

20 years after the first biologic in IBD

What do we still need from drugs?



Professor
Charlie W Lees

Disclosures

Professor Lees is funded by a UKRI Future Leaders Fellowship

Additional research support from:

Chief Scientist's Office, Cure Crohn's Colitis

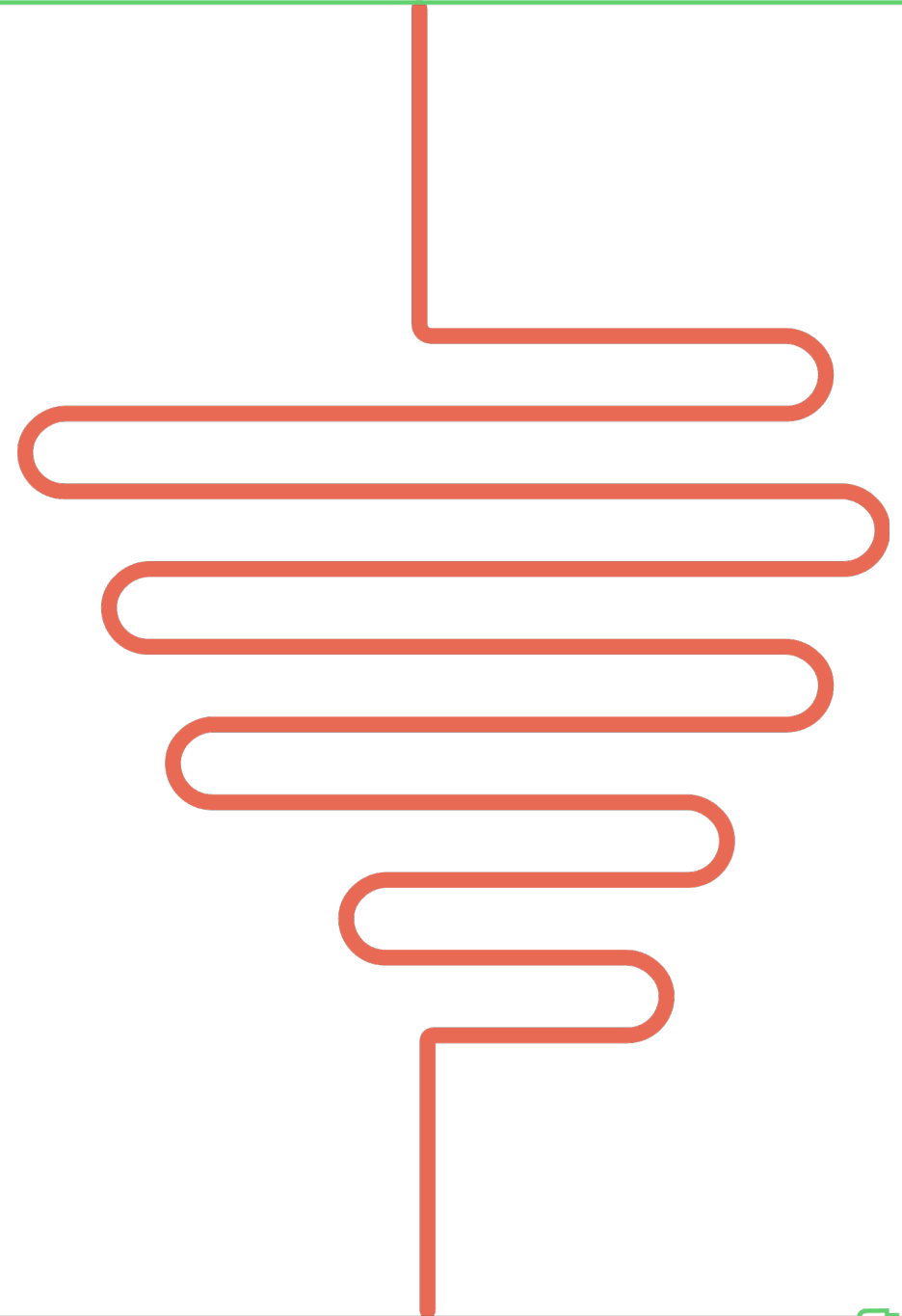
Consultancy fees from:

Abbvie, Pfizer, Janssen, Gilead, Galapagos, BMS, Boehringer Ingelheim, Dr Falk, Trellus Health, Iterative Scopes and Vifor Pharma

Speaking fees and travel support from:

Abbvie, Pfizer, Janssen, Gilead, Galapagos, BMS, Sandoz, Novartis, Dr Falk, Ferring, Fresenius Kabi and Takeda

All cases presented with written consent of patients



OVERVIEW

Our patients and life without proper therapy

The different phases of IBD therapy

- **IBD-1.0** through to **IBD-2.0**

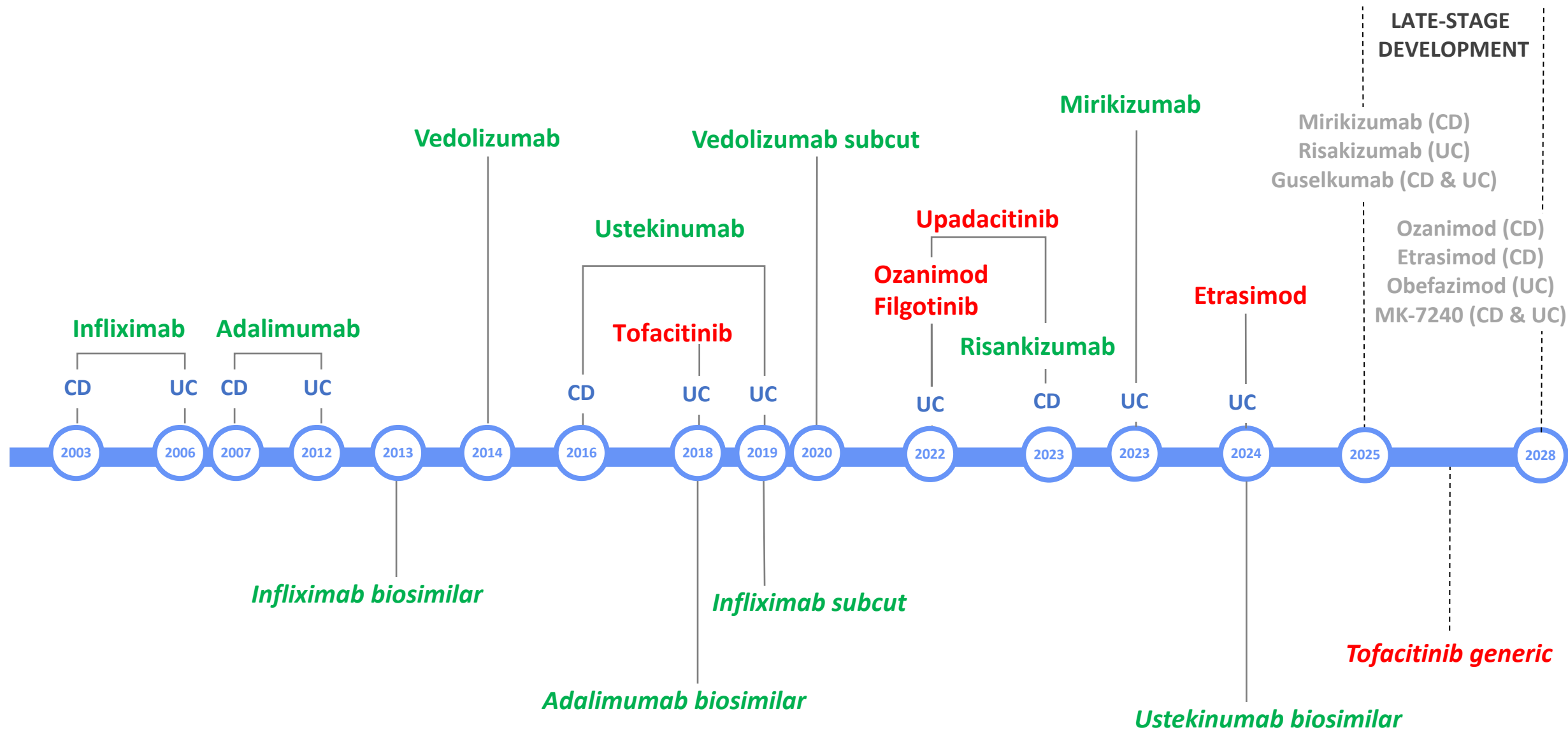
Treatment strategies & drug sequencing with current therapies

- The importance of early effective therapy
- Anti-TNFs versus JAKi and the new biologics

The unmet need after we deploy the new therapies

And the solution?

- **IBD-3.0**



IBD-1.0

Drugs are ineffective

Steroids are prescribed liberally

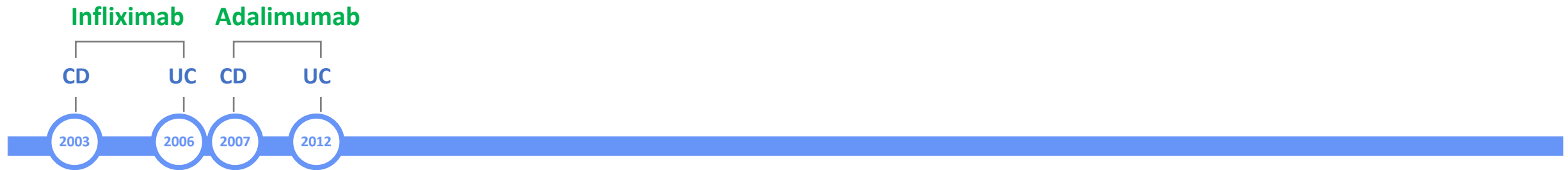
Patients have a poor quality of life

Treatment targets are non-existent

2003

2007

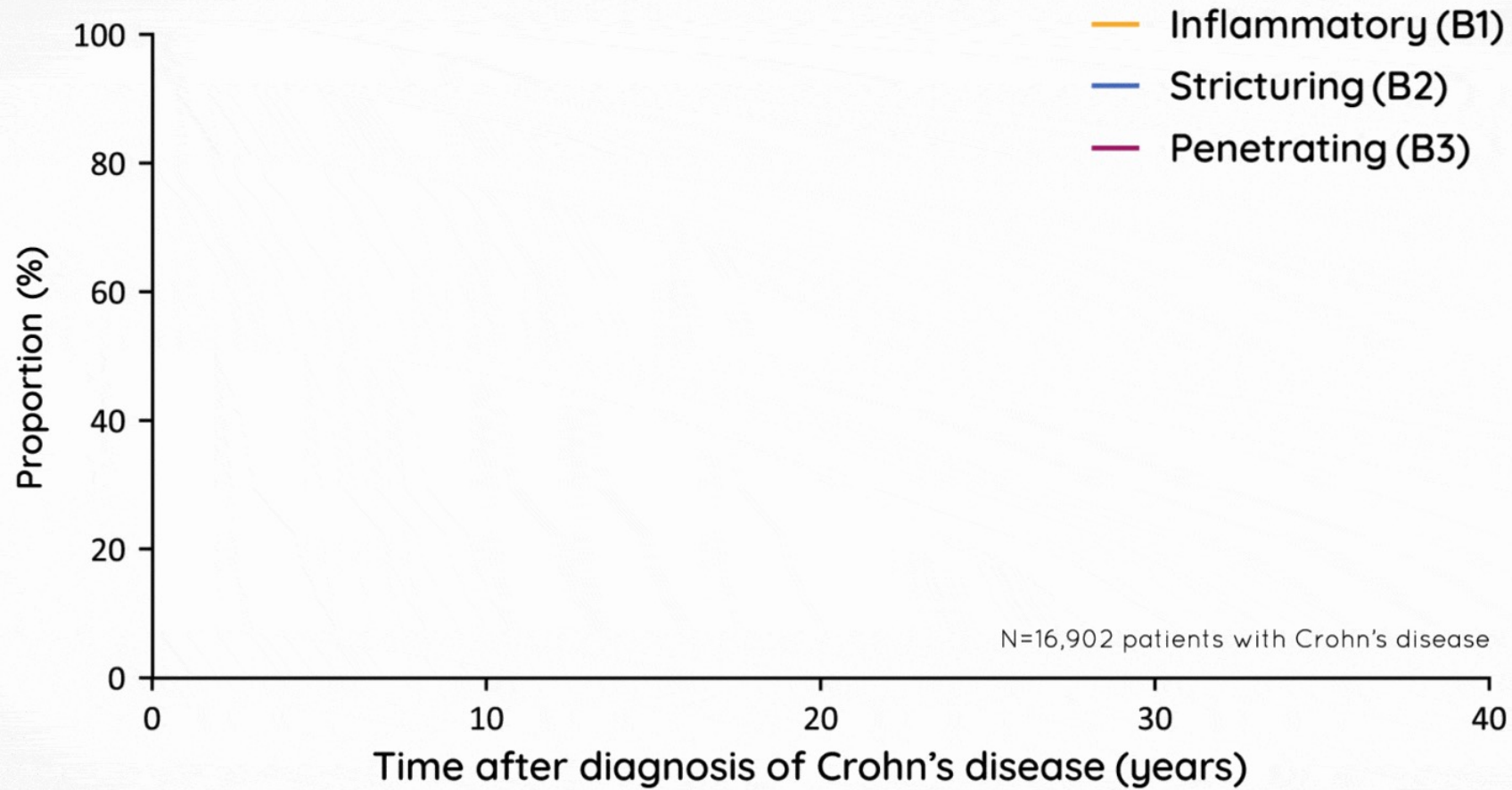
IBD-1.1



New therapies are expensive

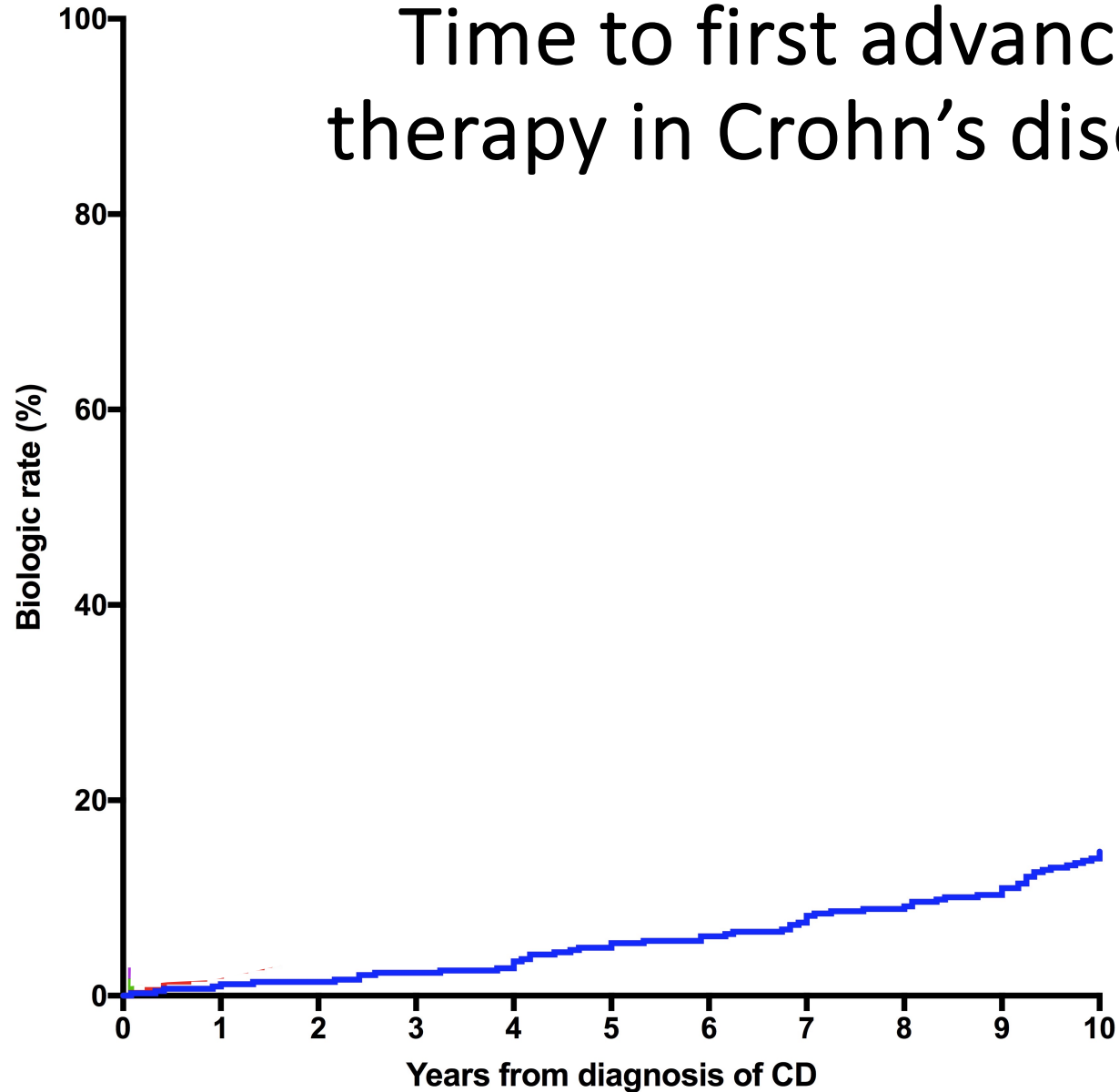
WE have no clue how to use them properly

Surgery, stomas, hospitalisations, gut failure are common



Cleynen I, et al. Lancet 2016;387:156 – 167

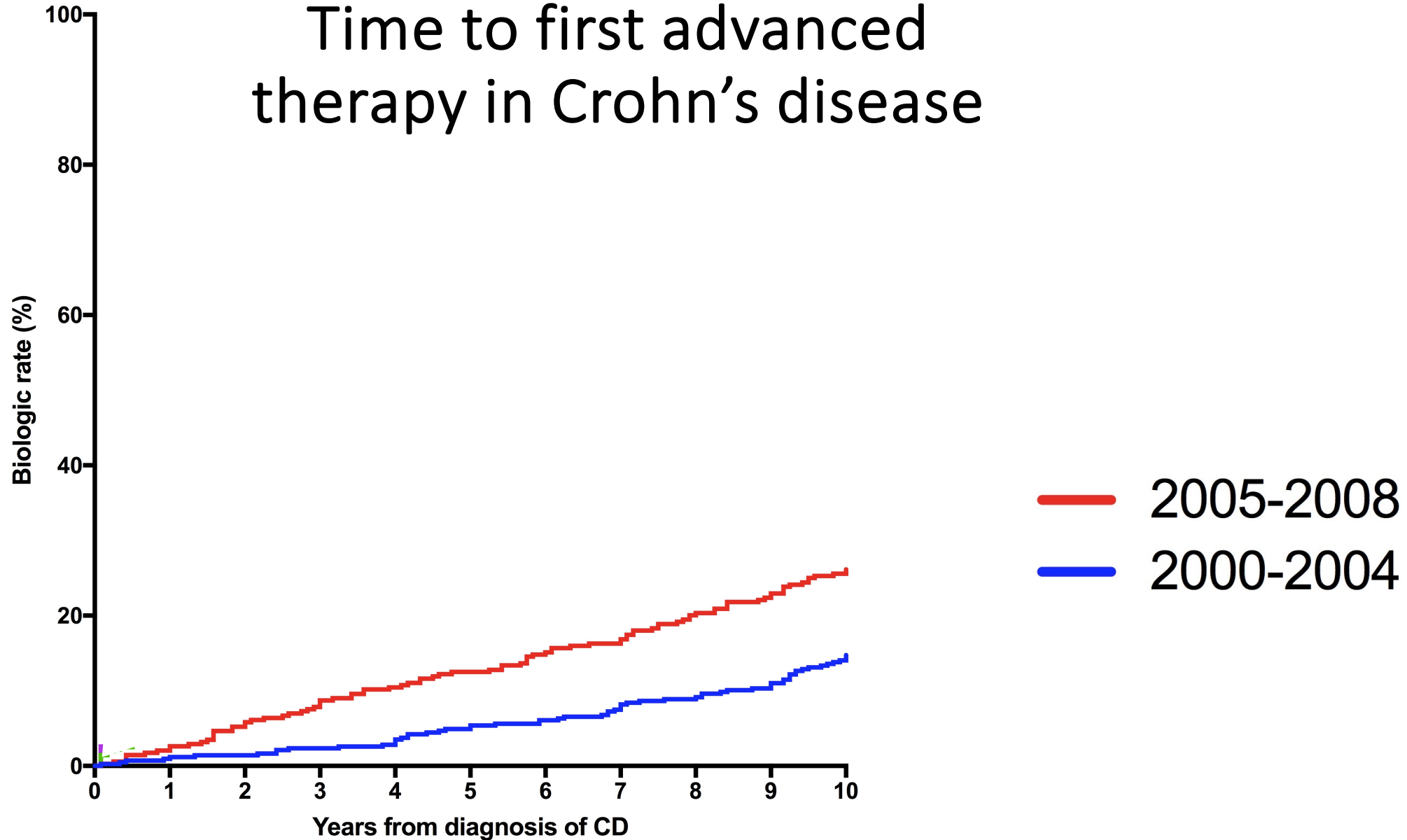
Time to first advanced therapy in Crohn's disease



