



NORTH CAROLINA COURAGE 2026 MATCH NOTES

Media/PR Contacts

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2026 SCHEDULE

Date	Opp	Time /Result
3/14	Racing Louisville	W, 2-1
3/21	Gotham FC	D, 0-0
3/28	Bay FC	L, 3-1
4/4	Portland Thorns	6:30 p.m.
4/25	Houston Dash	8:00 p.m.
4/29	Boston Legacy	7:00 p.m.
5/2	KC Current	6:30 p.m.
5/8	Orlando Pride	8:00 p.m.
5/16	Chicago Stars	6:00 p.m.
5/23	Racing Louisville	4:00 p.m.
5/31	Angel City	7:00 p.m.
7/4	Seattle Reign	6:30 p.m.
7/11	Washington Spirit	6:30 p.m.
7/18	Bay FC	4:00 p.m.
7/25	Utah Royals	7:45 p.m.
7/31	Orlando Pride	8:00 p.m.
8/5	Denver Summit	10:00 p.m.
8/8	Washington Spirit	6:30 p.m.
8/16	Houston Dash	7:00 p.m.
8/22	Boston Legacy	7:30 p.m.
8/26	Angel City	8:00 p.m.
8/29	KC Current	6:30 p.m.
9/6	Chicago Stars	4:00 p.m.
9/12	San Diego Wave	6:30 p.m.
9/19	Gotham FC	6:30 p.m.
9/27	Utah Royals	7:00 p.m.
10/2	Seattle Reign	10:00 p.m.
10/17	San Diego Wave	7:00 p.m.
10/23	Portland Thorns	10:00 p.m.
11/1	Denver Summit	5:00 p.m.

BOLD - Home (All times Eastern)

THE MATCHUP (NWSL REGULAR SEASON)

MATCH DAY 4 | HOME MATCH 3

North Carolina Courage (1W-1L-1D, 4 pts)

vs.

Portland Thorns (3W-1L-0D, 9 pts)

Saturday, April 4 | 6:30 p.m. ET

First Horizon Stadium | Cary, N.C.



BROADCAST INFO

National: ION

JP Dellacamera and Jill Loyden

World:

Josh Eastern and Merritt Mathias

OFFICIALS

REF: Alyssa Pennington (0W-0L-0D)

ARs: Jacob Little, Sarah Gaddes

4TH: Alejo Calume

VAR: Kevin Broadley, Christian Clerc

KICKING OFF...

LAST TIME OUT: The NC Courage fell, 3-1, at home against Bay FC in Week 3 of the NWSL regular season.

THE SANCHITO SHOW: Ashley Sanchez bagged the first brace of her career in the Courage's season-opening win, taking home NWSL Player of the Week and Goal of the Week honors.

MILESTONES: Manaka Matsukubo made her 50th NWSL regular season appearance in her first game back from the AFC Women's Asian Cup. The midfielder scored the Courage's lone goal in that match, her 15th in NWSL regular season action and 21st overall goal contribution since joining the Courage.

FORMATION FLEXIBILITY: Head Coach Mak Lind has been willing to change things up with his formation early this season, playing both four- and five-backs during the first few weeks of the season.

DEBUTS: Ally Schelegel made her Courage debut as a second-half substitute in the Courage's match against Bay FC.

SERIES HISTORY: The Courage are 8W-5L-6D against the Portland Thorns in NWSL regular season competition.

NWSL REGULAR SEASON TABLE

Rk	TEAM	GP	W	L	D	PTS	GD	FORM
1	Angel City FC	3	3	0	0	9	+7	--WWW
2	San Diego Wave	4	3	1	0	9	+4	-LWWW
3	Seattle Reign	4	3	1	0	9	+3	-WLWW
4	Portland Thorns	4	3	1	0	9	+3	-WWLW
5	Houston Dash	3	2	1	0	6	+3	--WWL
6	Bay FC	3	2	1	0	6	+1	--WLW
7	Orlando Pride	4	1	1	2	5	+2	-LDWD
8	Denver Summit	4	1	1	2	5	+1	-LDWD
9	Gotham FC	4	1	1	2	5	-1	-WDL
10	Utah Royals	4	1	2	1	4	-1	-LLDW
11	NC Courage	3	1	1	1	4	-1	--WDL
12	Washington Spirit	4	0	1	3	3	-1	-LDDD
13	Kansas City Current	4	1	3	0	3	-5	-WLLL
14	Chicago Stars	4	1	3	0	3	-8	-LWLL
15	Racing Louisville	3	0	2	1	1	-2	--LDL
16	Boston Legacy	3	0	3	0	0	-5	--LLL

TEAM STATS (*NWSL LEADER)

NCC	STAT	POR
3	GOALS	6
41	TOTAL SHOTS	50
9	ON TARGET	18
3	ASSISTS	4
11	CORNER KICKS	15
4	GOALS CONCEDED	3
1	CLEAN SHEETS	3*
51.1	POSSESSION %	42.5
80.7	PASS %	76
27	FOULS WON	38
32	FOULS CONCEDED	41
3	YELLOW CARDS	3
0	RED CARDS	2*

NORTH CAROLINA COURAGE RECORD BY NWSL COMPETITION

Competition (played)	Record (W-L-D)	Most Wins	Most Losses	Clean Sheets
Regular Season (194)	97-58-40	11 (WAS, HOU, GFC, ORL)	6 (T-5)	72
Playoffs (9)	5-4-0	2 (CHI)	1 (POR, NJY, WAS, KC)	4
Challenge Cup (25)	16-3-6	5 (WAS)	2 (NJY)	10
Fall Series (4)	1-1-2	1 (HOU)	1 (HOU)	1
Summer Cup (4)	1-1-2	1 (MTY)	1 (KCC)	1
TOTAL (237)	120-67-50	16 (WAS)	8 (NJY)	88

