

The Book of *Human* REMEMBRANCE

How we find belonging in an
infinite universe of unlimited time

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How we find belonging in an
infinite universe of unlimited time

Katie AND THE CHORUS 



This book corresponds to Season 2 of our podcast, *Our Next Existence*. Links to all providers of the podcast are available at KatieandtheChorus.com/Podcast.

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For all who are remembering,
and for all who continue to forget,
only Time is enough to divide us,
until our hearts awaken and reconnect.

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Legend



The Chorus



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Introduction

Welcome to *The Book of Human Remembrance*, the second book from Katie and The Chorus. This book is nominally about time and memory. It's also about a great deal more. What, after all, does "time" mean? And does it have to mean the same things to you that it does to anyone else?

We humans use the designator "time" to refer to many dissimilar things, like an appointment, an era, a requirement, or a reason. Time can be specific or as vague as vague can be. Time is endless and unknowable, capable of being infinitely parsed or aggregated. It is, as you will see here, a construct of our beliefs and manifestations.

Here, the authors challenge us to think more broadly and expansively about time and an important adjunct: *memory*. They ask us to consider what time represents to us and why. This book doesn't dwell upon definitions and specificity. A good thing, too, because either are sure ways to make time seem boring and limit its expansive potential.

Prepare for a journey through, in, and about time that will challenge you. It will spark realizations and might even spur manifestations at odd hours of the night. At the very least, it will encourage you to consider time and memory in new and expansive ways.

The authors don't assume that you've encountered their first book, *The Book of Human Awakening*, or listened to their podcast, *Our Next Existence*—but if you have, you've already been introduced to The Chorus's perspectives on time as one of the 3 Engines of Reality and a key driver of humanity's consensual belief system. Regardless, prepare for expansion.

When Katie told me that she and The Chorus were writing a book about time, I was immediately intrigued. I've always been more than a bit obsessed with time. When I was very young, I became a voracious seeker of new worlds and narratives. From about seven or eight years of age, I dove into the seemingly limitless sea of science fiction. I wanted

to know all the worlds and times and their inhabitants and stories. My search continues to this day.

Early in my professional career, I worked as an orbit mechanic, finding better ways to reach the moon and outer planets. This is primarily a balance between time and energy – how much and how long must I accelerate in just the right direction in order to reach my destination after the desired duration? From that perspective, our solar system seemed almost limitlessly expansive. But from the perspective of the authors here, our solar system is an extremely limited slice of a vaster, infinite whole. How can this be? How can what we consider to be the infinite reaches of space and time also be in fact so limited?

We have both dogma and belief tied up in this thing we label “time.” It is simultaneously minutely defined—*atomic clocks!*—and also completely subjective and vague: *It’s “time” for dinner!* Our messy, imprecise language provides feeble means for contemplation or discussion of the complex subject we call time.

Over time, I developed a broader friendship with the ideas of time and space, in part based on personal observations. One of my favorite time-related observations is that traveling to a new place for the first time seems to take much longer than subsequent trips. I have found this to be true on many occasions, and encountered others who feel the same. I also find that traveling to a new place often means arriving in a new city or country after dark, and the first morning seems like awakening to a new world where mysterious, uninformed expectation gradually fades to meet reality. It’s one of my favorite things. A final personal observation is that my best creative work cannot be rushed, even by a deadline. I have learned that it will arrive when it should—and that rushing won’t hasten the process of inspiration. Consequently, I like the fact that we are so sloppy about time. It sure makes things more interesting.

And so it was that for most of my life, the subject of time seemed to me a nice, safe place for idle speculation and daydreaming. Like most of us, I didn’t really think it meant much.

Until Katie and The Chorus introduced their perspectives on time. Now Katie was, I had thought, pretty well known to me. I knew her as a colleague and a friend, but I had no idea the depth and breadth of the unique journey she was undertaking. Through the years we’d been co-creators of unusual constructs (including making up aerospace business things—think *Star Trek* meets *Silicon Valley*), we had discussed time in a number

of contexts, but little did I know that Katie was having parallel conversations on the topic. And I had no idea of the expansive nature of those experiences.

When Katie became ill, I was sad and confused. I was going through my own significant transition during this time (failed retirement number one), and so her battles occurred out of my sight. When we met for coffee during that illness, it was painful to watch her struggle.

After another year or so passed, we met again, and she seemed completely different. As we talked, I learned why. That's when she introduced me to her journey with The Chorus. Through our conversations, and later through *The Book of Human Awakening* and the *Our Next Existence* podcast, I began to become acquainted with the Chorus's perspectives on many things—and especially on my old friend time.

This book, and these concepts, are not going to replace your current thoughts on time—as slim or full as they might be. Instead, Katie and The Chorus endeavor to give us permission and agency to think more broadly about time and the other Engines of Reality they describe. To follow our own personal journeys to our more expanded selves.

My suggestions for getting the most out of this book are mostly about tone, not substance. React to the messages in their own times and ways, without imposing your own structure or process as a reader. Don't worry about trying to place these concepts in your current reality—let the messages speak to you and allow organization to worry about itself.

Try to leave judgment behind. These messages may make you feel uncomfortable, at a loss, or maybe affirmed. Just let it happen. In reading, I find that questions that come to mind and which might interrupt my experience of flow are usually dealt with by The Chorus in their own time (ha!). So don't worry about what the messages provoke. Allow your reactions to happen as they will. Let the journey pace itself.

The Book of Human Remembrance is intended, as are all the communications from The Chorus that I've encountered, to help us grow and expand. This is a different, deeply personal, experience for each one of us who sets out on the journey. As The Chorus tells us, this doesn't require the voyager to abandon reality, personality, sense of self, or even preconceptions about time and memory. It simply requires an opening of consciousness to the possibilities of a broader, richer, more expansive reality.

