



UTA vs POR
August 2, 2026 | 5:00pm MT

MATCH INFORMATION

Utah Royals FC

2026 Record

9-3-5, 30 Points

Head Coach:
Jimmy Coenraets



Portland Thorns

2026 Record

8-4-5, 28 Points

Head Coach:
Robert Vilahamn



NWSL REGULAR SEASON: MATCH #18

Kickoff: 5:00 PM MT

Location: America First Field

Referee: Matthew Corrigan

Assistant Referee: Cameron Silver

Assistant Referee: Jake Brochu

Fourth Official: Rachel Swett

AVAILABILITY REPORT

OUT:

MF Alex Loera (knee - SEI), FW KK Ream (knee - SEI)

QUESTIONABLE:

SUSPENDED:

MATCH PREVIEW

HERRIMAN, Utah (Saturday, August 1, 2026) – Utah Royals FC (9-3-5, 30 pts) will stay at home in its last match of a three-game week to host the Portland Thorns (8-4-5, 28 pts) on Sunday, August 2nd with kickoff set for 5:00 p.m. MT. The Royals fell to the Washington Spirit 1-0 earlier this week after a long battle with weather delays and will be looking to make a comeback this weekend by securing a win over the Thorns and earning three points at America First Field.

While the Royals' loss to the Spirit on Wednesday was a disappointing result, the match saw midfielder **Ana Tejada's** 50th start, as she joins Ironwoman **Kate Del Fava** and goalkeeper **Mandy McGlynn** as the only URFC players to meet the milestone.

Utah showcased grit in its 1-0 fall to the Spirit, with an hour-long weather delay draining momentum found in the first 20 minutes. Washington used the delay to their advantage, coming out of the locker room and scoring quickly when Paige Metayer sent a cross to USWNT Trinity Rodman, who placed the ball at the back post, giving the Spirit a lead. The Royals were resilient for the remainder of the match, leading to multiple chances on goal, but ultimately were unable to find an equalizer. The Royals showcased strength during its hard-fought battle against league-leading Washington Spirit, proud of the performance despite the result. The match also saw the return of **Kaleigh Riehl** to the starting XI.

Now, Utah turns its attention toward the Portland Thorns. URFC has avoided defeat in four of its five regular-season meetings during the 2024, 2025, and 2026 seasons against the Thorns. The home team has not won any of the matches between Utah and Portland since the Royals franchise return, with the Royals having notched two wins and a draw in Portland, and the Thorns earning a win and a draw at Utah. The Royals may not be able to rely on a typical home-field advantage against this Portland team. When facing off against the Thorns earlier this season, the Royals found a 2-2 draw in May, with **Kiana Palacios** and **Cloë Lacasse** finding the net.

The Thorns enter the matchup on Sunday with a 8-4-5, 28 pts league record, sitting at fifth in the overall NWSL standings, just two points behind the Royals. Portland has not found a win in its last three matches, suffering a 0-2 loss to Seattle Reign on June 12th, falling to Denver Summit 2-1 on July 18th, and finding a 2-2 draw to Gotham FC on June 25th. The Thorns have also conceded 14 goals in the last nine matches, allowing multiple goals in six different games. However, a key player to watch for is Thorns' Pietra Tordin, who notched her seventh assist of the season on Friday, and is now tied for the most in the NWSL with Croix Bethune, also putting her in the top three of all-time Thorns players to record that many assists. Led by Head Coach Robert Vilahamn, the Portland Thorns will be desperate to find a win after winning just two of their last nine matches.

The Royals will be looking to stay persistent in the attack, and utilize returning players to the backline to secure a victory against Portland, potentially breaking the record for a home win in the developing rivalry. Sunday night's matchup promises to be fascinating as the Club looks to bounce back following its loss to the Spirit earlier this week, and show the Club has what it takes to win against Portland in its effect to climb the NWSL standings and secure three points in front of a home crowd.





POSITION:.....Goalkeeper
 HEIGHT:.....5'9
 DOB:.....11/3/1998
 NATIONALITY:.....United States
 PREVIOUS CLUB:.....Gotham NY/NJ
 PRONUNCIATION:.....MAN-DEE
 mic-glin
 PRONOUNS.....she/her

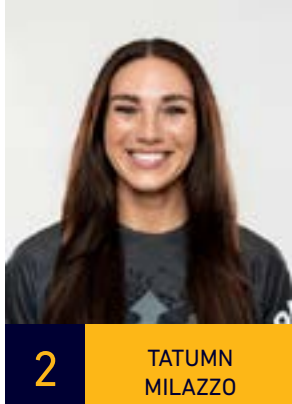
TOTAL NWSL STATS

GAMES PLAYED: 59
 GAMES STARTED: 56
 GOALS: 0
 ASSISTS: 1

URFC CAREER STATS (REGULAR SEASON)

Year	Team	GP	GS	G	A	SHTS	SOG	FC	INT	Y	R
2024	UTA	24	24	0	0	0	0	0	0	1	0
2025	UTA	23	23	0	1	1	0	1	0	3	0
2026	UTA	12	11	0	0	0	0	0	0	0	0

Now in her third season with Utah Royals, McGlynn has established herself as one of the league's top reflex goalkeepers. In her first season with the club, McGlynn set a Utah Royals single-season record with 84 saves in 24 appearances, performances that earned her the club's MVP award and her first senior U.S. Women's National Team call-up, making her debut in a 3-0 victory over Argentina in October. She continued her strong form in 2025, producing multiple NWSL "Save of the Week" moments while recording career-best shot-stopping numbers, adding an assist, and signing a contract extension that further solidified her role as a cornerstone of Utah's squad. Prior to joining the Royals, McGlynn starred collegiately at Virginia Tech, where she started all four seasons and earned back-to-back All-ACC First Team honors as a goalkeeper. She was selected in the 2020 NWSL Draft by Sky Blue FC (now Gotham FC), spending one season in New York before moving overseas to Piteå IF in Sweden's top division. During the 2022 season in Sweden, she started every match, recorded seven shutouts, played every minute of the campaign, and was named Norrbotten's Female Player of the Year. McGlynn returned to Gotham FC in 2023 and was part of the squad that won the NWSL Championship before later making the move to the Wasatch Front.



POSITION:.....Defender
 HEIGHT:.....5'7
 DOB:.....04/17/1998
 NATIONALITY:.....United States
 PREVIOUS CLUB:.....Chicago Stars
 PRONUNCIATION:.....Tay-tuhm
 mih-lah-zo
 PRONOUNS.....she/her

TOTAL NWSL STATS

GAMES PLAYED: 78
 GAMES STARTED: 65
 GOALS: 6
 ASSISTS: 2

URFC CAREER STATS (REGULAR SEASON)

Year	Team	GP	GS	G	A	SHTS	SOG	FC	INT	Y	R
2025	UTA	-	-	-	-	-	-	-	-	-	-
2026	UTA	14	9	3	0	6	3	13	27	1	1

Now in her second season with Utah Royals, Milazzo looks to return to full fitness and contribute to the club's defensive unit after her 2025 campaign was cut short due to injury. Milazzo joined the Royals via free agency bringing significant NWSL experience, but suffered a torn ACL during training on March 21, 2025. She underwent successful surgery and was placed on the season-ending injury list on March 28 while continuing her rehabilitation with the Royals' medical staff. Prior to arriving in Utah, Milazzo spent her entire professional career with Chicago Stars FC after joining the club's 2021 preseason squad and earning a supplemental roster spot on April 5, 2021. She made her professional debut four days later in an NWSL Challenge Cup match and went on to record 70 NWSL appearances across regular season, Challenge Cup, and playoff matches. During her time in Chicago, Milazzo tallied four goals along with 171 tackles and 115 interceptions. Before turning professional, she played four seasons at the University of South Carolina, helping the Gamecocks win Southeastern Conference titles in 2016, 2017, and 2019.



2026 UTAH ROYALS FC GAME NOTES



4 PAIGE CRONIN

POSITION:.....Forward
 HEIGHT:.....5'8
 DOB:.....11/13/1996
 NATIONALITY:.....United States
 PREVIOUS CLUB:.....Racing Louisville
 PRONUNCIATION:.....PAY-j
 MAHN-uh-han
 PRONOUNS:.....she/her

URFC CAREER STATS (REGULAR SEASON)

Year	Team	GP	GS	G	A	SHTS	SOG	FC	INT	Y	R
2024	UTA	22	20	2	1	33	8	14	15	2	0
2025	UTA	15	13	4	2	22	10	12	4	4	0
2026	UTA	9	4	1	1	9	3	6	3	1	0

TOTAL NWSL STATS

GAMES PLAYED: 122
 GAMES STARTED: 95
 GOALS: 17
 ASSISTS: 5

Now in her third season with Utah Royals, Cronin has established herself as a key leader and attacking presence for the club. Serving as the Royals' inaugural captain, Monaghan has set the tone both on and off the field, bringing experience and consistency to Utah's attack. After appearing in 22 matches during her first season with the club, she elevated her impact in 2025, finishing the year with five goals and two assists while continuing to guide the team as captain. A native of New Jersey, Monaghan played collegiately at Butler University, where she appeared in 80 matches and recorded 22 goals and 18 assists. During her standout collegiate career, she earned two All-Big East First Team selections, was named the 2017 All-Big East Player of the Year, received Second Team All-American honors, and was recognized as an All-American Scholar. Monaghan made Butler history when she was selected 10th overall in the 2019 NWSL Draft by Gotham FC, where she played 57 matches across four seasons. In 2023, she joined Racing Louisville and appeared in 22 matches before being selected by Utah Royals FC in the 2024 NWSL Expansion Draft, arriving in Utah with nine professional goals to her name.



5 CECE DELZER

POSITION:.....Forward-
 HEIGHT:.....5'8
 DOB:.....08/07/1997
 NATIONALITY:.....USA
 PREVIOUS CLUB:.....Gotham FC
 PRONUNCIATION:.....SEE-see
 DEL-zer
 PRONOUNS:.....she/her

URFC CAREER STATS (REGULAR SEASON)

Year	Team	GP	GS	G	A	SHTS	SOG	FC	INT	Y	R
2025	UTA	10	5	1	0	5	5	3	3	0	0
2026	UTA	16	14	2	2	27	9	15	7	0	0

TOTAL NWSL STATS

GAMES PLAYED: 112
 GAMES STARTED: 78
 GOALS: 20
 ASSISTS: 7

Now in her second season with Utah Royals, Delzer brings veteran experience and attacking versatility to the club's front line. During the 2025 season, Delzer found the scoresheet once while continuing to provide energy, movement, and a direct attacking presence in Utah's forward group. The Overland Park, Kansas native played collegiately at the University of Mississippi (Ole Miss), where she developed into a dynamic attacking threat and finished her career with 48 goals. Delzer was selected in the second round of the 2019 NWSL College Draft as the 13th overall pick by the Houston Dash before being chosen by Racing Louisville in the 2020 NWSL Expansion Draft. She made history in April 2021 by scoring Racing Louisville's first-ever goal in the club's inaugural match. An experienced NWSL veteran, Kizer has played for Houston Dash, Racing Louisville, Kansas City Current, and Gotham FC, with Utah Royals marking the fifth club of her professional career. Wearing No. 5, the 5'8" forward adds leadership, competitiveness, and valuable league experience to Utah's attacking unit.





