



# Crucial Teams.



# TEAMWORK TAKES MORE THAN TALENT

Talent is just one part of the equation. Success in the workplace depends on talented people working together to achieve results. Truly high-performing teams are made up of talented people who understand and appreciate different working styles and motives, who know how to utilise the varied and valuable strengths of others, and who can transform conflict into a source of camaraderie and collaboration.



## WHAT IS CRUCIAL TEAMS?

Crucial Teams is built on the Strength Deployment Inventory® (SDI)®, a workplace personality assessment that helps people better understand themselves and others for healthier relationships and more productive interactions. During the course, teammates explore their own and each other's motives, the different strengths each member brings to the team, and the behaviors that can trigger conflict in the team. This team experience improves self-awareness and understanding and teaches skills to help team members better manage their perceptions and behaviors for more effective collaboration and teamwork.

The virtual experience of Crucial Teams is a fun and engaging team experience that's also illuminating and instructive. This course is designed to be experienced by an in-tact team that works and collaborates closely with one another. Team members gain greater self-awareness and understanding of each other through various exercises, videos, prompts for personal reflection, and breakout discussions that challenge perspectives to reveal new ways of seeing and responding to others. Delivered in three virtual sessions, the course combines the convenience of virtual learning with the benefits of live instruction to meet the unique needs and demands of the modern learner.

# Course Details

*The in-person experience of Crucial Teams helps people gain greater self-awareness and understanding of each other through exercises, videos, prompts for personal reflection, and group discussions that challenge perspectives to reveal new ways of seeing and responding to others.*

## COURSE MATERIALS

SDI assessment

Access to SDI Platform

Digital learner guide

Digital model card

Digital course completion certificate

Six-week ongoing learning experience

## What's the next step?

If your organisation could benefit from the skills taught in Crucial Teams, contact us today to learn more.

Visit:

[CrucialDimensions.com.au](https://CrucialDimensions.com.au)

### 9:00 a.m. LESSON 1: BUILDING BETTER TEAMS

- Learn how the SDI can be leveraged to strengthen relationships and transform team performance.

### 9:30 a.m. LESSON 2: CHOOSE A GENEROUS VIEW OF PEOPLE

- Gain a clearer picture of what drives you—your core motives.
- Discover your teammates' motives and how to speak to those motivations to build understanding, connection, and empathy.

### 11:15 a.m. LESSON 3: DEVELOP A DEEPER VIEW OF STRENGTHS

- Identify the behaviours that will help you and your teammates work effectively together.

### 12:00 p.m. LUNCH

### 1:00 p.m. LESSON 3: DEVELOP A DEEPER VIEW OF STRENGTHS CONTINUED

- Watch for behaviours you tend to overdo.

### 1:45 p.m. LESSON 4: DISCOVER A CLEARER VIEW OF CONFLICT

- Understand the unique way that you and others respond in conflict.
- Notice the sources of personality friction on the team and how to prevent it from turning into conflict.
- Re-think your perceptions about other people's behaviour and how that pushes you into conflict.

### 2:45 p.m. LESSON 5: A NEW VIEW OF TEAMS

- See relationships in a new way to achieve higher levels of team performance.

### 4:30 p.m. END OF COURSE

## SIX-WEEK ONGOING LEARNING EXPERIENCE

- Access tips and best practices in the SDI Platform to work better with teammates.
- Watch videos from authors and experts on how to be more effective as a team.
- Retain learning and refine your skills with online resources.
- Receive weekly email tips and skill building resources.
- Read helpful articles from experts.