NWSL Shields: 3 (2017, 2018, 2019)
NWSL Championships: 2 (2018, 2019)
NWSL Challenge Cups: 2 (2022, 2023)
TOTAL: 7 (NWSL Record)

NORTH CAROLINA REGULAR SEASON RECORD BY OPPONENT

NWSL Regular Season (97W-58L-40D)

Washington Spirit (20)	11-6-3
Orlando Pride (20)	11-6-3
Gotham FC (Sky Blue) (21)	11-6-4
Houston Dash (18)	11-5-2
Seattle Reign (19)	10-6-3
Racing Louisville (12)	9-2-1
Portland Thorns (19)	8-5-6
Chicago Stars (19)	7-6-6
Kansas City Current (11)	4-5-2
Utah Royals (8)	4-2-4
Boston Breakers (3)	3-0-0
Angel City (8)	3-3-2
San Diego Wave (8)	2-3-3
FC Kansas City (2)	2-0-0
Bay FC (5)	1-3-1

NORTH CAROLINA COURAGE NWSL PLAYOFF HISTORY

SEASON	DATE	ROUND	OPPONENT	RESULT	LOCATION
2017	Oct. 8	Semifinal	Chicago Red Stars	W, 1-0	Cary, North Carolina
2017	Oct. 14	Final	Portland Thorns	L, 0-1	Orlando, Florida
2018	Sept. 18	Semifinal	Orlando Pride	W, 2-0	Portland, Oregon
2018	Sept. 22	Final	Portland Thorns	W, 3-0*	Portland, Oregon
2019	Oct. 20	Semifinal	OL Reign	W, 4-1 (a.e.t.)	Cary, North Carolina
2019	Oct. 27	Final	Chicago Red Stars	W, 4-0*	Cary, North Carolina
2021	Nov. 7	Quarterfinal	Washington Spirit	L, 1-0 (a.e.t.)	Washington D.C.
2023	Oct. 22	Quarterfinal	Gotham FC	L, 0-2	Cary, North Carolina
2024	Nov. 9	Quarterfinal	KC Current	L, 1-0	Kansas City, Missouri

Quarterfinals: 0-3-0
 Semifinals: 3-0-0
 Finals: 2-1-0
 Total: 5-4-0



NC COURAGE MATCHDAY ROSTER

UPDATED MARCH 2026



NUMERICAL ROSTER

#	Name	Pos	Pronunciation	Hometown (Affiliation)
0	Madi White	GK	Mad-e White	Rockwall, TX (USA)
1	Kailen Sheridan	GK	KAY-lin SHARE-uh-din	Pickering, Ontario (CAN)
2	Ashley Sanchez	M	Ash-lee SAN-chez	Monrovia, CA (USA)
3	Sydney Schmidt	D	Sid-knee Sh-mit	Jacksonville, FL (USA)
4	Natalie Jacobs	D	NAT-uh-lee JAY-kubz	Coto de Caza, CA (USA)
5	Cameron Brooks	D	Cam-er-on Brooks	Round Rock, TX (USA)
6	Ivy Younce	D	I-ve y-ounce	Hillsborough, N.C. (USA)
7	Lauryn Thompson	F	Lore-in Tom-son	Wake Forest, N.C. (ENG)
8	Chioma Okafor	F	Chi-oh-ma Oak-a-for	Blantyre, Malawi (NIGERIA)
9	Olivia Wingate	F	OH-liv-ee-uh WIN-gate	Wilmington, MA (USA)
10	Evelyn Ijeh	F	Ev-el-in ee-jay	Malmö, Sweden (SWE)
11	Feli Rauch	D	FEE-LEE r-OW	Hann. Munden, Germany (GER)
12	Natalia Staude	D	nuh-TAL-yuh st-OW-dee	Atlanta, GA (USA)
13	Ryan Williams	D	RY-in WILL-yums	Denver, CO (USA)
14	Carly Wickenheiser	M	Car-lee Wick-in-hi-sir	St. Louis, MO (CAN)
15	Payton Linnehan	F	PAY-ton LIN-uh-HAN	Douglas, MA (USA)
16	Riley Jackson	M	Ry-lee JACK-sin	Roswell, GA (USA)
17	Dani Weatherholt	M	DAN-ee WEATHER-holt	Capistrano Beach, CA (USA)
18	Uno Shiragaki	D	00-no She-ruh-gah-kee	Osaka, Japan (JPN)
20	Shinomi Koyama	M	shi-NO-mee koy-ah-ma	Osaka, Japan (JPN)
22	Cortnee Vine	F	Court-knee Vine	Shepparton, Victoria (AUS)
25	Maycee Bell	D	May-see Bell	Wichita, KS (USA)
33	Hannah Betfort	F	ha-ann-uh BET-fort	Charleston, SC (USA)
34	Manaka Matsukubo	M	muh-NAH-KAH MATT-sue-kue-bo	Kagoshima, Japan (JPN)
35	Ally Schlegel	F	Al-E sh-LAY-gull	Parker, CO (USA)
80	Oli Peña	M	O-lee PAIN-ya	Irving, Texas (USA)
99	Molly Pritchard	GK	Mall-e Pritchard	Atlanta, GA (USA)

