

Safety Presentation

2026

First aid kits

First aid kits are located:

- In the race hut
- Next to the galley
- On all powerboats (smaller kit)



Trauma kit – In race hut in bag marked TRAUMA

Defibrillator – Next to galley

Accident book – Entrance hall notice board

Safety boat kits

Safety kits contain:

- Rescue knife – on frames or in yellow dry bag
- Whistle
- Spare rope/towline
- Spare killcord
- Foil blanket
- First aid kit

(assorted bandages, gloves, plasters, trauma bandage, face shield, triangle bandage)



Safety boat kits

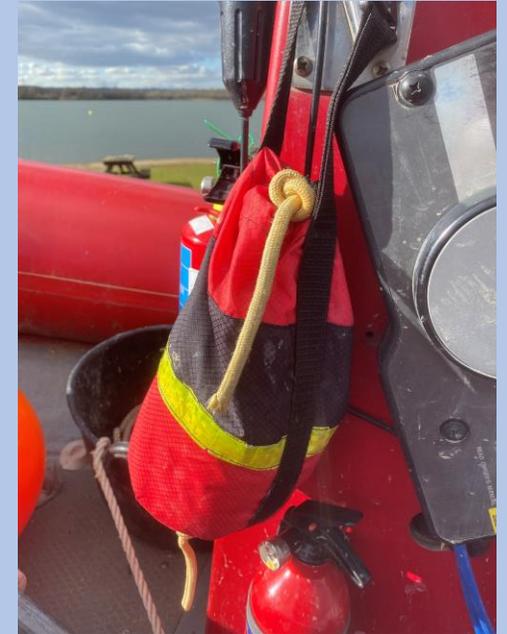
Used for:

- Minor on the water first aid (plasters)
- Immediate catastrophic bleed treatment
- Most on the water first aid to be taken to the race hut/galley where the larger first aid kits are



Safety boat other equipment

- Throw line
- Fire extinguisher
- Rescue knife
- Tow line
- Anchor
- Radio
- Paddle
- Bailer/bucket/sponge



Trauma kit

- Located in the race hut
- Contains: trauma bandages, tourniquet, scissors, face shields (CPR)
- Used for major bleeds
- Make a note of time applied if using tourniquet



Start of day OOD briefing

- Weather – likely problems?
- Who is powerboat qualified?
- Who is a first aider?
- Evacuation point?
- Phone?

Major Incident Plan

Person in charge: OOD or SI

Jobs that will be allocated:

- Getting the first aid kit (race hut or galley) and/or defibrillator (galley)
- Calling an ambulance
- Red flag where appropriate
- Opening the main gate – keep open, high vis, strategic placing
- Directing ambulance to evac point
- Opening the boat park gate if needed– 7177

Radio use

Emergency first aid (unconscious, major bleeds, not breathing) – MED-EVAC, MED-EVAC, MED-EVAC

Minor first aid – OOD, OOD, OOD or ALL STATIONS, ALL STATIONS, ALL STATIONS depending on how much support you need

Avoid unnecessary radio chatter

Major Incident Plan

- Red flag is raised (race hut/committee boat if possible) alongside 5 blasts of hooter
- ALL craft not involved in the incident to return to shore – sailing boats, kayaks, paddle boards, courses, taster sessions, everything
- 1 Safety crew to maintain safety on the water until all craft ashore
- Once ashore come and assist with allocated jobs