6

KAMERON
SIMMONDS

POSITION:.....Defender
 HEIGHT:.....5'7
 DOB:.....12/6/2003
 NATIONALITY:.....Jamaica
 PREVIOUS CLUB:.....FSU
 PRONUNCIATION:.....KAM-er-un SIM-uhndz
 PRONOUNS:.....she/her

URFC CAREER STATS (REGULAR SEASON)

Year	Team	GP	GS	G	A	SHTS	SOG	FC	INT	Y	R
2026	UTA	6	3	0	0	3	2	6	3	2	0

TOTAL NWSL STATS

GAMES PLAYED: 4
 GAMES STARTED: 2
 GOALS: 0
 ASSISTS: 0

Now in her first season with Utah Royals, Simmonds brings international experience, versatility, and attacking instincts to the club's defensive unit. Simmonds began her collegiate career at the University of Tennessee in 2022, where she earned recognition as one of the nation's top freshmen after scoring four goals in 16 appearances and being named to two TopDrawerSoccer Freshman Best XI lists. She later transferred to Florida State University, appearing in all 21 matches during her junior season while recording five goals and two assists. In her senior year, Simmonds started 17 of 21 matches, logging 1,021 minutes as the Seminoles captured the 2025 NCAA National Championship. Internationally, Simmonds has represented Jamaica at the U-17, U-20, and senior levels. She scored twice at the 2022 CONCACAF Women's U-20 Championship and made her senior debut later that year, becoming the third generation in her family to represent Jamaica following her father Greg Simmonds and grandfather Patrick Simmonds. In 2023, she scored her first senior international goals against the Czech Republic during the Cup of Nations and was part of Jamaica's historic squad that reached the Round of 16 at the FIFA Women's World Cup, appearing in two matches. Primarily a defender, Simmonds is known for her speed, goal-scoring ability, and adaptability, making her a valuable addition to the Royals' roster.



8

KATE
DEL FAVA

POSITION:.....Defender
 HEIGHT:.....5'9
 DOB:.....07/23/1998
 NATIONALITY:.....United States
 PREVIOUS CLUB:.....KC Current
 PRONUNCIATION:.....[kay-T de-L FAH-vuh](#)
 PRONOUNS:.....she/her

URFC CAREER STATS (REGULAR SEASON)

Year	Team	GP	GS	G	A	SHTS	SOG	FC	INT	Y	R
2020	UTA	6	5	0	0	2	1	8	34	0	0
2024	UTA	26	26	2	1	12	4	22	38	3	0
2025	UTA	25	25	0	1	12	0	17	28	5	0
2026	UTA	17	17	1	0	17	3	12	26	2	0

TOTAL NWSL STATS

GAMES PLAYED: 115
 GAMES STARTED: 105
 GOALS: 2
 ASSISTS: 5

Now in her third season back with the Utah Royals, Kate Del Fava has re-established herself as one of the club's most reliable defenders. During the 2025 NWSL season, she started all 26 matches and played every minute (2,340), earning Iron Woman honors while anchoring Utah's back line. She finished the year with one assist, 23 tackles, 31 interceptions, and an 85.2% passing accuracy, and was named the Club's Defensive Player of the Year. Del Fava also played a key role in a Royals defense that set a club record with an eight-game unbeaten streak, recording her assist in a 2-1 victory over Racing Louisville in June 2025. Born in Evanston, Illinois, Del Fava starred collegiately at Illinois State University, where she played all four seasons and earned numerous accolades, including the 2019 MVC Player of the Year award, three All-MVC First Team selections, and six MVC Player of the Week honors. She was selected by Utah Royals FC with the 12th overall pick in the 2020 NWSL Draft and made her professional debut during the 2020 Challenge Cup. Following the conclusion of the Club's first era, she moved with the organization to Kansas City, where she spent two seasons and scored her first professional goal before returning to Utah in December 2023 as one of two players from the Club's original roster to rejoin the Royals following its relaunch.



POSITION:.....Forward
 HEIGHT:.....5'7
 DOB:.....08/08/1998
 NATIONALITY:.....Slovenia
 PREVIOUS CLUB:..Eintracht Frankfurt
 PRONUNCIATION:.....[LAH-rah](#)
[PRAHSH-nee-kar](#)
 PRONOUNS:.....she/her

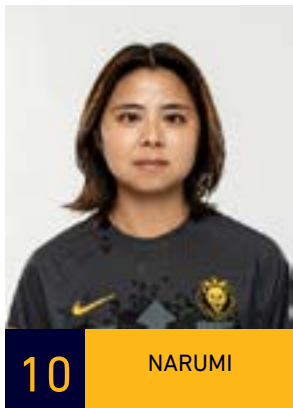
TOTAL NWSL STATS

GAMES PLAYED: 10
 GAMES STARTED: 4
 GOALS: 2
 ASSISTS: 1

URFC CAREER STATS (REGULAR SEASON)

Year	Team	GP	GS	G	A	SHTS	SOG	FC	INT	Y	R
2025	UTA	5	1	0	1	5	2	3	0	1	0
2026	UTA	12	4	2	0	13	4	6	3	1	0

Now in her second season with Utah Royals, Prašnikar brings proven European pedigree and a goal-scoring presence to the Royals' attack. The Celje, Slovenia native joined the club on Aug. 31, 2025, after signing from German side Eintracht Frankfurt, becoming the first Slovenian player in NWSL history. Arriving late in the 2025 campaign after the Club purchased her for an undisclosed fee, Prašnikar made an immediate impact by recording an assist in her home debut with the Royals. Known for her intelligent movement in the box, clean finishing, and relentless work rate in the attacking third, the 5'7" striker wears No. 9 and enters the season as a key scoring option for Utah's front line. Prior to her move to the Wasatch Front, Prašnikar enjoyed a prolific career in the German Frauen-Bundesliga with Eintracht Frankfurt, scoring 44 goals in 122 appearances between 2020 and 2024. She began her career in Slovenia with Šmartno, where she and fellow Slovenian international Lana Golob played on boys' teams due to the club not having a women's side, before moving to Rudar Škale. Prašnikar made her professional debut on Aug. 25, 2013, scoring a brace in a 5-0 victory over Velesovo Cerklje, and went on to tally an impressive 77 goals in just 55 league matches across three seasons.



POSITION:.....Midfielder
 HEIGHT:.....5'1
 DOB:.....07/03/1997
 NATIONALITY:.....Japan
 PREVIOUS CLUB:-- Washington Spirit
 PRONUNCIATION:.....[Nah-roo-mee](#) [Mee-oo-rah](#)
 PRONOUNS:.....she/her

TOTAL NWSL STATS

GAMES PLAYED: 75
 GAMES STARTED: 70
 GOALS: 2
 ASSISTS: 6

URFC CAREER STATS (REGULAR SEASON)

Year	Team	GP	GS	G	A	SHTS	SOG	FC	INT	Y	R
2026	UTA	12	12	2	0	12	3	15	8	1	0

Now in her first season with Utah Royals, Miura brings technical quality, composure, and international experience to the Royals' midfield after being acquired in a trade from the Washington Spirit in exchange for \$180,000 in allocation money. The Kawasaki, Japan native wears No. 10 and is known for her quick decision-making, intelligent positioning, and ability to dictate tempo in possession. Miura joined Utah following a strong 2025 campaign with Washington, where she appeared in 23 matches with 20 starts while recording a 79% pass completion rate and contributing defensively with tackles and interceptions. Prior to her time with the Spirit, she made her NWSL debut with the North Carolina Courage in 2023 after building a decorated career in Japan with Nippon TV Tokyo Verdy Beleza, where she won multiple Nadeshiko League titles, Empress's Cup trophies, and League Cups while establishing herself as one of the league's most consistent midfielders. On the international stage, Miura has represented Japan at both youth and senior levels and was part of the squad that captured the 2025 SheBelieves Cup. She also started in Japan's 1-0 victory over Canada in a Women's International Friendly on Dec. 1, 2025. Her arrival in Utah reunites her with fellow Japanese internationals Mina Tanaka and Miyabi Moriya, strengthening both the Royals' midfield and the club's growing international core.





POSITION:.....Forward
 HEIGHT:.....5'5
 DOB:.....04/28/1994
 NATIONALITY:.....Japan
 PREVIOUS CLUB:.....INAC Kobe Leonessa
 PRONUNCIATION:.....[mee-na-tah-nah-ka](#)
 PRONOUNS:.....she/her

URFC CAREER STATS (REGULAR SEASON)

Year	Team	GP	GS	G	A	SHTS	SOG	FC	INT	Y	R
2024	UTA	7	7	1	0	21	9	12	1	2	0
2025	UTA	22	21	6	1	46	18	21	10	2	0
2026	UTA	14	13	5	4	34	20	21	7	2	0

TOTAL NWSL STATS

GAMES PLAYED: 38
 GAMES STARTED: 36
 GOALS: 9
 ASSISTS: 4

Now in her third season with Utah Royals, Tanaka continues to provide a proven scoring presence to the club's attack. In the 2025 season, Tanaka led Utah's frontline with six goals and one assist, establishing herself as one of the team's most reliable offensive contributors. She joined the Royals as a free agent after most recently playing for INAC Kobe Leonessa of Japan's WE League, where she recorded 37 goals in 58 appearances. Tanaka arrived in the Beehive State following a distinguished 13-season career in Japan, playing for Tokyo Verdy Beleza from 2011 to 2019 before joining INAC Kobe Leonessa from 2020 to 2024, along with a 10-match loan stint in Germany's Frauen-Bundesliga with Bayer Leverkusen in 2020. Widely regarded as one of the most clinical finishers in Japanese football, Tanaka won the Nadeshiko League Golden Boot four times (2016, 2017, 2018, 2019), was named to the Nadeshiko League Best XI five times, and earned back-to-back Nadeshiko League Best Player honors in 2018 and 2019. Across her club career she has scored 211 goals in 308 appearances, while also contributing 30 goals in 74 appearances for the Japan Women's National Team, representing her country in four major international tournaments.



POSITION:.....Defender
 HEIGHT:.....5'7
 DOB:.....06/19/1999
 NATIONALITY:.....United States
 PREVIOUS CLUB:.....Bay FC
 PRONUNCIATION:.....[Al-iks-LOH-air-uh](#)
 PRONOUNS:.....she/her

URFC CAREER STATS (REGULAR SEASON)

Year	Team	GP	GS	G	A	SHTS	SOG	FC	INT	Y	R
2025	UTA	1	0	0	0	1	0	0	0	0	0
2026	UTA	0	0	0	0	0	0	0	0	0	0

TOTAL NWSL STATS

GAMES PLAYED: 35
 GAMES STARTED: 31
 GOALS: 1
 ASSISTS: 7

Now in her second season with Utah Royals, Loera brings leadership, versatility, and NWSL experience to the club's back line. The Thornton, Colorado native joined the Royals after being acquired via trade from Bay FC in exchange for \$20,000 in allocation money and a 15% sell-on fee. Prior to arriving in Utah, Loera began her professional career with the Kansas City Current before becoming a key piece for Bay FC, where she served as captain during the club's inaugural season. Across her NWSL career, she has made 32 regular-season appearances. Her 2024 campaign was cut short due to an ACL injury, and after completing her rehabilitation she made her Royals debut on May 9, 2025. Eight days later, Loera unfortunately suffered another ACL tear in the same knee during training, sidelining her once again as she began another recovery process. Before turning professional, Loera starred at Santa Clara University, where she earned multiple West Coast Conference All-Conference honors and served as team captain. Wearing No. 12, the 5'7" defender adds composure and leadership to Utah's defensive unit as she continues working toward a full return to the pitch.