ALPHABETICAL ROSTER

#	Name	Pos	Ht	DOB	NWSL Exp.	College
25	Maycee Bell	D	5-11	9/18/00	3rd year	North Carolina
33	Hannah Betfort	F	5-10	1/4/99	6th year	Wake Forest
5	Cameron Brooks	D	5-9	4/17/00	1st year	Texas
10	Evelyn Ijeh	F	5-9	8/12/01	1st year	N/A
16	Riley Jackson	M	5-6	12/2/05	3rd year	N/A
4	Natalie Jacobs	D	5-8	8/16/97	7th year	Notre Dame/USC
20	Shinomi Koyama	M	5-3	1/31/05	2nd year	N/A
15	Payton Linnehan	F	5-4	3/25/01	3rd year	Penn State
34	Manaka Matsukubo	M	5-1	7/28/04	4th year	N/A
8	Chioma Okafor	F	5-5	3/20/03	1st year	UConn
80	Oli Peña	M	5-1	1/7/03	2nd year	TCU
99	Molly Pritchard	GK	5-11	11/21/03	1st year	Ohio State
11	Feli Rauch	D	5-7	4/30/96	3rd year	N/A
2	Ashley Sanchez	M	5-4	3/16/99	7th year	UCLA
35	Ally Schlegel	F	5-7	2/07/00	4th year	Penn State
3	Sydney Schmidt	D	5-5	1/25/08	1st year	N/A
1	Kailen Sheridan	GK	5-9	07/16/95	10th year	Clemson
18	Uno Shiragaki	D	5-6	11/11/05	1st year	N/A
12	Natalia Staude	D	5-7	4/30/01	3rd year	Virginia
7	Lauryn Thompson	F	5-5	11/04/07	1st year	N/A
22	Cortnee Vine	F	5-6	4/9/98	3rd year	N/A
17	Dani Weatherholt	M	5-8	3/17/94	11th year	Santa Clara
0	Madi White	GK	5-11	6/15/01	3rd year	Texas Tech
14	Carly Wickenheiser	M	5-6	6/03/97	1st year	Texas Tech
13	Ryan Williams	D	5-8	2/23/96	9th year	TCU
9	Olivia Wingate	F	5-7	1/20/00	4th year	Notre Dame
6	Ivy Younce	D	5-9	5/07/03	1st year	Liberty

TECHNICAL STAFF

Head Coach: Mak Lind

Assistant Coaches: Emma Thomson, Jess Silva, David Maddren, Katelyn Rowland

Scouting/Analytics: Austin Da Luz, Tom Harris, Scott Martin

Medical: Mitchita Toda, Katie Rosenthal, Mercedes Cunningham, Hayley Hughes, Sebastian Lopez

Performance: Grant Barge, Mike Young, Luigi Marino

Operations: Kathryn Page, Matt Holmes, Jess Segalla, Lexi Stewart, Adriana Zorrilla Loo

 NC COURAGE BROADCAST ROSTER 				
UPDATED MARCH 2026				
				
HC Mak Lind "Mac Lyn-d"	AC Emma Thomson "Em-uh Tom-son"	AC Jessica Silva "Jess-ica Syl-vuh"	AC David Maddren "Dave-id Mad-ren"	GKC Katelyn Rowland "Kate-lyn Roll-and"
				
#0 Madi White "Mad-e White"	#1 Kailen Sheridan "KAY-lin SHARE-uh-din"	#2 Ashley Sanchez "Ash-lee SAN-chez"	#3 Sydney Schmidt "Sid-knee Sh-mit"	#4 Natalie Jacobs "NAT-uh-lee JAY-kubz"
				
#5 Cameron Brooks "Cam-er-on Brooks"	#6 Ivy Younce "I-ve y-ounce"	#7 Lauryn Thompson "Lore-in Tom-son"	#8 Chioma Okafor "Chi-oh-ma Oak-a-for"	#9 Olivia Wingate "OH-liv-ee-uh WIN-gate"
				
#10 Evelyn Ijeh "Ev-el-in ee-jay"	#11 Feli Rauch "FEE-LEE r-OW"	#12 Natalia Staude "nuh-TAL-yuh st-OW-dee"	#13 Ryan Williams "RY-in WILL-yums"	#14 Carly Wickenheiser "Car-lee Wick-in-hi-sir"
				
#15 Payton Linnehan "PAY-ton LIN-uh-HAN"	#16 Riley Jackson "Ry-lee JACK-sin"	#17 Dani Weatherholt "DAN-ee WEATHER-holt"	#18 Uno Shiragaki "00-no She-ruh-gah-kee"	#20 Shinomi Koyama "shi-NO-mee"
				
#22 Cortnee Vine "Court-knee Vine"	#25 Maycee Bell "May-see Bell"	#33 Hannah Betfort "ha-ann-uh BET-fort"	#34 Manaka Matsukubo muh-NAH-KAH MATT-sue-kue-bo"	#35 Ally Schlegel "AL-E sh-LAY-gull"
				
#80 Oli Peña "O-lee PAIN-ya"	#99 Molly Pritchard "Mall-e Pritchard"			

PRONUNCIATION GUIDE

#0: Mad-e White

#1: KAY-lin SHARE-uh-din

#2: Ash-lee SAN-chez

#3: Sid-knee Sh-mit

#4: NAT-uh-lee JAY-kubz

#5: Cam-er-on Brooks

#6: I-ve y-ounce

#7: Lore-in Tom-son

#8: Chi-oh-ma Oak-a-for

#9: oh-LIV-ee-uh WIN-gate

#10: Ev-el-in ee-jay

#11: FEE-LEE r-OW

#12: nuh-TAL-yuh st-OW-dee

#13: RY-in WILL-yums

#14: Car-lee Wick-in-hi-sir

#15: PAY-ton LIN-uh-HAN

#16: Ry-lee JACK-sin

#17: DAN-ee WEATHER-holt

#18: OO-no She-ruh-gah-kee

#20: shi-NO-mee

#22: court-nee VINE

#25: MAY-see BELL

#33: ha-ann-uh BET-fort

#34: muh-NAH-KAH MATT-sue-kue-bo

#35: Al-E sh-LAY-gull

#80: O-lee PAIN-ya

RECORD WHEN...