Major Incident Plan

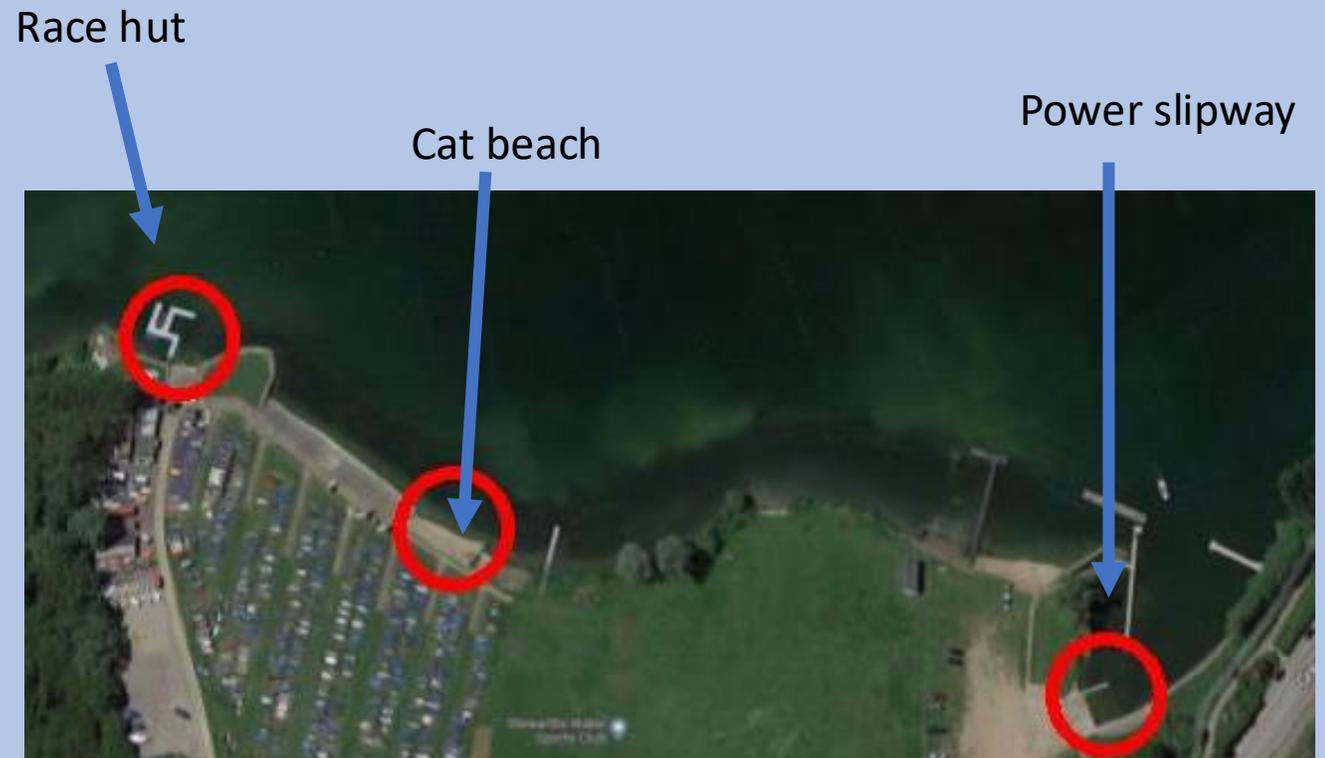
Getting someone off the water:

General first aid

Race hut

Emergencies

- Cat beach
- Power slipway – easiest for ambulance
- Race hut



Major Incident Plan

Calling an ambulance:

Site Address:

