



Young Scholars Of Greater Allegheny Menu Cycle 2025-26



Monday

Tuesday

Wednesday

Thursday

Friday

12/1/25	12/2/25	12/3/25	12/4/25	12/5/25
No School	Chef Salad (Turkey Ham) Mozzerella Cheese Romaine Lettuce Diced Tomato	Chicken Salad Sandwich WG Sandwich Bun	Half day	NoSchool
	Featured Veggies: Cucumber Slices Celery Sticks Diced Pears Choice of Milk	Featured Veggies: Caarrot Sticks Cauliflower Mixed Fruit Choice of Milk		

12/8/25	12/9/25	12/10/25	12/11/25	12/12/25
Chicken Ceasar Salad WG Dinner Roll (Chicken Strips) (Mozzerella Cheese) Featured Veggies: (romaine lettuce) Carrot Sticks Diced Peaches Choice of Milk	Tuna Salad Sandwich WG Hamburger Bun Featured Veggies: Chidl Pea Salad Tomatoes Diced Pears Choice of Milk	Taco salad Tortilla Chips (Cheddar Cheese) Featured Veggies: Romaine Lettuce Diced Tomatoes Applesauce Choice of Milk	Turkey Ham and Cheese WG Bread (American Cheese) Mayo Pc Featured Veggies: Broccoli Mixed Fruit Choice of Milk	Crispy Chicken Salad WG Dinner roll Ranch Dressing Featured Veggies: Romaine Lettuce Celery Sticks Cinnamon Applesauce Choice of Milk

12/15/25	12/16/25	12/17/25	12/18/25	12/19/25
Turkey and Swiss Sandwich Wg Sandwich Bun Featured Veggies: Chickpea Salad Broccoli Applesauce Choice of Milk	Chef Salad (Turkey Ham) Mozzerella Cheese Romaine Lettuce Diced Tomato Featured Veggies: Cucumber Slices Celery Sticks Diced Pears Choice of Milk	Chicken Salad Sandwich WG Sandwich Bun Featured Veggies: Caarrot Sticks Cauliflower Mixed Fruit Choice of Milk	Meatloaf and Cheese on WG Bread Featured Veggies: Corn and Pepper Salad Cinnamon Applesauce Choice of Milk	Grilled Chicken on WG Sandwich Bun BBq Sauce Featured Veggies: Cherry Tomatoes Carrot Sticks Diced Peaches Choice of Milk

12/22/25	12/23/25	12/24/25	12/25/25	12/26/25
Winter Break	Winter Break	Winter Break	Winter Break	Winter Break

12/29/25	12/30/25	12/31/25	1/1/26	1/2/26
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Weekly Vegetable Subgroups May Include:

Dark Green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
Legumes - beans and peas
Starchy - potatoes, corn, peas and lima beans
Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

Menu Subject to Change Without Notice

USDA is an equal opportunity provider and employer.