Split.....	W-L-D
Home.....	1-1-0
Away.....	0-0-1
Day.....	0-0-1
Night (After 5 p.m. local).....	1-1-0
Turf/Hybrid.....	0-0-0
Grass.....	1-1-1
Scoring first.....	1-0-0
Opp. scores first.....	0-1-0
Leading at half.....	0-0-0
Tied at half.....	1-0-1
Trailing at half.....	0-1-0
Scoring 0 goals.....	0-0-1
Scoring 1 goal.....	0-1-0
Scoring 2+ goals.....	1-0-0
Allowing 0 goals.....	0-0-1
Allowing 1 goal.....	1-0-0
Allowing 2+ goals.....	0-1-0
More shots than opp.....	0-0-1
Fewer shots than opp.....	1-1-0
Even shots.....	0-0-0
More possession than opp.....	1-1-0
Less possession than opp.....	0-0-1
Even possession.....	0-0-0
March.....	1-1-1
April.....	0-0-0
May.....	0-0-0
June.....	0-0-0
July.....	0-0-0
August.....	0-0-0
September.....	0-0-0
October/November.....	0-0-0
Monday.....	0-0-0
Tuesday.....	0-0-0
Wednesday.....	0-0-0
Thursday.....	0-0-0
Friday.....	0-0-0
Saturday.....	1-1-1
Sunday.....	0-0-0

2025 REGULAR SEASON STATS (by minutes)

Player	Games	Starts	Minutes	Goals	SOT	Assists	Chances Created	Pass %	Tackles Won	Duels Won	Ints	Fouls	YC
Koyama, Shinomi	3	3	270	0	1	1	6	76.47	1	11	0	1	0
Sanchez, Ashley	3	3	270	2	4	0	2	61.11	4	11	3	1	0
Williams, Ryan	3	3	270	0	0	1	7	86.73	3	11	4	2	0
Jackson, Riley	3	3	270	0	0	0	1	79.38	4	12	3	6	1
Bell, Maycee	3	3	270	0	0	0	1	88.43	7	15	0	1	0
Wickenheiser, Carly	3	3	236	0	0	0	0	79.31	6	14	6	5	0
Staude, Natalia	2	2	180	0	0	0	3	86.96	1	6	2	2	0
Jacobs, Natalie	2	2	174	0	0	0	3	85	3	13	2	3	1
Betfort, Hannah	3	2	167	0	2	0	0	82.14	0	2	0	2	0
Shiragaki, Uno	2	1	95	0	0	0	0	82.14	1	6	0	0	0
Weatherholt, Dani	1	1	89	0	0	0	0	71.43	2	2	1	2	0
Ijeh, Evelyn	2	1	87	0	0	0	0	83.33	0	1	0	2	1
Schmidt, Sydney	2	1	72	0	0	0	1	86.67	2	3	3	0	0
Linnehan, Payton	1	1	62	0	0	1	1	73.33	0	1	1	1	0
Rauch, Feli	3	1	61	0	1	0	1	76.47	1	3	0	0	0
Matsukubo, Manaka	1	0	49	1	1	0	0	82.61	0	2	2	2	0
Schlegel, Ally	1	0	34	0	0	0	0	55.56	2	7	1	1	0
Vine, Cortnee	1	0	28	0	0	0	0	28.57	0	0	1	0	0
Thompson, Lauryn	1	0	16	0	0	0	0	83.33	0	1	0	1	0

GOALKEEPER STATS

Player	Games	Minutes	SOT Faced	Saves	Goals	Save%	xGA	PK Faced	PK Saved	Pass%	YC
Sheridan, Kailen	3	270	13	9	4	69.23	4.5	0	0	85.95	0

AVAILABILITY REPORT (UNOFFICIAL)

OUT: Feli Rauch (lower body), Natalie Jacobs (head), Olivia Wingate (SEI - lower body)

QUESTIONABLE: None

INTERNATIONAL DUTY: None

STATISTICAL REGULAR SEASON INDIVIDUAL LEADERS

Courage 2026 Season Highs (*League Leader)

Goals.....	A. Sanchez.....	2
Assists.....	Multiple.....	1
Chances Created.....	R. Williams.....	7
Shots on Target.....	A. Sanchez.....	4
Fouls.....	R. Jackson.....	6
Fouls won.....	S. Koyama.....	6
Clears.....	M. Bell.....	12
Interceptions.....	C. Wickenheiser.....	6
Tackles Won.....	M. Bell.....	7
Duels Won.....	M. Bell.....	15

Courage Game Highs

Goals.....	A. Sanchez.....	2
Assists.....	Multiple.....	1
Chances Created.....	Multiple.....	3
Shots on Target.....	A. Sanchez.....	2
Fouls.....	Multiple.....	3
Fouls won.....	Multiple.....	3
Clears.....	R. Williams.....	8
Interceptions.....	Multiple.....	3
Tackles Won.....	M. Bell.....	5
Duels Won.....	Multiple.....	8

FULL GAME-BY-GAME RESULTS WITH GOAL SCORERS

Date	Opponent	Result	Goal Scorers
3/14	Racing Louisville	W, 2-1	A. Sanchez (2)
3/21	Gotham FC	D, 0-0	
3/28	Bay FC	L, 3-1	M. Matsukubo
4/4	Portland Thorns	6:30 p.m.	
4/25	Houston Dash	8:00 p.m.	
4/29	Boston Legacy	8:00 p.m.	
5/2	KC Current	6:30 p.m.	
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7/25	Utah Royals	7:45 p.m.	
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10/23	Portland Thorns	10:00 p.m.	
11/1	Denver Summit	5:00 p.m.	