— 2000-2004



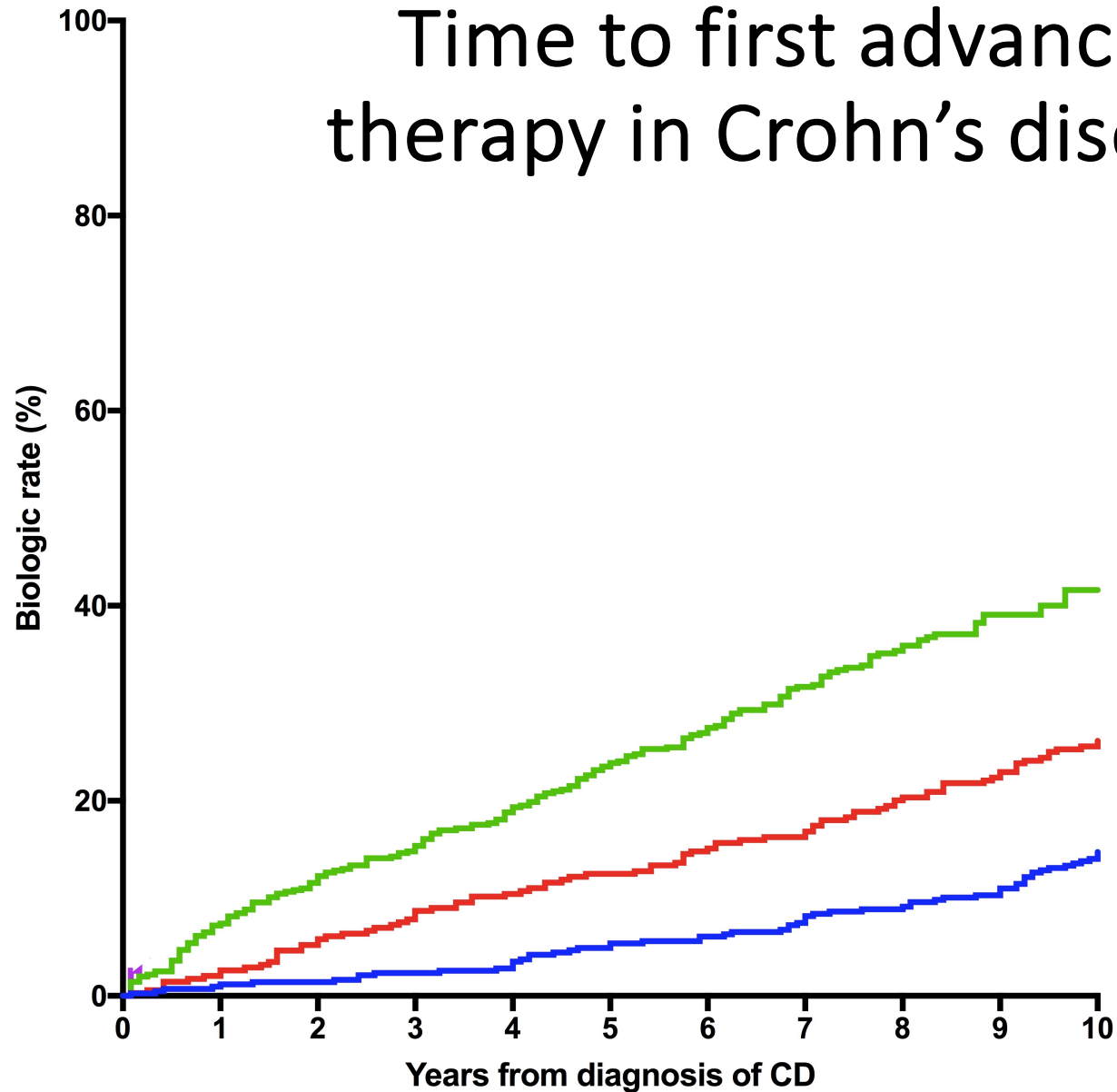
Time to first advanced therapy in Crohn's disease



Jenkinson P et al *Journal Crohn's Colitis* 2020



Time to first advanced therapy in Crohn's disease

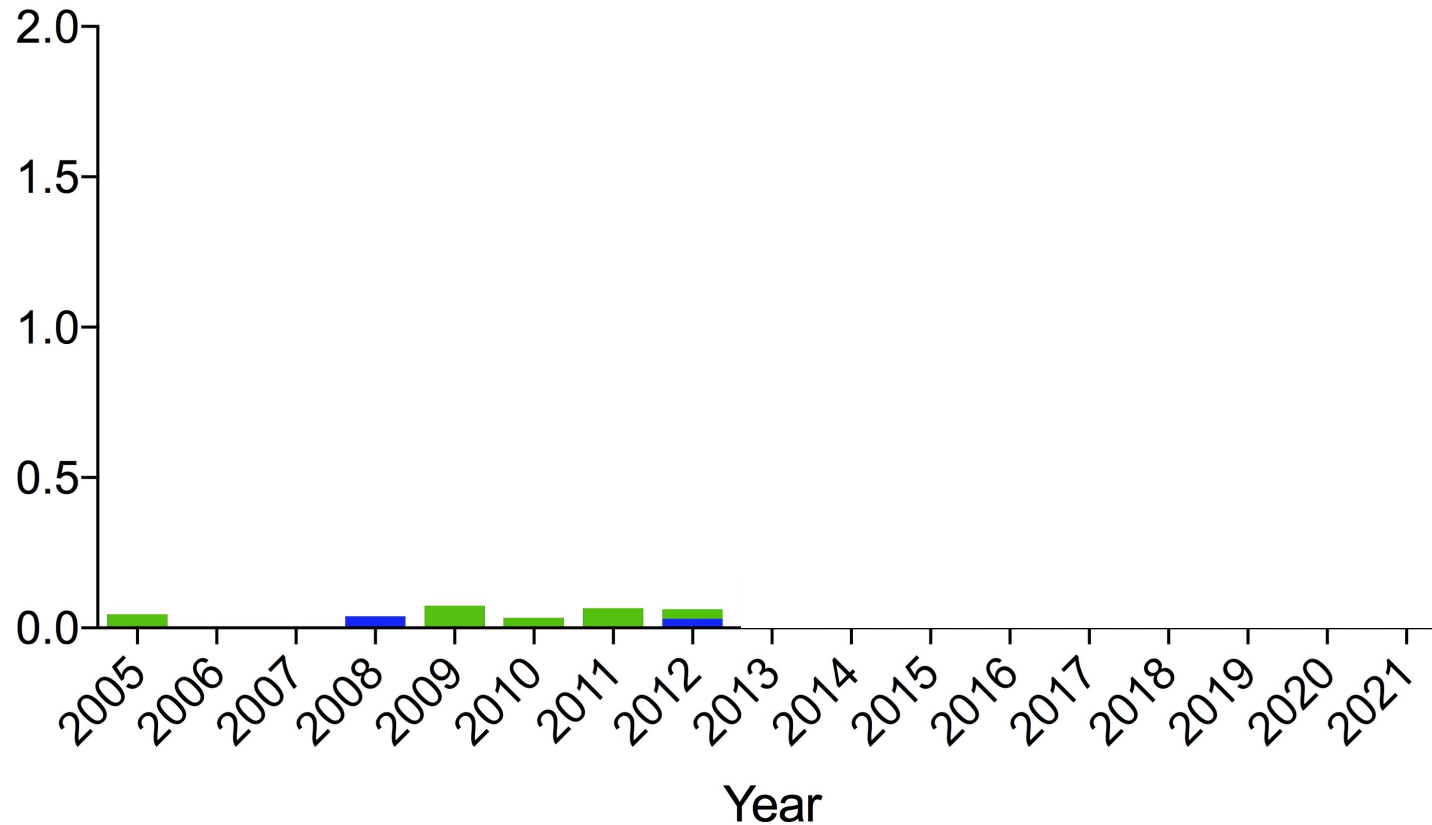


— 2009-2013
— 2005-2008
— 2000-2004



Lothian IBD Registry UPDATE: UC FIRST-LINE ADVANCED THERAPY

First line advanced therapy prescription rate
(per 100 UC patients)



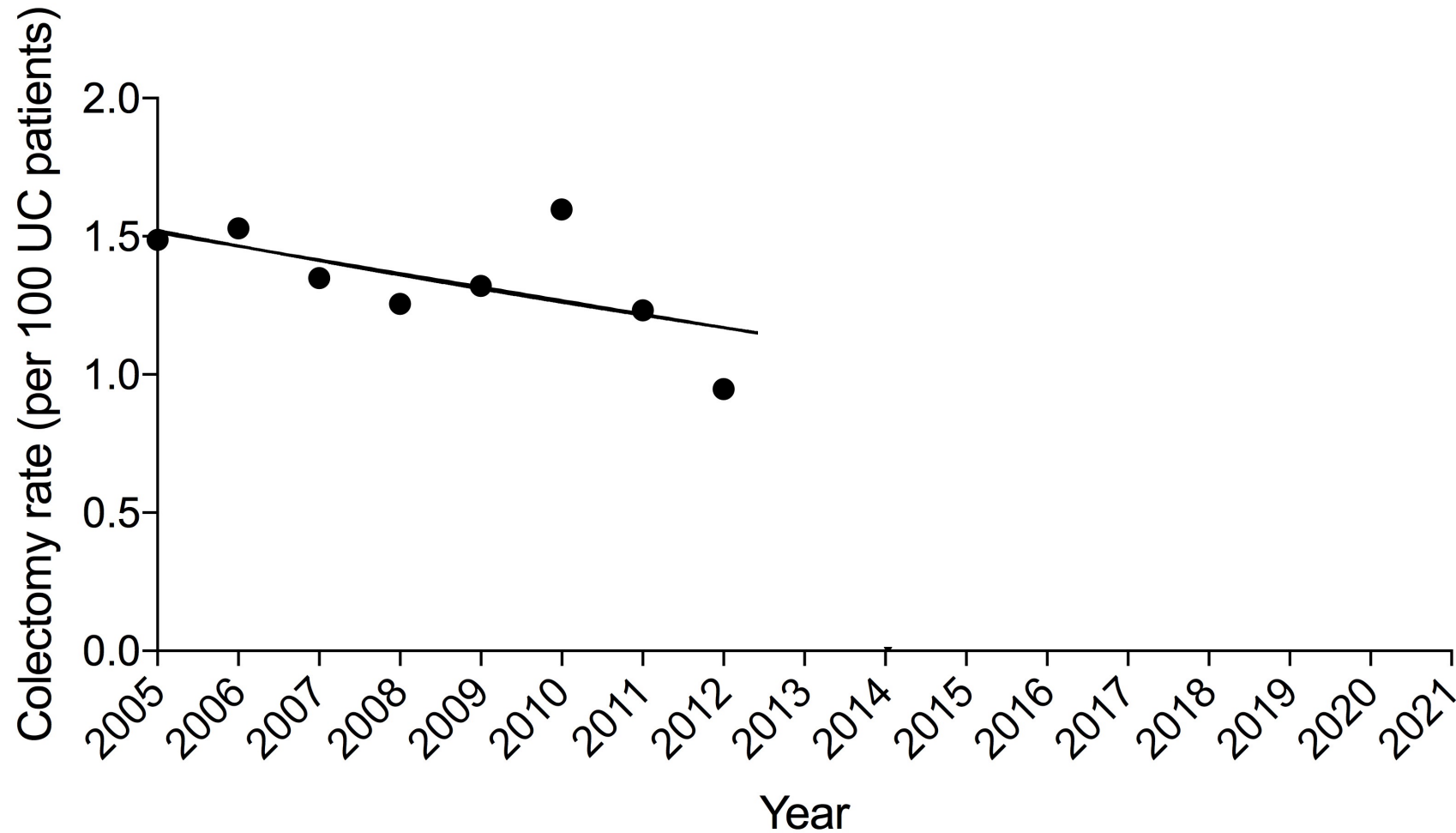
- Ustekinumab
- Tofacitinib
- Vedolizumab
- Infliximab
- Golimumab
- Adalimumab

Jenkinson P *et al* ECCO 2022 <https://www.ecco-ibd.eu/publications/congress-abstracts/item/p489-temporal-trends-of-colectomy-for-ulcerative-colitis-in-the-multi-drug-era-a-population-based-cohort-study.html> Accessed June 2022

Based on clinician's own data

Lothian IBD Registry UPDATE

Colectomy for UC: temporal trends



Jenkinson P et al ECCO 2022

How does IBD impact on a person's life?

Physical aspects

- diarrhoea, urgency, blood in stool and pain
- joint pains, eye problems, skin rashes and mouth ulcers
- night sweats and fevers; nausea and vomiting, loss of appetite and weight loss

Psychological aspects

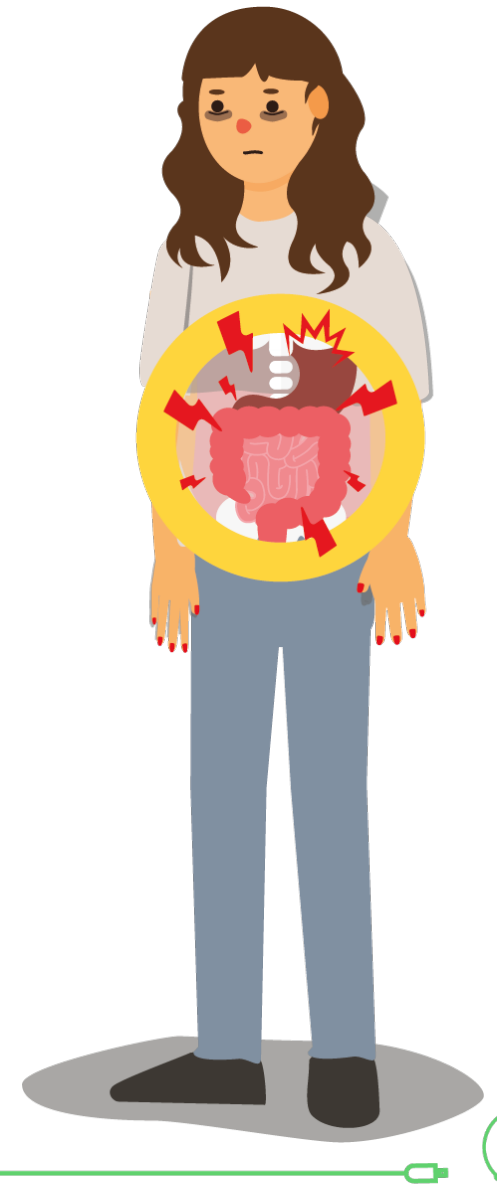
- fatigue and mental exhaustion; anxiety and depression

Long-term complications of the disease

- hospitalisations for flares; surgical interventions; stoma formation

Everyday life

- spending more time in the bathroom
- impact on studies and work - including absence and choice of job
- relationships and sex life, family planning and pregnancy
- food choices may be restricted to manage / avoid flares



IBD-2.0

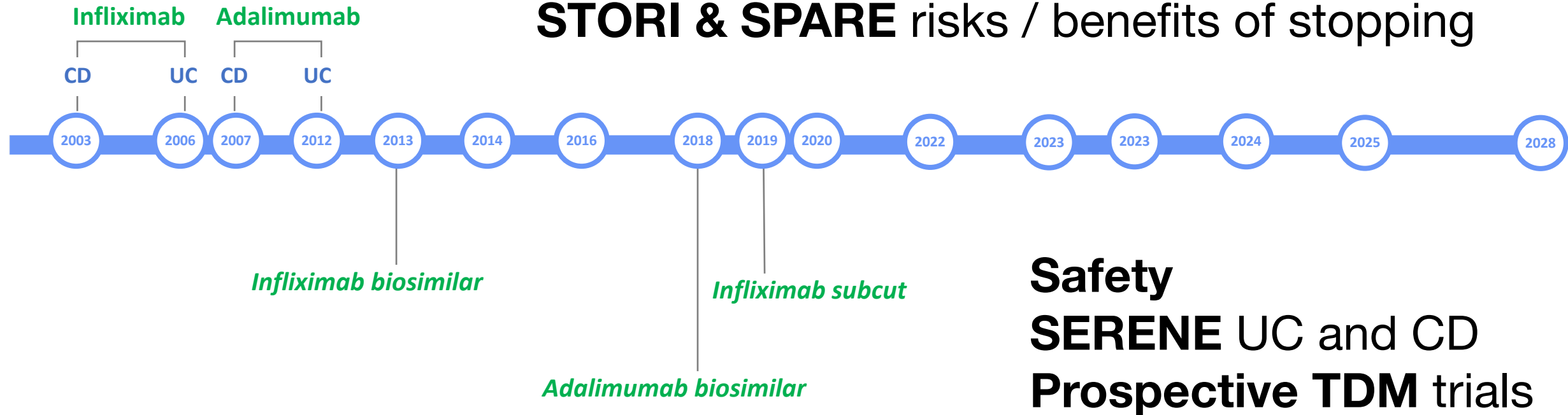
SONIC Combo better than mono

ASUC Infliximab as rescue therapy

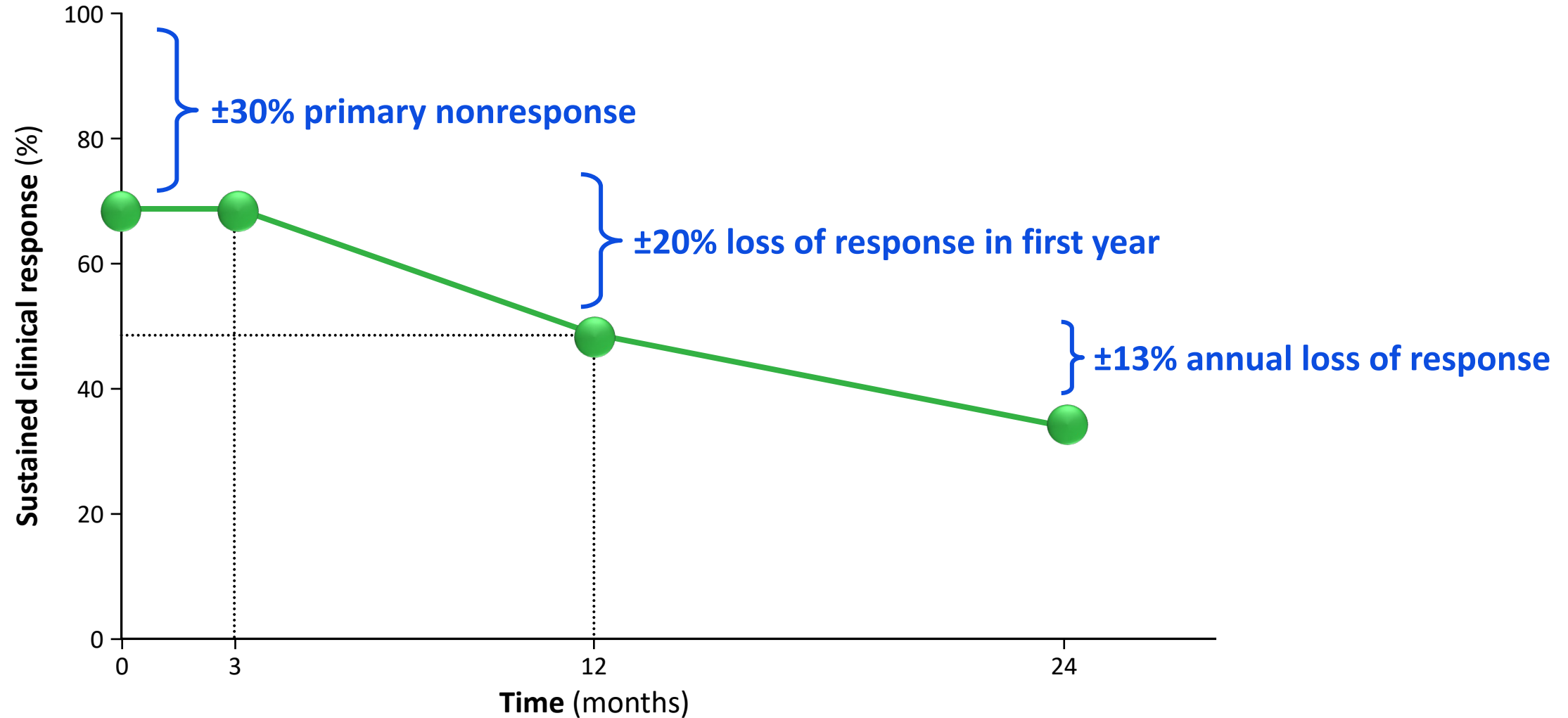
Biosimilars IFX & ADA – costs plummet

Early effective therapy in Crohn's disease

STORI & SPARE risks / benefits of stopping



The problem with TNF drugs



Multiple mechanisms for biologic failure

Molecular Resistance

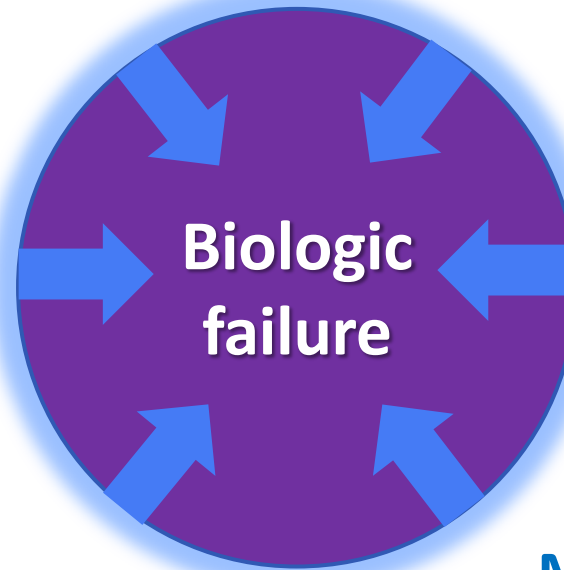
Immune cell infiltrate CD4+ IL-23R+ TNFR2 T cells, IL-23+ macrophages, OSM

Pharmacokinetic factors

Serum and tissue drug level, ADAs, loss in stool, FcR-mediated endocytosis, proteolytic degradation

