



## Young Scholars Of Greater Allegheny Menu Cycle 2025-26



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



1/5/25

1/6/25

1/7/25

1/8/25

1/9/25

Chicken Ceasar Salad  
WG Dinner Roll  
(Chicken Strips)  
( Mozzarella Cheese)

Tuna Salad Sandwich  
WG Hamburger Bun  
Chil Pea Salad  
Tomatoes  
Diced Pears  
Choice of Milk

Taco salad  
Tortilla Chips  
(Cheddar Cheese)  
Romaine Lettuce  
Diced Tomatoes  
Applesauce  
Choice of Milk

Turkey Ham and Cheese  
WG Bread  
(American Cheese)  
Mayo Pc

Crispy Chicken Salad  
WG Dinner roll  
Ranch Dressing  
Romaine Lettuce  
Celery Sticks  
Cinnamon Applesauce  
Choice of Milk

1/12/25

1/13/25

1/14/25

1/15/25

1/16/25

Turkey and Swiss  
Sandwich  
Wg Sandwich Bun

Chef Salad  
(Turkey Ham)  
Mozzarella Cheese  
Romaine Lettuce  
Diced Tomato

Chicken Salad Sandwich  
WG Sandwich Bun  
Caarrot Sticks  
Cauliflower  
Mixed Fruit  
Choice of Milk

Meatloaf and Cheese  
on WG Bread  
Corn and Pepper Salad  
Cinnamon Applesauce  
Choice of Milk

Half Day

Featured Veggies:  
Chickpea Salad  
Broccoli  
Applesauce  
Choice of Milk

Featured Veggies:  
Cucumber Slices  
Celery Sticks  
Diced Pears  
Choice of Milk

1/19/25

1/20/25

1/21/25

1/22/25

1/23/25

No School

Tuna Salad Sandwich  
WG Hamburger Bun  
Chil Pea Salad  
Tomatoes  
Diced Pears  
Choice of Milk

Taco salad  
Tortilla Chips  
(Cheddar Cheese)  
Romaine Lettuce  
Diced Tomatoes  
Applesauce  
Choice of Milk

Turkey Ham and Cheese  
WG Bread  
(American Cheese)  
Mayo Pc  
Broccoli  
Mixed Fruit  
Choice of Milk

Crispy Chicken Salad  
WG Dinner roll  
Ranch Dressing  
Romaine Lettuce  
Celery Sticks  
Cinnamon Applesauce  
Choice of Milk

1/26/25

1/27/25

1/28/25

1/29/25

1/30/25

Turkey and Swiss  
Sandwich  
Wg Sandwich Bun

Chef Salad  
(Turkey Ham)  
Mozzarella Cheese  
Romaine Lettuce  
Diced Tomato

Chicken Salad Sandwich  
WG Sandwich Bun  
Caarrot Sticks  
Cauliflower  
Mixed Fruit  
Choice of Milk

Meatloaf and Cheese  
on WG Bread  
Corn and Pepper Salad  
Cinnamon Applesauce  
Choice of Milk

Grilled Chicken  
on WG Sandwich Bun  
BBq Sauce  
Cherry Tomatoes  
Carrot Sticks  
Diced Peaches  
Choice of Milk

2/2/25

2/3/25

2/4/25

2/5/25

2/6/25

### Weekly Vegetable Subgroups May Include:

Dark Green - spinach, broccoli, romaine and spring salad  
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers  
Legumes - beans and peas  
Starchy - potatoes, corn, peas and lima beans  
Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

### Daily Fruit Selections May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

Menu Subject to Change Without Notice

USDA is an equal opportunity provider and employer.