



# Young Scholars Of Greater Allegheny Menu Cycle 2025-26



Monday	Tuesday	Wednesday	Thursday	Friday
<b>4/27/26</b>	<b>4/28/26</b>	<b>4/29/26</b>	<b>4/30/26</b>	<b>5/1/26</b>
				Crispy Chicken Salad WG Dinner roll Ranch Dressing
				<b>Featured Veggies:</b> Romaine Lettuce Celery Sticks Cinnamon Applesauce Choice of Milk
<b>5/4/26</b>	<b>5/5/26</b>	<b>5/6/26</b>	<b>5/7/26</b>	<b>5/8/26</b>
Turkey and Swiss Sandwich Wg Sandwich Bun	Chef Salad (Turkey Ham) Mozzerella Cheese Romaine Lettuce Diced Tomato	Chicken Salad Sandwich WG Sandwich Bun	Meatloaf and Cheese on WG Bread	Half Day
<b>Featured Veggies:</b> Chickpea Salad Broccoli Applesauce Choice of Milk	<b>Featured Veggies:</b> Cucumber Slices Celery Sticks Diced Pears Choice of Milk	<b>Featured Veggies:</b> Caarrot Sticks Cauliflower Mixed Fruit Choice of Milk	<b>Featured Veggies:</b> Corn and Pepper Salad  Cinnamon Applesauce Choice of Milk	
<b>5/11/26</b>	<b>5/12/26</b>	<b>5/13/26</b>	<b>5/14/26</b>	<b>5/15/26</b>
Chicken Ceasar Salad WG Dinner Roll  (Chicken Strips) (Mozzerella Cheese)	Tuna Salad Sandwich WG Hamburger Bun	Taco salad Tortilla Chips (Cheddar Cheese)	Turkey Ham and Cheese WG Bread (American Cheese) Mayo Pc	Crispy Chicken Salad WG Dinner roll Ranch Dressing
<b>Featured Veggies:</b> (romaine lettuce) Carrot Sticks Diced Peaches Choice of Milk	<b>Featured Veggies:</b> Chicl Pea Salad Tomatoes Diced Pears Choice of Milk	<b>Featured Veggies:</b> Romaine Lettuce Diced Tomatoes Applesauce Choice of Milk	<b>Featured Veggies:</b> Broccoli  Mixed Fruit Choice of Milk	<b>Featured Veggies:</b> Romaine Lettuce Celery Sticks Cinnamon Applesauce Choice of Milk
<b>5/18/26</b>	<b>5/19/26</b>	<b>5/20/26</b>	<b>5/21/26</b>	<b>5/22/26</b>
Turkey and Swiss Sandwich Wg Sandwich Bun	Chef Salad (Turkey Ham) Mozzerella Cheese Romaine Lettuce Diced Tomato	Chicken Salad Sandwich WG Sandwich Bun	Meatloaf and Cheese on WG Bread	Grilled Chicken on WG Sandwich Bun BBq Sauce
<b>Featured Veggies:</b> Chickpea Salad Broccoli Applesauce Choice of Milk	<b>Featured Veggies:</b> Cucumber Slices Celery Sticks Diced Pears Choice of Milk	<b>Featured Veggies:</b> Caarrot Sticks Cauliflower Mixed Fruit Choice of Milk	<b>Featured Veggies:</b> Corn and Pepper Salad  Cinnamon Applesauce Choice of Milk	<b>Featured Veggies:</b> Cherry Tomatoes Carrot Sticks Diced Peaches Choice of Milk
<b>5/25/26</b>	<b>5/26/26</b>	<b>5/27/26</b>	<b>5/28/26</b>	<b>5/29/26</b>
No School	Tuna Salad Sandwich WG Hamburger Bun	Taco salad Tortilla Chips (Cheddar Cheese)	Turkey Ham and Cheese WG Bread (American Cheese) Mayo Pc	Crispy Chicken Salad WG Dinner roll Ranch Dressing
	<b>Featured Veggies:</b> Chicl Pea Salad Tomatoes Diced Pears Choice of Milk	<b>Featured Veggies:</b> Romaine Lettuce Diced Tomatoes Applesauce Choice of Milk	<b>Featured Veggies:</b> Broccoli  Mixed Fruit Choice of Milk	<b>Featured Veggies:</b> Romaine Lettuce Celery Sticks Cinnamon Applesauce Choice of Milk

**Weekly Vegetable Subgroups May Include:**  
 Dark Green - spinach, broccoli, romaine and spring salad  
 Red/Orange - carrots, sweet potatoes, tomatoes and red peppers  
 Legumes - beans and peas  
 Starchy - potatoes, corn, peas and lima beans  
 Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

**Daily Fruit Selections May Include:**  
 oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

**Menu Subject to Change Without Notice**

**USDA is an equal opportunity provider and employer.**