Clinical Phenotype

Age, duration of disease, BMI, smoking, severity, complications,



Mechanistic Failure

Low / absent drug target expression
– mTNF, TNFR2, $\alpha 4\beta 7$

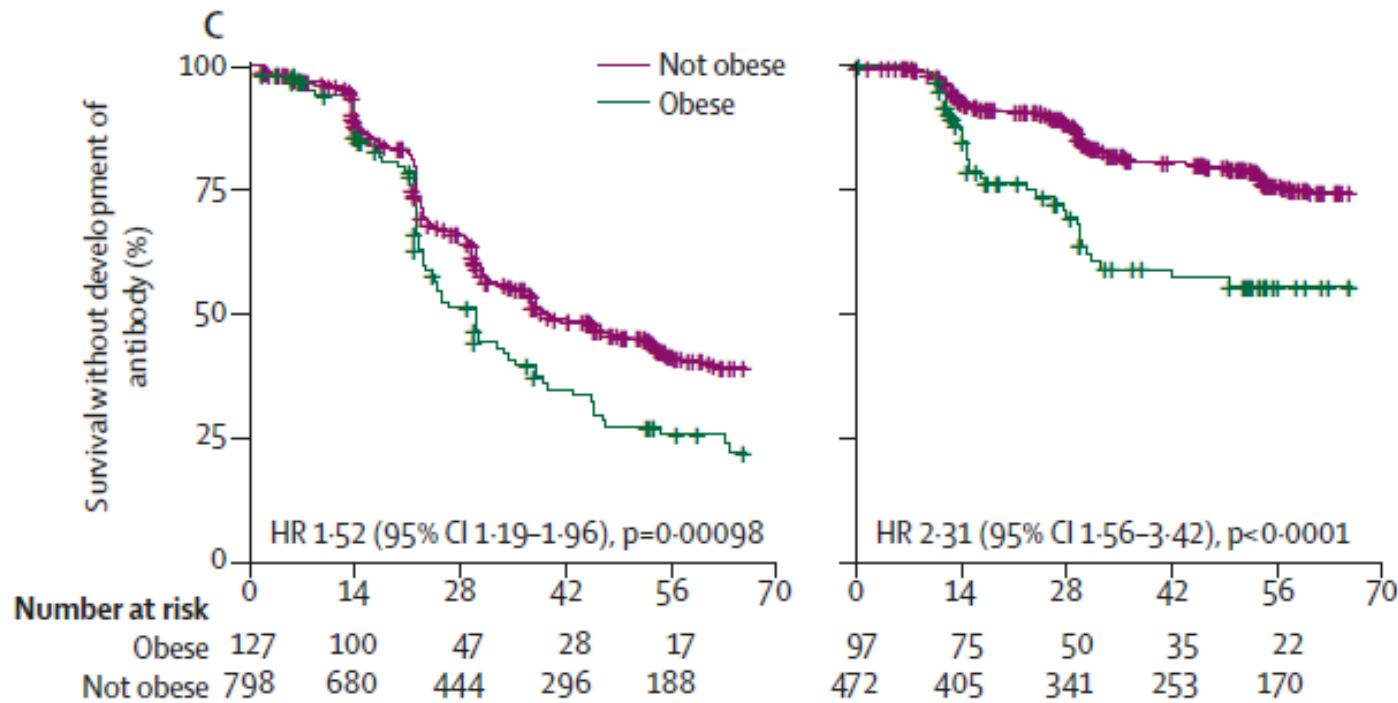
Genomic Factors

FCGR3A, TREM1, HLA-DQA1*05,

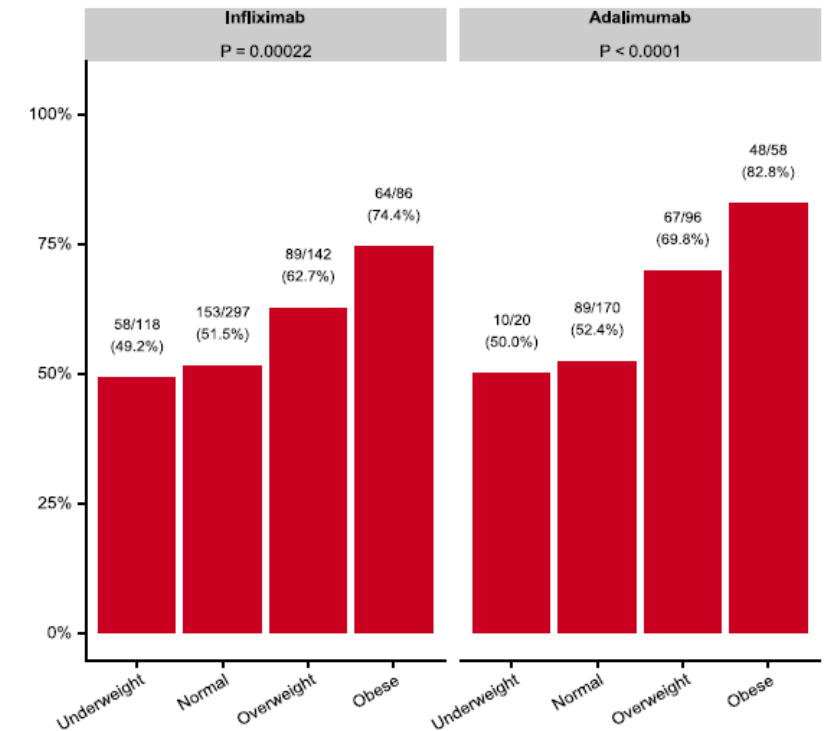
Microbiome

Faecalibacterium, Clostridiales, Burkholderiales, Bacteroides

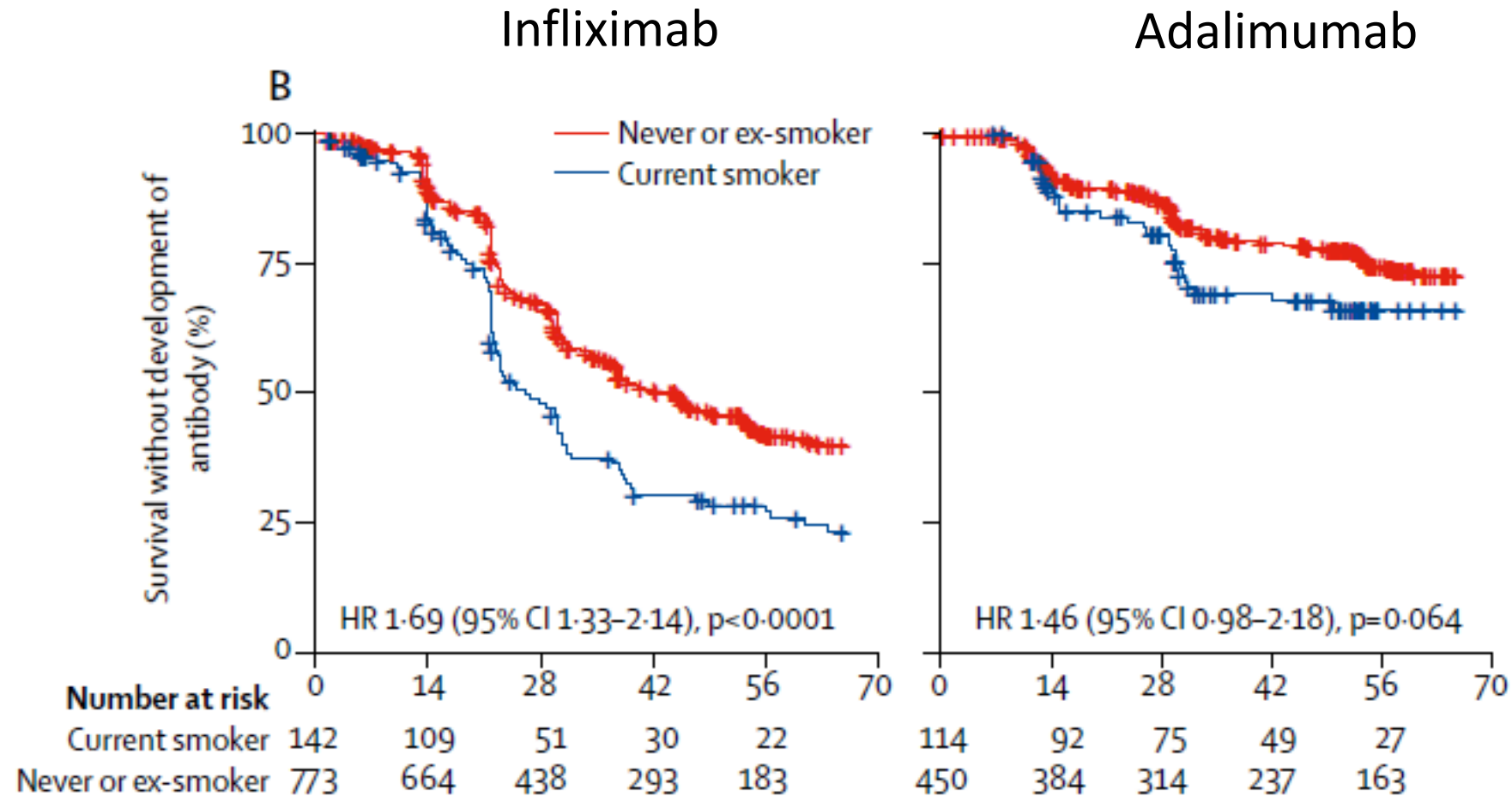
Obesity, immunogenicity & non-remission at week 54



Non-remission at week 54



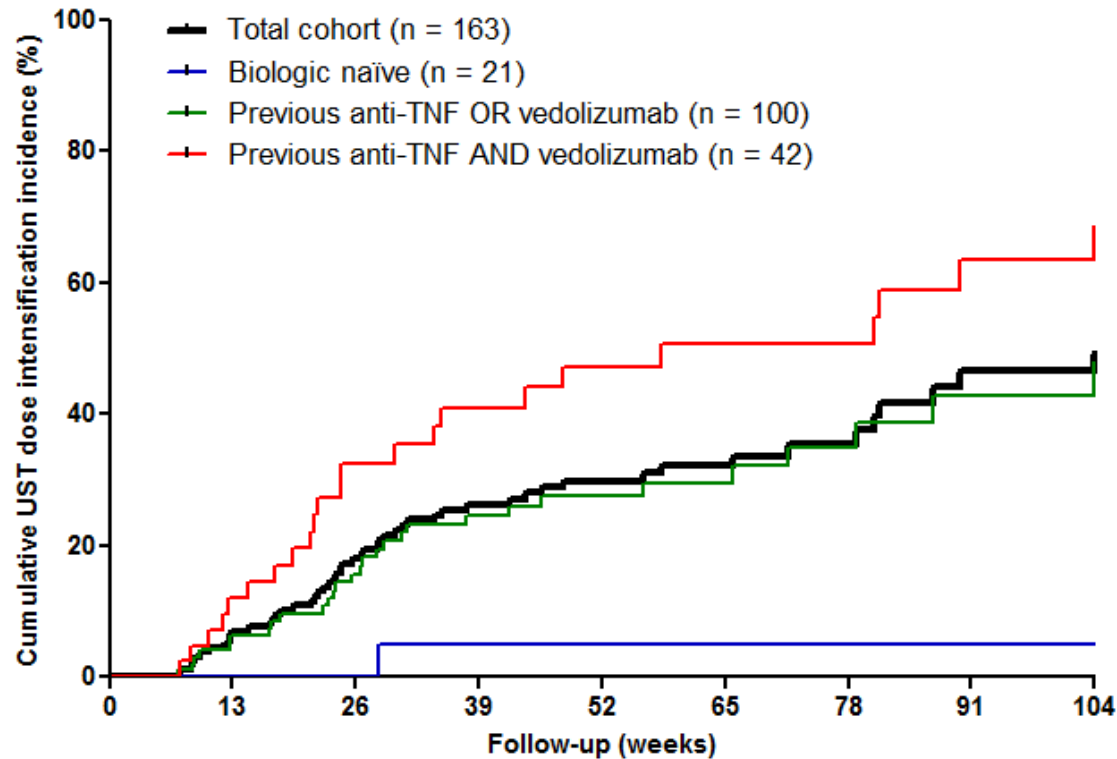
Smoking and risk of immunogenicity



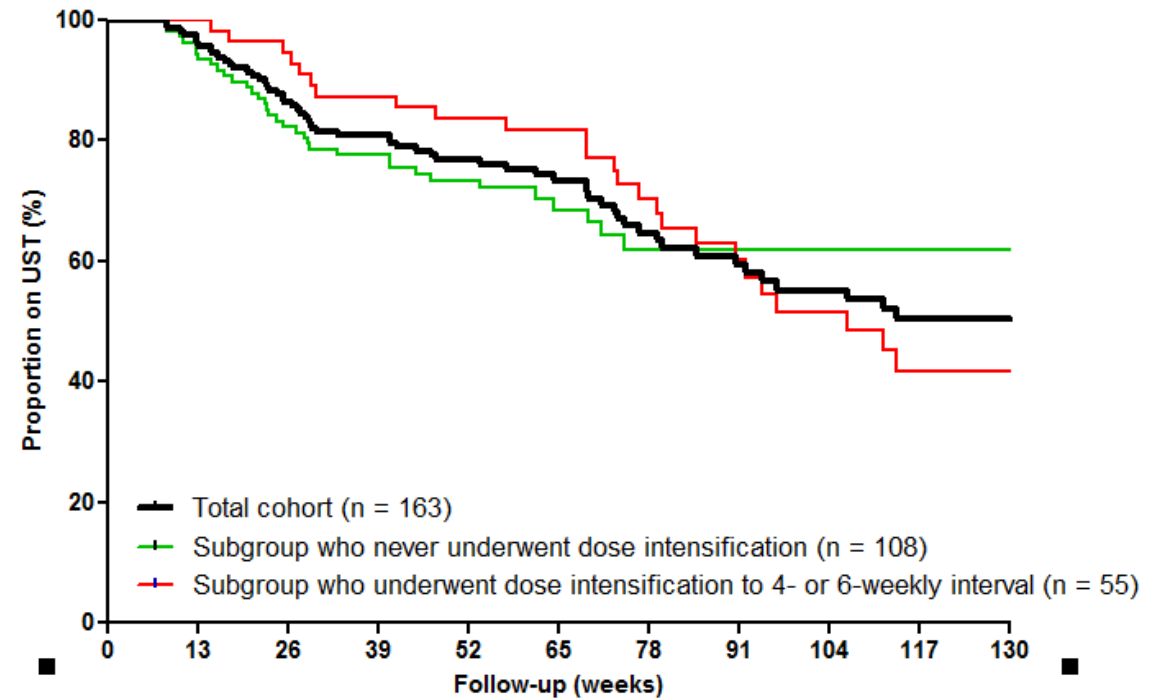
Edinburgh IBD Unit USTE experience



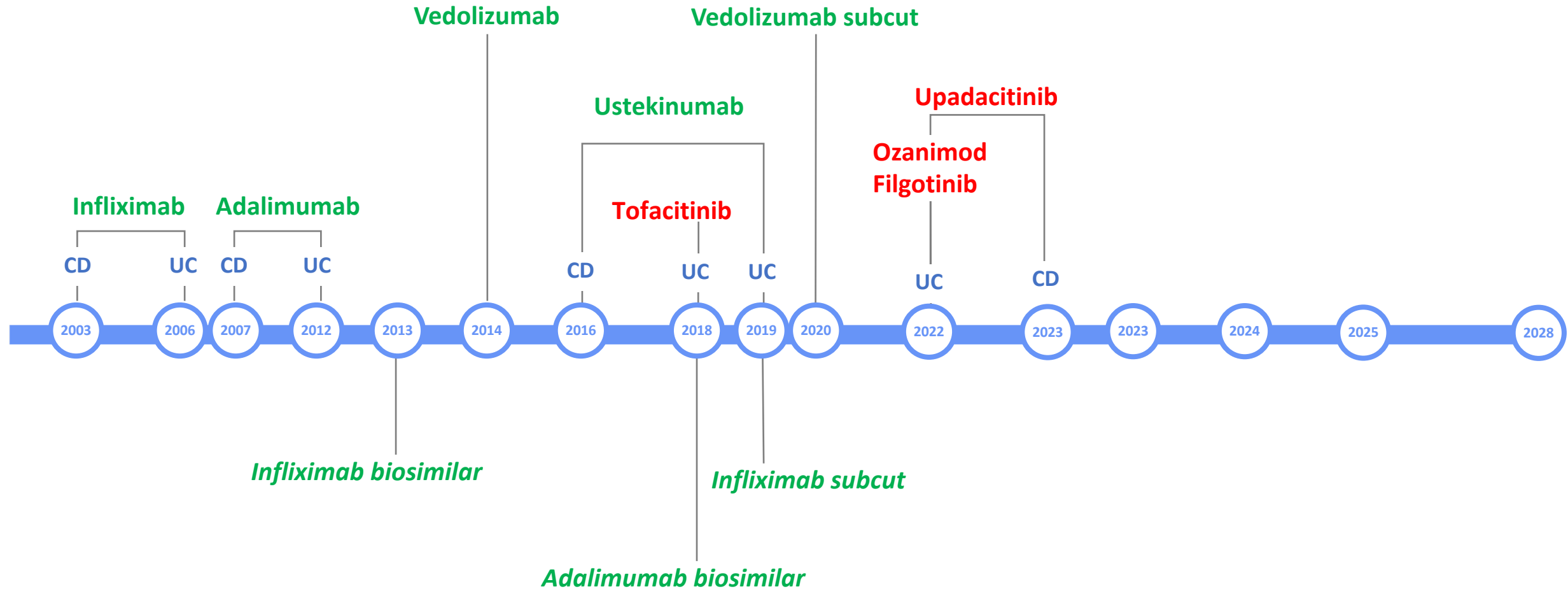
Dose intensification



Drug persistence



IBD-2.1

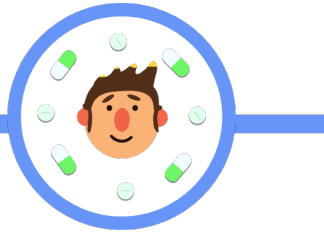


IBD-2.2

Symptomatic
response

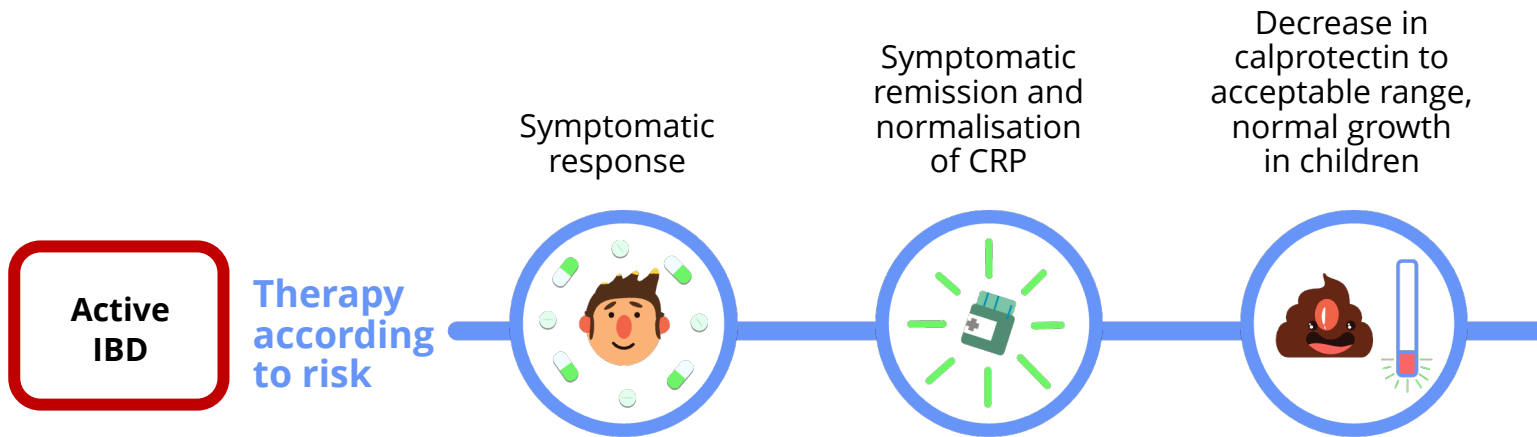
Active
IBD

Therapy
according
to risk



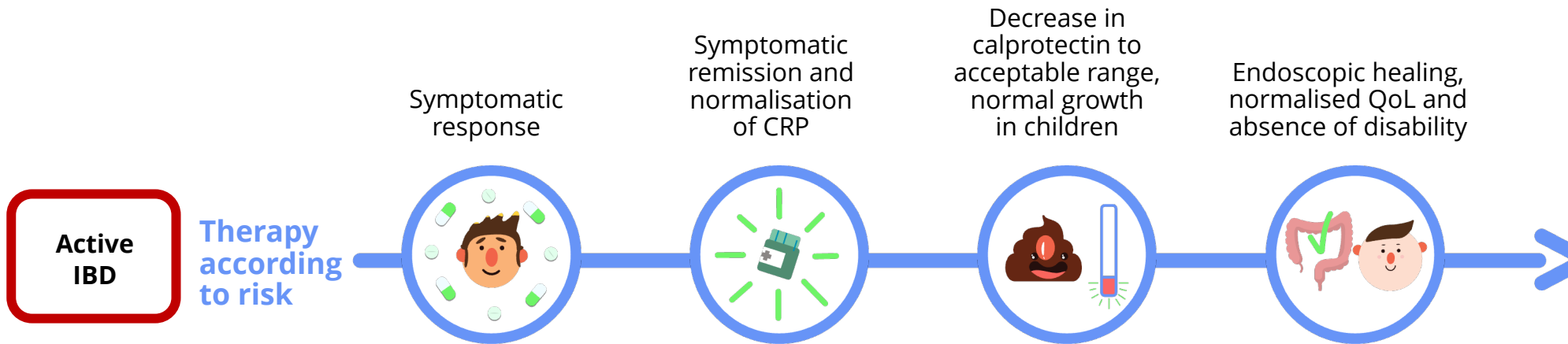
Short-term targets →

Treat to target in IBD



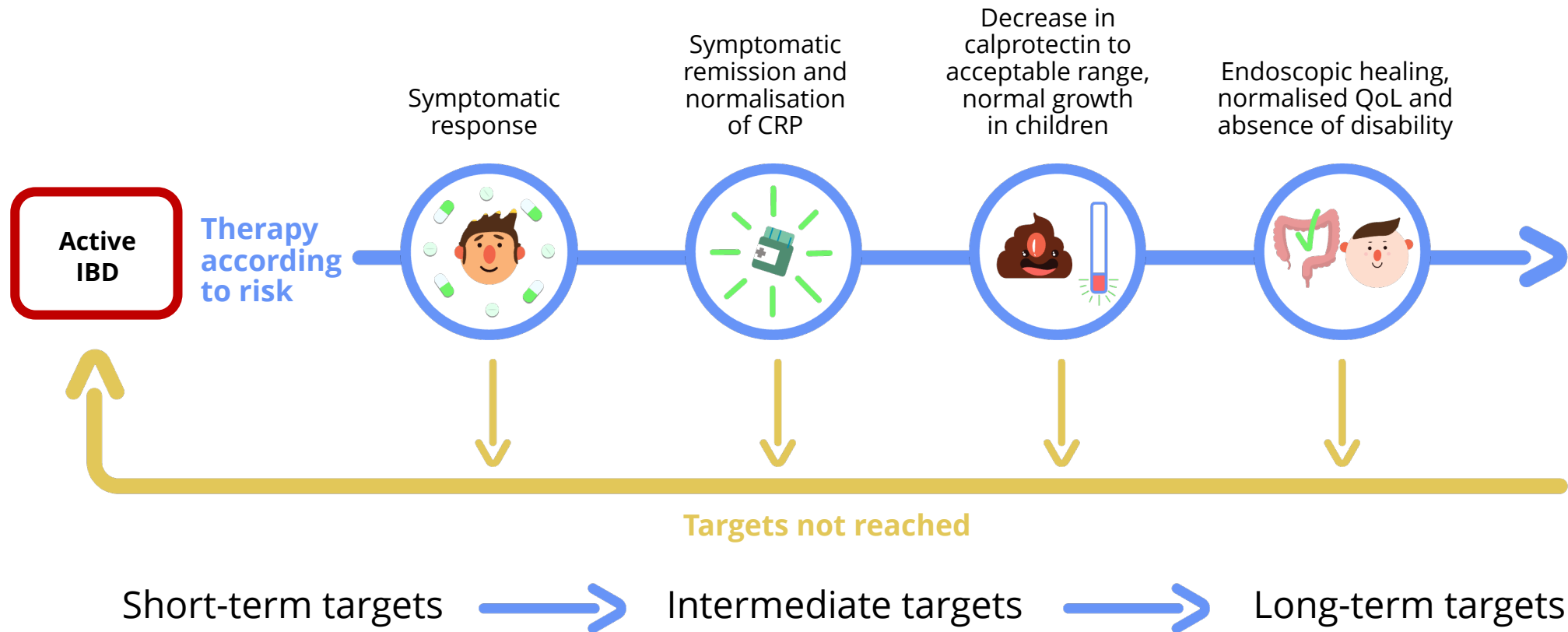
Short-term targets → Intermediate targets →

