

ADD/ADHD Initial Evaluation

Instructions for Parents:

Welcome to our Behavioral Health Program. Taking care of your child's mental, behavioral, and emotional needs is central to our mission, in addition to physical care.

In order for us to accurately assess your child's needs, we kindly request that you complete our required forms prior to your appointment. Please read the following instructions carefully and complete all steps outlined below:

Step One: Complete Required Forms

- Complete the Authorization to Disclose Health Information Form
- Complete the Vanderbilt Initial Assessment-Parent Form
- Complete the Medical History Form

Step Two: Completing ADHD Vanderbilt Assessments

Blank Vanderbilt Follow-up Teacher and Parent Assessments are included in this packet. You may submit the completed forms to our office using one of the following methods:

- **Fax:** 561-738-1822
- **Online:** Upload through the patient portal
- **In Person:** Bring them directly to our office

The Vanderbilt Initial Parent Assessment can be completed by any parent or guardian who lives with the patient. In the case of older adolescents (age 16 and up), they may complete the survey themselves.

To request the Vanderbilt Teacher Follow-up Assessment from your child's teacher:

Choose 1–2 teachers who know your child well and can provide helpful feedback. You may share the form with them in whatever way is most convenient for you. Below are some recommended options:

- **Send a copy in your child's daily folder:** For elementary school-aged children, you can send the blank form in your child's daily folder, and the teacher can return the form to you in the folder.
- **Email the form.**
You can email the form as an attachment directly to the teacher you've selected.
- **Work with a school administrator.**
If you regularly communicate with your child's ESE director or another school administrator, you may send the form to them with a note asking that it be forwarded to the chosen teacher.

Teachers may return the completed form by fax directly to our office. The fax number is listed at the bottom of the form.

Step Three: Schedule an appointment

Schedule an appointment with your child's pediatric provider once you have completed and returned all required forms.

DISCLAIMER: While our goal is to provide the best possible care within our capabilities, there may be instances where we determine that your child requires a higher level of care than we can provide. If at any point our team assesses that your child needs more specialized or intensive services, we will discuss this with you and assist in coordinating a smooth transition to the appropriate community resources.

We are committed to supporting your child's behavioral health journey and will work diligently to ensure they receive the care they need. If you have any questions or need assistance with the intake packet, please do not hesitate to contact our office at 561-509-5009.

Thank you for entrusting us with your child's care.

Sincerely,

The Providers of Bluebird Kids Health



Please be aware that in order to provide a thorough assessment of your child's needs, it's essential that all required paperwork and forms are completed before your appointment. If these documents are not received in advance, we may need to reschedule your visit.

I have read the above information and agree to be financially responsible for services rendered by Palm Beach Pediatrics, LLC d/b/a Bluebird Kids Health.

Parent/Guardian Signature

Date

Parent/Guardian Print