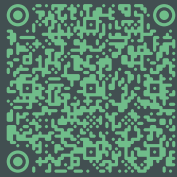


First Time Guest?

The first time is often the hardest time – new place, unfamiliar people, anxious heart. We get it and we want you to feel welcomed. Our leaders will be waiting for you at the door to show you around and introduce you to the group!

Stay Connected

Join The Landing message thread on The Hills Church app to get updates and reminders. It's also a great place to ask questions. This group is available to all students and parents. To join, scan the QR code!



FOR GOD
IS Pour out
your heart
to Him, OUR
PSALM
62:8 *Refuge* THE HILLS
CHURCH

Other Questions?

Feel free to reach out if you have any questions. We are glad to help!

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Prayer for Serenity

by Reinhold Niebuhr

God, grant me the serenity
to accept the things I cannot
change, the courage to change
the things I can, and the wisdom
to know the difference. Living
one day at a time, enjoying one
moment at a time; accepting
hardship as a pathway to peace;
taking, as Jesus did, this sinful
world as it is; not as I would have
it; trusting that You will make all
things right if I surrender to
Your will; so that I may be
reasonably happy in this life;
and supremely happy with You
forever in the next.

Amen.



the Landing

A ministry of Celebrate Recovery
with The Hills Church



The Landing exists to provide a safe place for students to process life and the struggles that accompany it, provide tools to help them live emotionally and spiritually healthy lives, and point them towards the freedom found in Jesus Christ.

Thursday Nights

6:00pm Welcome & Meal Time

Enjoy a meal together with The Landing leaders and students.

7:00pm Worship & Big Group

Worship and time to connect! During Big Group, there will be a lesson, game or activity.

8:00pm Small Groups

Small groups for support and hope. Students will break up into gender-specific groups in their own designated room.

Introducing The Landing

Many of the addictions and dysfunctions that affect adults later in life start forming during the pain and challenges of childhood and adolescence. The Landing provides a place for students to process their pain before it becomes a bigger issue later in life.

Additionally, The Landing provides space for students with current addictive and dysfunctional behaviors to work through their issues among their peers with the help of caring, trained adults. Through The Landing, we see cycles of dysfunction healed and, in some cases, stopped before they ever start, saving students years of pain and setting them up to live happier, freer lives.

Objectives

Community

To create space for friendship with other students in challenging situations, to support one another, not fix. The Landing is open to any student in grades 6 – 12.

Caring Adults

To provide caring adults as a key resource, ready and equipped to serve students.

Biblical Teaching

To share Biblical truth in a way that leads to transformation, working through the Eight Principles of Celebrate Recovery. The Landing is a Christ-Centered program.

Eight Principles of Celebrate Recovery

- 1 *Realize I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.*
- 2 *Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover.*
- 3 *Consciously choose to commit all my life and will to Christ's care and control.*
- 4 *Openly examine and confess my faults to myself, to God, and to someone I trust.*
- 5 *Voluntarily submit to every change God wants to make in my life and humbly ask Him to remove my character defects.*
- 6 *Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others, except when to do so would harm them or others.*
- 7 *Reserve a daily time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and gain the power to follow His will.*
- 8 *Yield myself to God to be used to bring this good news to others, both by my example and by my words.*

Student Expectations

Attend Both Big Group and Small Group

Students are expected to attend both Big Group and Small Group. If you think you have a special circumstance, discuss it with your leader.

Showing Up with a Clear Mind

Showing up under the influence of drugs or alcohol is not permitted. If you come under the influence, you may stay as long as you are not disruptive, but you will not be allowed to share. If you are disruptive, we will call someone to pick you up. In either case, we will not allow you to leave by yourself.

Healthy, Appropriate Relationships

Physical or romantic affection is not permitted. We're not down on romance; we're up on health. We believe focusing on dealing with our pain will give each of us a greater opportunity for healthy relationships in the future.

Be Present, Not Distracted By Your Phone

Because of our commitment to the anonymity and confidentiality of everyone in the room, your phone must stay away from the time you arrive at The Landing until you leave. If your phone becomes an issue, we can hold it for you until the end of the night.

Head Home When We Are Finished

Students should not linger at the end of the night. High School students in Grades 9-12 are free to go at the end of Small Groups. Middle School students in Grades 6-8 should meet their trusted adult at the Childcare Desk.



Anonymity and confidentiality are basic requirements. What is shared in the group stays in the group. The only exception is when someone threatens to harm themselves or others, or any case of abuse.

Find more information about CR, The Landing and the community app at the national website, celebraterecovery.com