Treat to target in IBD

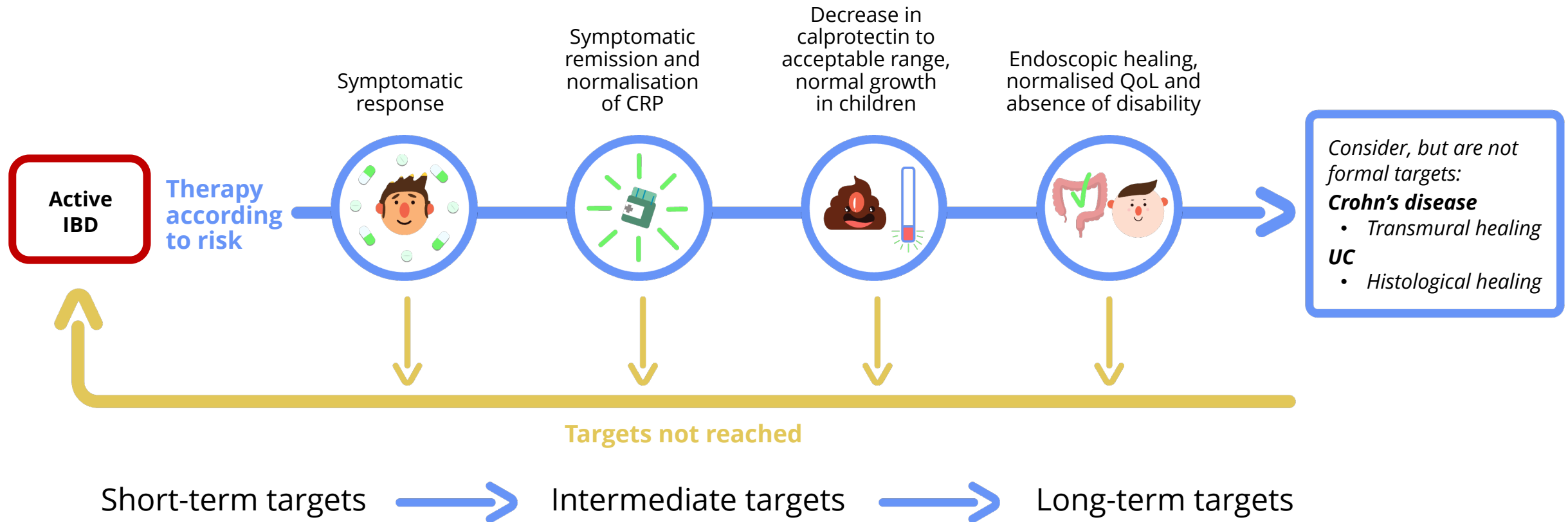


Short-term targets → Intermediate targets → Long-term targets

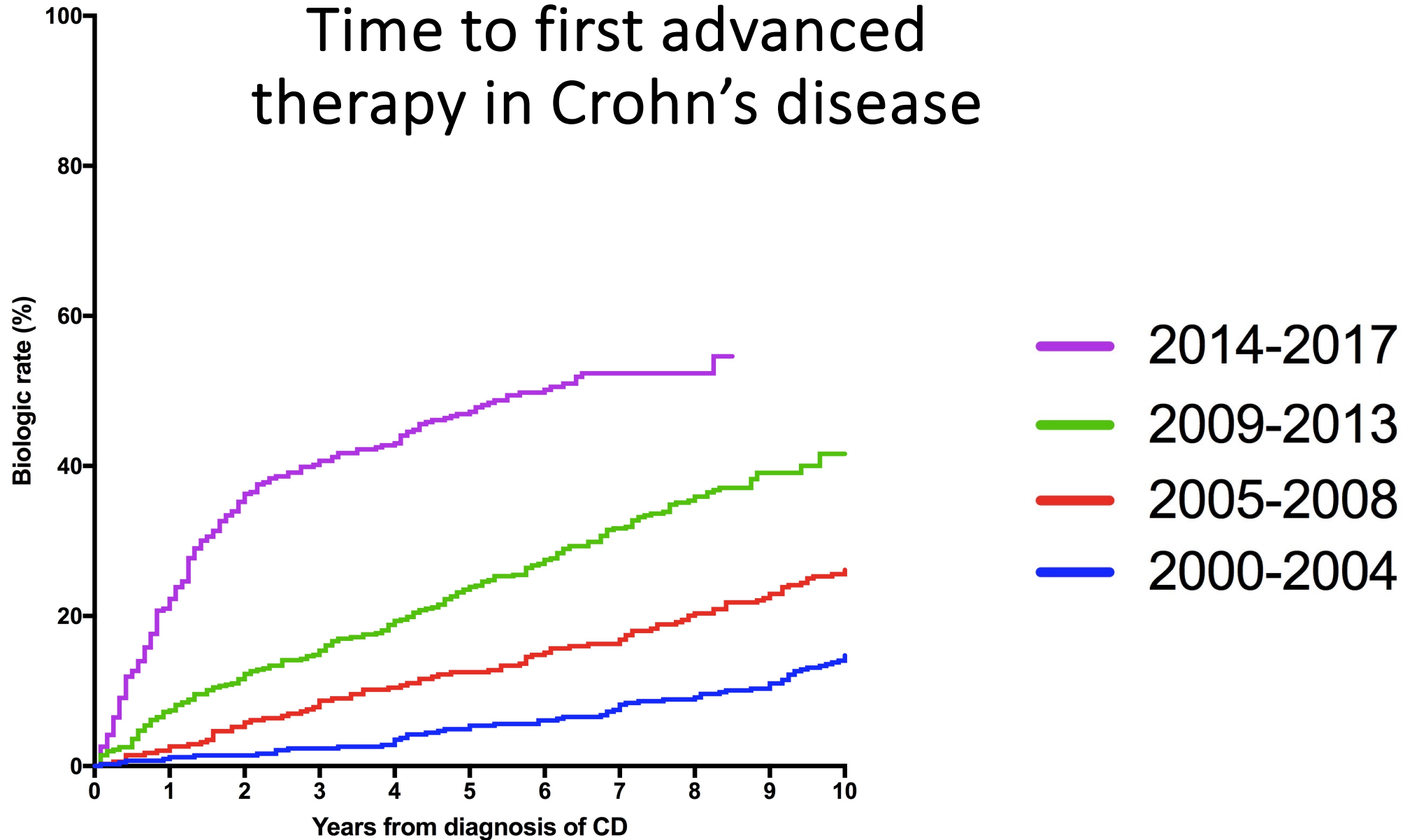
Treat to target in IBD



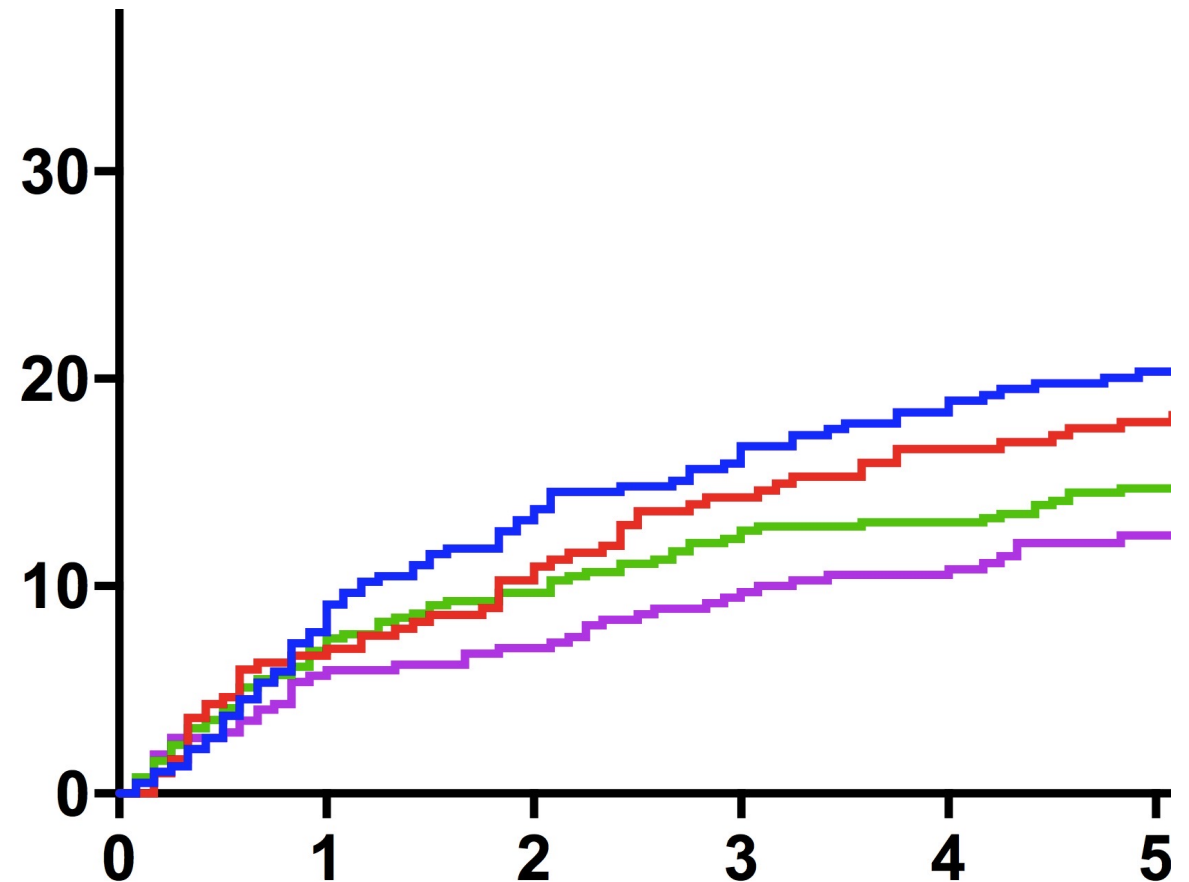
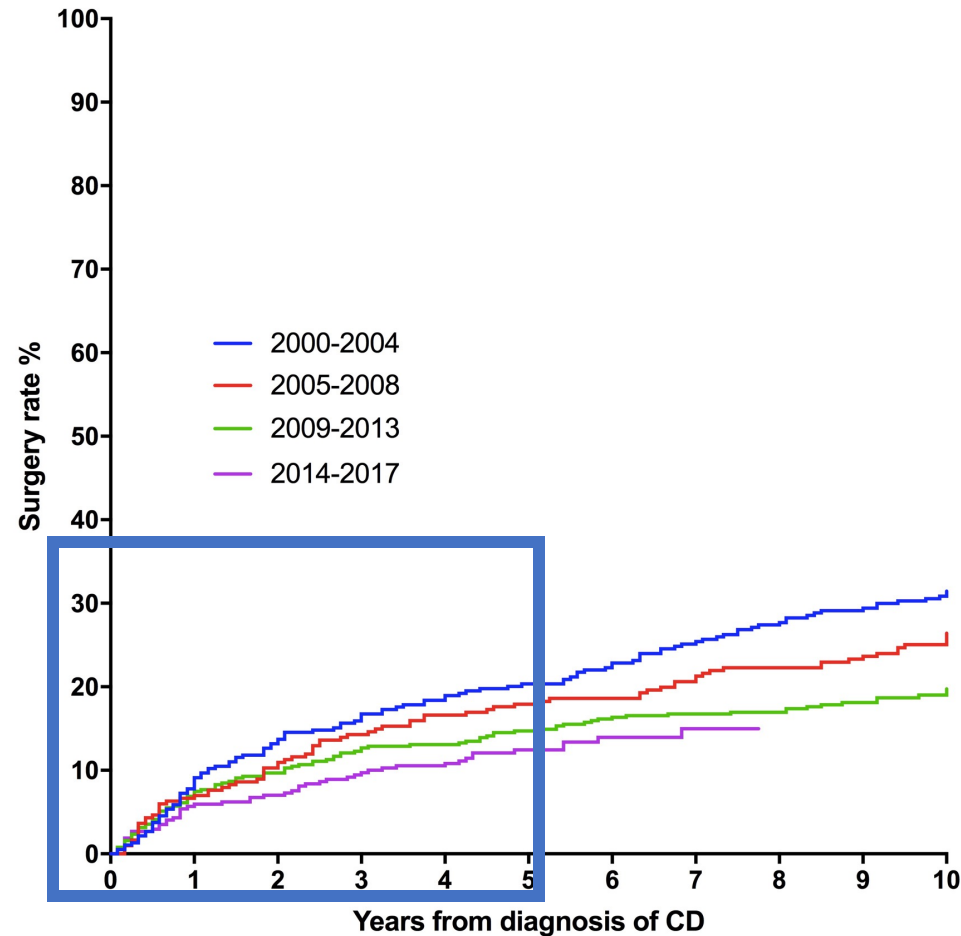
Treat to target in IBD



Time to first advanced therapy in Crohn's disease

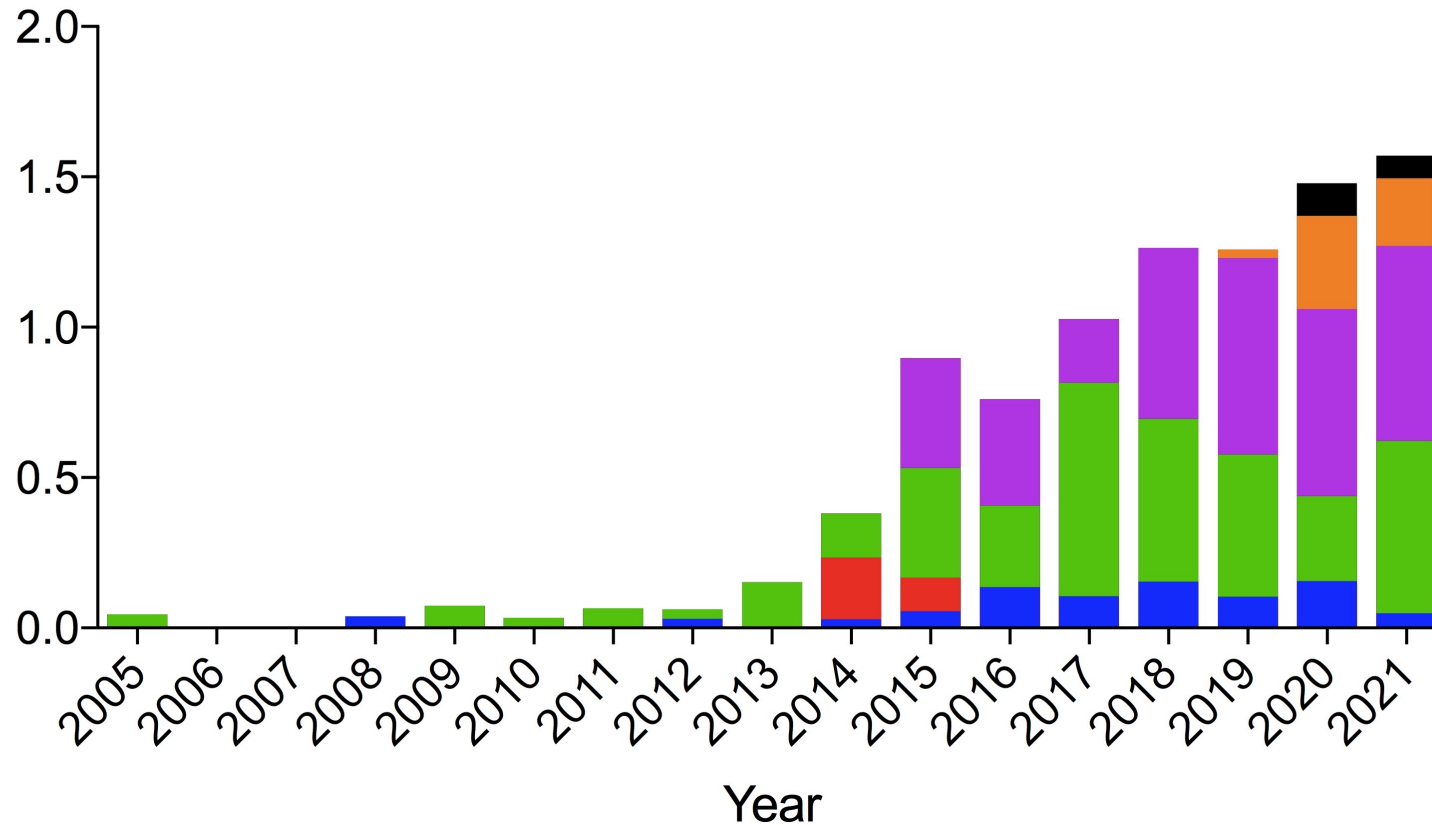


Time to first resectional surgery in Crohn's disease



Lothian IBD Registry UPDATE: UC FIRST-LINE ADVANCED THERAPY

First line advanced therapy prescription rate
(per 100 UC patients)



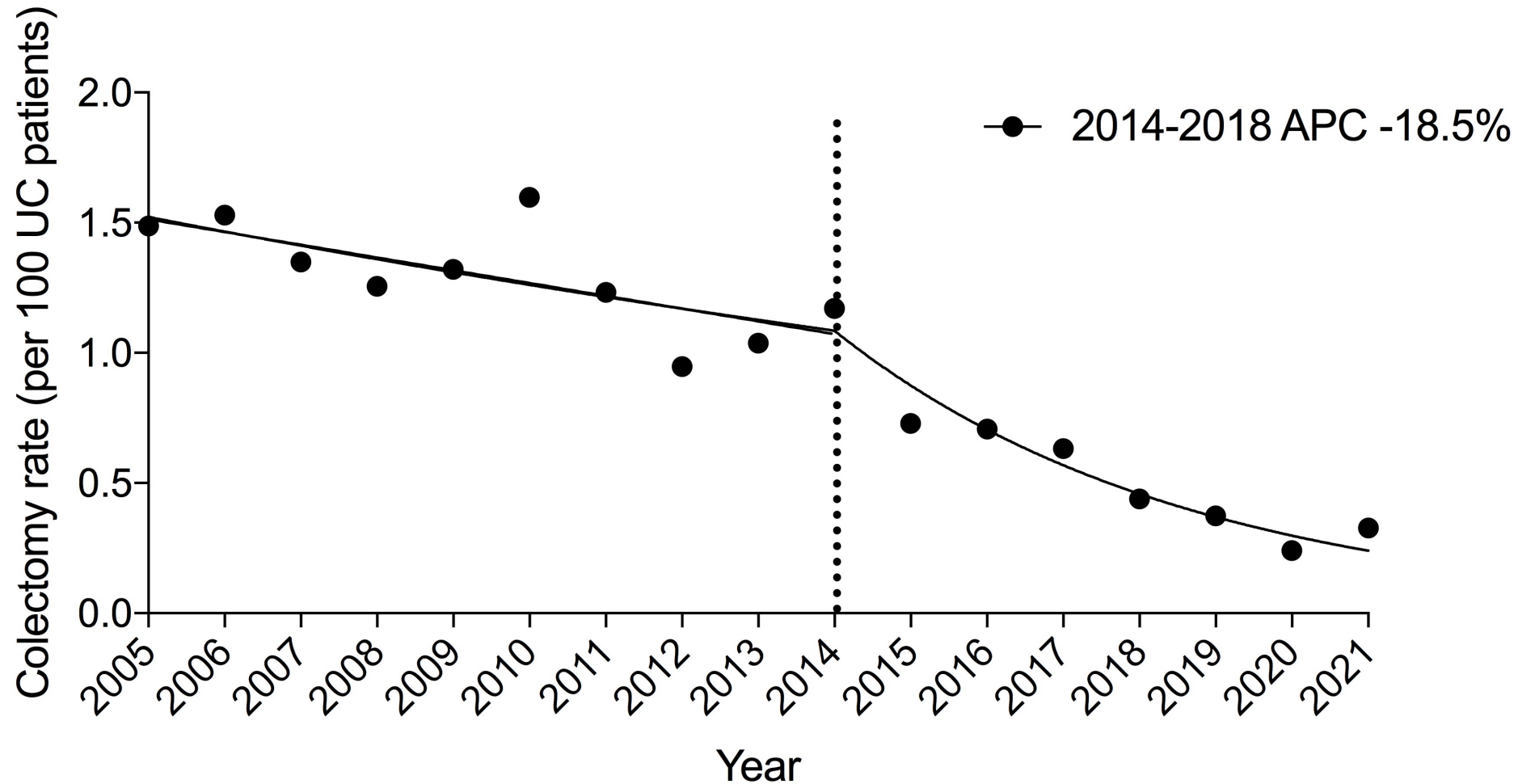
- Ustekinumab
- Tofacitinib
- Vedolizumab
- Infliximab
- Golimumab
- Adalimumab

Jenkinson P *et al* ECCO 2022 <https://www.ecco-ibd.eu/publications/congress-abstracts/item/p489-temporal-trends-of-colectomy-for-ulcerative-colitis-in-the-multi-drug-era-a-population-based-cohort-study.html> Accessed June 2022