POSITION:.....Forward
 HEIGHT:.....5'6
 DOB:.....03/08/2001
 NATIONALITY:.....United States
 PREVIOUS CLUB:.....BYU
 PRONUNCIATION:.....[BREH-kin](#)
[MOH-zin-GOH](#)
 PRONOUNS:.....she/her

TOTAL NWSL STATS

GAMES PLAYED: 47
 GAMES STARTED: 25
 GOALS: 3
 ASSISTS: 0

URFC CAREER STATS (REGULAR SEASON)

Year	Team	GP	GS	G	A	SHTS	SOG	FC	INT	Y	R
2024	UTA	18	10	0	0	16	8	5	5	0	0
2025	UTA	22	13	3	0	26	9	18	4	0	0
2026	UTA	7	2	0	0	5	1	2	4	0	0

13

BRECKEN
MOZINGO

Now in her third professional season with Utah Royals, Utah native Mozingo continues to develop into a key attacking option for the club. Mozingo logged nearly 1,000 minutes during her rookie campaign, appearing in 18 regular-season matches while gaining valuable professional experience. She made a major impact during the inaugural NWSL x Liga MX Femenil Summer Cup, scoring a brace against Club Tijuana, marking the first multi-goal performance of her professional career and the club's first brace of the 2024 calendar year. Mozingo continued her growth in 2025, finishing the season with three goals while becoming an increasingly reliable attacking threat. Prior to her professional career, Mozingo made her mark early by setting an Alta High School single-season scoring record with 38 goals in 2016. She began her collegiate career at UCLA before transferring back home to BYU, where she became one of the most productive attackers in program history. Across 92 appearances with the Cougars, Mozingo recorded 36 goals and 37 assists, earning recognition as a MAC Hermann Trophy finalist and a First-Team All-American. She was selected No. 4 overall in the NWSL Draft, part of a historic night for BYU in which a program-record five players were selected.



POSITION:.....Defender
 HEIGHT:.....5'4
 DOB:.....06/15/1999
 NATIONALITY:.....ESP
 PREVIOUS CLUB:.....VfL Wolfsburg
 PRONUNCIATION:.....Noo-ree-ah
 RAH-BAH-NOH
 PRONOUNS:.....she/her

TOTAL NWSL STATS

GAMES PLAYED: 26
 GAMES STARTED: 25
 GOALS: 0
 ASSISTS: 2

URFC CAREER STATS (REGULAR SEASON)

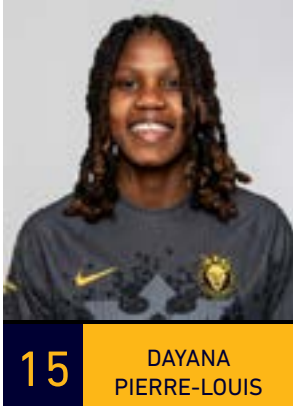
Year	Team	GP	GS	G	A	SHTS	SOG	FC	INT	Y	R
2025	UTA	21	20	0	2	4	0	35	28	5	0
2026	UTA	11	11	0	3	3	0	15	9	0	0

15

NURIA
RÁBANO

Now in her second season with Utah Royals, Rábano brings top-level European experience to the club's back line after joining the Royals through the 2027 season with a mutual option for 2028. The Spanish left back was acquired from VfL Wolfsburg for an undisclosed fee after spending the previous two seasons in Germany, where she made 38 appearances across all competitions and helped Wolfsburg capture the 2023–24 DFB-Pokal (German Cup). Rábano began her professional career with Deportivo La Coruña, playing a key role in the club's historic undefeated 2018–19 campaign that secured promotion to Spain's top division for the first time in team history. She later joined Real Sociedad in 2020, making 57 appearances before transferring to FC Barcelona, where she was part of the 2022–23 Liga F title-winning squad. Rábano has also represented Spain at the international level, earning her senior national team debut in 2022 with a 16-minute appearance in a 1–1 draw against Sweden.





POSITION:.....Midfielder
 HEIGHT:.....5'10
 HT:.....5'10
 DOB:.....09/24/2003
 NATIONALITY:.....Haiti
 PREVIOUS CLUB:.....RC Lens
 PRONUNCIATION:.....day-AH-nah pee-AIR loo-EE
 PRONOUNS:.....she/her

URFC CAREER STATS (REGULAR SEASON)

Year	Team	GP	GS	G	A	SHTS	SOG	FC	INT	Y	R
2026	UTA	8	3	0	0	4	1	11	1	4	0

TOTAL NWSL STATS

GAMES PLAYED: 6
 GAMES STARTED: 3
 GOALS: 0
 ASSISTS: 0

Now in her first season with Utah Royals, Pierre-Louis brings international experience, physical presence, and midfield creativity to the club's roster. The Haitian international arrives after a successful 2024–25 campaign with RC Lens, where she helped the club secure a second-place finish in the *Seconde Ligue* and earn promotion to the *Première Ligue*, marking the team's return to France's top division for the first time in nearly a decade. Since promotion, Pierre-Louis has appeared in 10 matches with eight starts in the top flight. On the international stage, Pierre-Louis began her career with the Haiti U-20 national team, scoring four goals at the 2020 CONCACAF Women's U-20 Championship before earning her senior debut on June 25, 2022 against Costa Rica. She has since earned multiple caps and played a key role in Haiti's historic qualification for the 2023 FIFA Women's World Cup. As the second youngest player on the squad, she started all three group stage matches, including contests against finalists England and Denmark. Known for her stamina, strength, and passing ability, Pierre-Louis regularly posts passing completion rates above 70 percent while creating attacking opportunities from deeper midfield positions, adding a dynamic presence to Utah's midfield.



POSITION:.....Midfielder
 HEIGHT:.....5'8
 HT:.....5'8
 DOB:.....11/25/2000
 NATIONALITY:.....USA
 PREVIOUS CLUB:..Washington Spirit
 PRONUNCIATION:.....KORT-nee BROWN
 PRONOUNS:.....she/her

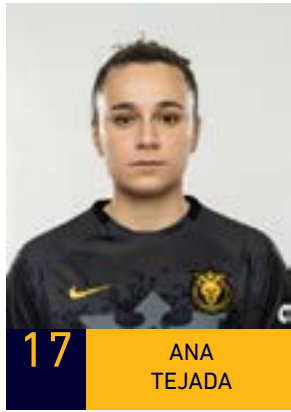
URFC CAREER STATS (REGULAR SEASON)

Year	Team	GP	GS	G	A	SHTS	SOG	FC	INT	Y	R
2026	UTA	9	1	1	0	3	2	0	1	0	0

TOTAL NWSL STATS

GAMES PLAYED: 45
 GAMES STARTED: 15
 GOALS: 3
 ASSISTS: 0

Now in her first season with Utah Royals, Brown returns to her home state to bring energy, versatility, and attacking depth to the club's front line. The West Haven, Utah native joined the Royals as a free agent through the 2026 season after beginning her professional career with the Washington Spirit. Brown was selected by Washington with the 49th overall pick in the fourth round of the 2024 NWSL Draft and made her professional debut on March 17, entering the match in the 65th minute of the Spirit's season opener against Seattle Reign. She scored her first professional goal on June 23 in a 2–0 victory over NJ/NY Gotham FC and went on to appear in 15 matches with five starts during her second season in Washington, including another goal in a 3–1 win over the North Carolina Courage. Prior to turning professional, Brown starred at the University of Utah, where she was a five-year starter from 2019 to 2023, making 94 appearances and scoring 14 goals while serving as team captain for her final three seasons. Known for her pace, relentless work rate, and direct attacking mindset, the 5'7" forward adds valuable local pride and professional experience to the Royals' squad.

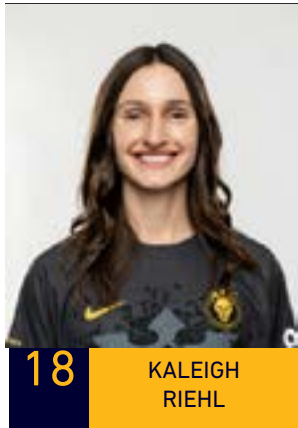


POSITION:.....Defender
 HEIGHT:.....5'7
 DOB:.....06/02/2002
 NATIONALITY:.....Spain
 PREVIOUS CLUB:.....Real Sociedad
 PRONUNCIATION:.....ahn-ah tay-
 hah-dah
 PRONOUNS.....she/her

TOTAL NWSL STATS
 GAMES PLAYED: 48
 GAMES STARTED: 44
 GOALS: 2
 ASSISTS: 2

URFC CAREER STATS (REGULAR SEASON)												
Year	Team	GP	GS	G	A	SHTS	SOG	FC	INT	Y	R	
2024	UTA	15	15	2	1	13	4	25	15	5	0	
2025	UTA	22	19	0	0	6	0	30	13	6	1	
2026	UTA	16	15	0	2	23	9	30	16	6	0	

Now in her second season with Utah Royals, Tejada has become a key piece of the club's spine, bringing both club and international experience to the squad. Born and raised in Logroño, Spain, Tejada joined Utah in 2024 after beginning her professional career at just 17 years old with Real Sociedad in Spain's Liga F. She developed into a regular starter by the 2020–21 season and departed the club having made 86 appearances and scored one goal across all competitions. Originally joining the Royals as a center back, Tejada quickly transitioned into a midfield role alongside fellow Royals legend Spaniard Claudia Zornoza, where she emerged as a threat from distance. Her impact was highlighted by long-range goals against Houston and Racing Louisville, including a dramatic late match-winner against Louisville on Sept. 28, 2024. Her strong form in Utah earned her a return call-up to Spain's senior national team pool after previously earning one cap for La Roja. On the international stage, Tejada has represented Spain at multiple youth levels, winning both the UEFA Women's U-17 European Championship and the FIFA U-17 Women's World Cup, as well as the FIFA U-20 Women's World Cup.

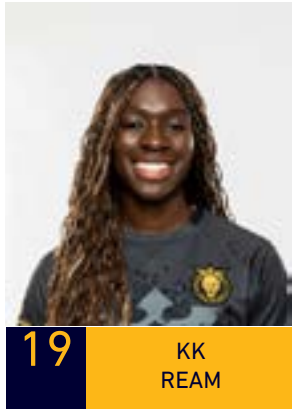


POSITION:.....Defender
 HEIGHT:.....5'8
 DOB:.....10/21/1996
 NATIONALITY:.....USA
 PREVIOUS CLUB:.....SD Wave
 PRONUNCIATION:.....KAY-lee
 REEL
 PRONOUNS.....she/her

TOTAL NWSL STATS
 GAMES PLAYED: 95
 GAMES STARTED: 87
 GOALS: 2
 ASSISTS: 3

URFC CAREER STATS (REGULAR SEASON)												
Year	Team	GP	GS	G	A	SHTS	SOG	FC	INT	Y	R	
2024	UTA	14	14	0	1	6	0	6	16	1	0	
2025	UTA	12	10	1	1	1	1	4	5	1	0	
2026	UTA	13	12	0	1	5	0	6	7	0	0	

Now in her third season with Utah Royals, Riehl has become a key part of the club's back line, totaling 26 NWSL appearances for the Royals as of Nov. 2, 2025. Known for her reliability in possession and ability to help build play out of the back, she also contributed offensively during the 2025 season with one goal and one assist. Riehl played collegiately at Penn State, where she logged 8,847 career minutes; an NCAA all-time record for a position player. She was selected 11th overall by Sky Blue FC in the 2020 NWSL Draft and later spent time on loan with Paris FC, making eight appearances in France. Riehl returned to the NWSL and was selected by Racing Louisville FC in the 2021 Expansion Draft before joining San Diego Wave FC ahead of the 2022 season, helping the club win the 2023 NWSL Shield. Utah Royals FC acquired Riehl from San Diego on Nov. 20, 2023, in exchange for \$60,000 in allocation money and expansion draft protection.



