



Young Scholars Of Greater Allegheny Menu Cycle 2025-26



Monday

Tuesday

Wednesday

Thursday

Friday

1/5/25

Strawberry Pop Tart
Breakfast Kit

1/6/25

Fruit Loops
Breakfast Kit

1/7/25

Fudge Pop Tart
Breakfast Kit

1/8/25

Cocoa Puff
Breakfast Kit

1/9/25

Cheerios Cereal Bar
Breakfast Kit

Diced Pears
Choice of Milk

applesauce
Choice of Milk

Diced Peaches
Choice of Milk

Mixed Fruit
Choice of Milk

Cinnamon Applesauce
Choice of Milk

1/12/25

Cocoa Puffs
Breakfast Kit

1/13/25

Fudge Poptart
Breakfast Kit

1/14/25

Lucky Charms
Breakfast Kit

1/15/25

Cheerios Cereal Bar
Breakfast Kit

1/16/25

Trix Cereal
Breakfast Kit

Applesauce
Choice of Milk

Diced Peaches
Choice of Milk

Diced Pears
Choice of Milk

Cinnamon Applesauce
Choice of Milk

Mixed Fruit
Choice of Milk

1/19/25

No School

1/20/25

Fruit Loops
Breakfast Kit

1/21/25

Fudge Pop Tart
Breakfast Kit

1/22/25

Cocoa Puff
Breakfast Kit

1/23/25

Cheerios Cereal Bar
Breakfast Kit

applesauce
Choice of Milk

Diced Peaches
Choice of Milk

Mixed Fruit
Choice of Milk

Cinnamon Applesauce
Choice of Milk

1/26/25

Cocoa Puffs
Breakfast Kit

1/27/25

Fudge Poptart
Breakfast Kit

1/28/25

Lucky Charms
Breakfast Kit

1/29/25

Cheerios Cereal Bar
Breakfast Kit

1/30/25

Trix Cereal
Breakfast Kit

Applesauce
Choice of Milk

Diced Peaches
Choice of Milk

Diced Pears
Choice of Milk

Cinnamon Applesauce
Choice of Milk

Mixed Fruit
Choice of Milk

Weekly Vegetable Subgroups May Include:

Dark Green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
Legumes - beans and peas
Starchy - potatoes, corn, peas and lima beans
Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

Menu Subject to Change Without Notice

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