Based on clinician's own data

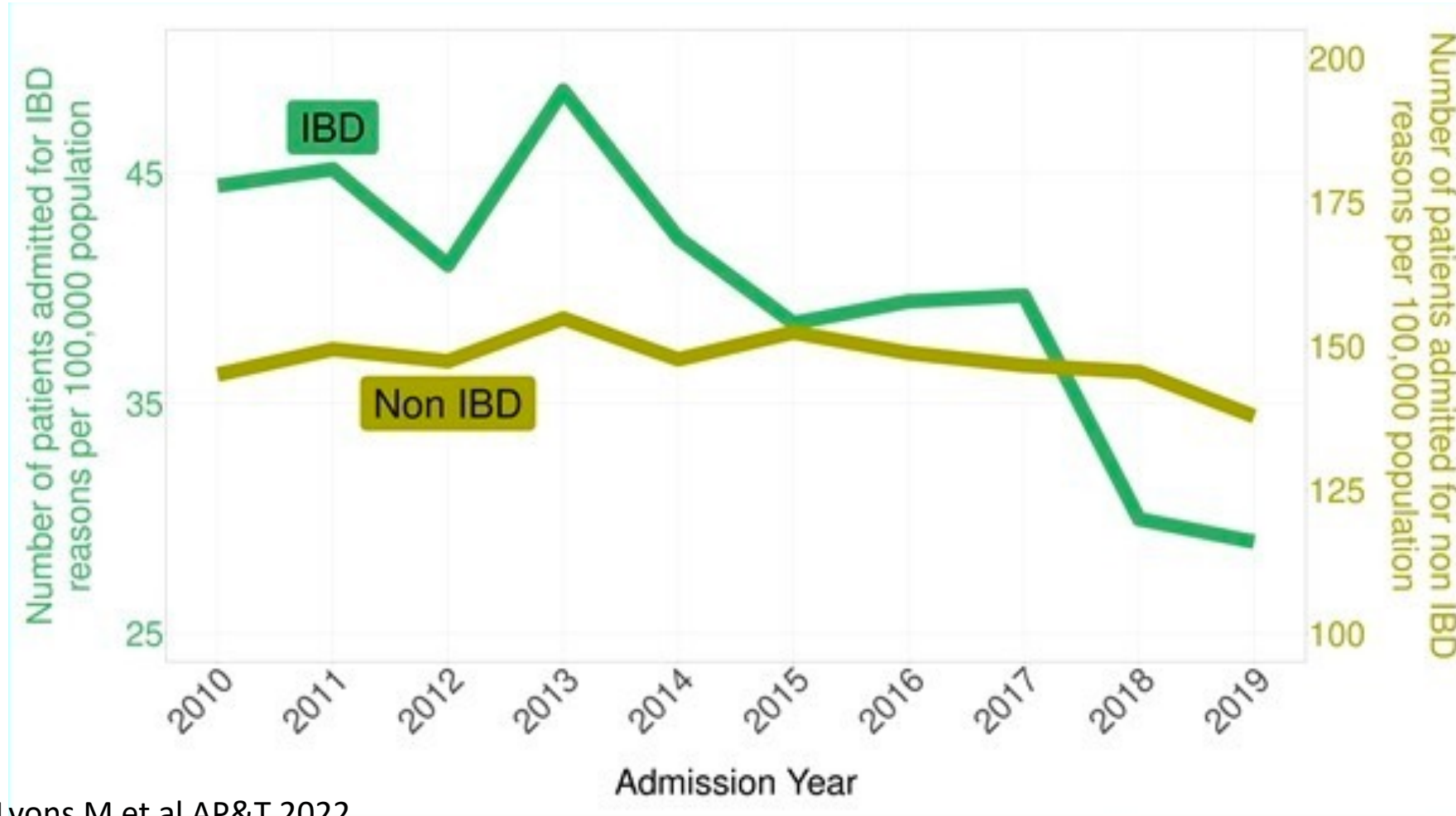
Lothian IBD Registry UPDATE

Colectomy for UC: temporal trends

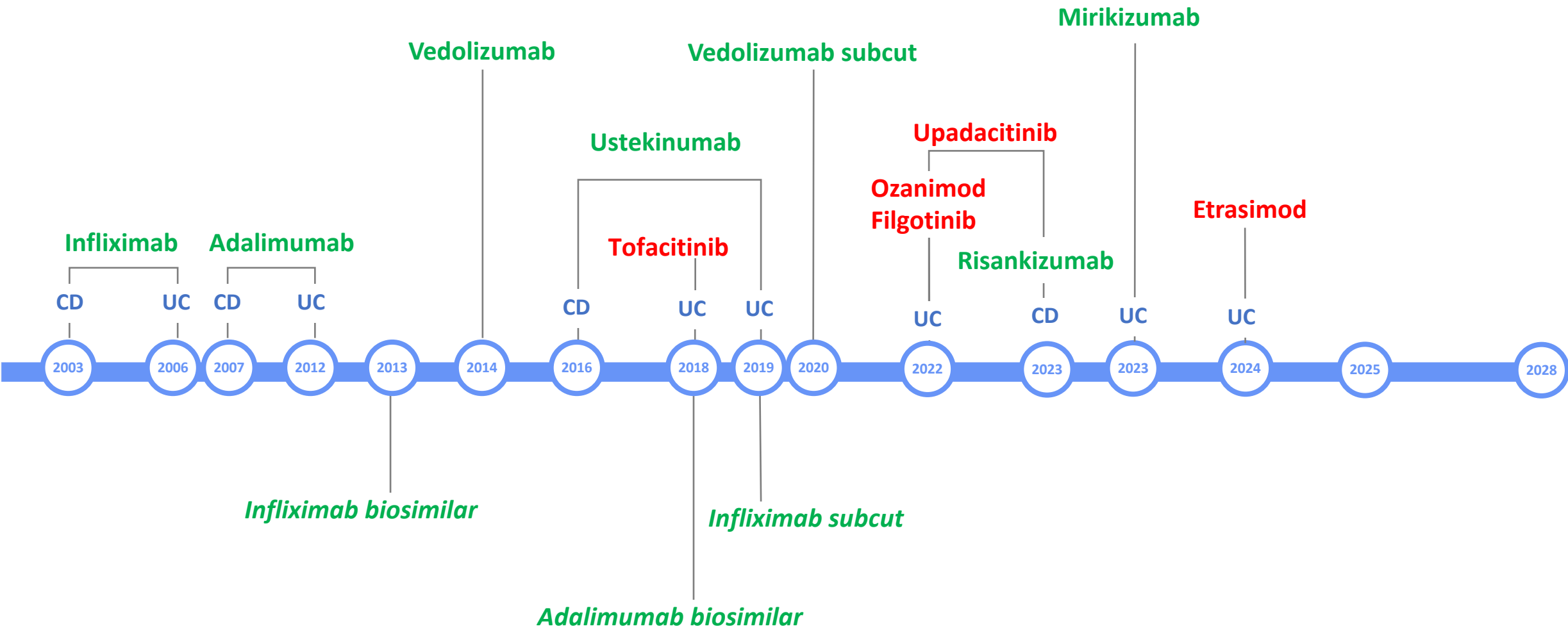


Jenkinson P et al ECCO 2022

10-year trends in hospitalisations in the Lothian IBD population

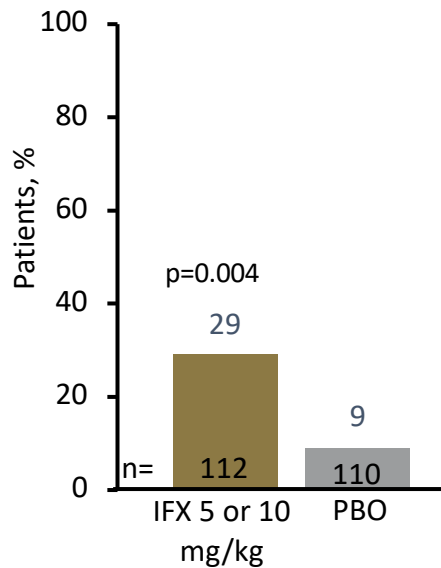


IBD-2.3



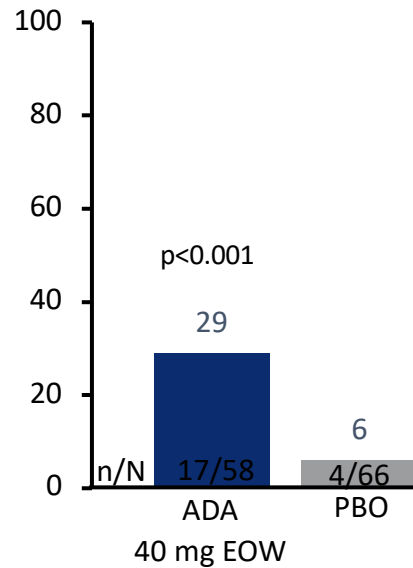
Steroid-free remission in Crohn's disease trials

Infliximab¹
SFR at Week 54



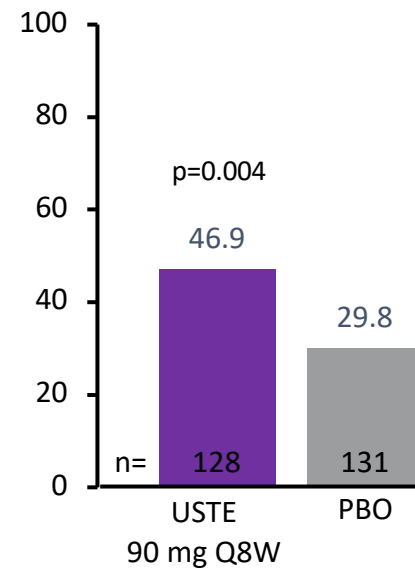
Discontinuation of CS while
in clinical remission

Adalimumab²
SFR at Week 56



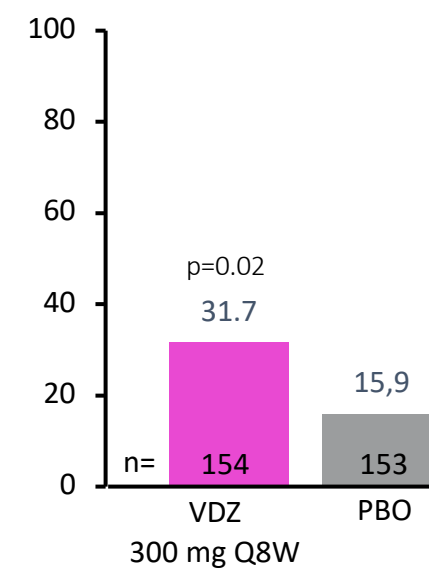
Clinical remission at Week 56
and able to discontinue CS

Ustekinumab³
SFR at Week 44



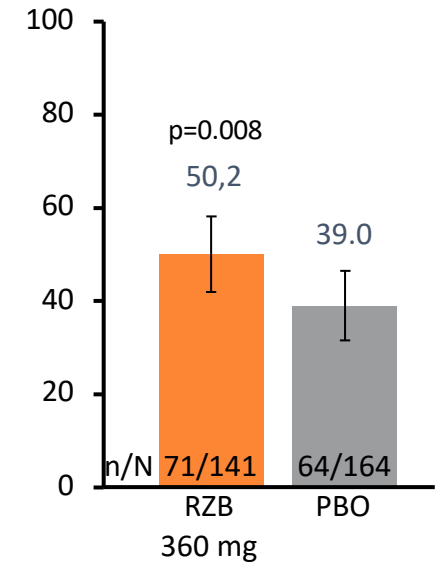
Not defined in publication

Vedolizumab⁴
SFR at Week 52



Clinical remission at Week 52
without glucocorticoid therapy

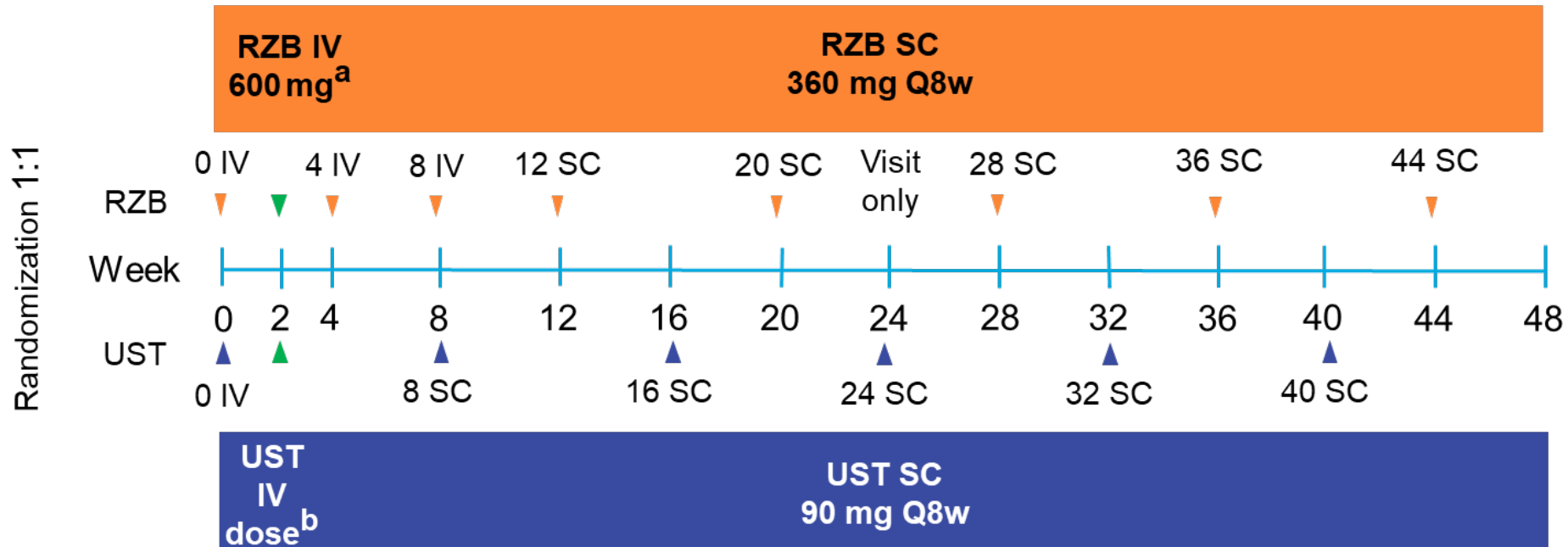
Risankizumab⁵
SFR at Week 52
Post-hoc analysis



Absence of CS use at the time of
endpoint assessment

ADA, adalimumab; CS, corticosteroid; EOW, every other week; IFX, infliximab; PBO, placebo; Q8W, every 8 weeks; RZB, risankizumab; SFR, steroid-free remission; USTE, ustekinumab; VDZ, vedolizumab.
Figures adapted from 1. Hanauer SB, et al. *Lancet*. 2002;359:1541–9; 2. Colombel JF, et al. *Gastroenterology*. 2007;132:52–65; 3. Feagan BG, et al. *N Engl J Med*. 2016;375:1946–60;
4. Sandborn WJ, et al. *N Engl J Med*. 2013;369:711–21; 5. Schreiber S, et al. Presented at the 17th Congress of the European Crohn's and Colitis Organisation, Virtual: DOP82.

SEQUENCE: RZB versus UST in Crohn's disease



▲ Mandatory steroid taper beginning at week 2

Stratification Factors:

- Number of prior anti-TNF failure (1, > 1)
- Corticosteroid use at baseline (yes or no)]

Key Eligibility Criteria



Moderate to severe Crohn's disease

CDAI 220-450

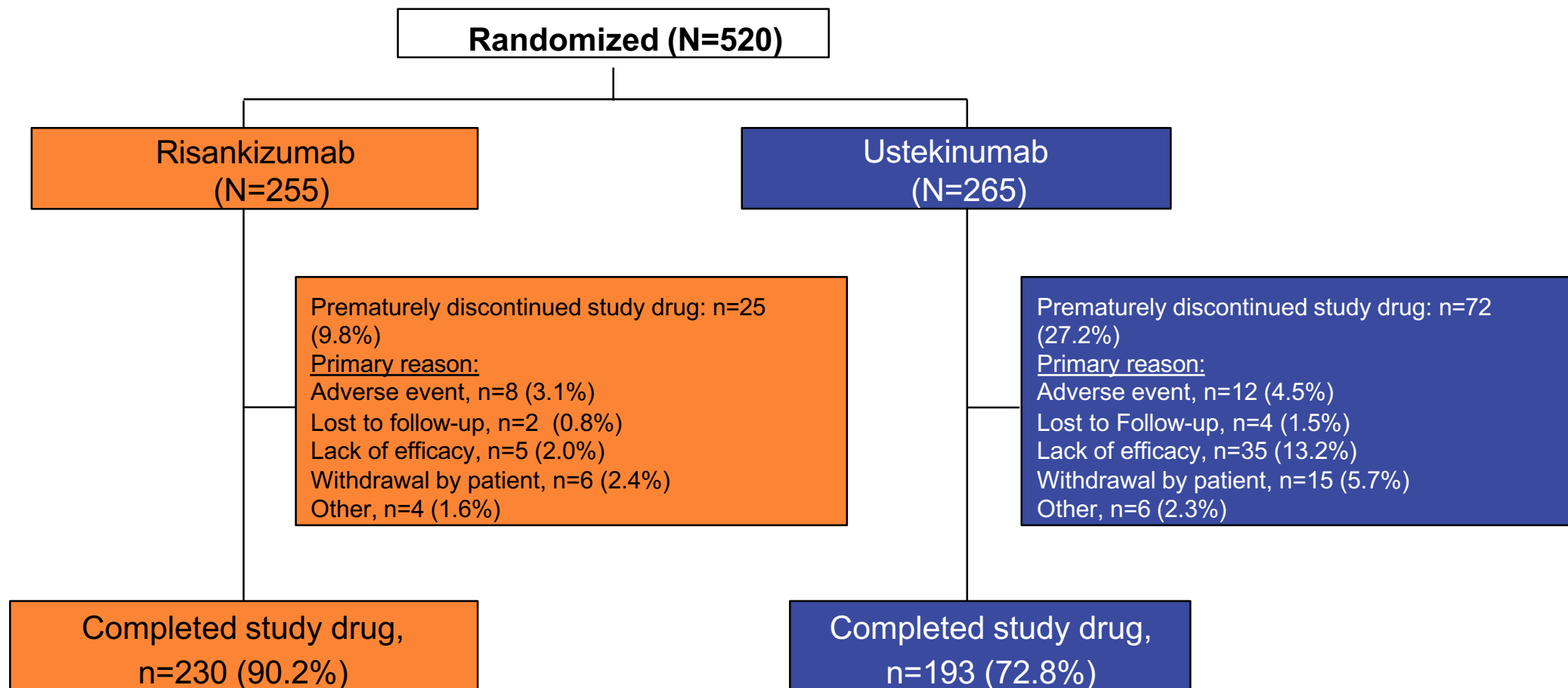
Average daily SF ≥ 4 and/or average daily APS ≥ 2

SES-CD ≥ 6 (≥ 4 for isolated ileal disease)



Prior failure of ≥ 1 anti-TNF therapies

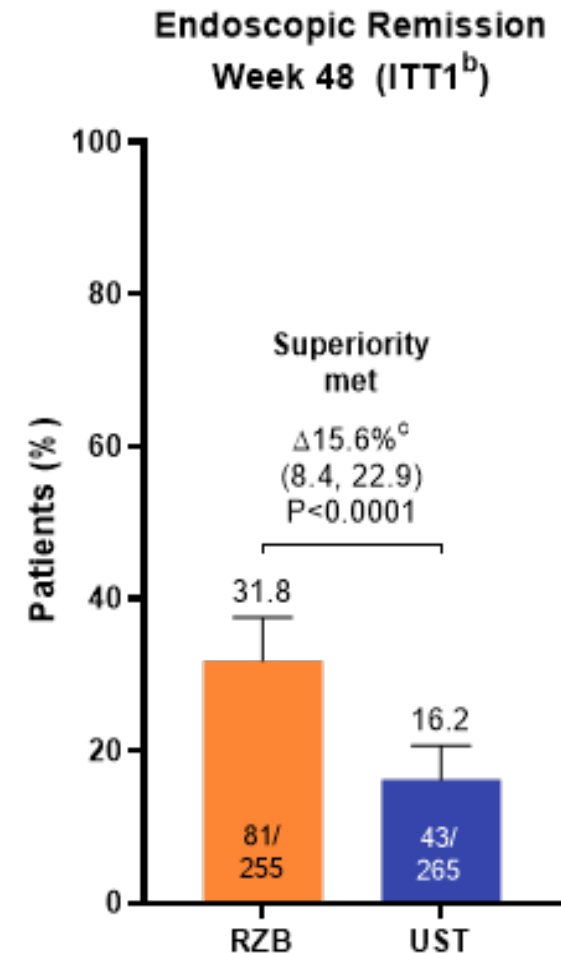
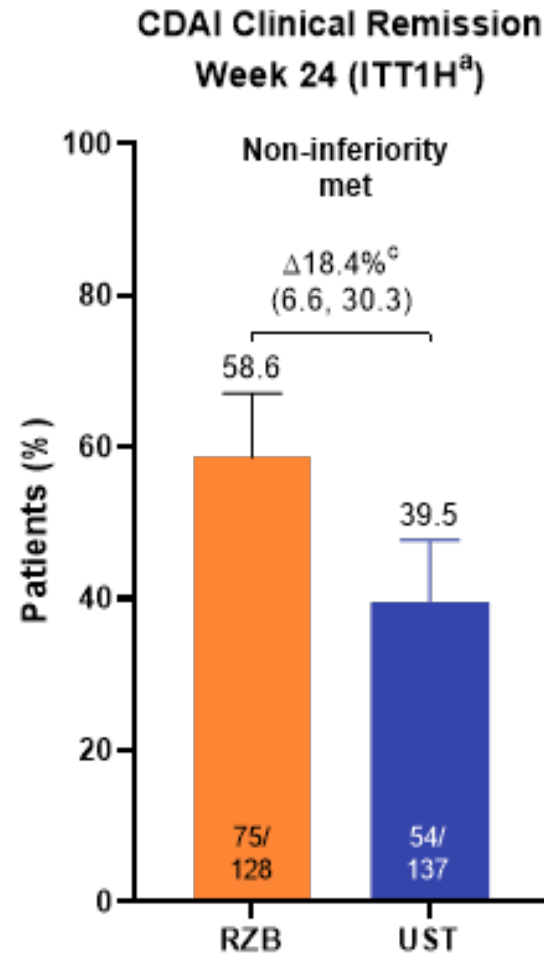
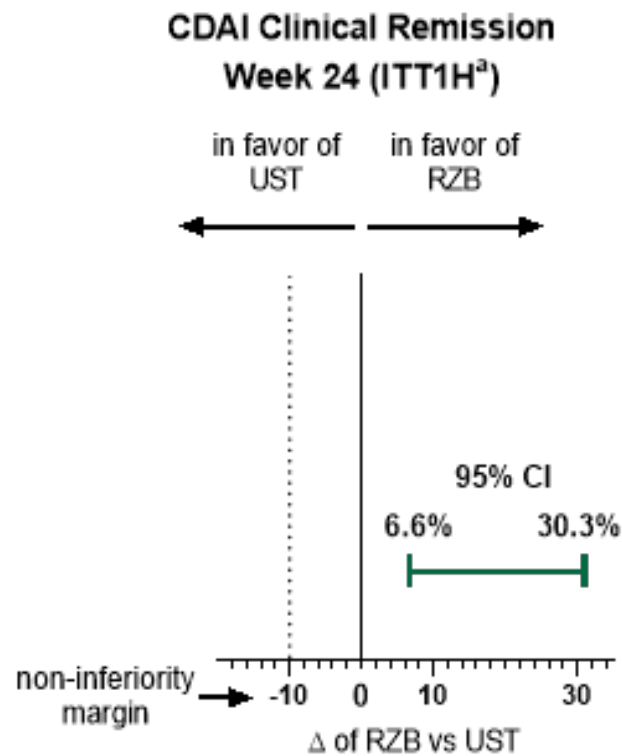
SEQUENCE: Patient disposition (iTT population)



Mean time to discontinuation of study drug: RZB182.6 days versus UST 156.3 days

SEQUENCE: primary endpoints

RZB non-inferior to UST for clinical remission at week 24 and
RZB superior to UST for endoscopic remission at week 48