POSITION:.....Forward
 HEIGHT:.....5'4
 DOB:.....07/08/2009
 NATIONALITY:.....USA
 PREVIOUS CLUB:.....Utah Avalanche
 PRONUNCIATION:.....Kay-Kay REEM
 PRONOUNS:.....she/her

TOTAL NWSL STATS

GAMES PLAYED: 10
 GAMES STARTED: 1
 GOALS: 1
 ASSISTS: 0

URFC CAREER STATS (REGULAR SEASON)

Year	Team	GP	GS	G	A	SHTS	SOG	FC	INT	Y	R
2025	UTA	9	1	1	0	2	1	2	5	0	0
2026	UTA	1	0	0	0	0	0	0	0	0	0

19

KK
REAM

Now in her second season with Utah Royals, Ream continues to emerge as one of the club's most exciting young talents. A Utah native, Ream made history as the youngest signing in club history at just 15 years and 157 days old when she joined the Royals through the 2027 season. She made her professional debut during the 2025 NWSL season and finished the year with nine appearances and one goal, scoring her first professional goal on Aug. 29, 2025 against the Portland Thorns to become the youngest goal scorer in NWSL history. Ream has deep roots within the organization, having played for the URFC AZ Academy from 2019 to 2022 while also competing for RSL Academy AZ from 2020 to 2022 before joining Utah Avalanche from 2023 to 2024. On the international stage, she has been a regular with U.S. Youth National Teams and helped the U.S. U-15 Girls' National Team win the 2024 Concacaf Girls' U-15 Championship.



POSITION:.....Forward
 HEIGHT:.....5'6
 DOB:.....10/01/1996
 NATIONALITY:.....Mexico
 PREVIOUS CLUB:.....Club America
 PRONUNCIATION:.....kee-AH-nah
 pah-LAH-syohs
 PRONOUNS:.....she/her

TOTAL NWSL STATS

GAMES PLAYED: 9
 GAMES STARTED: 8
 GOALS: 0
 ASSISTS: 1

URFC CAREER STATS (REGULAR SEASON)

Year	Team	GP	GS	G	A	SHTS	SOG	FC	INT	Y	R
2026	UTA	16	14	2	2	21	6	18	3	1	0

21

KIANA
PALACIOS

Now in her first season with Utah Royals, Palacios arrives as one of the most accomplished attacking players in Liga MX Femenil history. The Mexican international built a prolific career with Club América Femenil, where she scored 90 goals in 174 appearances since joining the club in 2021, becoming the team's all-time leading scorer. During the 2022–23 season, Palacios delivered one of the most dominant campaigns in league history, scoring 30 goals in 40 matches while captaining Las Águilas to the Clausura 2023 Liga MX Femenil championship. Known for her intelligent movement, speed, and leadership in the attacking third, Palacios brings a proven scoring presence to Utah's front line. Prior to her time in Mexico, she also competed in Europe with Real Sociedad Femenino, helping the club capture the 2018–19 Copa de la Reina title. On the international stage, Palacios represents the Mexico Women's National Team and was part of the squad that won the gold medal at the 2023 Pan American Games, marking a historic achievement for the program.





POSITION:.....Defender
 HEIGHT:.....5'5
 DOB:.....08/22/1996
 NATIONALITY:.....Japan
 PREVIOUS CLUB:.....Angel City FC
 PRONUNCIATION:.....mee-YAH-bee
 moh-REE-yah
 PRONOUNS:.....she/her

TOTAL NWSL STATS

GAMES PLAYED: 32
 GAMES STARTED: 15
 GOALS: 1
 ASSISTS: 2

URFC CAREER STATS (REGULAR SEASON)

Year	Team	GP	GS	G	A	SHTS	SOG	FC	INT	Y	R
2026	UTA	12	5	0	0	6	0	4	10	0	0

Now in her first season with Utah Royals, Moriya brings international experience and defensive versatility to the club's back line. The Kanmaki, Japan native joined the Royals as a free agent after spending the 2025 season with Angel City FC, where she recorded one goal and two assists during her first year in the NWSL. Wearing No. 22, the 5'5" right back adds pace, defensive sharpness, and composure in possession as she continues her professional career in the league. Prior to her time in the NWSL, Moriya built an accomplished career in Japan with INAC Kobe Leonessa, where she made 118 appearances and scored eight goals after beginning her professional career in 2015 and making her WE League debut in September 2021. During her time with the club, she helped INAC Kobe Leonessa capture its first WE League title in 2022 and was later named the 2023 WE League Valuable Player while also earning a place on the 2023 WE League Best XI. On the international stage, Moriya represented Japan at the 2023 FIFA Women's World Cup, making her tournament debut in a 2-0 victory over Costa Rica, and was later selected to Japan's squad for the 2024 Summer Olympics.



POSITION:.....Goalkeeper
 HEIGHT:.....5'9
 DOB:.....09/03/2002
 NATIONALITY:.....USA
 PREVIOUS CLUB:.....FSU & Texas
 University
 PRONUNCIATION:.....Mee-ah just-us
 PRONOUNS:.....she/her

TOTAL NWSL STATS

GAMES PLAYED: 8
 GAMES STARTED: 8
 GOALS: 0
 ASSISTS: 0

URFC CAREER STATS (REGULAR SEASON)

Year	Team	GP	GS	G	A	SHTS	SOG	FC	INT	Y	R
2025	UTA	2	2	0	0	0	0	0	0	1	0
2026	UTA	6	6	0	0	0	0	0	0	0	0

Now in her second season with Utah Royals, Justus continues to grow within the club's goalkeeper group after making her professional debut during the 2025 NWSL season. In her second career appearance, Justus recorded seven saves, including an acrobatic stop that earned NWSL Save of the Week honors, helping Utah extend an unbeaten run while gaining valuable minutes in the goalkeeper rotation. The 22-year-old joined Utah Royals as a free agent in December 2024, signing through the 2027 season following a standout collegiate career at the University of Texas. Justus began her college career at Florida State University, where she made 14 appearances across two seasons alongside future Royals teammates Cristina Roque and Lauren Flynn before transferring to Texas after the 2022 season. With the Longhorns, she started both her junior and senior seasons and led the program to an SEC Championship in her final year, earning SEC Championship MVP honors. A former U.S. Youth National Team goalkeeper, Justus has represented multiple USYNT age groups since first earning selection at age 13 in 2015 and later attended the U.S. Women's National Team Futures Camp under head coach Emma Hayes.





POSITION:.....Forward
 HEIGHT:.....5'7
 DOB:.....07/07/1993
 NATIONALITY:.....Canada
 PREVIOUS CLUB:.....Arsenal
 PRONUNCIATION:.....CLOH-ee
 luh-cass
 PRONOUNS.....she/her

TOTAL NWSL STATS

GAMES PLAYED: 31
 GAMES STARTED: 26
 GOALS: 8
 ASSISTS: 3

URFC CAREER STATS (REGULAR SEASON)

Year	Team	GP	GS	G	A	SHTS	SOG	FC	INT	Y	R
2024	UTA	9	8	4	0	21	10	15	4	1	0
2025	UTA	11	7	1	1	12	6	12	4	3	0
2026	UTA	17	17	6	4	30	15	12	14	4	0

Now in her third season with Utah Royals, Lacasse continues her return from injury after making a major impact during her debut NWSL campaign in 2024. Lacasse finished the season as the Club's Golden Boot winner with four goals, highlighted by a historic performance on Oct. 13 at America First Field when she scored the first hat trick in Utah Royals history and the only NWSL hat trick of the 2024 season in a 3-0 victory over Seattle Reign FC. Her season ended early after suffering an ACL rupture and MCL sprain during Utah's Oct. 20 match at Angel City, after which she underwent successful surgery and began her rehabilitation with the goal of returning later in the 2025 season. Lacasse joined Utah ahead of the 2024 campaign after spending the 2023-24 season with Arsenal FC in the FA Women's Super League, where she made 19 appearances and recorded three goals and two assists. On the international stage, Lacasse represents Canada and was selected to the squad for the 2024 Paris Olympics, marking her second major international tournament after competing in the 2023 FIFA Women's World Cup in Australia and New Zealand. Across 37 international appearances, she has scored six goals for Canada, including a goal in the opening match of the Olympic tournament against New Zealand.



POSITION:.....Forward
 HEIGHT:.....5'4
 DOB:.....02/01/2000
 NATIONALITY:.....USA
 PREVIOUS CLUB:.....Portland Thorns
 PRONUNCIATION:.....uh-LEK-suh
 SPAHN-struh
 PRONOUNS.....she/her

TOTAL NWSL STATS

GAMES PLAYED: 60
 GAMES STARTED: 23
 GOALS: 3
 ASSISTS: 4

URFC CAREER STATS (REGULAR SEASON)

Year	Team	GP	GS	G	A	SHTS	SOG	FC	INT	Y	R
2026	UTA	14	2	0	0	4	0	4	3	1	0

Now in her first season with Utah Royals FC, Spaanstra brings pace, attacking creativity, and NWSL experience to the club's frontline after joining on loan from Portland Thorns FC for the 2026 season. The Brighton, Michigan native wears No. 30 and is known for her direct style of play, ability to take on defenders, and versatility across the attack. Spaanstra arrives in Utah after making 25 appearances with Portland, recording two assists, following her first two NWSL seasons with Kansas City Current where she tallied three goals and two assists and earned Rookie of the Month honors in 2023. A University of Virginia standout, she started all 107 collegiate matches, recording 37 goals and 34 assists while earning consistent All-ACC recognition and helping lead the Cavaliers to a 2021 ACC title and multiple NCAA Tournament runs. Internationally, Spaanstra has represented the United States at the youth level, competing in both the FIFA U-17 and U-20 Women's World Cups and winning CONCACAF championships at both levels.





POSITION:.....GOALKEEPER
 HEIGHT:.....6'1
 DOB:.....03/23/2002
 NATIONALITY:.....United States
 PREVIOUS CLUB:.....Orlando Pride
 PRONUNCIATION:.....dee-AIR-uh
 jak-suhn
 PRONOUNS:.....she/her

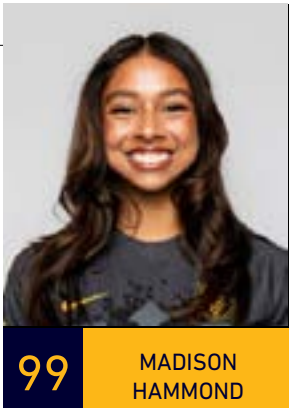
TOTAL NWSL STATS

GAMES PLAYED: 0
 GAMES STARTED: 0
 GOALS: 0
 ASSISTS: 0

URFC CAREER STATS (REGULAR SEASON)

Year	Team	GP	GS	G	A	SHTS	SOG	FC	INT	Y	R
2025	UTA	0	0	0	0	0	0	0	0	0	0
2026	UTA	0	0	0	0	0	0	0	0	0	0

Now in her second season with Utah Royals, Jackson continues to develop within the club's goalkeeper unit after joining the Royals midway through the 2025 campaign. The Fontana, California native first entered the NWSL earlier in 2025 on a short-term contract with the Orlando Pride before making the move to the Wasatch Front as a free agent. Jackson quickly impressed with her shot-stopping ability, composure in possession, and comfort playing out of the back. Prior to turning professional, Jackson was a standout goalkeeper at Grand Canyon University, where she delivered a historic senior season in 2024. She earned All-WAC First Team honors and was named the WAC Goalkeeper of the Year after setting a new GCU single-season record with nine clean sheets. Jackson finished her collegiate career as the program's all-time leader in shutouts with 16.



