

**Prohibition on Registration and Use of Glutathione and Vitamin C Intravenous Preparations for Skin Lightening in Sri Lanka**

The National Medicines Regulatory Authority (NMRA) hereby informs, the following regulatory decisions taken by the relevant committee:

**Glutathione intravenous (IV) preparations**, whether administered alone or in combination with other preparations and irrespective of concentration, and **Vitamin C intravenous (IV) preparations** shall not be registered in Sri Lanka for **skin lightening purposes** under any regulatory category of the National Medicines Regulatory Authority (NMRA), including **medicines, cosmetics, or borderline products**.

Accordingly, the **importation, storage, distribution, sale, personal use, advertising, and promotional activities** related to such products for skin lightening purposes are **strictly prohibited**.

This decision is based on the fact that Glutathione IV preparations are not recognized or proven as skin lightening agents, and there is insufficient scientific evidence regarding their safety, including concerns about immediate, short-term, and long-term health risks associated with intravenous administration. Similarly Vitamin C intravenous preparations are not recognized or proven for skin lightening purposes.

.....  
CEO

NMRA

**Dr. K.M.G.K. Bandara**  
MBBS, MSc, MD (Com. Med), MA (Sociology)  
Chief Executive Officer (Acting)  
National Medicines Regulatory Authority  
130, W.A.D Ramanayake Mawatha, Colombo 02.