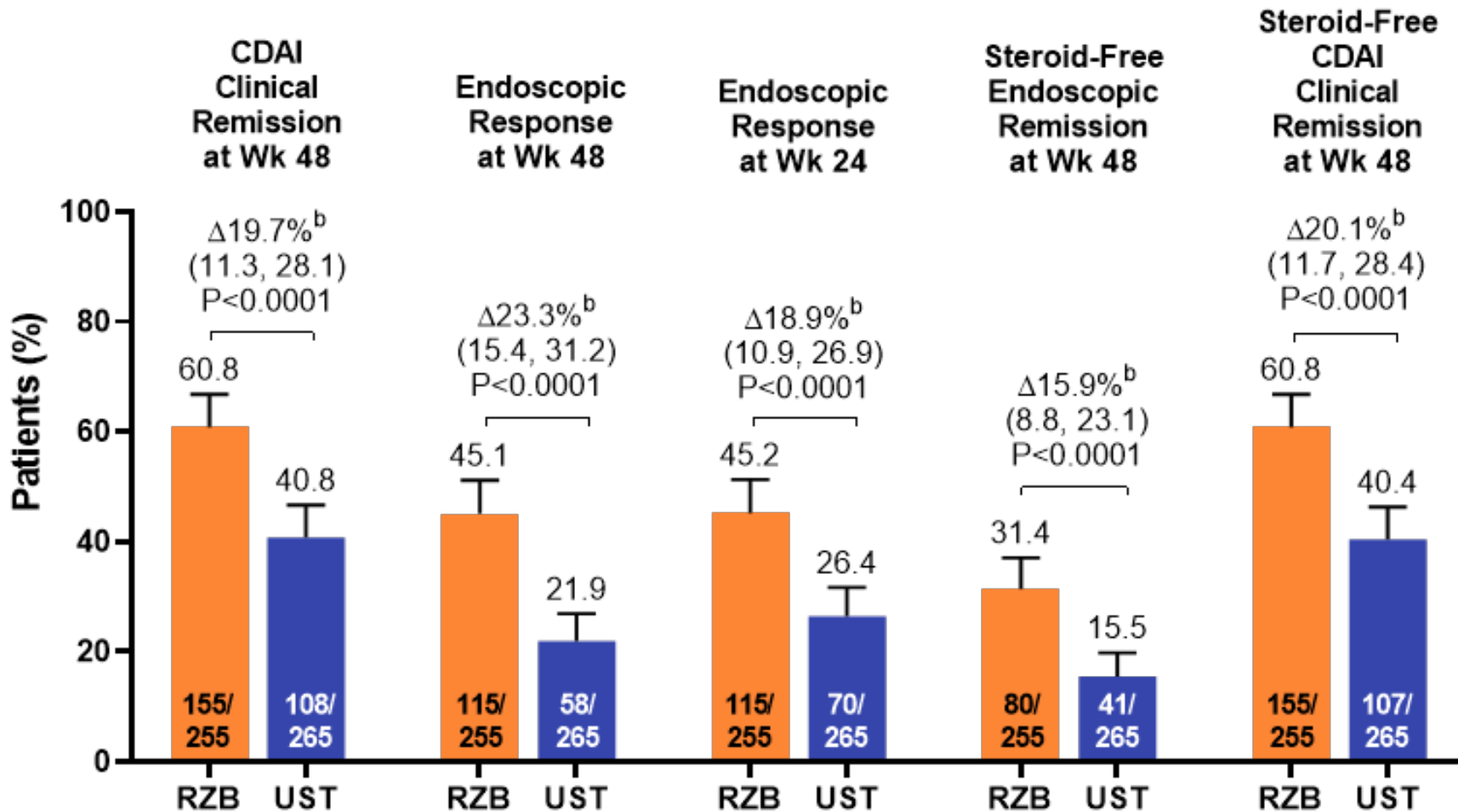


CDAI clinical remission: CDAI < 150

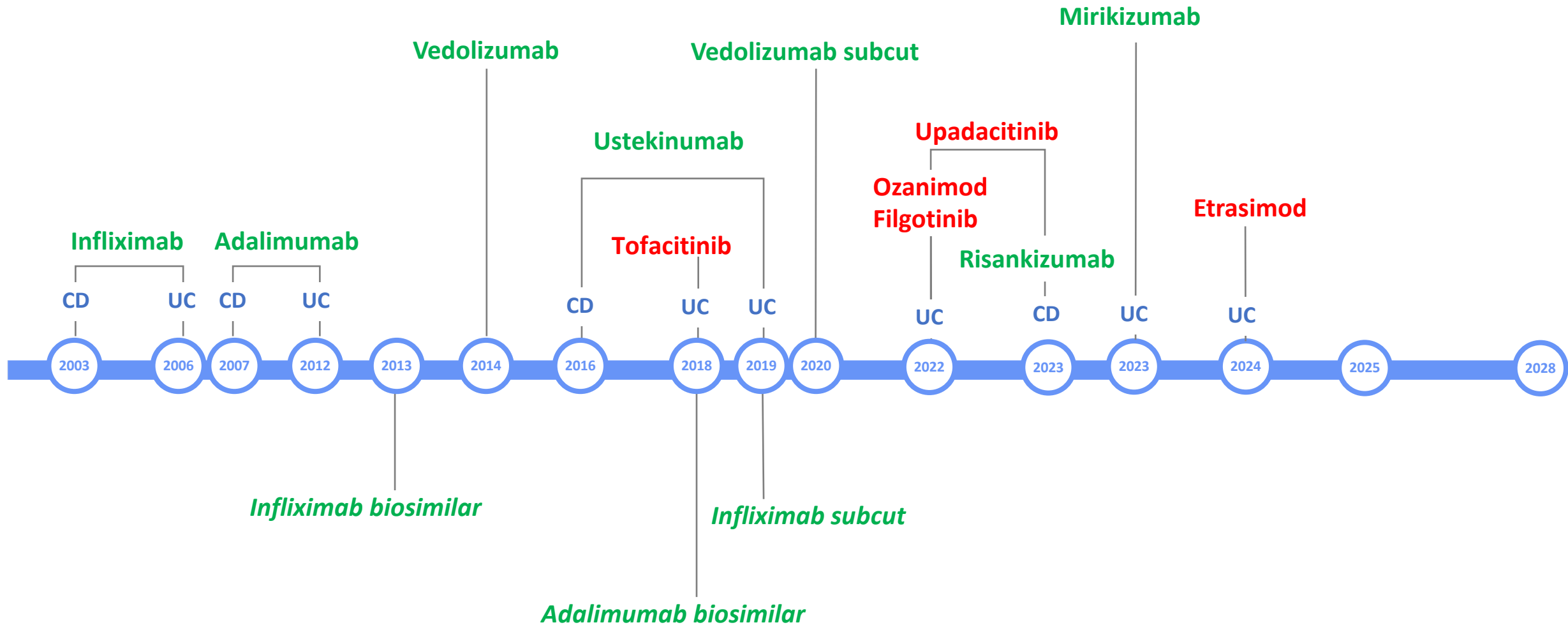
Endoscopic remission: SES-CD ≤ 4 and at least a 2-point reduction versus BL and no subscore > 1

SEQUENCE: ranked secondary endpoints (ITT)

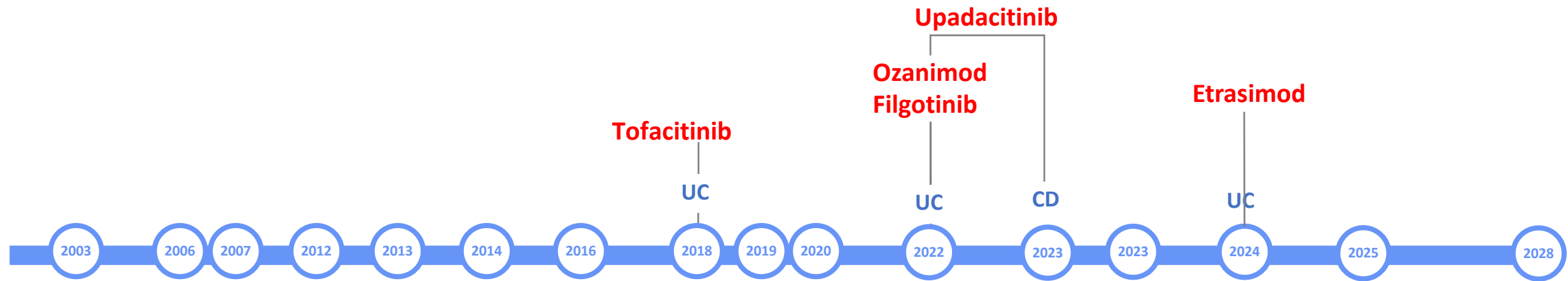
RZB demonstrated superiority to UST for all secondary endpoints



IBD-2.3

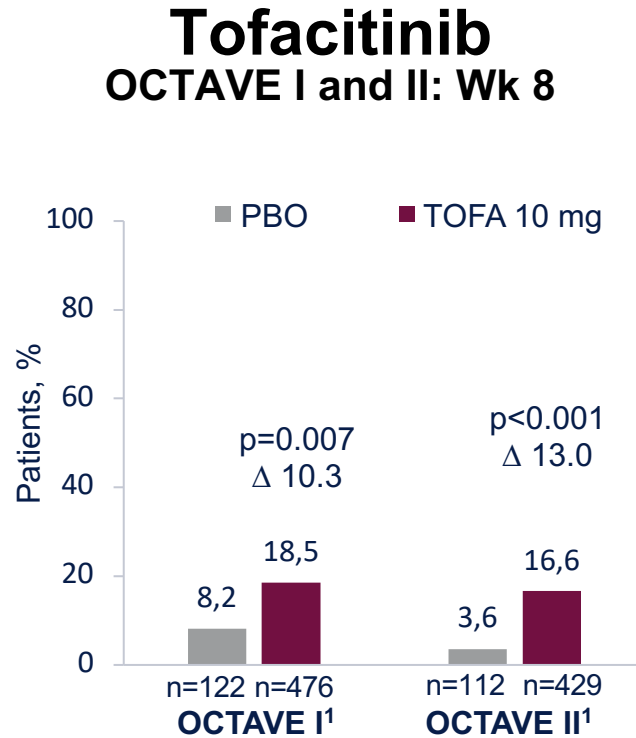


IBD-2.4



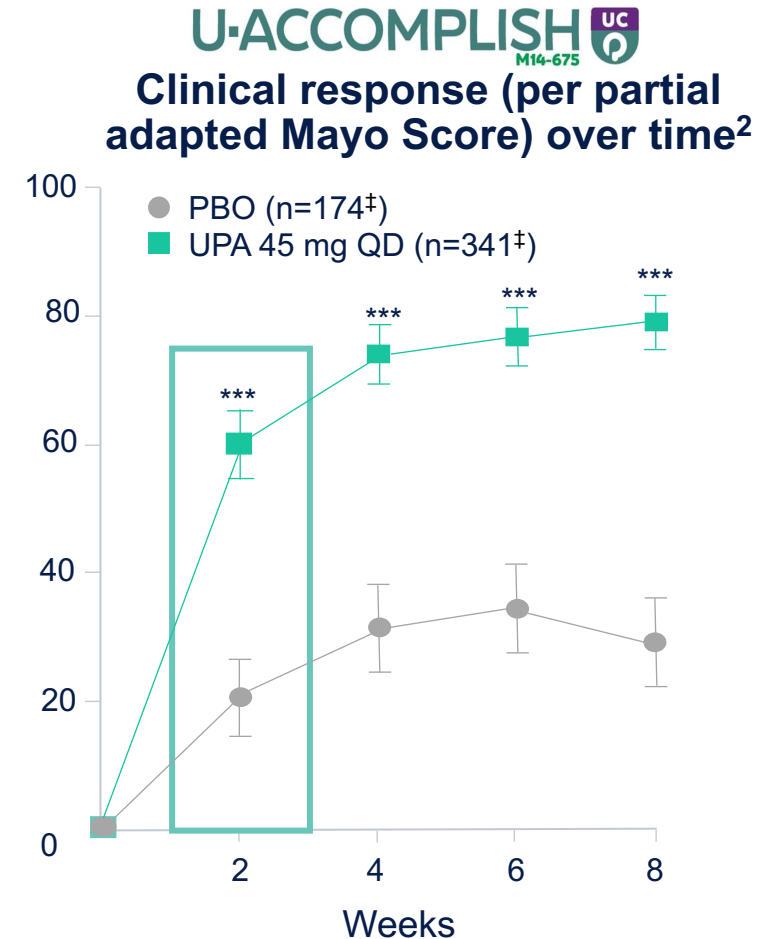
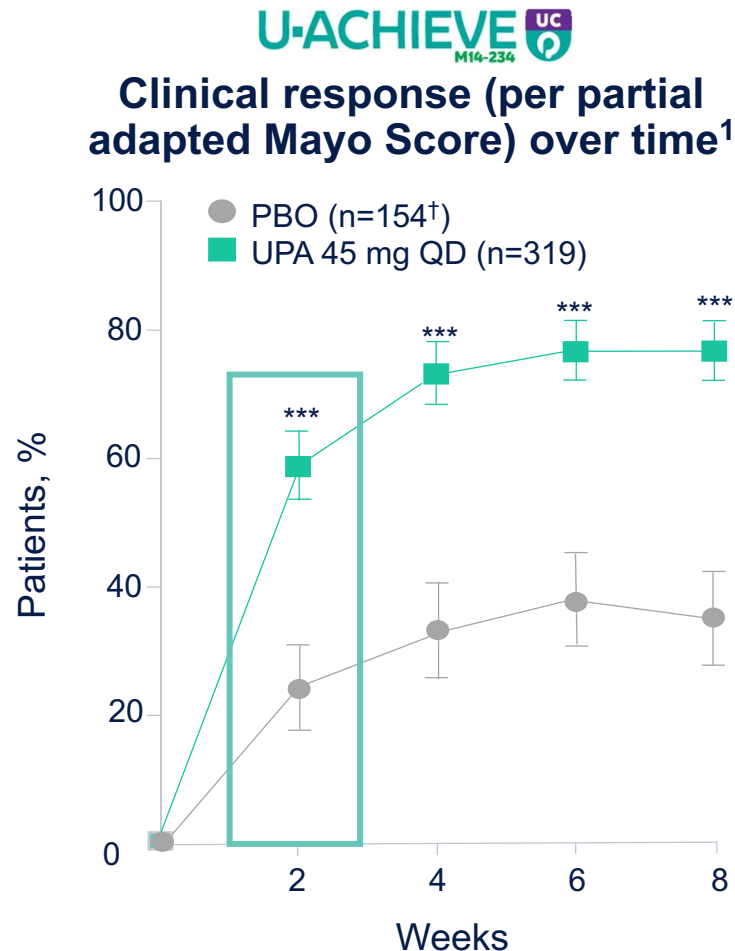
JAK inhibitors in UC: clinical remission after induction

Note: This is not a head-to-head comparison of different therapies



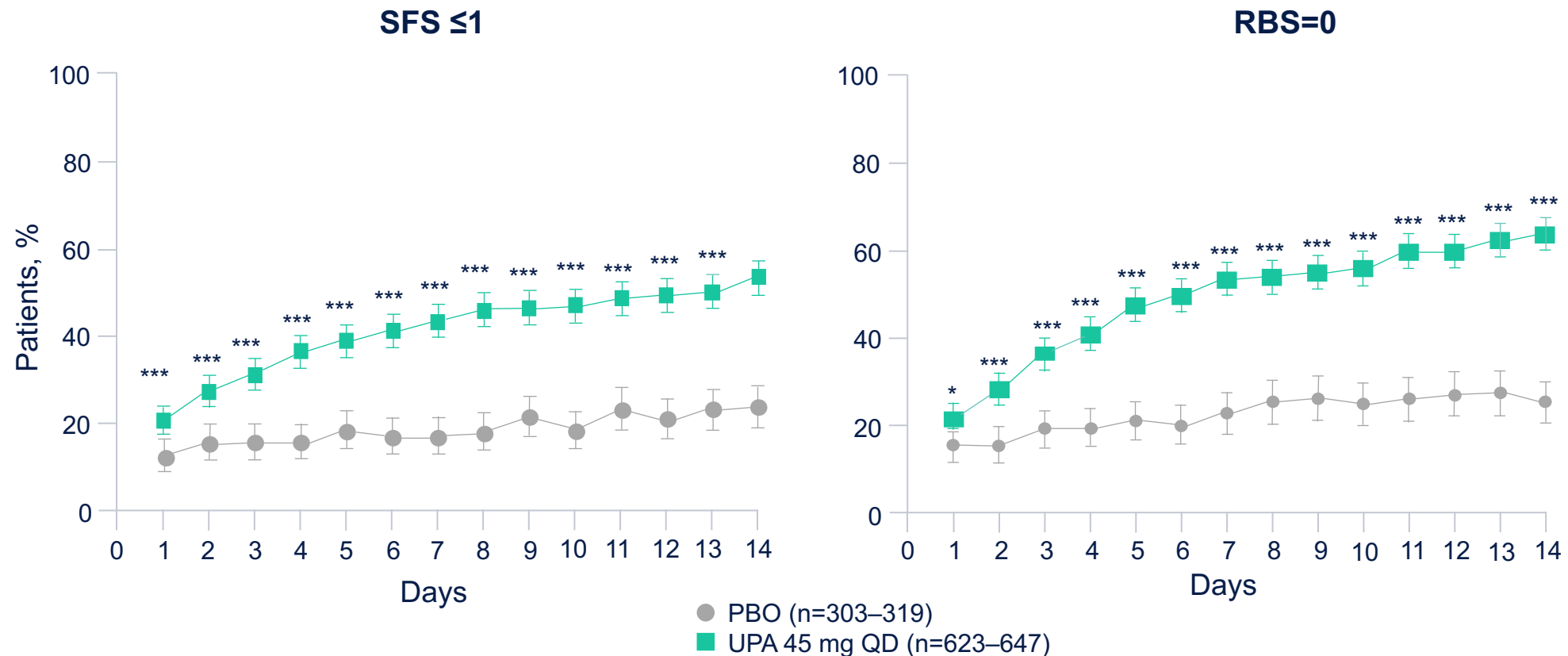
UPA in UC: clinical response rates during induction

Clinical response at Week 2 is one of the ranked secondary endpoints



UPA in UC: symptom improvement in first days

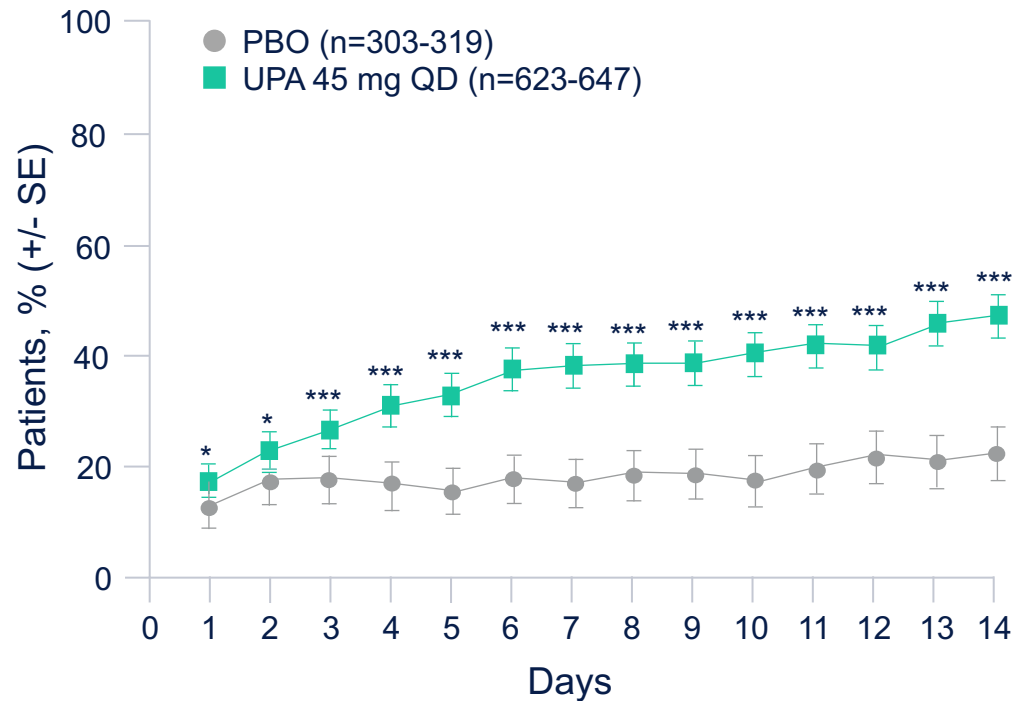
Analyses of pooled data from U-ACHIEVE and
U-ACCOMPLISH Phase III induction trials



UPA in UC: bowel urgency and fatigue during induction

Analyses of pooled data from U-ACHIEVE and U-ACCOMPLISH Phase III induction trials

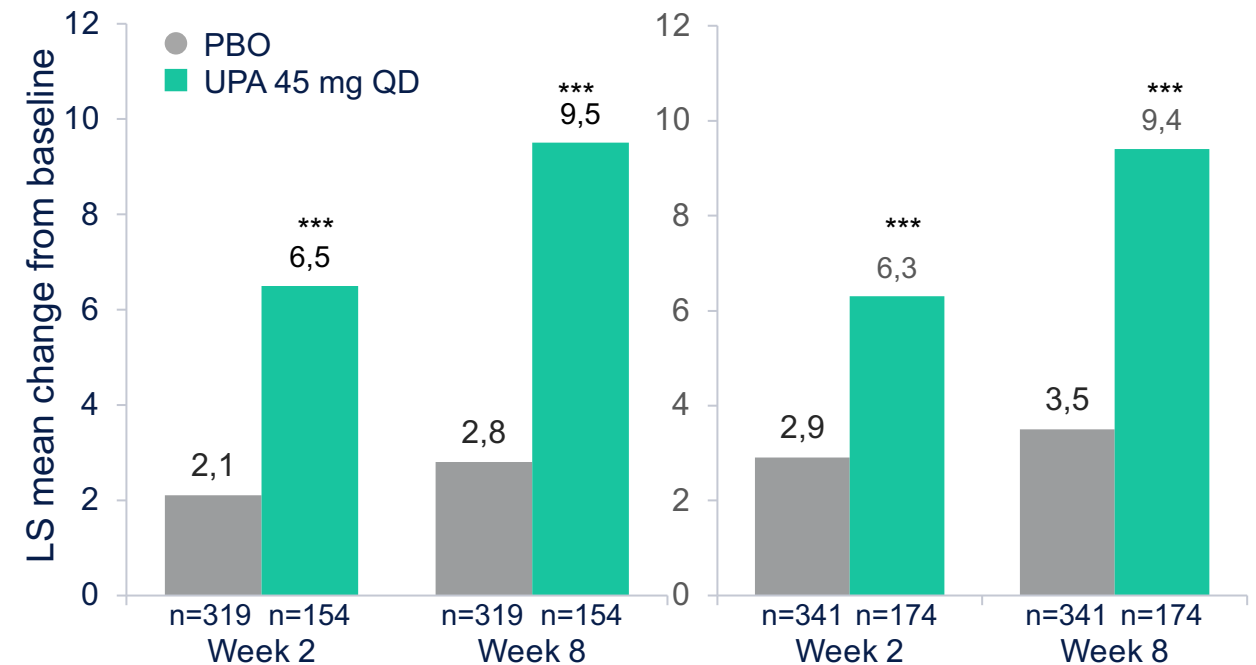
Absence of bowel urgency^{1†}



Change from baseline in FACIT-F²

U-ACHIEVE UC
M14-234

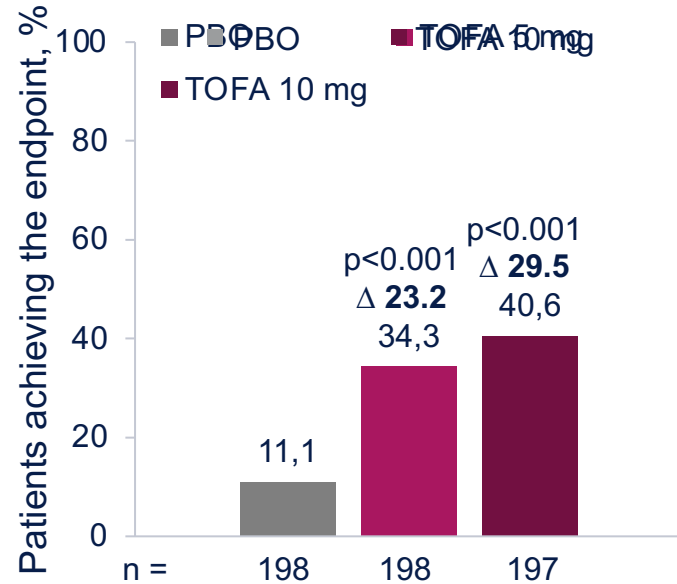
U-ACCOMPLISH UC
M14-675



JAK inhibitors in UC: clinical remission at 1 year

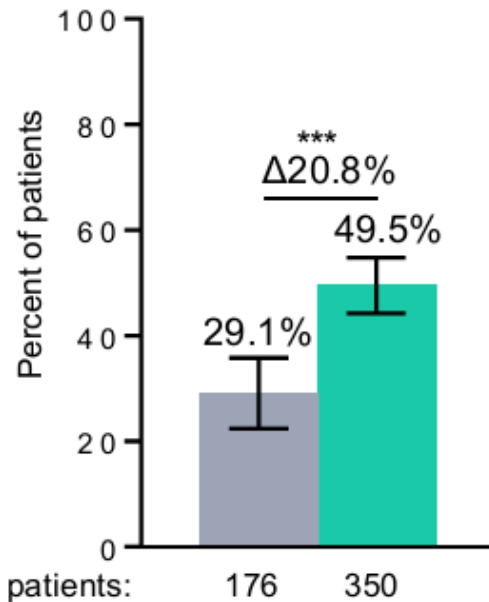
Note: This is not a head-to-head comparison of different therapies