POSITION:.....Midfielder
 HEIGHT:.....5'8
 DOB:.....11/15/1997
 NATIONALITY:.....USA
 PREVIOUS CLUB:.....Angel
 City FC
 PRONUNCIATION:.....MAD-ih-
 sen HAM-end
 PRONOUNS:.....she/her

TOTAL NWSL STATS

GAMES PLAYED: 87
 GAMES STARTED: 51
 GOALS: 1
 ASSISTS: 1

URFC CAREER STATS (REGULAR SEASON)

Year	Team	GP	GS	G	A	SHTS	SOG	FC	INT	Y	R
2026	UTA	7	2	0	0	1	0	6	5	0	0

Now in her first season with Utah Royals, Hammond brings versatility, composure, and valuable NWSL experience to the club's midfield and defensive unit. Hammond joined the Royals as a free agent on a two-year contract through the 2027 season after spending the 2022–2025 campaigns with Angel City FC. Wearing No. 99, the 5'8" midfielder is known for her ability to operate both in midfield and along the back line, providing defensive reliability and calmness under pressure. Hammond first entered the NWSL after going undrafted in the 2020 NWSL College Draft, earning her first professional contract with Seattle Reign FC as a non-roster invitee ahead of the 2020 NWSL Challenge Cup. She made her professional debut on Sept. 26, 2020 against Utah, becoming the first Native American player in NWSL history. Prior to turning professional, Hammond was a four-year starter at Wake Forest University and served as a two-time team captain, earning second-team All-ACC honors as a senior while also being named to the All-ACC Academic Team in each of her four collegiate seasons.



STORYLINES

VETERAN EXPERIENCE THROUGHOUT THE SQUAD

Utah Royals enters the 2026 season with a core group of experienced players who have competed at the highest levels of club and international football. Veterans such as Mina Tanaka, Kiana Palacios, Lara Prašnikar, Narumi Miura, Dayana Pierre-Louis, Cloé Lacasse, and Nuria Rábano bring valuable experience to the squad after competing in top leagues across Asia, Europe, and North America. Their leadership and composure provide stability throughout the roster while helping guide younger players as they continue to develop within the club's system.

DEFENSIVE CHEMISTRY

Utah's defensive unit provides a strong foundation heading into the 2026 campaign. Kate Del Fava, Kaleigh Riehl, Tatum Milazo, Ana Tejada, Nuria Rábano, Kameron Simmonds, and Janni Thomsen form a versatile group capable of playing multiple roles across the back line. Central defenders Del Fava and Riehl have developed into a reliable pairing, combining physical presence, aerial strength, and composure in possession to anchor the Royals' defensive structure. Del Fava's consistency and leadership alongside Riehl's positioning and defensive awareness provide stability in the heart of the back line. On the flanks, Janni Thomsen adds an attacking dimension to the defense, frequently pushing forward to support the offense and contributing goals from wide positions. Together, the defensive group allows Utah to maintain a compact shape while still creating opportunities to build attacks from the back.

GLOBAL ROYALS

Utah Royals FC continues to feature a roster with strong international representation, with players from across the globe bringing elite experience and accolades to the squad. Japan's Mina Tanaka and Narumi Miura, both senior internationals for the Japan Women's National Team, bring experience competing in major international tournaments and top domestic leagues. Mexico's Kiana Palacios, Club América Femenil's all-time leading scorer and a regular for the Mexico Women's National Team, adds proven attacking pedigree. Slovenia's Lara Prašnikar, the captain and all-time leading scorer for the Slovenia Women's National Team, provides leadership and international scoring experience. Spain's Nuria Rábano and Ana Tejada bring experience from Spain's top professional leagues and youth national team systems, while Haiti international Dayana Pierre-Louis has represented her country in major regional competitions. Rounding out the international group is Canada international Cloé Lacasse, who represented her country at the 2023 FIFA Women's World Cup and the 2024 Paris Olympics. This diverse international presence strengthens Utah's lineup, bringing a variety of playing styles, high-level experience, and global football perspectives to the Royals' squad.

ATTACKING VERSATILITY

Utah's attack features a variety of profiles that give the Royals flexibility in the final third. Kiana Palacios and Lara Prašnikar often lead the line, using their finishing ability, movement, and hold-up play to operate closest to goal as the team's primary scoring threats. Just behind them, Mina Tanaka, Courtney Brown, and Cece Delzer provide creativity and vision in attacking midfield roles, linking the midfield to the forward line while creating scoring chances and arriving in dangerous areas themselves. Out wide, Brecken Mzingo, Cloé Lacasse, and Paige Cronin bring pace and direct attacking play from the wings, stretching opposing defenses and delivering service into the penalty area. Utah's attacking approach is further supported by its outside backs, with Nuria Rábano, Janni Thomsen, and Kameron Simmonds frequently pushing forward along the flanks to provide width, overlap with the wingers, and deliver crosses into the box. This combination of attacking options across the front line and from wide defensive positions gives Head Coach Jimmy Coenraets multiple tactical avenues to create scoring opportunities throughout a match.



STORYLINES

MIDFIELD BALANCE

The Royals' midfield group plays a key role in linking the team's defensive and attacking phases. Led by Narumi Miura, Utah's mid-field rotation includes Alex Loera, Aria Nagai, Dayana Pierre-Louis, and Madison Hammond, who contribute defensive coverage, distribution, and creativity in possession. Miura's composure and vision help dictate the rhythm of play, while players like Loera and Pierre-Louis provide defensive stability and ball-winning ability in the center of the field. Nagai and Hammond add energy and technical quality to the midfield, supporting both defensive transitions and attacking build-up. Together, the group provides balance and control, helping Utah maintain possession while connecting the back line to the attacking unit.

SQUAD DEPTH

Utah Royals enters the 2026 season with increased depth across the roster, giving the coaching staff flexibility when managing player minutes and matchups. With multiple players capable of contributing at each position, Head Coach Jimmy Coenraets has the ability to rotate the squad while maintaining a competitive level of play during the long NWSL season. Leading the attack are proven goal scorers such as Mina Tanaka, Kiana Palacios, and Lara Prašnikar, each capable of producing consistently in front of goal. Tanaka enters the season after earning the team's Golden Boot in 2025, highlighting her importance as a primary scoring threat, while Palacios and Prašnikar bring their own finishing ability and international experience to the Royals' attack. With several players across the roster capable of contributing offensively, Utah possesses multiple scoring options throughout the squad.

BETWEEN THE POSTS

Utah's goalkeeping group remains one of the club's most reliable position groups. Mandy McGlynn continues to establish herself as one of the league's top goalkeepers with her shot-stopping ability and command of the penalty area, while also earning opportunities with the United States Women's National Team, adding valuable international experience to the Royals' back line. Mia Justus provides depth and development potential within the position group and made several appearances for Utah last season, highlighted by a standout performance that earned NWSL Save of the Week honors. Rounding out the goalkeeping unit is DeAira Jackson, who adds athleticism and strong distribution to the group. Jackson's presence gives Utah additional depth between the posts while continuing to develop within the club's goalkeeping environment, creating strong competition and support within the position group throughout the season.

BUILDING MOMENTUM INTO 2026

Utah enters the 2026 campaign looking to continue the progress made under Head Coach Jimmy Coenraets. The Royals developed a clearer tactical identity during the previous season, emphasizing organized defending and quick transitions into attack. That progress was highlighted by a club-record eight-match unbeaten streak during the 2025 NWSL season, spanning from late August through early October, the longest unbeaten run in team history. With a strengthened roster and greater continuity within the squad, Utah aims to build on that momentum and translate its late-season success into consistent results throughout the 2026 campaign.



STORYLINES

FORTRESS AMERICA FIRST FIELD

America First Field continues to serve as one of the most vibrant soccer venues in the NWSL. Located along the Wasatch Front and sitting at over 4,400 feet above sea level, the stadium presents both an energetic and physical challenge for visiting teams. The Royals' supporters play a major role in creating that atmosphere, with passionate fans filling the stands and bringing constant energy through chants, drums, and unwavering support throughout the match. That home-field intensity helps drive the team's performances and makes America First Field one of the toughest environments for opponents in the league. Utah will look to harness that momentum from its supporters as it aims to secure crucial points at home during the 2026 season.

NEW ADDITIONS MAKING AN IMPACT

Utah Royals added several key players ahead of the 2026 season, strengthening multiple areas of the roster. New arrivals bring a mix of international experience, technical ability, and positional depth that complements the returning core. These additions provide Head Coach Jimmy Coenraets with additional tactical options while increasing internal competition for starting roles across the squad.

CONTINUED GROWTH OF THE CLUB

As Utah Royals continues to establish itself in the NWSL following the club's return, the 2026 season represents another step in the organization's long-term development. With a strengthened roster, growing fan support, and a clear footballing philosophy under Head Coach Jimmy Coenraets, the Royals are focused on building a competitive identity while continuing to grow the club both on and off the field.

The club has continued investing in player development, international recruitment, and a strong team culture that reflects Utah's commitment to competing at the highest level of women's soccer. As the squad gains greater continuity and experience playing together, the Royals aim to translate that stability into improved performances and results throughout the season. Alongside progress on the pitch, the organization continues to expand its presence within the Utah soccer community, strengthening connections with supporters and inspiring the next generation of players across the Wasatch Front.



Team Executives



Sporting Director Kelly Cousins - Cousins brings a unique blend of elite football leadership, roster-building expertise, and high-level coaching experience to Utah Royals FC, helping guide the club's sporting vision and long-term growth within the NWSL. A former professional player, Cousins began her career in 2007 with Reading FC, where she played five seasons before an ACL injury ended her playing career early. Following her retirement, Cousins transitioned into the club's front office as Director of Women's and Girls' Football before rising into coaching leadership. In her first season as Reading's Head Coach, Cousins helped secure the club's first-ever promotion into WSL 2 (now the FA Women's Championship). Two years later, she led Reading to a first-place finish in the 2015 WSL 2 campaign, earning promotion to the Women's Super League and helping shape one of the most remarkable promotion stories in English women's football. In her role with Utah Royals FC, Cousins oversees player recruitment, roster construction, and football operations. Working across departments to build a competitive squad and establish a sustainable talent pipeline for the club's



Assistant General Manager Connor Oniki - Oniki has been a member of the Utah Royals FC organization since its inception, beginning as a legal intern in 2022 before transitioning into a full-time legal counsel role less than a year later. A graduate of Harvard Law School, Oniki holds a Bachelor of Science degree from Brigham Young University. He specializes in roster rules and regulation compliance, salary cap management, and all domestic, federation, and FIFA compliance. Oniki manages the club's agent relationships and also oversees talent identification and scouting, supporting the club's recruitment pipeline.



Director of Scouting and Recruitment Harvey Bussell - Bussell

joins Utah Royals FC with an extensive background in elite talent identification and global recruitment, bringing valuable European experience to the club's continued long-term build. Prior to arriving in Utah, Bussell served with Manchester United Women, first joining the club in 2022 as an emerging talent scout before being promoted to Head of Recruitment ahead of the 2023 campaign. During his time with United, Bussell played a key role in strengthening the squad through strategic recruitment, helping secure signings such as USWNT goalkeeper Phallon Tullis-Joyce, Netherlands international Dominique Janssen, and Women's Euro winner Grace Clinton. In his role with the Royals, Bussell leads the club's scouting, talent identification, and player recruitment efforts both domestically and internationally—building pipelines, evaluating targets, and supporting roster development at every level as Utah continues to compete and grow within the NWSL.



Head Coach Jimmy Coenraets

Now entering his second season with Utah Royals FC, Head Coach Jimmy Coenraets continues to lead one of the most exciting long-term builds in the NWSL—guiding a young, high-upside roster with a proven ability to develop talent, set elite standards, and turn belief into results.

Coenraets entered the professional coaching ranks in 2016, earning recognition for his strong leadership, modern tactical approach, and ability to build competitive teams through structure and culture. A holder of the UEFA A Coaching License, Coenraets blends high-level coaching education with real-world success, implementing detail-driven preparation that supports both player development and team performance.

Before arriving in Utah, Coenraets delivered one of the most impressive turnarounds in Belgium. When he took over OH Leuven in 2020, the club sat last in the league. In a remarkably short span, he reshaped the team's identity and raised expectations. By his second season as manager, Coenraets had transformed Leuven into a title contender, earning league-wide recognition and being named Belgium Pro League Manager of the Year.

