



## Young Scholars Of Greater Allegheny Menu Cycle 2025-26



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**12/1/25**

Cocoa Puffs  
Breakfast Kit

**12/2/25**

Fudge Poptart  
Breakfast Kit

**12/3/25**

Lucky Charms  
Breakfast Kit

**12/4/25**

Cheerios Cereal Bar  
Breakfast Kit

**12/5/25**

No School

Applesauce  
Choice of Milk

Diced Peaches  
Choice of Milk

Diced Pears  
Choice of Milk

Cinnamon Applesauce  
Choice of Milk

**12/8/25**

Strawberry Pop Tart  
Breakfast Kit

**12/9/25**

Fruit Loops  
Breakfast Kit

**12/10/25**

Fudge Pop Tart  
Breakfast Kit

**12/11/25**

Cocoa Puff  
Breakfast Kit

**12/12/25**

Cheerios Cereal Bar  
Breakfast Kit

Diced Pears  
Choice of Milk

applesauce  
Choice of Milk

Diced Peaches  
Choice of Milk

Mixed Fruit  
Choice of Milk

Cinnamon Applesauce  
Choice of Milk

**12/15/25**

Cocoa Puffs  
Breakfast Kit

**12/16/25**

Fudge Poptart  
Breakfast Kit

**12/17/25**

Lucky Charms  
Breakfast Kit

**12/18/25**

Cheerios Cereal Bar  
Breakfast Kit

**12/19/25**

Trix Cereal  
Breakfast Kit

Applesauce  
Choice of Milk

Diced Peaches  
Choice of Milk

Diced Pears  
Choice of Milk

Cinnamon Applesauce  
Choice of Milk

Mixed Fruit  
Choice of Milk

**12/22/25**

No School

**12/23/25**

No School

**12/24/25**

No School

**12/25/25**

No School

**12/26/25**

No School

### Weekly Vegetable Subgroups May Include:

Dark Green - spinach, broccoli, romaine and spring salad  
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers  
Legumes - beans and peas  
Starchy - potatoes, corn, peas and lima beans  
Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

### Daily Fruit Selections May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

Menu Subject to Change Without Notice

USDA is an equal opportunity provider and employer.