



Young Scholars Of Greater Allegheny Menu Cycle 2025-26



Weekly Vegetable Subgroups May Include:
 Dark Green - spinach, broccoli, romaine and spring salad
 Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
 Legumes - beans and peas
 Starchy - potatoes, corn, peas and lima beans
 Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections May Include:
 oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

Menu Subject to Change Without Notice

USDA is an equal opportunity provider and employer.

Monday

Tuesday

Wednesday

Thursday

Friday

3/2/26

Strawberry Pop Tart
Breakfast Kit

3/3/26

Fruit Loops
Breakfast Kit

3/4/26

Fudge Pop Tart
Breakfast Kit

3/5/26

Cocoa Puff
Breakfast Kit

3/6/26

Cheerios Cereal Bar
Breakfast Kit

Diced Pears
Choice of Milk

applesauce
Choice of Milk

Diced Peaches
Choice of Milk

Mixed Fruit
Choice of Milk

Cinnamon Applesauce
Choice of Milk

3/9/26

Cocoa Puffs
Breakfast Kit

3/10/26

Fudge Poptart
Breakfast Kit

3/11/26

Lucky Charms
Breakfast Kit

3/12/26

Cheerios Cereal Bar
Breakfast Kit

3/13/26

Trix Cereal
Breakfast Kit

Applesauce
Choice of Milk

Diced Peaches
Choice of Milk

Diced Pears
Choice of Milk

Cinnamon Applesauce
Choice of Milk

Mixed Fruit
Choice of Milk

3/16/26

Strawberry Pop Tart
Breakfast Kit

3/17/26

Fruit Loops
Breakfast Kit

3/18/26

Fudge Pop Tart
Breakfast Kit

3/19/26

Cocoa Puff
Breakfast Kit

3/20/26

Cheerios Cereal Bar
Breakfast Kit

Diced Pears
Choice of Milk

applesauce
Choice of Milk

Diced Peaches
Choice of Milk

Mixed Fruit
Choice of Milk

Cinnamon Applesauce
Choice of Milk

3/23/26

Cocoa Puffs
Breakfast Kit

3/24/26

Fudge Poptart
Breakfast Kit

3/25/26

Lucky Charms
Breakfast Kit

3/26/26

Cheerios Cereal Bar
Breakfast Kit

3/27/26

Trix Cereal
Breakfast Kit

Applesauce
Choice of Milk

Diced Peaches
Choice of Milk

Diced Pears
Choice of Milk

Cinnamon Applesauce
Choice of Milk

Mixed Fruit
Choice of Milk

3/30/26

3/31/26