2026 HONORS AND AWARDS

Player	Honor(s)/Award(s)
Ashley Sanchez	Player of the Week (Week 1), Goal of the Week (Week 1)

MILESTONE/RECORD TRACKER

Player	Milestone	Amount Needed/Date Hit
Kailen Sheridan	15,000 NWSL Regular Season Minutes	March 21
Manaka Matsukubo	50 NWSL Regular Season Appearances	March 28

GAME-BY-GAME LINEUP

Date	Opponent	Result	Starting XI and Subs
3/14	Racing Louisville	W, 2-1	(4-2-3-1): Kailen Sheridan; Dani Weatherholt (Feli Rauch – 89'), Maycee Bell, Natalie Jacobs ©, Ryan Williams; Riley Jackson, Carly Wickenheiser; Ashley Sanchez, Shinomi Koyama, Payton Linnehan (Cortnee Vine – 62'); Hannah Betfort (Lauryn Thompson – 74') Subs Not Used: Madi White, Sydney Schmidt, Cameron Brooks, Ivy Younce, Chioma Okafor, Natalia Staude
3/21	Gotham FC	D, 0-0	(5-2-3): Kailen Sheridan; Feli Rauch (Sydney Schmidt – 59'), Natalie Jacobs © (Uno Shiragaki – 84'), Maycee Bell, Natalia Staude, Ryan Williams; Carly Wickenheiser, Riley Jackson; Shinomi Koyama, Ashley Sanchez, Hannah Betfort (Evelyn Ijeh – 59') Subs Not Used: Madi White, Ivy Younce, Lauryn Thompson, Payton Linnehan, Dani Weatherholt, Cortnee Vine
3/28	Bay FC	L, 3-1	(5-2-3) Kailen Sheridan ©; Sydney Schmidt (Manaka Matsukubo – 41'), Maycee Bell, Natalia Staude, Uno Shiragaki (Feli Rauch – 89'), Ryan Williams; Carly Wickenheiser (Ally Schlegel – 56'), Riley Jackson; Ashley Sanchez, Shinomi Koyama, Evelyn Ijeh (Hannah Betfort – 56') Subs Not Used: Madi White, Cameron Brooks, Lauryn Thompson, Dani Weatherholt, Cortnee Vine
4/4	Portland Thorns	6:30 p.m.	
4/25	Houston Dash	8:00 p.m.	
4/29	Boston Legacy	8:00 p.m.	
5/2	KC Current	6:30 p.m.	
5/8	Orlando Pride	8:00 p.m.	
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8/5	Denver Summit	10:00 p.m.	
8/8	Washington Spirit	6:30 p.m.	
8/16	Houston Dash	7:00 p.m.	
8/22	Boston Legacy	7:30 p.m.	
8/26	Angel City	8:00 p.m.	
8/29	KC Current	6:30 p.m.	
9/6	Chicago Stars	4:00 p.m.	
9/12	San Diego Wave	6:30 p.m.	
9/19	Gotham FC	6:30 p.m.	
9/27	Utah Royals	7:00 p.m.	
10/2	Seattle Reign	10:00 p.m.	
10/17	San Diego Wave	7:00 p.m.	
10/23	Portland Thorns	10:00 p.m.	
11/1	Denver Summit	5:00 p.m.	

2026 IN-SEASON TRANSACTION TRACKER

Date

Transaction

HEAD COACH MAK LIND



Mak Lind joins the Courage from Swedish side BK Häcken Women, where he most recently guided the club to the 2025 Damallsvenskan title, finishing atop the table with a 21-1-4 record and a +68 goal differential. He joined Häcken in July 2023, leading the club to a second-place league finish in 2024 before capturing the championship in 2025. During his tenure, Lind also oversaw Häcken's run to the 2023–24 UEFA Women's Champions League quarterfinals, where the club fell to Paris Saint-Germain.

Mak brings a proven track record of building competitive, modern teams and developing players within a clear footballing identity. His experience in Europe and his attention to detail align strongly with our long-term vision, and we're excited to welcome him to the club as we continue to raise our standards on and off the pitch.

Lind brings nearly a decade of experience as a head coach and manager in Sweden, having led professional clubs since 2016. Prior to joining BK Häcken Women, he spent the majority of his coaching career in the men's game, earning a reputation for tactical clarity and player development.

A former center back, Lind began his professional playing career at age 15 and totaled 256 senior appearances. He spent the majority of his playing career with BK Häcken, where he eventually served as club captain. Internationally, Lind earned 10 caps with the Lebanese men's national team between 2013 and 2015 and was named to the IFFHS All-Time Lebanon Men's Dream Team in 2022. Born in Lebanon, Lind later moved to Sweden and holds Swedish citizenship.

TECHNICAL AND TEAM STAFF

TECHNICAL STAFF



Emma Thomson
Assistant Coach
5th Season



Jessica Silva
Assistant Coach
1st Season



David Maddren
Assistant Coach
1st Season



Katelyn Rowland
Goalkeeping Coach
2nd season

TEAM STAFF

ANALYTICS

Tom Harris (3rd Season)..... Technical Analyst
Scott Martin (2nd Season) Opposition Analyst

SCOUTING

Austin Da Luz (2nd Season)..... Director, Scouting

MEDICAL

Mitchita Toda (2nd season)..... Head of Medical
Katie Rosenthal (4th season)..... Athletic Trainer
Mercedes Cunningham (1st season)..... Athletic Trainer
Hayley Hughes Sports Psychologist
Sebastian Lopez (2nd season) Physical Therapist
Piper Kilpatrick..... Co-Chief Medical Officer
Brian C. Lau Team Doctor
Kendall Bradley Team Doctor

Performance

Grant Barge (1st season)..... Sr. Director of Leadership
Mike Young, PHD (10th season)..... Sr. Director, Performance and Science
Luigi Marino, MS (3rd season)..... Director, Return to Play

