantern+ Facebook Community*

WHERE CONNECTIONS ARE MADE

*JOIN TODAY!*

WATER LANTERN  
FESTIVAL