Tofacitinib OCTAVE Sustain: Wk 52

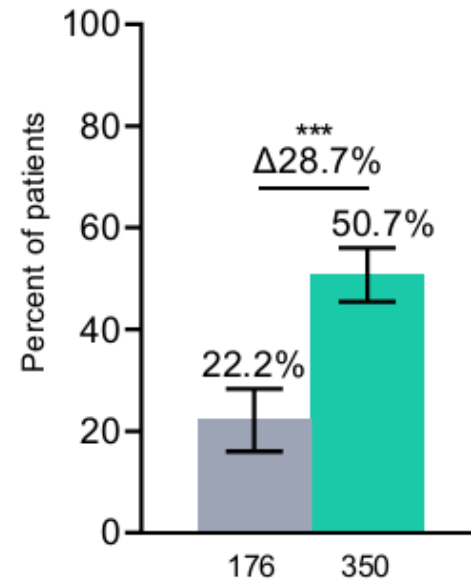


UPA in Crohn's: co-primary data week 12

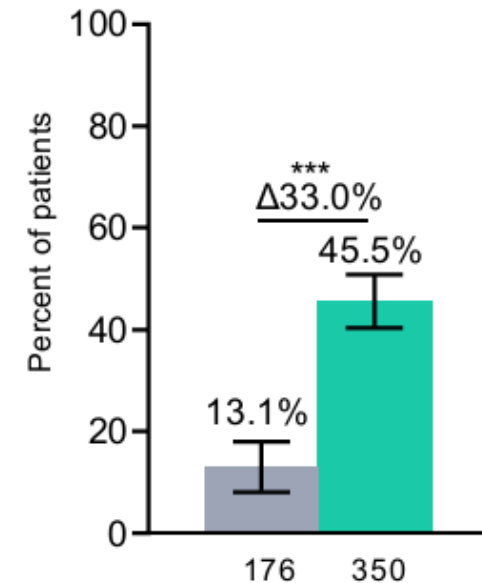
Clinical remission per CDAI[§]
(US)



Clinical remission per SF/APS[†]
(EU)



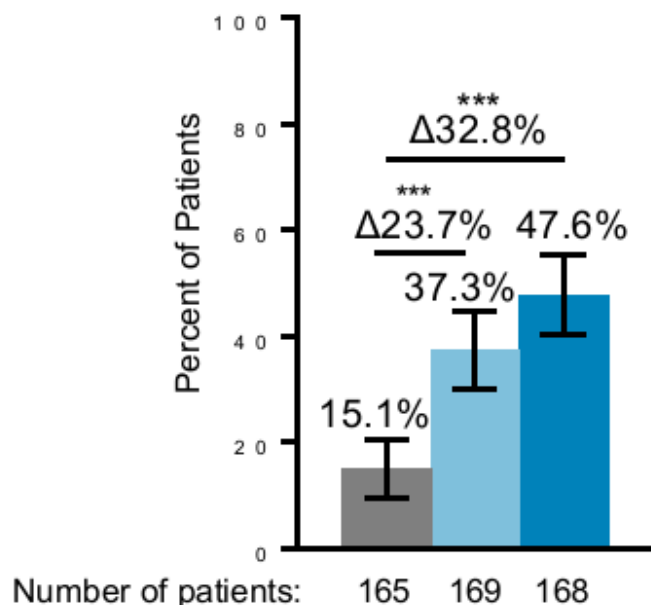
Endoscopic Response[‡]
(US and EU)



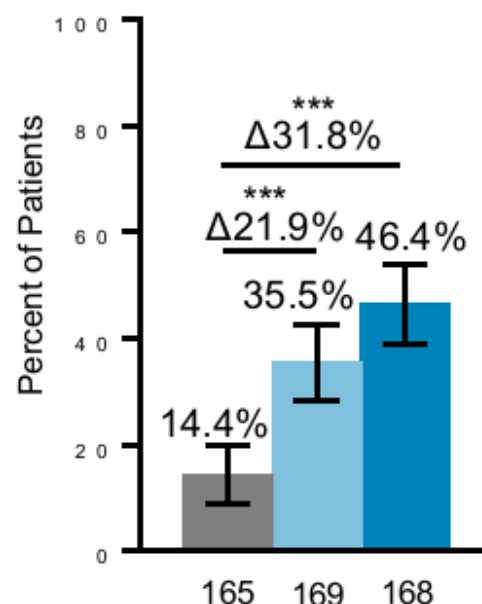
■ PBO ■ UPA 45 mg OD

UPA in Crohn's: co-primary maintenance data

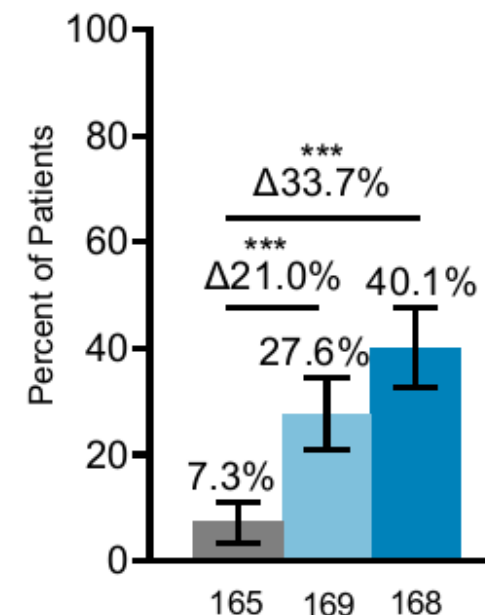
Clinical remission per CDAI[§]
(US)



Clinical remission per SF/APS[†]
(EU)



Endoscopic Response[‡]
(US and EU)



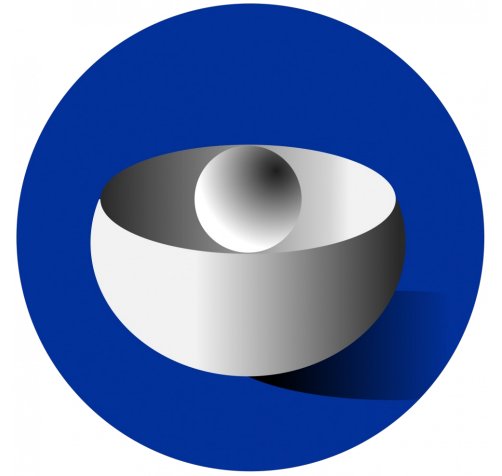
Placebo

Upadacitinib 15 mg OD

Upadacitinib 30 mg OD

PRAC Article 20

CHMP has endorsed the recommendations by the PRAC to minimise the risk of Serious side effects from JAK inhibitors used to treat multiple immune mediated diseases



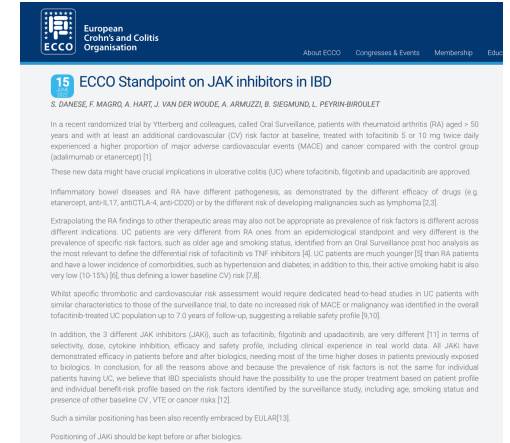
These medicines (*) should only be used in the following patients where no other treatment options are available

- Aged 65 years or over
- Increased risk of major adverse cardiovascular outcomes
- Those who smoke or who have done for a long time in the past
- Use with caution in those with risk factors for clots in the lungs or deep veins (other than to those above)
- Doses should be decreased in those who are at risk for MACE, DVT or cancer where possible

*** EMA concluded that the identified risk applies to all JAK inhibitors approved for the treatment of chronic inflammatory disorders**

ECCO Standpoint on JAK inhibitors

When extrapolating findings from ORAL surveillance it is important to consider both differences in epidemiology and risk factors in UC vs RA patients



The **pathogenesis** of IBD and RA are different



Patients with IBD are often **younger** than those with RA



Patients with IBD are less likely to have **comorbidities** such as hypertension and diabetes



Patients with IBD have a lower **active smoking habit** is also very low (10-15%) and a lower baseline CV risk



No increased risk of **MACE or malignancy** was identified in the overall tofacitinib-treated UC population up to **7.8 years** of follow-up

- All 3 JAKi differ in terms of selectivity, dose, cytokine inhibition, efficacy & safety profile
- Treatment decisions should be determined by patient profile, benefit-risk profile
- Positioning of JAKi's should be kept before or after biologics

Network Meta-analysis of advanced therapies in UC: induction of clinical remission and endoscopic improvement¹

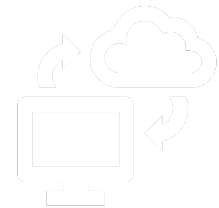
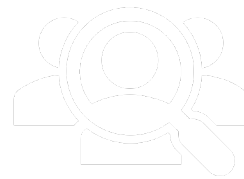
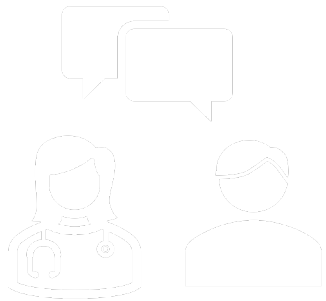
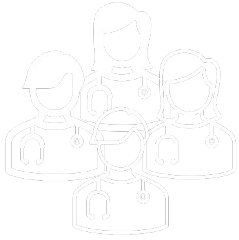
Upadacitinib	2.70 (1.18-6.20)	4.49 (2.18-9.24)	6.15 (2.98-12.72)	2.84 (1.28-6.31)	4.91 (2.59-9.31)	2.92 (1.31-6.51)	3.56 (1.84-6.91)	3.00 (1.32-6.82)	4.64 (2.47-8.71)	2.70 (1.18-6.20)	9.54 (5.45-16.69)
3.01 (1.59-5.67)	Ozanimod	1.65 (0.77-3.55)	2.27 (1.05-4.89)	1.05 (0.45-2.41)	1.81 (0.91-3.60)	1.07 (0.46-2.49)	1.31 (0.65-2.67)	1.10 (0.47-2.61)	1.71 (0.87-3.37)	0.93 (0.47-1.85)	3.52 (1.91-6.49)
2.91 (1.19-7.10)	0.97 (0.39-2.39)	Filgotinib 200 mg	1.37 (0.71-2.62)	0.63 (0.30-1.31)	1.09 (0.63-1.89)	0.65 (0.31-1.35)	0.79 (0.44-1.41)	0.66 (0.31-1.42)	1.03 (0.60-1.77)	0.56 (0.32-0.97)	2.12 (1.34-3.35)
5.96 (2.35-15.14)	1.98 (0.77-5.09)	2.04 (0.66-6.33)	Filgotinib 100 mg	0.46 (0.22-0.95)	0.79 (0.45-1.39)	0.47 (0.22-0.99)	0.57 (0.32-1.03)	0.48 (0.22-1.03)	0.75 (0.43-1.30)	0.41 (0.23-0.71)	1.54 (0.97-2.45)
3.05 (1.68-5.51)	1.01 (0.55-1.86)	1.04 (0.43-2.50)	0.51 (0.20-1.27)	Tofacitinib	1.72 (0.90-3.29)	1.02 (0.45-2.30)	1.25 (0.64-2.45)	1.05 (0.46-2.41)	1.63 (0.86-3.08)	0.89 (0.46-1.69)	3.35 (1.90-5.91)
4.71 (2.83-7.83)	1.56 (0.92-2.66)	1.61 (0.71-3.65)	0.78 (0.33-1.86)	1.54 (0.96-2.48)	Etrolizumab	0.59 (0.31-1.14)	0.72 (0.48-1.08)	0.61 (0.31-1.21)	0.94 (0.69-1.29)	0.51 (0.36-0.72)	1.94 (1.42-2.64)
3.45 (1.90-6.24)	1.14 (0.62-2.11)	1.18 (0.49-2.83)	0.57 (0.23-1.44)	1.13 (0.64-1.99)	0.73 (0.45-1.18)	Ustekinumab	1.22 (0.62-2.39)	1.02 (0.44-2.35)	1.59 (0.83-3.02)	0.86 (0.45-1.66)	3.26 (1.83-5.79)
4.71 (2.68-8.28)	1.56 (0.87-2.81)	1.61 (0.68-3.79)	0.79 (0.32-1.93)	1.54 (0.90-2.63)	1.00 (0.64-1.55)	1.36 (0.79-2.33)	Vedolizumab	0.84 (0.41-1.68)	1.30 (0.96-1.74)	0.71 (0.45-1.10)	2.67 (1.87-3.80)
4.52 (2.55-8.01)	1.50 (0.83-2.72)	1.54 (0.65-3.65)	0.75 (0.30-1.86)	1.48 (0.86-2.55)	0.95 (0.61-1.51)	1.31 (0.76-2.26)	0.95 (0.57-1.60)	Golimumab	1.54 (0.79-3.01)	0.84 (0.43-1.65)	3.17 (1.74-5.79)
5.41 (3.30-8.86)	1.79 (1.07-3.01)	1.85 (0.82-4.15)	0.90 (0.38-2.12)	1.77 (1.11-2.81)	1.14 (0.88-1.49)	1.56 (0.98-2.48)	1.15 (0.75-1.75)	1.19 (0.77-1.84)	Adalimumab	0.54 (0.37-0.79)	2.05 (1.54-2.73)
2.75 (1.66-4.55)	0.91 (0.54-1.54)	0.94 (0.41-2.14)	0.46 (0.19-1.09)	0.90 (0.56-1.44)	0.58 (0.43-0.78)	0.79 (0.49-1.27)	0.58 (0.37-0.91)	0.60 (0.39-0.95)	0.51 (0.37-0.69)	Infliximab	3.76 (2.77-5.12)
8.23 (5.32-12.75)	2.74 (1.72-4.34)	2.82 (1.30-6.12)	1.38 (0.60-3.14)	2.71 (1.81-4.02)	1.74 (1.34-2.26)	1.74 (1.34-2.26)	1.74 (1.22-2.49)	1.82 (1.25-2.63)	1.52 (1.21-1.92)	3.00 (2.33-3.82)	Placebo

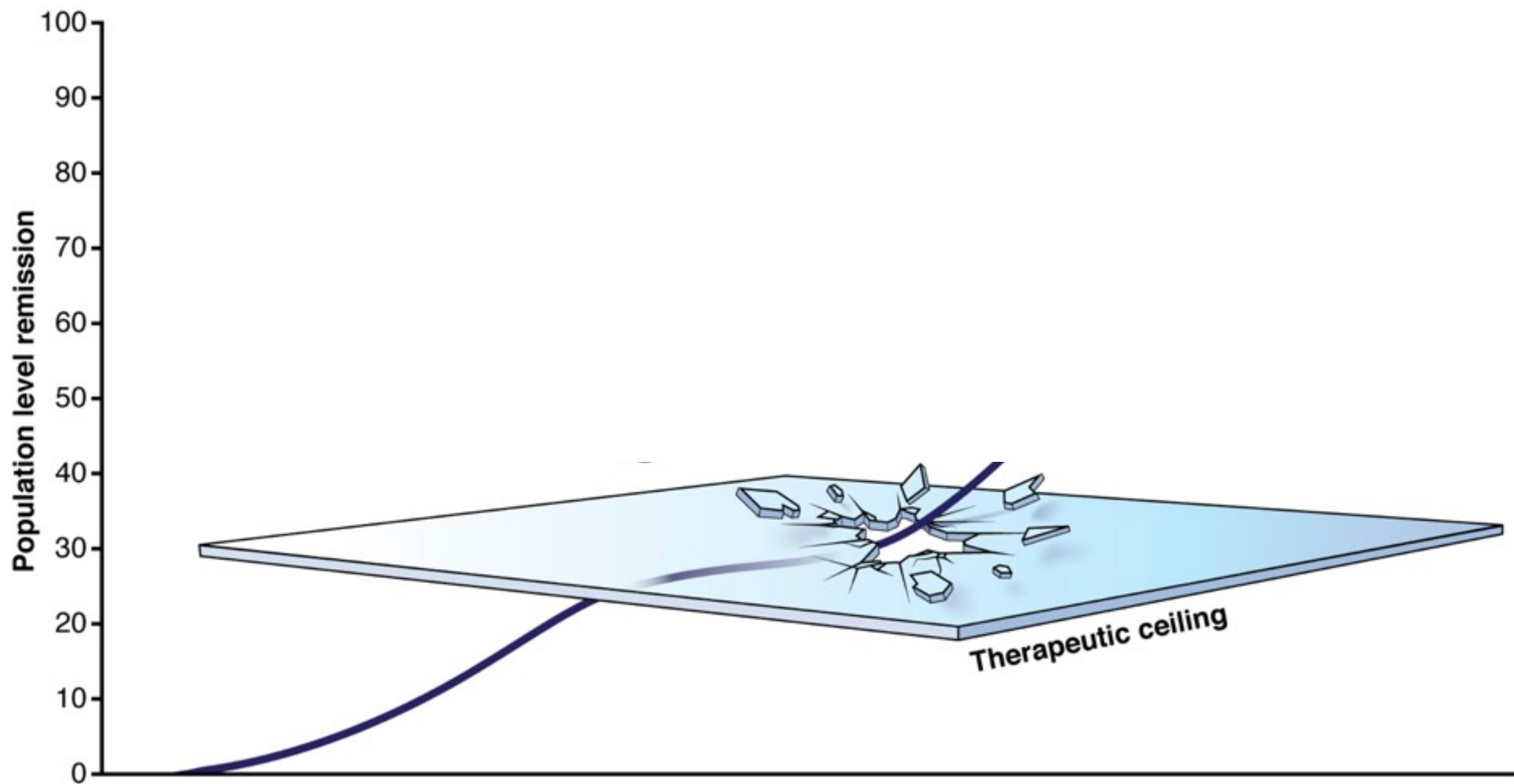
Endoscopic improvement

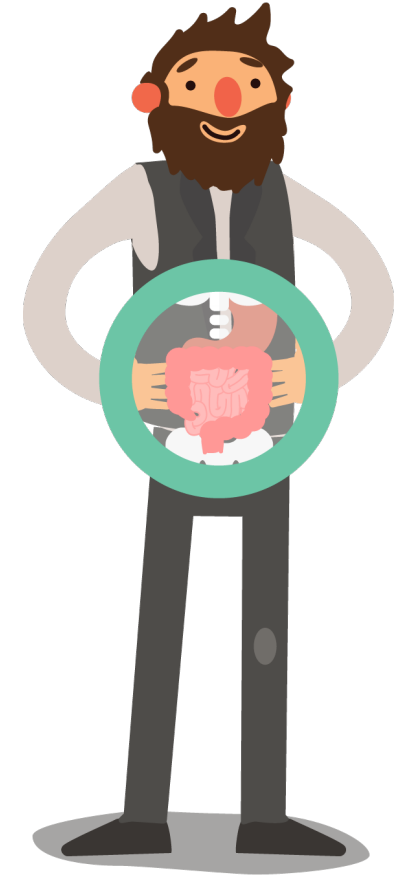
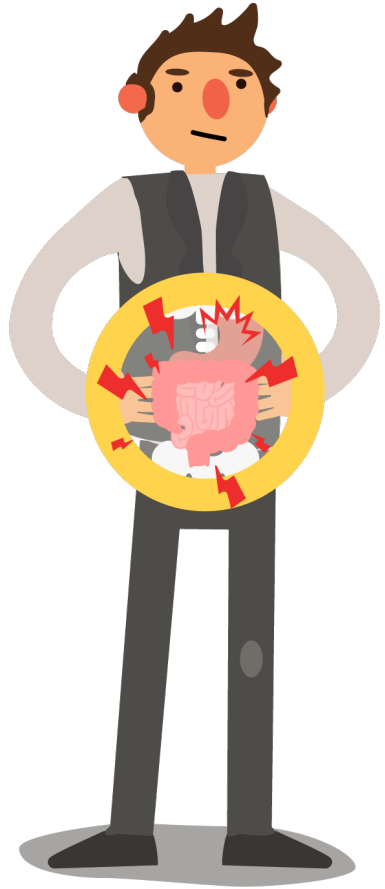
Clinical remission

1. Lasa JS, et al. *Lancet Gastroenterol Hepatol.* 2022;7(2):161-170.

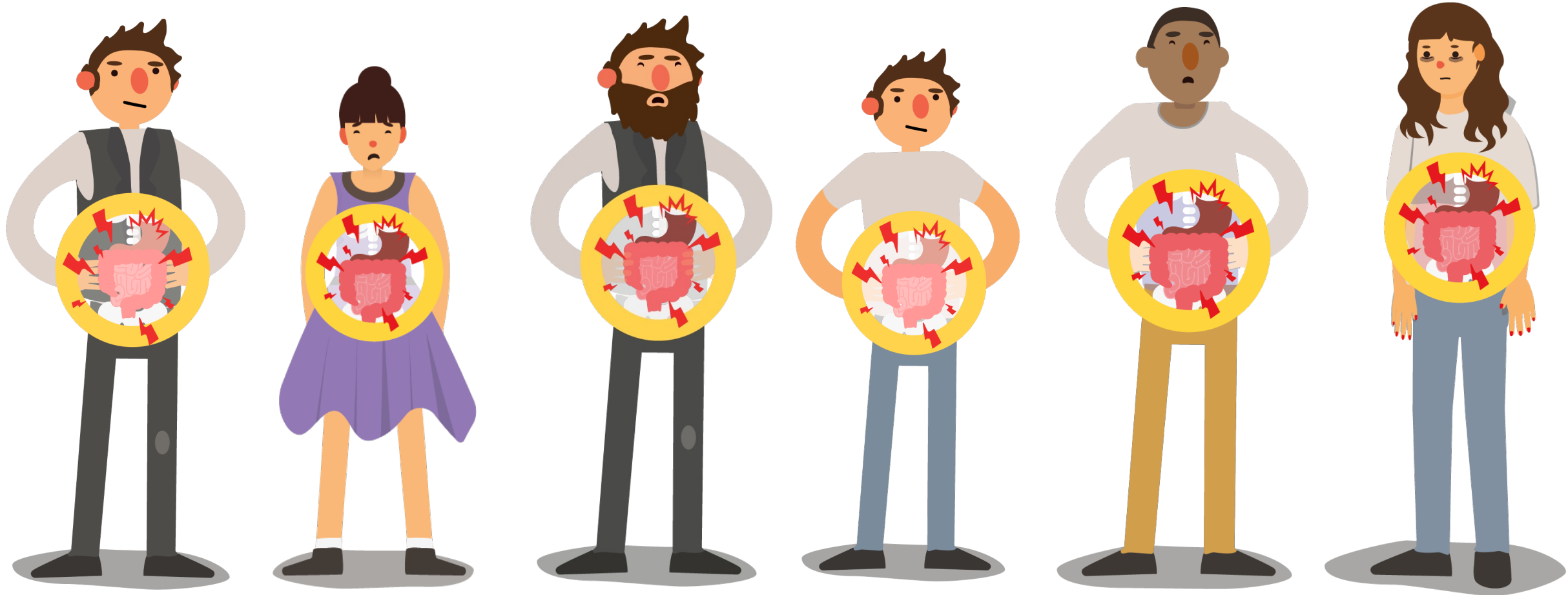
But are things actually getting better?