OPERATIONS

Bobby Hammond SVP, Player Personnel
Kathryn Page (5th season) Director of Soccer Operations
Matt Holmes (4th season)..... Sr. Team Administrator
Lexi Stewart (4th season) Player Care Manager
Jess Segalla (4th season) Equipment Manager
Adriana Zorrilla Loo (1st season) Assistant Equipment Manager



#0 MADI WHITE | GK | 5-11 | DOB: 6/15/01 | NWSL EXP: 3rd Year

"Mad-e White" | **HOMETOWN:** Rockwall, TX (USA) | **COLLEGE:** Texas Tech

Acquired via free agency ahead of the 2026 NWSL Season

- Drafted by Racing Louisville after standout career at Texas Tech
- Spent one season on loan with Dallas Trinity in the USL Super League
- While in Dallas, White played over 2,000 minutes, making 60 saves with a save percentage of 69.77%



#1 KAILLEN SHERIDAN | GK | 5-9 | DOB: 07/16/1995 | NWSL EXP: 10th Year

"KAY-lin SHARE-uh-din" | **HOMETOWN:** Pickering, Ontario (CAN) | **COLLEGE:** Clemson

Acquired via free agency ahead of the 2026 NWSL Season

- Drafted by Gotham in 2017
- Spent five seasons with Gotham before being traded to San Diego Wave FC ahead of the expansion club's inaugural season
- Named to the NWSL Best XI First Team in 2021 and 2022, while making the Second Team in 2023, taking home Goalkeeper of the Year honors in 2022
- 31 clean sheets in 63 caps for Canada



#2 ASHLEY SANCHEZ | FWD | 5-3 | DOB: 3/16/99 | NWSL EXP: 6th Year

"Ash-lee San-chez" | **HOMETOWN:** Monrovia, California (USA) | **COLLEGE:** UCLA

Acquired via trade with Washington Spirit prior to the 2024 season (Allocation Money & No. 5 draft pick)

- Scored first career brace in 2026 season opener
- Nominated for NWSL Midfielder of the Year in 2024
- Drafted 4th overall in the 2020 NWSL Draft by the Washington Spirit
- 2021 NWSL Champion with Washington
- 28 caps for the USWNT with three goals and four assists... named to 2023 FIFA World Cup roster
- Played collegiately at UCLA, set Bruins career assist record (42) in three seasons



#3 SYDNEY SCHMIDT | DEF | 5-5 | DOB: 1/25/08 | NWSL EXP: 1st Year

"Sid-knee Sh-mit" | **HOMETOWN:** Jacksonville, FL (USA) | **COLLEGE:** None

Acquired via free agency during the 2025 season

- Standout defender at multiple levels of the USYNT
- Made professional debut for Sporting JAX on an Academy Contract
- Played a key role in the United States' sweep of group play at the U-17 World Cup, picking up an assist in the Round of 16 match
- Made NWSL debut on March 21 at Gotham



#4 NATALIE JACOBS | DEF | 5-8 | DOB: 8/16/97 | NWSL EXP: 6th Year
 "NAT-uh-lee JAY-kubz" | **HOMETOWN:** Coto de Caza, CA (USA) | **COLLEGE:** Notre Dame/USC
Acquired via trade with Houston Dash (Malia Berkely)

- Drafted by the Washington Spirit in the second round of the 2020 NWSL Draft
- Played for the Houston Dash since 2022, returning to the NWSL after spending the 2021-2022 season with Real Betis in Spain
- Played as a midfielder and forward for Notre Dame and USC in college
- Made 66 NWSL regular season appearances prior to joining the Courage, with the majority of those coming for Houston



#5 CAMERON BROOKS | DEF | 5-9 | DOB: 4/17/00 | NWSL EXP: 1st Year
 "Cam-er-on Brooks" | **HOMETOWN:** Round Rock, Texas (USA) | **COLLEGE:** Texas
Acquired via transfer from Napoli

- Debuted professionally in USL Super League's inaugural season
- Moved to Italy to join Napoli after one season in the USL Super League
- Played every minute in the first 10 games of the 2025-26 season, leading the team to a 4-4-2 record



#6 IVY YOUNCE | DEF | 5-9 | DOB: 5/7/03 | NWSL EXP: 1st Year
 "I-ve y-ounce" | **HOMETOWN:** Hillsborough, N.C. (USA) | **COLLEGE:** Liberty
Acquired via free agency

- Signed a short-term contract ahead of the season
- Four-year starter at Liberty and was a three-time Conference USA All-Conference first team selection
- Led the Courage U-23 team to back-to-back USL W League Finals, assisting the game-winning goal in 2024, and suited up for the club's TST team in 2025



#7 LAURYN THOMPSON | FWD | 5-5 | DOB: 11/04/07 | NWSL EXP: 1st Year
 "Lore-in Tom-son" | **HOMETOWN:** Wake Forest, N.C. (ENG) | **COLLEGE:** None
Acquired via free agency ahead of the 2026 NWSL Season

- Played for NC Courage and Indy Eleven academies
- Has been called up by both the United States and England Youth National Teams, most recelty representing England at the U-17 and U-19 levels
- Made professional debut on March 14 against Racing Louisville



#8 CHIOMA OKAFOR | FWD | 5-5 | DOB: 3/20/03 | NWSL EXP: 1st Year
 "Chi-oh-ma Oak-a-for" | **HOMETOWN:** Blantyre, Malawi (NIGERIA) | **COLLEGE:** UConn
Acquired via free agency ahead of the 2026 NWSL Season

- Collegiate standout at UConn, scoring 30 goals and adding five assists across 57 appearances.
- Named First Team All-BIG EAST as a senior, leading the Huskies with eight goals and 17 points
- Was a member of Nigeria's 2024 WAFCON winning team