That same transformation mindset has already shown itself with the Royals. Under Coenraets' leadership, Utah built momentum during the second half of the 2025 NWSL season, catching fire post-summer break and putting together a historic run that became a defining storyline of the year. The Royals produced a club-record eight-match unbeaten streak (wins and draws), the longest unbeaten run in team history, highlighted by standout performances across the pitch. The streak ended on October 11, 2025, in a hard-fought 3-2 home match against San Diego Wave FC.

Entering Year 2, Coenraets continues to build on that progress—developing a fearless identity and pushing Utah's young core toward consistency, intensity, and competing at the highest level week after week.



Assistant Coach John Griffiths- Griffiths brings extensive coaching experience to Utah Royals FC, supporting the club's technical staff across match preparation, training design, and player development. In addition to his assistant coaching duties, Griffiths also serves as the club's Head of Methodology, helping implement URFC's playing philosophy and standardize training principles across the organization to support long-term development and consistent performance.



Goalkeeper Coach James White - White is a UEFA A License goalkeeping coach with extensive experience across English and international football. His journey began as a player, coming through Southampton FC as a goalkeeper. White returned to Southampton in 2019, serving as a goalkeeping coach for the women's first team and academy from 2019–2021. In 2021, he was recruited by current URFC Sporting Director Kelly Cousins to join Reading Women in the Women's Super League, later continuing his work with Bristol City Women. Internationally, White joined the England Women's U18 staff during the 2022/23 season, coaching goalkeepers while also contributing to set-play strategy.



Assistant Coach Emily Simpkins - Simpkins enters her second season with Utah Royals after joining the club ahead of the 2025 campaign. She arrived in Utah following a season as an assistant coach with Birmingham City Women, a club where she also played from 2012–2015 during her professional career.

Prior to transitioning into coaching, Simpkins enjoyed a 17-year playing career across England's women's football pyramid. She began her senior career with Nottingham Forest in 2007 and signed her first professional contract with Doncaster Belles in 2015 before moving into coaching.



Head of Performance Mark Plaisance - Plaisance serves as the Royals' Head of Performance, overseeing the club's high-performance strategy to support player readiness, recovery, injury prevention, and long-term physical development throughout the season. Plaisance brings experience from both professional and collegiate environments, with previous performance roles including work with San Diego Wave FC and within the D.C. United Academy pathway.



Performance Coach / Analyst Sam Lismont - Lismont returns to the Royals as a Performance Coach and Analyst. The Belgian assistant began his coaching career in 2019 after earning a UEFA A diploma, later taking over as Head of Analysis and Academy Analyst at Sint-Truiden VV.



Video Analyst James Chandler - Chandler returns for his third season in the NWSL with Utah Royals FC. He followed Sporting Director Kelly Cousins from Reading FC Women, leaving his position as lead analyst during his second stint with the club after previously serving as an assistant analyst. Between his two periods at Reading, Chandler spent time working in the Premier League in VAR.



Assistant Coach Jessie van den Broek - Van den Broek joins Utah Royals FC after coaching across the Netherlands, Germany and England. She most recently served on the coaching staff at HERA United, the Netherlands' first stand-alone women's soccer club, following assistant coaching roles with Bundesliga side SGS Essen and Women's Super League club Aston Villa Women under head coach Robert de Pauw. Across each stop, she has built a reputation for player development while gaining experience at some of Europe's highest levels of the women's game.

2026 Utah Royals Transactions

- 1. Miyabi Moriya - Free Agency**
- 2. Madison Hammond - Free Agency**
- 3. Courtney Brown - Free Agency**
- 4. Narumi Miura - Acquired in a trade for \$180,000 in allocation money**
- 5. Dayana Pierre-Louis - Purchased from RC Lens**
- 6. Kameron Simmonds - Free Agency**
- 7. Kiana Palacios - Purchased from Club América**
- 8. Kalea Eichenberger - Free Agency**
- 9. Alexa Spaanstra - Loaned from Portland Thorns**
- 10. Janni Thomsen - Transferred to London City Lionesses**
- 11. Aria Nagai - Loan to Dallas Trinity FC**



Scoring Breakdown

Match	Score	Result	Goal Scorers	Scoring Breakdown
3/14 at Kansas City Current	1-2	L	UTA: Tatum Milazzo	Playing off a corner kick from Brecken Moringo, Cioé Lacasse sends the ball scoring from the left corner of the 18, where Tatum Milazzo beat Kansas City GK Lorena da Silva Leite with a header landing just inside the left goal post.
			KC: Crox Bethune	Following a corner kick, KC DF Kayla Sharples made a headed pass to Bethune, who made a left footed strike from the center of the box, landing the ball in the bottom left corner of the net.
			KC: Ally Senter	With a short pass in the box from Debhina, center forward Ally Senter dribbled back to the top of the box, opening up space to turn around and send a strike across URCF defense and into the bottom left corner of the goal.
3/22 vs San Diego Wave	1-2	L	SD: Dudhina	After a turnover from the Royals, Dudhina took a few touches toward the opposing goal before taking a right footed shot from the outside of the box that landed in the bottom left corner of the goal.
			UTA: Lara Pralnikar	Receiving a layoff just inside the 18 yard box from Palacios, Pralnikar took a right footed shot from right inside the 18, that hit the back of the net in the bottom left corner.
			SD: Lia Godfrey	With a through ball from Dali into the box, Godfrey finished with a right footed shot to the bottom left corner of the goal.
3/25 at Washington Spirit	1-1	D	WAS: Rebeca Bernal	After a shot by Sofia Cantore was blocked from the top of the box, Bernal crashed the net to head the ball past Justus and put the home side up 1-0.
3/28 at Boston Legacy FC	2-1	W	UTA: Mina Tanaka	After a poor pass by the Washington keeper, Delzer stepped in front gaining possession at the top of the box and taking a few touches before sending it across the goal line past the goalkeeper to Tanaka who took a right footed shot into the back of the net.
			UTA: Tatum Milazzo	Utah Royals struck first in the 34th minute as the hosts capitalized on a set-piece opportunity. After earning a free kick, Utah executed a well-designed play that saw Canadian forward Cioé Lacasse deliver a perfectly placed ball to the far post. Defender Tatum Milazzo met it first-time, finishing cleanly to give the Royals the lead. The goal marked Milazzo's second of the 2025 season, while Lacasse recorded her second assist of the campaign.
			UTA: Lara Pralnikar	Utah Royals doubled its advantage early in the second half after earning a penalty in the 49th minute. Slovenian international Lara Pralnikar stepped up to the spot and confidently struck a powerful shot into the top left corner, leaving the Boston goalkeeper with no chance. The finish secured Pralnikar's second goal of the 2025 season and extended Utah's lead to 2-0.
4/3 vs Chicago Stars	1-0	W	UTA: Mina Tanaka	In the 74th minute, midfielder Mina Tanaka converted a penalty after Chicago's Tessa Delarose was ruled to have fouled Cecé Delzer—a decision that was overturned following VAR review.
4/26 at Seattle Reign	3-0	W	UTA: Paige Corin	Just 50 seconds into the match, Seattle misplayed a back pass along the back line, allowing Japanese forward Tanaka to pounce on the loose ball. Tanaka quickly laid it off to captain Corin, who blasted a shot past the Seattle goalkeeper to give Utah a 1-0 road lead and score her first goal of the 2025 season.
			UTA: Narumi Mura	In the seventh minute, the Royals earned a corner kick that bounced around multiple areas inside the box before center back Riehl played the ball back just outside the 18-yard box. Mura met it first-time, curling a strike into the top-right corner past the outstretched Seattle goalkeeper to give Utah a 2-0 lead on the road. The goal marked Mura's first of the 2025 season and her first goal for the Royals.
			UTA: Cioé Lacasse	In first-half stoppage time, Tejeda found attacker Lacasse making a dangerous run into the box. Lacasse met the pass first-time and fired a rocket past the Seattle goalkeeper to extend Utah's lead to 3-0 on the road.
5/2 at Angel City	1-0	W	UTA: Cioé Lacasse	Corin takes the ball down the right, crossing over to Lacasse in the middle who heads the ball just past the post in the 33rd minute.
5/6 vs Houston Dash	2-0	W	UTA: Cioé Lacasse	In the 38th minute, Danish defender Thomsen intercepted a Houston pass and quickly found Tanaka in the middle of the pitch. Tanaka then played a perfectly timed ball into the path of Lacasse, who made a dangerous run into the box before calmly slotting her finish past the Houston goalkeeper to give Utah a 1-0 lead. The finish marked Lacasse's third consecutive match with a goal and Utah's first home goal scored in the opening half this season.
			UTA: Courtney Brown	In the 88th minute, midfielder Tanaka delivered a perfectly timed pass into the path of Utah native Brown, who made a dangerous run into the box before striking her finish first time past the Houston goalkeeper and into the right side of the net to give Utah a 2-0 lead. The goal marked Brown's first for the Utah Royals in front of her hometown fans, while Tanaka recorded her second assist of the night and the first multi-assist match of her NWSL career.
			-	-
5/10 at Bay FC	0-0	D	-	-
5/17 vs Racing Louisville	2-1	W	UTA: Lauren Millet (Own Goal)	Palacios received the ball near midfield and dribbled it towards the Louisville goal before shoveling it out right to Corin who took a touch before shooting towards the bottom left corner. In an attempt to clear the hard shot, Louisville sent the ball into the back of the net.
			LOU: Kayla Fischer	After stepping in front of a goal kick, Louisville overtook possession. The ball found its way to Fischer who took a one-touch shot into the back left corner of the net.
			UTA: Mina Tanaka	After receiving the ball, Delzer dribbled into the box and past her defender before crossing it into the middle for Tanaka who sent a powerful shot into the middle of the net to give the home side the lead.
5/23 vs Denver Summit FC	2-1	W	UTA: Kiana Palacios	Lacasse won the ball off a Denver defender, creating an opportunity for Palacios to capitalize on the chance, placing the ball in the back of the net with a left-footed shot and giving the Royals an early lead.
			DEN: Yazmeen Ryan	Sheehan delivered a cross following a fast break over to Ryan, who placed a right-footed shot into the center of the net.
			UTA: Mina Tanaka	After being awarded a penalty for a foul against Lacasse, Tanaka took the kick, placing the ball in the bottom-right corner of the goal.
5/30 at Portland Thorns	2-2	D	POR: Olivia Moutrie	Portland found an opening when Moutrie picked the ball off Utah on a goal kick, capitalizing on the chance with a shot from the left side, giving the Thorns a 1-0 lead at home.
			UTA: Kiana Palacios	Rabano crossed to Palacios on the right side, who headed the ball straight into net, the Thorns' goalkeeper flipping it in further, giving Utah the 1-1 equalizer just before half.
			UTA: Cioé Lacasse	Tanaka finds the ball off a block from Miyabi in the 50th minute. Tanaka passes back to Lacasse, who scores with a left-footed shot to the right side, the ball soaring past the Portland goalkeeper, extending the Royals' lead to 2-1.
7/5 at Chicago Stars	3-2	L	POR: Sophia Wilson	Spanetra fouled Jayden Perry, winning the Thorns a free kick. Sophia Wilson converted the opportunity, equalizing the score 2-2.
			CHI: Jordyn Hulema	Chicago's Brianna Pinto crossed from the left to Jordyn Hulema in the middle. Hulema received the ball, taking a shot on goal from the top of the 6', giving the Stars a 1-0 lead in the 20th minute
			UTA: Cioé Lacasse	Alexa Spanetra crossed over from the right side, finding Lacasse, who sent the ball into the back of the net with a right-footed shot.
7/10 vs Gotham FC	1-3	L	UTA: Cecé Delzer	Chicago's Taylor Wood fouled Delzer on a slide, quickly prompting a VAR review. The penalty decision was overturned, with Delzer taking a free kick from the center of the penalty area. She converted the penalty kick, giving Utah a 2-1 lead.
			CHI: Sam Staab	Ana Tejeda fouled Hulema, with Sam Staab taking the free kick, converting the foul, and once again equalizing the score.
			CHI: Jordyn Hulema	Hulema took a shot just seconds later, after other back-to-back shots on goal, and McGlynn was unable to keep it from converting, giving the Stars a 3-2 lead.
7/16 vs Orlando Pride	1-0	W	UTA: Kate Del Fava	After receiving the ball from Tanaka, Palacios took a touch before sending a ball through the middle for Delzer. The forward was able to beat out her defender, taking a touch before sending a right-footed shot past the goalkeeper and into the net.
			GFC: Esther Gonzalez	After the Royals conceded a foul in the box, Esther stepped up to the spot to take the penalty. The forward sent a right-footed shot into the far right corner of the goal.
			GFC: Tierna Davidson	After being awarded a corner, Reiten stepped up to take the kick, sending the ball into the box where it fell to the feet of Davidson. Davidson volleyed the ball out of the air with her right foot for the score.
7/25 at North Carolina Courage	4-1	W	UTA: Tatum Milazzo	Blank sent the ball up the pitch for blank who took a touch past McGlynn to send the ball into the back of the net with her right foot.
			UTA: Kate Del Fava	After Tejeda received the ball from Miyabi, the midfielder sent the ball wide for Narumi who took a few touches before sending a perfect left-footed shot into the top right corner of the goal.
			NCC: Evelyn Igeh	After earning a corner kick, Rabano stepped up to take the kick and sent a near-perfect long ball to the back post for Del Fava who headed it into the left corner of the net to take the early lead.
7/29 vs Washington Spirit	0-1	L	WAS: Trinity Rodman	Following another corner kick, Lacasse received the ball back following a deflection before sending it to the top of the box for Rabano. The defender sent another well weighted ball into the box for Milazzo who sent a one touch shot past the goalkeeper and into the back of the net.
			UTA: Mina Tanaka	After a turnover by the Royals in its defensive end, Shinomi Koyama brought the ball into the box before losing possession. Igeh was able to regain possession of the ball taking a left footed shot and sending it into the back of the net.
			UTA: Cioé Lacasse	Following another corner, Lacasse sent the ball into the box before it was kicked out to Rabano who passed back to the Canadian. Lacasse took a touch before sending a ball into the middle of the box for Tanaka who's header went into the top left corner
7/29 vs Washington Spirit	0-1	L	WAS: Trinity Rodman	After being fouled in the box, Lacasse was awarded a shot from the spot. The Canadian stepped up with poise and sent her shot into the bottom left corner of the goal.
			-	-
			-	Melayzer darted forward dribbling along the right touchline and crossed the ball to the back post. Trinity Rodman beat her defender for pace and slid to finish with a left-footed shot.