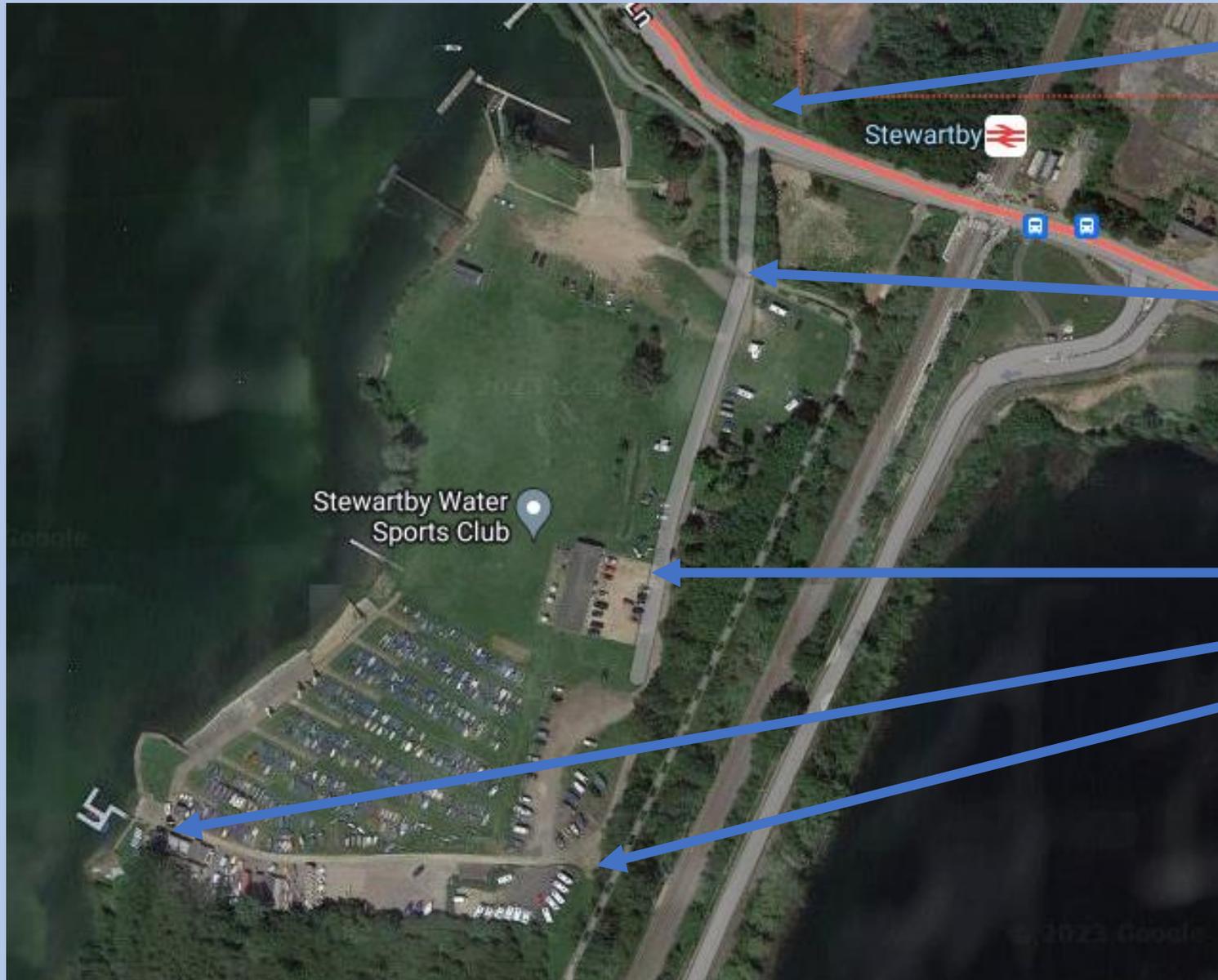
Stewartby Water Sports Club (SWSC), Stewartby Lake, Green Lane, Stewartby,
MK43 9LY

What 3 Words: ///activity.ventures.argued

Explain clearly the situation with the casualty – what their condition is (not breathing, broken bone etc.), any other key details for other injuries (e.g. swallowed lots of water, hit on torso), what happened, how long since the incident happened

Relay all updates and key messages to first aider and OOD

Major Incident Plan positioning



Person on Green Lane
looking out for ambulance

Person holding gate open and
person guiding to where
casualty is (power section)

People guiding
ambulance down to
where casualty is
(race hut)

Boat rescue recap

- People are the priority – if you are asked to leave your boat please do
- Always check in with person capsizing
- Mark abandoned boats with tape
- Safety boat ratios