#9 OLIVIA WINGATE | FWD | 5-7 | DOB: 1/20/00 | NWSL EXP: 3rd Year
 "OH-liv-ee-uh WIN-gate" | **HOMETOWN:** Wilmington, MA (USA) | **COLLEGE:** Notre Dame
Drafted in the first round (6th overall) of the 2023 NWSL Draft

- Had two goals and two assists in 255 minutes in 2024, including point-saving equalizer deep in stoppage time against Angel City
- Made seven appearances in the 2023 NWSL Challenge Cup, scoring two goals and adding two assists
- Appeared in 95 games and made 74 starts across five years with Notre Dame, scoring 26 goals and added 11 assists



#10 EVELYN IJEH | FWD | 5-9 | DOB: 8/12/01 | NWSL EXP: 1st Year
 "Ev-el-in E-juh" | **HOMETOWN:** Malmo, Sweden (SWE) | **COLLEGE:** N/A
Acquired via transfer from AC Milan

- Three caps for the Sweden National Team
- Finished third in the Serie A Golden Boot race in 2024-25
- Played both Sweden, Mexico, and Italy
- Made NWSL debut on March 21 at Gotham



#11 FELI RAUCH | DEF | 5-7 | DOB: 4/30/96 | NWSL EXP: 2nd Year
 "FEE-LEE r-OW" | **HOMETOWN:** Hann Munden, Germany (GERMANY)
Signed on Jan. 17, 2024, following transfer from Wolfsburg

- Made NWSL debut on March 16 in season opener against Houston
- Scored first NWSL goal on Sept. 8 in San Diego for match winner over Wave FC
- 25 goals, 20 assists in 139 Frauen Bundesliga matches (Wolfsburg/Turbine Potsdam)
- 2022 UEFA Champions League runner-up
- 36 caps for the German Women's National Team
- Part of 2023 FIFA World Cup team, playing in group stage before minor injury
- Made senior National Team debut in 2017



#12 TALIA STAUDE | DEF | 5-7 | DOB: 4/30/01 | NWSL EXP: 2nd Year

"nuh-TAL-yuh st-OW-dee" | **HOMETOWN:** Atlanta, GA (USA) | **College:** Virginia

Acquired via 2024 NWSL Draft

- Spent 2024 season on loan with the Tampa Bay Sun in USL Super League, playing 938 minutes. She scored one goal and added two assists in 12 appearances, while winning over 50% of duels and tackles.
- Finished UVA career with the second-most minutes in program history (8,794).
- Drafted in the second round of 2024 NWSL College Draft.



#13 RYAN WILLIAMS | DEF | 5-8 | DOB: 2/23/96 | NWSL EXP: 8th Year

"RY-in WILL-yumz" | **HOMETOWN:** Denver, CO (USA) | **COLLEGE:** Texas Christian

Drafted 40th overall in the 2018 NWSL Draft

- Led all NWSL defenders in tackles won (55) and interceptions (53), while completing 85.65% of her passes
- Drafted by the Courage in 2018 and officially signed with the team in 2019 after spending some of 2018 season as a National Team Replacement player
- Played every minute of the Courage's title-winning 2023 Challenge Cup campaign
- Called up to USWNT January Camp



#14 CARLY WICKENHEISER | MID | 5-6 | DOB: 6/03/97 | NWSL EXP: 1st Year

"Car-lee Wick-in-hi-sir" | **HOMETOWN:** St. Louis, MO (CANADA) | **COLLEGE:** Texas Tech

Acquired via transfer from BK Hacken

- Earned three caps for Canada after debuting in 2025
- Played entire professional career in Sweden, capping off the seven-year stint in the country by winning the Damallsvenskan title in 2025 alongside new Courage Head Coach Mak Lind
- Is the daughter of former NHL player Doug Wickenheiser and the cousin of Hockey Hall of Famer and former Canadian national team Olympic captain Hayley Wickenheiser.



#15 PAYTON LINNEHAN | FWD | 5-4 | DOB: 3/25/01 | NWSL EXP: 2nd Year

"PAY-ton LIN-uh-HAN" | **HOMETOWN:** Douglas, MA (USA) | **COLLEGE:** Penn State

Acquired via trade with Portland thorns (\$48,000 in 2025 Intraleague Transfer Funds)

- Drafted 11th overall in 2024 NWSL Draft
- Scored 34 goals and 24 assists in 90 appearances at Penn State
- Signed extension with Courage through 2027 season with 2028 option
- Scored one goal in 13 appearances for the Thorns prior to be traded to the Courage



#16 RILEY JACKSON | MID | 5-6 | DOB: 12/2/05 | NWSL EXP: 2nd Year

"Ry-lee JACK-sin" | **HOMETOWN:** Roswell, GA (USA)

Signed via the U-18 entry mechanism on July 28, 2023

- Made professional debut as a sub in the Courage season-opener on March 16, 2024
- Competed for Concorde Fire SC in the ECNL and was named 2021-22 Gatorade National Girls Soccer Player of the Year as a sophomore at Blessed Trinity High School
- Scored first Courage goal of the 2025 season against Racing Louisville. Goal was her first in the regular season and second as a professional.
- Played crucial role for U.S. U-20 team at FIFA U-20 World Cup, taking home the Bronze medal



#17 DANI WEATHERHOLT | MID | 5-8 | DOB: 3/17/94 | NWSL EXP: 9th Year

"DAN-ee WEATHER-holt" | **HOMETOWN:** Capistrano Beach, California (USA) | **COLLEGE:** SANTA CLARA

Signed as an NWSL free agent prior to the 2024 season

- Scored a goal in her Courage debut on March 16 against HOU.
- Drafted by the Orlando Pride in 2016, making 74 appearances for the Pride before being traded to Seattle Reign FC ahead of the 2021 season
- Selected by Angel City in the expansion draft, making 41 appearances across two seasons in Los Angeles
- Spent time on loan with Australian club Melbourne Victory, making 12 appearances and helping the club win the Premiership title