Pronunciation Guide

No.	Player	Pos.	Pronunciation	Place of Birth	How Acquired	Status
1	Mandy McGlynn	GK	MAN-DEE Mic-gl-in	Jacksonville, FL	Trade w/ GFC	
2	Tatumn Milazzo	DF	Tay-tuhm mih-lah-zo	Orlando Park, IL	FA signing	
4	Paige Cronin	FW	PAY-j CROW-nin	Succasanna, NJ	Expansion Draft	
5	Cece Delzer	FW	SEE-see DEL-zer	Overland Park , KS	FA signing	
6	Kameron Simmonds	DF	KAM-er-un SIM-uhndz	Midlothian, VA	FA signing	Int'l JAM
8	Kate Del Fava	DF	kay-T de-L FAH-vuh	Evanston, IL	Trade w/ KCC	
9	Lara Prašnikar	FW	LAH-rah PRAHSH-nee-kar	Celje, Slovenia	Trade w/ Frankfurt	Int'l SVN
10	Narumi	MF	Nah-roo-mee	Kawasaki, Japan	Trade w/ Spirit	Int'l JPN
11	Mina Tanaka	FW	mee-na tuh-NAH-kah	Ubon Ratchathani, Thailand	Trade w/ KLB	Int'l JPN
12	Alex Loera	MF	a-lex loh-er-uh	Thornton, CO	Trade w/ Bay FC	
13	Brecken Mozingo	FW	BREH-kin MOH-zin-GOH	Sandy, UT	#4 pick 2024 Draft	
14	Nuria Rabano	DF	noo-ree-ah RAH-bah-noh	Santiago de Compostela, Spain	Trade w/ Wolfsburg	Int'l SPN
15	Dayana Pierre-Louis	MF	day-AH-nah pee-AIR loo-EE	Cap-Haïtien, Haiti	Trade w/ RC Lens	Int'l HTI
16	Courtney Brown	FW	KORT-nee BROWN	West Haven, UT	FA signing	
17	Ana Tejada	MF	ahn-ah tay-hah-dah	Logrono, Spain	FA signing	Int'l SPN
18	Kaleigh Riehl	DF	KAY-lee REEL	Menomonee Falls, MI	Trade w/ SD	
19	KK Ream	FW	KAY-KAY REEM	Montgomery, AL	FA signing	
21	Kiana Palacios	FW	kee-AH-nah pah-LAH-syohs	Orange, CA	Trade w/ Club América	Int'l MEX
22	Miyabi	DF	mee-YAH-bee	Kanmaki, Japan	FA signing	Int'l JPN
23	Mia Justus	GK	Mee-ah just-us	Lakewood, OH	FA signing	
24	Cloé Lacasse	FW	CLOH-ee luh-cass	Greater Sudbury, Canada	Trade w/Arsenal WFC	Int'l CAN
30	Alexa Spaanstra	FW	uh-LEK-suh SPAHN-struh	Brighton, MI	Loan from Thorns	
77	DeAira Jackson	GK	dee-AIR-uh jak-suhn	Fontana, CA	FA signing	
99	Madison Hammond	MF	MAD-ih-sen HAM-end	Phoenix, AZ	FA signing	

Pronunciation Audio File



Player Information

Name	Birthplace	Position	Height	Date of Birth	Nationality	Footedness
Kate Del Fava	Evanston, IL	Defender	5' 9"	Jul 23, 1998	United States	Right
DeAira Jackson	Fontana, CA	Goalkeeper	6' 1"	Mar 23, 2002	United States	Right
Mia Justus	Lakewood, OH	Goalkeeper	5' 9"	Sept 3, 2002	United States	Right
Cece Delzer	Overland Park, KS	Forward	5' 8"	Aug 7, 1997	United States	Right
Cloé Lacasse	Greater Sudbury, Canada	Forward	5' 7"	Jul 7, 1993	Canada	Right
Alex Loera	Thorton, CO	Midfielder	5' 7"	Jun 19, 1999	United States	Right
Mandy McGlynn	Jacksonville, FL	Goalkeeper	5' 9"	Nov 3, 1998	United States	Right
Tatum Milazzo	Orland Park, IL	Defender	5' 7"	April 17, 1998	United States	Right
Paige Cronin	Succasanna, NJ	Forward	5' 8"	Nov 13, 1996	United States	Right
Brecken Mozingo	Sandy, UT	Forward	5' 6"	March 8, 2001	United States	Left
Lara Prašnikar	Celje, Slovenia	Forward	5' 7"	August 8, 1998	Slovenia	Right
Nuria Rábano	Santiago de Compostela, Spain	Defender	5' 5"	Jun 15, 1999	Spain	Left
KK Ream	Montgomery, AL	Forward	5' 4"	Jul 8, 2009	United States	Right
Kaleigh Riehl	Fairfax St, VA	Defender	5' 8"	Oct 21, 1996	United States	Right
Mina Tanaka	Ubon Ratchathani, Thailand	Forward	5' 5"	Apr 28, 1994	Japan	Right
Ana Tejada	Logroño, Spain	Defender	5' 7"	Jun 2, 2002	Spain	Right
Miyabi	Kanmaki, Japan	Defender	5' 5"	Aug 22, 1996	Japan	Left
Madison Hammond	Phoenix, AZ	Midfielder	5' 8"	Nov 15, 1997	USA	Right
Courtney Brown	West Haven, UT	Forward	5' 7"	Nov 25, 2000	USA	Right
Narumi	Kawasaki, Japan	Midfielder	5' 1"	Jul 3, 1997	Japan	Right
Kameron Simmonds	Midlothian, VA	Defender	5' 7"	Dec 6, 2003	Jamaica	Right
Dayana Pierre-Louis	Cap-Haitien	Midfielder	5' 10"	Sep 24, 2003	Haiti	Right
Kiana Palacios	Orange, CA	Forward	5' 6"	Oct 1, 1996	Mexico	Right
Alexa Spaanstra	Brighton, MI	Forward	5' 4"	Feb 1, 2000	United States	Right

2026 Player Stats

#	Position	Player	GP	GS	MIN	G	A	S	SOG	FC	INT	YC	RC
1	GK	Mandy McGlynn	12	11	998	-	-	-	-	-	-	-	-
2	DF	Tatum Milazzo	14	9	876	3	-	6	3	13	27	1	1
4	FW	Paige Cronin	9	4	372	1	1	9	3	6	3	1	-
5	FW	Cece Delzer	16	14	1,141	2	2	27	9	15	7	-	-
6	DF	Kameron Simmonds	6	3	272	-	-	3	2	6	3	2	-
8	DF	Kate Del Fava	17	17	1,530	1	-	17	3	12	26	2	-
9	FW	Lara Prašnikar	12	4	431	2	-	13	4	6	3	1	-
10	MF	Narumi	12	12	1,028	2	-	12	3	15	8	1	-
11	FW	Mina Tanaka	14	13	1,110	5	4	34	20	21	7	2	-
12	MF	Alex Loera	-	-	-	-	-	-	-	-	-	-	-
13	FW	Brecken Mazingo	7	2	231	-	-	5	1	2	4	-	-
14	DF	Nuria Rábano	11	11	936	-	3	3	-	15	9	-	-
15	MF	Dayana Pierre-Louis	8	3	341	-	-	4	1	11	1	4	-
16	FW	Courtney Brown	9	1	181	1	-	3	2	-	1	-	-
17	DF	Ana Tejada	16	15	1,264	-	2	23	9	30	16	6	-
18	DF	Kaleigh Reihl	13	12	1,082	-	1	5	-	6	7	-	-
19	FW	KK Ream	1	-	7	-	-	-	-	-	-	-	-
21	FW	Kiana Palacios	16	14	1,124	2	2	21	6	18	3	1	-
22	DF	Miyabi	12	5	504	-	-	6	-	4	10	-	-
14	GK	Mia Justus	6	6	532	-	-	-	-	-	-	-	-
24	FW	Cloé Lacasse	17	17	1,404	6	4	30	15	12	14	4	-
30	FW	Alexa Spaanstra	14	2	381	-	-	4	-	4	3	1	-
77	GK	Deaira Jackson	-	-	-	-	-	-	-	-	-	-	-
99	MF	Madison Hammond	7	2	249	-	-	1	-	6	5	-	-

Years In NWSL

#	POS	PLAYER	YRS
1	GK	Mandy McGlynn	6
2	DF	Tatumn Milazzo	6
4	FW	Paige Cronin	8
5	FW	Cece Delzer	8
6	DF	Kameron Simmonds	1
8	DF	Kate Del Fava	7
9	FW	Lara Prašnikar	1
10	MF	Narumi	4
11	FW	Mina Tanaka	3
12	MF	Alex Loera	5
13	FW	Brecken Mozingo	3
14	DF	Nuria Rábano	2
15	MF	Dayana Pierre-Louis	1
16	FW	Courtney Brown	3
17	DF	Ana Tejada	3
18	DF	Kaleigh Riehl	6
19	FW	KK Ream	2
21	FW	Kiana Palacios	1
22	DF	Miyabi	2
23	GK	Mia Justus	2
24	FW	Cloé Lacasse	3
30	FW	Alexa Spaanstra	6
77	GK	Deaira Jackson	2
99	MF	Madison Hammond	7
		<i>*INCLUDES 2020*</i>	