Time plays a key role in shaping and restricting our reality. It's time to consider the associated barriers that we have chosen with what The Chorus calls our Belief System Complex. To open ourselves to the opportunities for greater experience by exercising imagination and inspiration, and loosening the blindfold we have worn for so long.

Welcome to this phase of your journey. Katie and The Chorus are capable guides for this voyage. By finding your way to this book, and the other messages they provide, you have the opportunity to accelerate your quest for awakening and expansion. Enjoy!

Drew Crouch
Katie's Former Aerospace Boss
Heavy Construction, Technology Start-ups, Orbit Mechanic and Aerospace Executive
"From concrete and rebar to the stars"

Let Us Continue

In the beginning, you were not as limited as you are today. Your resonance with these frequencies of limitation was gradual and loving. Until such time as you arrived here, at your point of greatest limitation among these energies.

It is from this point that you have chosen to awaken, that is, to have the experience of consciously expanding from this limitation.

All who resonate with these words are expanding, are awakening. All who are capable of perceiving these words, hearing about these words, having a conversation with a friend about their experience of these words, or are in any way manifesting the slightest touch of these concepts, any of these concepts, is awakening.

There is nothing you need do. There is nothing you need accomplish, reconcile, or complete. There is no one who needs to be saved or convinced of these concepts. In fact, simply by your thinking of others in connection to these expansive frequencies, you have demonstrated their resonance, their ability to join you on these wavelengths.

Rejoice, Beloved. For here there is only love and ease, effortlessness and inspiration. Those sensations of stepping into your powerful flow and all that is brought to you by that force. To feel your intuitions, to embrace your own desires, to awaken to all that you already are and have been all along.

And to remember. Most of all, to remember.

Part 1

The Structure of Disconnection

What Is a Memory?

As we described in the first book, we would suggest that you believe a memory is a mental recollection of a time and place already experienced by your mind-body instrument, one that is at a prior point on your concept of a linear timeline. By way of being on this timeline, but prior, that time and place is unreachable except by the bridge of memory, the storage bank of the mind.

Moreover, memory seems just ever-so-slightly outside your conscious control. You do not often choose which memories to recall in a given instant. Instead, they crop up of their own accord. Sometimes those memories are related to something you are experiencing in the present moment. Sometimes the connection is difficult to pin down.

“Why am I thinking about that coworker I only interacted with a handful of times, years ago?” you might ask.

“Why do I keep recalling that movie that is ‘stuck in my head?’”

“I always remember my childhood holidays this time of year.”

An example like the latter may feel the most innocuous, for who is not reminded of related experiences when they are hearing, touching, or seeing similar stimuli via the 5 Senses? Or when you are recalling memories which seem to have an emotional charge, as you would say, which are believed to be more easily remembered because of the emotion they carry.

Seems pretty standard, does it not?

Except, of course, for all the great lengths of your history when it wasn't.

Chapter 1

Meaning

Let us refresh ourselves on a few concepts before we dig in.

As we discussed in the first book, you chose to resonate with the wavelengths of **finiteness and insufficiency** in order to have a most powerful experience of what we call disallowance of energy. Your perception of the vast varieties of **disallowance of energy** that you experience here is what you call **emotions**.

The primary manifestation of these frequencies, the foundation of the experience that you consciously know and remember, is what we call the **Belief System Complex (BSC)**. The BSC is a vast and dynamic collection of beliefs, galactic in scale, that molds the energy here received into more, and powerful, experiences of limitation.

It is in this Belief System Complex (BSC) that you find vast regions of beliefs you might label **Time, Distance, and Body** – what we call the fundamental engines of your reality. It is possible to experience existence without these constraints – and there are many who do! However, in order to experience limitation, you chose to narrow your conscious perception away from a great many things – not least of which the idea that there could be any other kind of existence than what you live here.

All players of your game – for we greatly enjoy your game analogy for many of these concepts – are one-hundred-percent connected to all the beliefs that dictate

the rules of your game. Meaning, there are players you have not yet perceived or do not consciously remember perceiving who only play by part of the rules. All beings, all consciousnesses, are required by the structure of the game to be as limited as you are. To be otherwise would violate the belief systems that are the driver of your experience here.

Thus your consciousness, that larger “you,” was limited to the confines of a body in a time and space that narrowed all the wonders of the infinite universe down to what could be perceived by what you call your five senses. Thus we have named this particular game board, which is both a starting point and an ending point, the **5 Senses BSC**.

By way of your perception through these five senses, you activate limiting beliefs billions of times per second. These beliefs dictate acceptable perspectives and responses according to the rules of the game. Consciously, you are unaware of this action, as it was what you wanted to experience. Your judgments tell you, billions of times per second, to be afraid, joyful, concerned, pleased, preventative, protective, engaging, avoiding, etc., largely without your conscious say-so. Your chosen action or response then builds even more beliefs, typically limiting in nature, to reinforce the structure of the game against the incoming pure flow of energy that would otherwise grant you all that you wish in an instant.

The experience you have created here is colossal, impenetrable, perfect, and powerful. It is your legacy to the galaxies.

There are a great many here who continue to benefit from this most incredible experience of limitation. And Beloved, long after your Awakening, there will be others who continue to do so.

As you grow in your conscious awareness of energies, you will be able to more readily sense this of them. You will move from 5 Senses perceptions of another’s suffering, and your judgments of it (typically to stop it, thus energizing it), to a more energetic awareness of their being and their choice. More importantly, you will be in a place of being able to perceive this about yourselves.