#18 UNO SHIRAGAKI | DEF | 5-6 | DOB: 11/11/05 | NWSL EXP: 1st Year

"OO-no She-ruh-gah-kee" | **HOMETOWN:** Osaka, Japan (JPN) | **COLLEGE:** N/A

Acquired via transfer from Cerezo Osaka

- Joined the Courage this offseason following a transfer
- Made senior debut for Japan in 2025
- Won silver medal at U-20 World Cup alongside Shinomi Koyama and Manaka Matsukubo
- Made NWSL debut on March 21 at Gotham



#20 SHINOMI KOYAMA | MID | 5-3 | DOB: 1/31/05 | NWSL EXP: 1st Year

"shi-NO-mee" | **HOMETOWN:** Osaka, Japan (JPN) | **COLLEGE:** None

Acquired via transfer from Danish club Djurgårdens IF

- Helped Japan to the silver medal at 2024 U-20 FIFA Women's World Cup, captaining Japan through the knockout stages.
- Joined Courage via transfer from Danish club Djurgårdens IF.
- Called up to senior Japan national team during the final international window of 2024.



#22 CORTNEE VINE | FWD | 5-6 | DOB: 4/9/98 | NWSL EXP: 2nd Year
 "cort-NEE VINE" | **HOMETOWN:** Shepparton, Victoria, Australia | **COLLEGE:** None
Signed as a free agent during 2024 August secondary transfer window

- Made club debut on Aug. 25 in SEA and scored first NWSL goal on Sept. 1 vs. KC
- Spent last four seasons with Sydney FC of the Australian A-League Women.
- 30 goals with four assists to lead the club to three straight Premierships from 2020-21 through 2022-23 and back-to-back Grand Final championships.
- Member of the Australian "Matildas" Women's National Team
- Converted clinching penalty in Australia's WWC Quarterfinal shootout against France to advance to the semifinals on home soil.



#25 MAYCEE BELL | DEF | 5-11 | DOB: 9/18/00 | NWSL EXP: 2nd Year
 "MAY-see BELL" | **HOMETOWN:** Wichita, Kansas (USA) | **COLLEGE:** North Carolina
Acquired via trade with Gotham FC on August 21, 2024 (\$90,000)

- Drafted by Gotham FC in the first round (14th overall) of the 2024 NWSL Draft.
- Made professional debut as a substitute in the 2024 Challenge Cup.
- Appeared in eight matches with Gotham, recording one goal, before the trade.
- Five-year standout at the University of North Carolina with 107 appearance.
- Second team All-American as a RS senior, two-time first team All-ACC, second team All-ACC, and ACC Freshman of the Year throughout her career.
- Played in the NC Courage Academy for one year prior to collegiate career.



#33 HANNAH BETFORT | FWD | 5-10 | DOB: 1/4/99 | NWSL EXP: 5th Year
 "ha-ann-uh BET-fort" | **HOMETOWN:** Charleston, SC (USA) | **COLLEGE:** Wake Forest
Acquired via free agency

- Drafted 37th overall by the Portland Thorns in the 2021 NWSL Draft and spent her first three professional seasons in Rose City before a trade to Utah ahead of the 2024 NWSL Expansion Draft.
- played both as a forward and defender at Wake Forest but has stuck as Pn attacking player in the NWSL.
- Across 2,292 minutes in the regular season, Betfort has five goals and 18 chances created.



#34 MANAKA MATSUKUBO | MID | 5-1 | DOB: 7/28/04 | NWSL EXP: 3rd Year
 "mah-nah-kuh MATT-soo-koo-boe" | **HOMETOWN:** Sendai, Japan (JPN) | **COLLEGE:** N/A
Acquired via loan from Mynavi Sendai on July 27, 2023

- Youngest player in NWSL history with multiple goal contributions in back-to-back games
- Named 2023 NWSL Challenge Cup Final MVP
- Joined the Courage on loan during the middle of the 2023 season from Mynavi Sendai of the Japanese WE League, with the deal being made permanent in 2024.
- Appeared in and started six games, logging 481 minutes, one goal and one assist
- Marked her 50th appearance with a goal on 3/28



#35 ALLY SCHLEGEL | FWD | 5-7 | DOB: 2/07/00 | NWSL EXP: 4th Year
 "Al-E sh-LAY-gull" | **HOMETOWN:** Parker, CO (USA) | **COLLEGE:** Penn State
Acquired via free agency ahead of the 2026 NWSL Season

- Drafted by the Chicago Stars in the second round of the 2023 NWSL Draft
- Scored 12 goals and added six assists across 62 regular season appearances in three seasons with the Stars
- Was college teammates with now Courage teammate Payton Linnehan



#80 OLI PEÑA | MID | 5-1 | DOB: 1/7/03 | NWSL EXP: 1st Year
 "O-lee PAIN-ya" | **HOMETOWN:** Irving, Texas (USA) | **COLLEGE:** TCU
Acquired via free agency

- 2024 Big 12 Midfielder of the Year
- Made 93 appearances for TCU across four seasons
- Led the Horned Frogs to two Big 12 regular season titles, a Big 12 Tournament championship and three NCAA Tournaments, including two Sweet 16 appearances



#99 MOLLY PRITCHARD | GK | 5-11 | DOB: 11/21/2003 | NWSL EXP: 1st Year
 "Mall-e Pritchard" | **HOMETOWN:** Atlanta, GA (USA) | **COLLEGE:** Ohio State
Acquired via free agency ahead of the 2026 NWSL Season

- Made 85 appearances for Ohio State across four seasons, earning All-American honors in 2025
- 2025 Big Ten Goalkeeper of the Year
- Finished collegiate career with a program-record 32 shutouts and finished second in program history for career saves with 306