2026 Match by Match Lineups

KC V UTA

JUSTUS, SIMMONDS, RIEHL, DEL FAVA (C), MILAZZO, HAMMOND, DELZER, PRAŠNIKAR, MOZINGO, LACASSE, PALACIOS

UTA V SD

JUSTUS, THOMSEN, RIEHL, DEL FAVA (C), MILAZZO, NAGAI, TEJADA, DELZER, LACASSE, PRAŠNIKAR, PALACIOS

WAS V UTA

JUSTUS, SIMMONDS, RIEHL, DEL FAVA (C), THOMSEN, TEJADA, PIERRE-LOUIS, MOZINGO, DELZER, LACASSE, PALACIOS

BOS V UTA

JUSTUS, MORIYA, DEL FAVA (C), MILAZZO, SPAANSTRA, TEJADA, PIERRE-LOUIS, TANAKA, DELZER, LACASSE, PRAŠNIKAR

UTA V CHI

JUSTUS, THOMSEN, RIEHL, DEL FAVA (C), MILAZZO, TEJADA, PIERRE-LOUIS, TANAKA, DELZER, LACASSE, PALACIOS

UTA V SEA

JUSTUS, RÁBANO, DEL FAVA, REIHL, THOMSEN, TEJADA, NARUMI, TANAKA, CRONIN (C), LACASSE, PALACIOS

UTA V LA

MCGLYNN, RÁBANO, DEL FAVA, REIHL, THOMSEN, TEJADA, NARUMI, TANAKA, CRONIN (C), LACASSE, PALACIOS

UTA V HOU

MCGLYNN, MIYABI, DEL FAVA, REIHL, THOMSEN, TEJADA, NARUMI, TANAKA, CRONIN (C), LACASSE, DELZER

UTA V BAY

MCGLYNN, THOMSEN, RIEHL, DEL FAVA (C), RÁBANO, TEJADA, NARUMI, TANAKA, DELZER, LACASSE, PALACIOS

UTA V LOU

MCGLYNN, THOMSEN, RIEHL, DEL FAVA, RÁBANO, TEJADA, NARUMI, TANAKA, CRONIN (C), LACASSE, PALACIOS

UTA V DEN

MCGLYNN, THOMSEN, RIEHL, DEL FAVA, RÁBANO, TEJADA, NARUMI, TANAKA, DELZER, PALACIOS, LACASSE

UTA V POR

MCGLYNN, MIYABI, RIEHL, DEL FAVA, RÁBANO, TEJADA, NARUMI, TANAKA, DELZER, LACASSE, PALACIOS

UTA V CHI

MCGLYNN, SPAANSTRA, DEL FAVA, MILAZZO, RÁBANO, TEJADA, NARUMI, BROWN, DELZER, LACASSE, PALACIOS

UTA V GFC

MCGLYNN, SIMMONDS, DEL FAVA, MILAZZO, RÁBANO, HAMMOND, TANAKA, NARUMI, DELZER, PALACIOS, LACASSE

UTA V ORL

MCGLYNN, MIYABI, DEL FAVA, MILAZZO, RÁBANO, TEJADA, TANAKA, NARUMI, DELZER, PALACIOS, LACASSE

UTA V NCC

MCGLYNN, MIYABI, DEL FAVA, MILAZZO, RÁBANO, TEJADA, NARUMI, TANAKA, DELZER, PRASNIKAR, LACASSE

UTA V WAS

MCGLYNN, MILAZZO, DEL FAVA, RIEHL, RÁBANO, TEJADA, NARUMI, TANAKA, DELZER, PALACIOS, LACASSE

Season Statistics/Leaders

Utah Royals FC 2026 Season

MP	W	D	L	GF	GA	CS	PTS
17	9	4	3	25	18	6	30

GOALKEEPING

#	POS	PLAYER	SAVES	CS	GC
1	GK	Mandy McGlynn	24	4	12
23	GK	Mia Justus	18	2	6
77	GK	DeAira Jackson	-	-	-

GOALS

#	POS	PLAYER	G
24	FW	Cloé Lacasse	6
11	FW	Mina Tanaka	5
2	DF	Tatumn Milazzo	3
9	FW	Lara Prašnikar	2
21	FW	Kiana Palacios	2
5	FW	Cece Delzer	2
10	MF	Narumi Miura	2
4	FW	Paige Cronin	1
16	FW	Courtney Brown	1
8	DF	Kate Del Fava	1

ASSISTS

#	POS	PLAYER	A
11	FW	Mina Tanka	4
24	FW	Cloé Lacasse	4
5	FW	Cece Delzer	2
21	FW	Kiana Palacios	2
17	MF	Ana Tejada	2
18	DF	Kaleigh Riehl	1
4	FW	Paige Cronin	1
14	DF	Nuria Rábano	3



Minutes Leaders

#	POS	PLAYER	MIN	GP
8	DF	Kate Del Fava	1,530	17
24	FW	Cloé Lacasse	1,404	17
17	DF	Ana Tejada	1,264	16
5	FW	Cece Delzer	1,141	16
21	FW	Kiana Palacios	1,124	16
11	FW	Mina Tanaka	1,110	14
18	DF	Kaleigh Riehl	1,082	13
10	MF	Narumi	1,028	12
1	GK	Mandy McGlynn	998	12
14	DF	Nuria Rabano	936	11
2	DF	Tatumn Milazzo	876	14
23	GK	Mia Justus	532	6
22	DF	Miyabi	504	12
9	FW	Lara Prašnikar	431	12
4	FW	Paige Cronin	372	9
30	FW	Alexa Spaanstra	370	13
15	MF	Dayana Pierre-Louis	341	8
6	DF	Kameron Simmonds	272	6
99	MF	Madison Hammond	249	7
13	FW	Brecken Mazingo	231	7
16	FW	Courtney Brown	181	9
19	FW	KK Ream	7	1
77	GK	DeAira Jackson	-	-
12	MF	Alex Loera	-	-



2026 NWSL AWARDS

BEST XI

#	POS	PLAYER	NOMINATED
1	GK	Mandy McGlynn	May

SAVE OF THE WEEK

#	POS	PLAYER	NOMINATED	WON
23	GK	Mia Justus	WEEK 2	NO
23	GK	Mia Justus	WEEK 3	NO
1	GK	Mandy McGlynn	WEEK 6	NO
8	DF	Kate Del Fava	WEEK 7	NO
1	GK	Mandy McGlynn	WEEK 10	YES

PLAYER OF THE WEEK

#	POS	PLAYER	NOMINATED	WON
11	MF	Mina Tanaka	WEEK 9	NO

GOAL OF THE WEEK

#	POS	PLAYER	NOMINATED	WON
4	FW	Paige Cronin	WEEK 5	NO
10	MF	Narumi Miura	WEEK 5	NO
21	FW	Kiana Palacios	WEEK 10	NO

ASSIST OF THE WEEK

#	POS	PLAYER	NOMINATED	WON
5	FW	Cece Delzer	WEEK 8	NO
11	MF	Mina Tanka	WEEK 10	NO



2025 NWSL AWARDS

BEST XI

#	POS	PLAYER	NOMINATED
7	D	Janni Thomsen	September
4	FW	Paige Monaghan	September
11	FW	Mina Tanaka	October/November

SAVE OF THE WEEK

#	POS	PLAYER	NOMINATED	WON
1	GK	Mandy McGlynn	WEEK 9	YES
1	GK	Mandy McGlynn	WEEK 10	YES
1	GK	Mandy McGlynn	WEEK 11	NO
23	GK	Mia Justus	WEEK 14	NO
1	GK	Mandy McGlynn	WEEK 16	NO
1	GK	Mandy McGlynn	WEEK 18	NO
23	GK	Mia Justus	WEEK 22	YES

PLAYER OF THE WEEK

#	POS	PLAYER	NOMINATED	WON
14	DF	Nuria Rábano	WEEK 15	NO
1	GK	Mandy McGlynn	WEEK 18	NO
18	DF	Kaleigh Riehl	WEEK 20	NO
11	FW	Mina Tanaka	WEEK 21	NO
23	GK	Mia Justus	WEEK 22	NO
11	FW	Mina Tanaka	WEEK 23	NO

GOAL OF THE WEEK

#	POS	PLAYER	NOMINATED	WON
10	MF	Claudia Zornoza	WEEK 2	NO
4	FW	Paige Monaghan	WEEK 18	NO



2024 NWSL AWARDS

BEST XI

#	POS	PLAYER	NOMINATED
9	F	Ally Setnor	July
10	M	Claudia Zornoza	October/November

SAVE OF THE WEEK

#	POS	PLAYER	NOMINATED	WON
1	GK	Mandy McGlynn	WEEK 5	NO
1	GK	Mandy McGlynn	WEEK 9	NO
1	GK	Mandy McGlynn	WEEK 10	NO
5	DF	Lauren Flynn	WEEK 10	YES
1	GK	Mandy McGlynn	WEEK 11	NO
1	GK	Mandy McGlynn	WEEK 12	NO
1	GK	Mandy McGlynn	WEEK 13	NO
1	GK	Mandy McGlynn	WEEK 15	NO
1	GK	Mandy McGlynn	WEEK 22	NO

GOAL OF THE WEEK

#	POS	PLAYER	NOMINATED	WON
9	FW	Ally Sentnor	WEEK 2	NO
20	FW	Cameron Tucker	WEEK 8	NO
8	DF	Kate Del Fava	WEEK 12	NO
24	FW	Cloe Lacasse	WEEK 19	NO
17	DF	Ana Tejeda	WEEK 21	YES
33	FW	Hannah Betfort	WEEK 22	NO
24	FW	Cloe Lacasse	WEEK 23	NO
26	MF	Claudia Zornoza	WEEK 24	NO

ASSIST OF THE WEEK





UTAH ROYALS FC

2026 ROSTER



 **MANDY MENDENHALL**
#1 | GOALKEEPER



 **TATIANA RODRIGUEZ**
#2 | DEFENDER



 **PAIGE SWENSON**
#3 | FORWARD



 **CEDÉ SWENSON**
#4 | MIDFIELDER



 **KAMERON KAMMILLER**
#5 | DEFENDER



 **JANNI THUMMAR**
#6 | DEFENDER



 **KATE MCKEEVER**
#8 | DEFENDER



 **LARA PRASHNIGAR**
#9 | FORWARD



 **NATUMI NISHIMURA**
#10 | FORWARD



 **MIRA TOMASEK**
#11 | FORWARD



 **ALEX LANKS**
#12 | FORWARD



 **BRECKEN HOLLINGS**
#13 | FORWARD



 **NURIA PADANO**
#14 | DEFENDER



 **DAYANA PETRELEUS**
#15 | DEFENDER



 **COURTNEY HARKIN**
#16 | MIDFIELDER



 **ANA TEJADA**
#17 | DEFENDER



 **KALEIGH RICHL**
#18 | DEFENDER



 **MI TEAM**
#19 | FORWARD



 **ASIA NOURI**
#20 | DEFENDER



 **NAYRA PALACIOS**
#21 | FORWARD



 **NISHA**
#22 | DEFENDER



 **MIA HARKIN**
#23 | GOALKEEPER



 **ELESE LECKIE**
#24 | FORWARD



 **ALEXIA SPENSNETH**
#25 | FORWARD



 **DEBRA JACKSON**
#27 | MIDFIELDER



 **MADISON HAMMOND**
#27 | GOALKEEPER



JIMMY THUMMAR
HEAD COACH



JOHN THUMMAR
ASSISTANT COACH
HEAD OF TECHNICAL STAFF

