

ADHD / ADD/ BEHAVIORIAL FOLLOW-UP APPOINTMENTS

At your request, your child has had an initial evaluation for attention, school, and/or behavioral problems. Based on the diagnosis, you may be required to have follow-up appointments at regular intervals. The frequency of appointments varies with the diagnosis, age of the patient, and medications (if prescribed).

Scheduling a Follow-Up Appointment

You should schedule the follow up appointment as recommended by the provider who saw your child for the initial visit. It is possible with certain diagnoses such as ADHD, or anxiety, that your child may need to be in the office every 2-4 weeks if starting or changing medication type/dose. We try to adhere to the American Academy of Pediatrics Guidelines regarding when to have follow visits.

It is important that we monitor growth and vital signs (height, weight and blood pressure) in patients who are medicated. Telehealth appointments are available if these vital signs are obtainable by the time of the visit to report to the provider.

Completing ADHD Vanderbilt Assessments

Blank Vanderbilt Follow-up Teacher and Parent Assessments are included in this packet. You may submit the completed forms to our office using one of the following methods:

- **Fax:** 561-738-1822
- **Online:** Upload through the patient portal
- **In Person:** Bring them directly to our office

The Vanderbilt Follow-up Parent Assessment can be completed by any parent or guardian who lives with the patient. In the case of older adolescents (age 16 and up), they may complete the survey themselves.

In general, Vanderbilt Follow-up Teacher Assessments are recommended every 3 months but may be required frequently depending on how the patient is responding to medication or other interventions. Please be aware that Vanderbilt Follow-up Teacher Assessments are not only recommended but required to make the diagnosis of and monitor ADHD/ADD.

To request the Vanderbilt Teacher Follow-up Assessment from your child's teacher:

Choose 1–2 teachers who know your child well and can provide helpful feedback. You may share the form with them in whatever way is most convenient for you. Below are some recommended options:

- **Send a copy in your child's daily folder:** For elementary school-aged children, you can send the blank form in your child's daily folder, and the teacher can return the form to you in the folder.
- **Email the form.**
You can email the form as an attachment directly to the teacher you've selected.
- **Work with a school administrator.**
If you regularly communicate with your child's ESE director or another school administrator, you may send the form to them with a note asking that it be forwarded to the chosen teacher.

Teachers may return the completed form by fax directly to our office. The fax number is listed at the bottom of the form.

Additional Surveys Required

There are also surveys that are to be completed by the patient depending on their age. They will be provided in the office at the time of the visit.

We are committed to supporting your child's behavioral health journey and will work diligently to ensure they receive the care they need. If you have any questions or need assistance with this packet, please do not hesitate to contact our office at 561-509-5009.

Thank you for entrusting us with your child's care.

Sincerely,

The Providers of Bluebird Kids Health



Please be aware that in order to provide a thorough assessment of your child's needs, it's essential that all required paperwork and forms are completed before your appointment. If these documents are not received in advance, we may need to reschedule your visit.

I have read the above information and agree to be financially responsible for services rendered by Palm Beach Pediatrics, LLC d/b/a Bluebird Kids Health.

Parent/Guardian Signature

Date

Parent/Guardian Print