



Young Scholars Of Greater Allegheny Menu Cycle 2025-26



Monday	Tuesday	Wednesday	Thursday	Friday
2/2/26 Chicken Ceasar Salad WG Dinner Roll (Chicken Strips) (Mozzarella Cheese)	2/3/26 Tuna Salad Sandwich WG Hamburger Bun	2/4/26 Taco salad Tortilla Chips (Cheddar Cheese)	2/5/26 Turkey Ham and Cheese WG Bread (American Cheese) Mayo Pc	2/6/26 Crispy Chicken Salad WG Dinner roll Ranch Dressing
Featured Veggies: (romaine lettuce) Carrot Sticks Diced Peaches Choice of Milk	Featured Veggies: Chic Pea Salad Tomatoes Diced Pears Choice of Milk	Featured Veggies: Romaine Lettuce Diced Tomatoes Applesauce Choice of Milk	Featured Veggies: Broccoli Mixed Fruit Choice of Milk	Featured Veggies: Romaine Lettuce Celery Sticks Cinnamon Applesauce Choice of Milk
2/9/26 Turkey and Swiss Sandwich Wa Sandwich Bun	2/10/26 Chef Salad (Turkey Ham) Mozzerella Cheese Romaine Lettuce Diced Tomato	2/11/26 Chicken Salad Sandwich WG Sandwich Bun	2/12/26 Meatloaf and Cheese on WG Bread	2/13/26 Grilled Chicken on WG Sandwich Bun BBq Sauce
Featured Veggies: Chickpea Salad Broccoli Applesauce Choice of Milk	Featured Veggies: Cucumber Slices Celery Sticks Diced Pears Choice of Milk	Featured Veggies: Caarrot Sticks Cauliflower Mixed Fruit Choice of Milk	Featured Veggies: Corn and Pepper Salad Cinnamon Applesauce Choice of Milk	Featured Veggies: Cherry Tomatoes Carrot Sticks Diced Peaches Choice of Milk
2/16/26 no school	2/17/26 Tuna Salad Sandwich WG Hamburger Bun	2/18/26 Taco salad Tortilla Chips (Cheddar Cheese)	2/19/26 Turkey Ham and Cheese WG Bread (American Cheese) Mayo Pc	2/20/26 Crispy Chicken Salad WG Dinner roll Ranch Dressing
2/23/26 Turkey and Swiss Sandwich Wg Sandwich Bun	2/24/26 Chef Salad (Turkey Ham) Mozzerella Cheese Romaine Lettuce Diced Tomato	2/25/26 Chicken Salad Sandwich WG Sandwich Bun	2/26/26 half day	2/27/26 no school
Featured Veggies: Chickpea Salad Broccoli Applesauce Choice of Milk	Featured Veggies: Cucumber Slices Celery Sticks Diced Pears Choice of Milk	Featured Veggies: Caarrot Sticks Cauliflower Mixed Fruit Choice of Milk		

Weekly Vegetable Subgroups May Include:

- Dark Green - spinach, broccoli, romaine and spring salad
- Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
- Legumes - beans and peas
- Starchy - potatoes, corn, peas and lima beans
- Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

Menu Subject to Change Without Notice

USDA is an equal opportunity provider and employer.