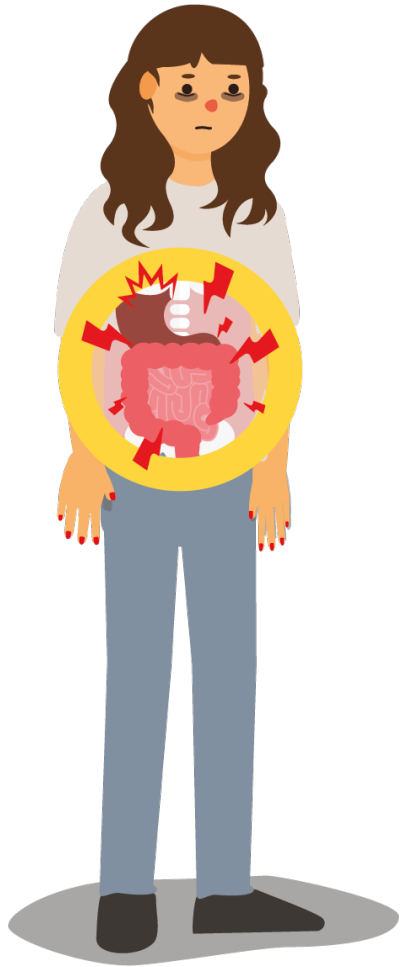




Right drug, right person, right time



We still have a major PREDICTION problem



Stratification of patients

DISEASE BEHAVIOUR

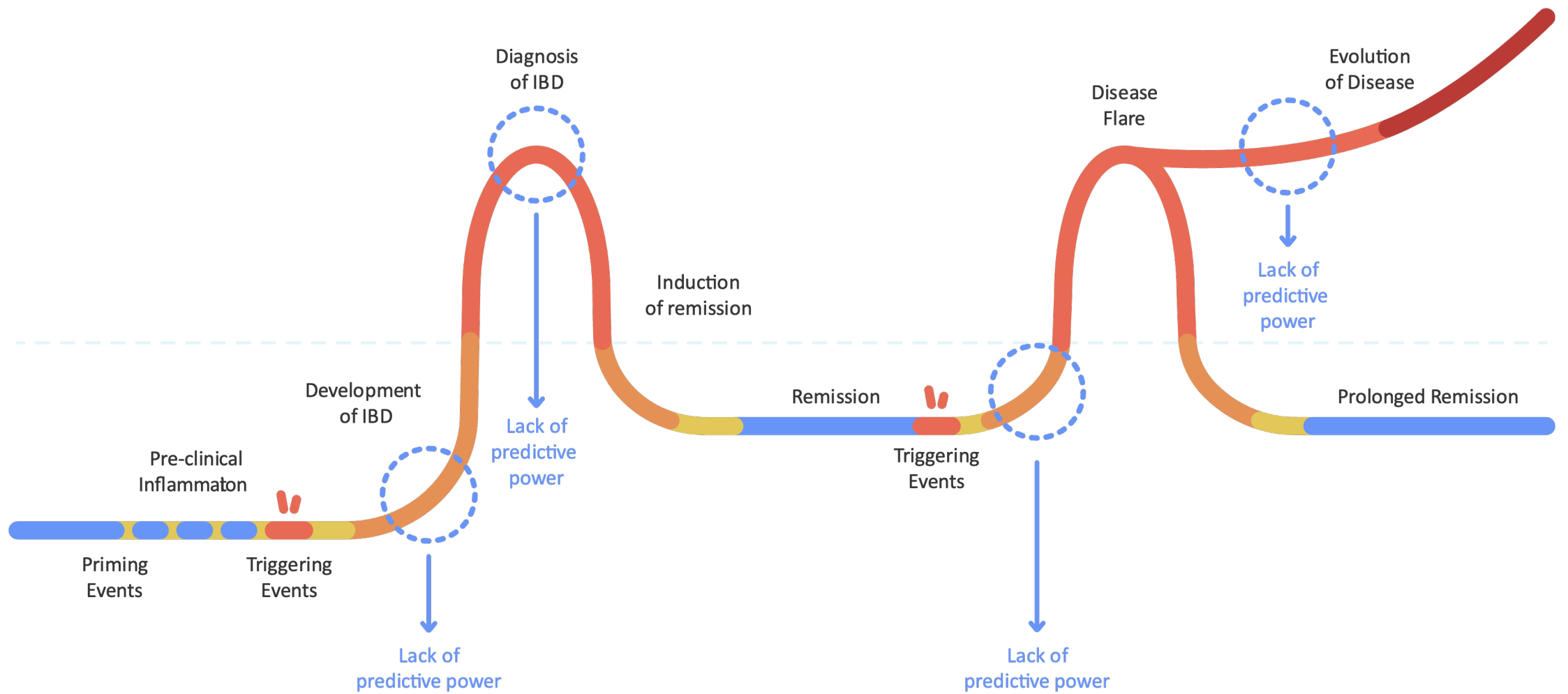
- Aggressive vs quiescent disease

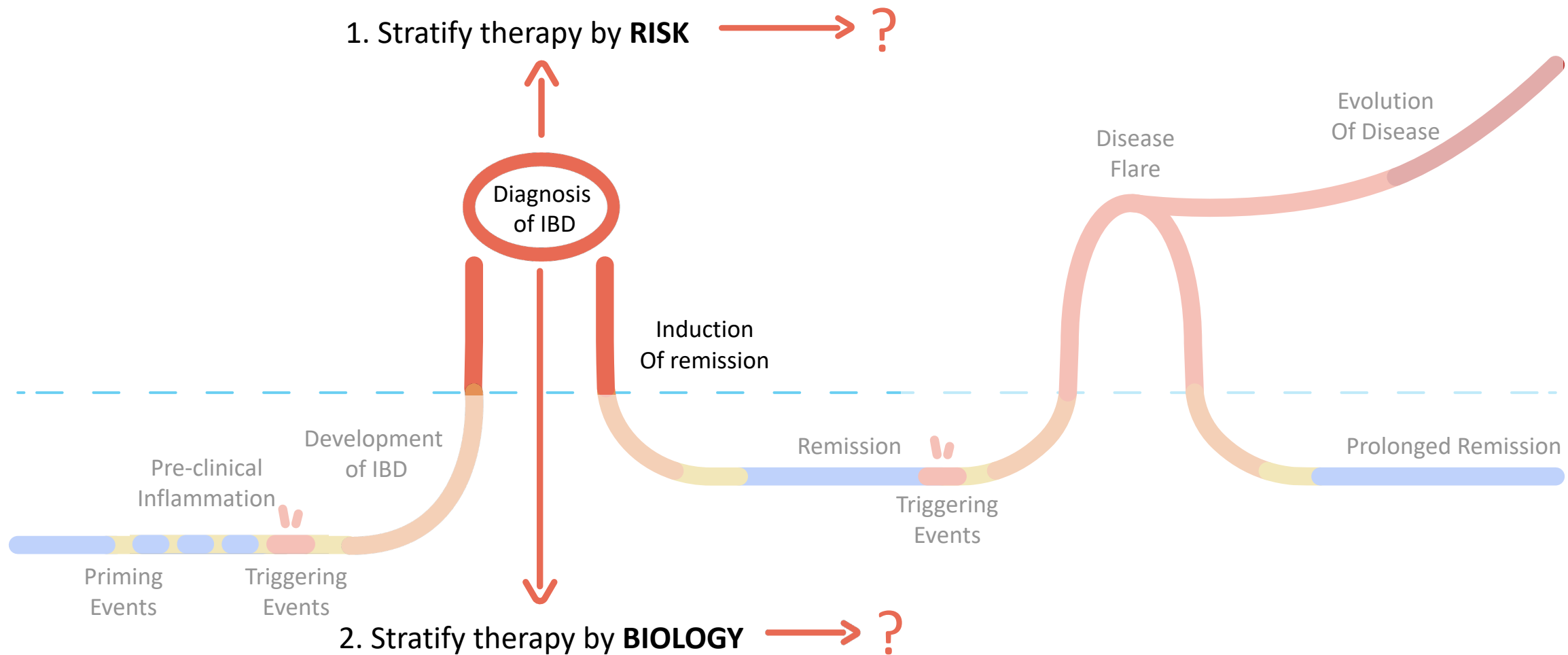
DRUG RESPONSE

- Predicting treatment response

COMPLICATIONS

- Who gets complications of drugs / disease

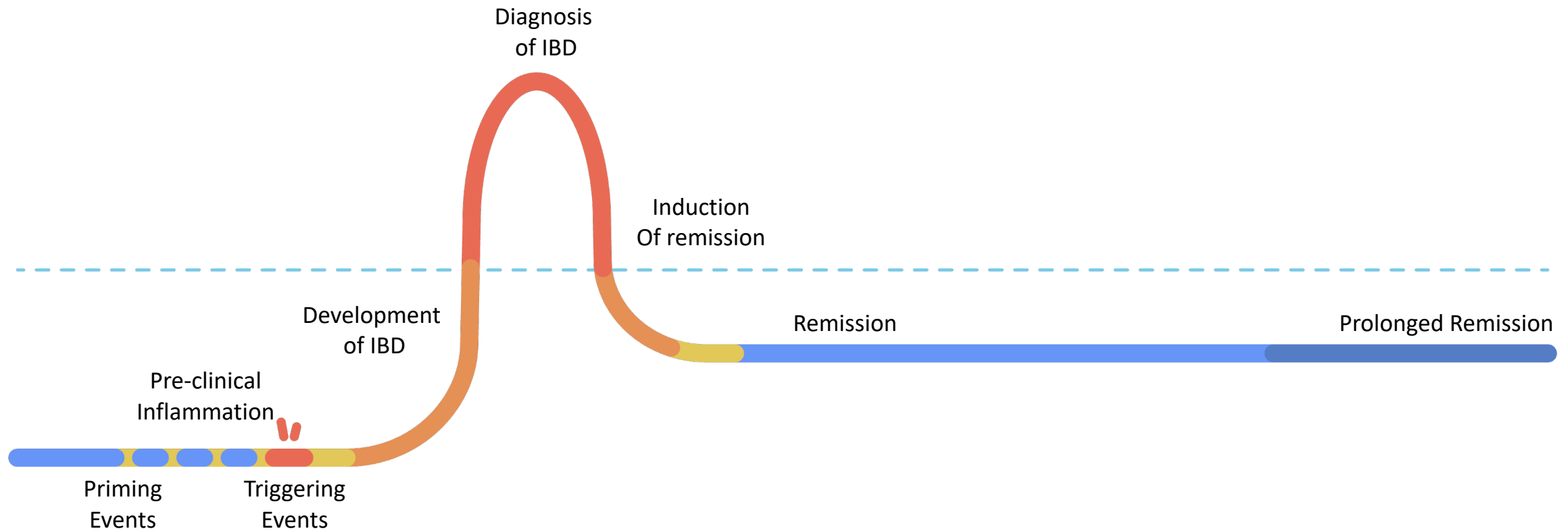




These are the patients we risk over-treating

Approximately one-third of patients with IBD

Predicting who they are at diagnosis is remarkably difficult

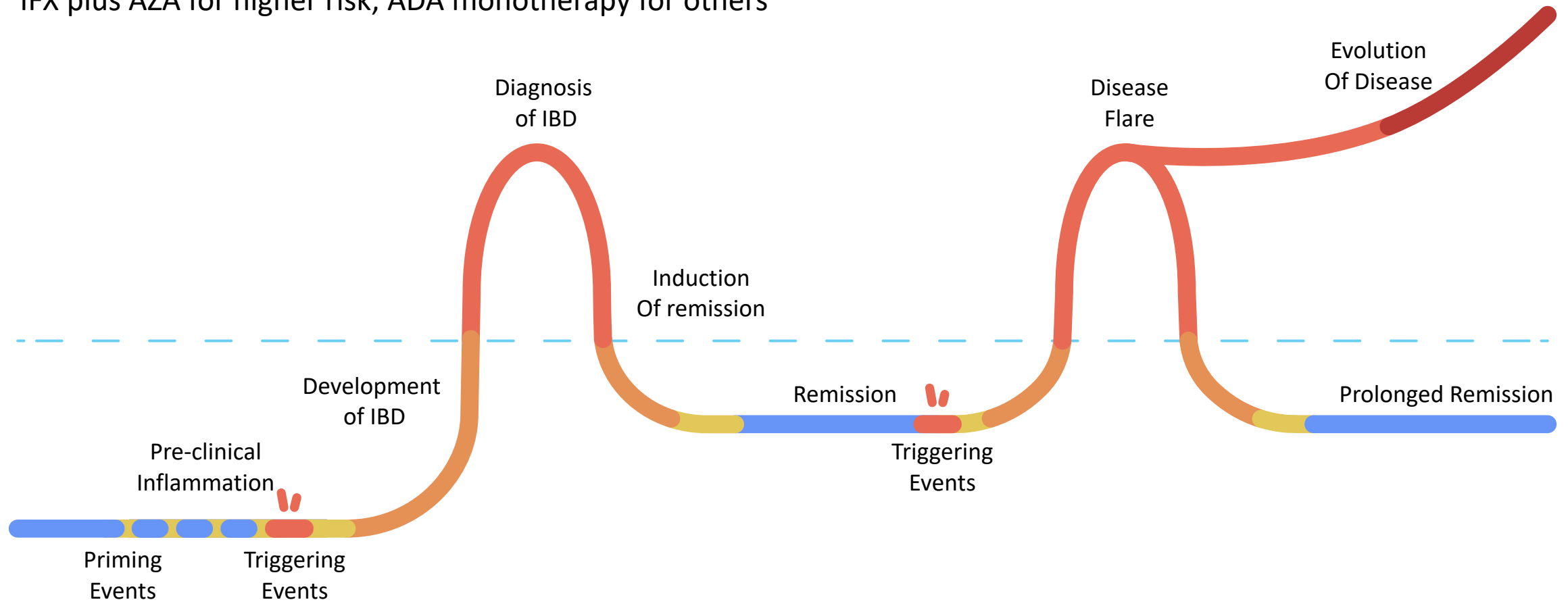


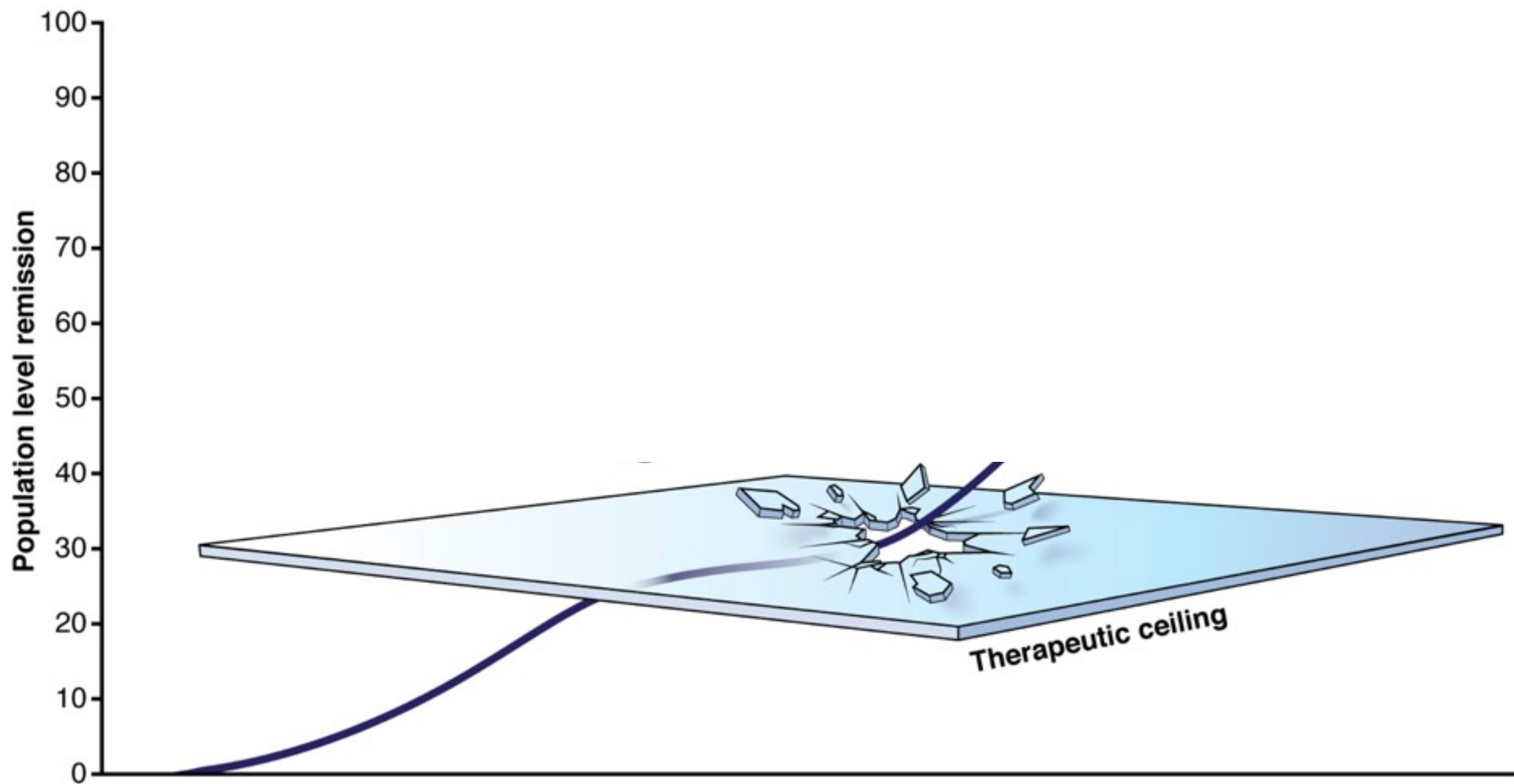
These are the patients we risk under-treating

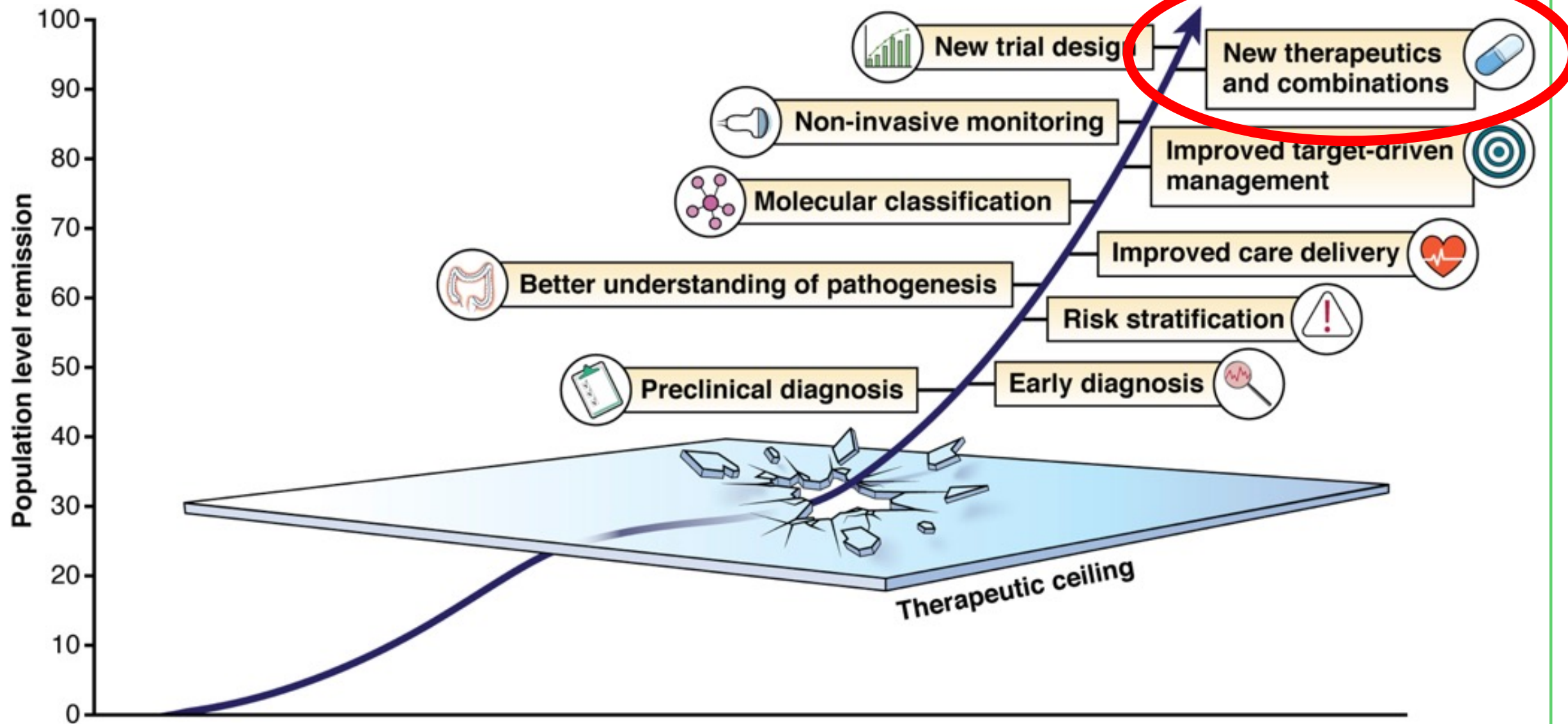
At the very least, start a biologic at diagnosis for patients with:

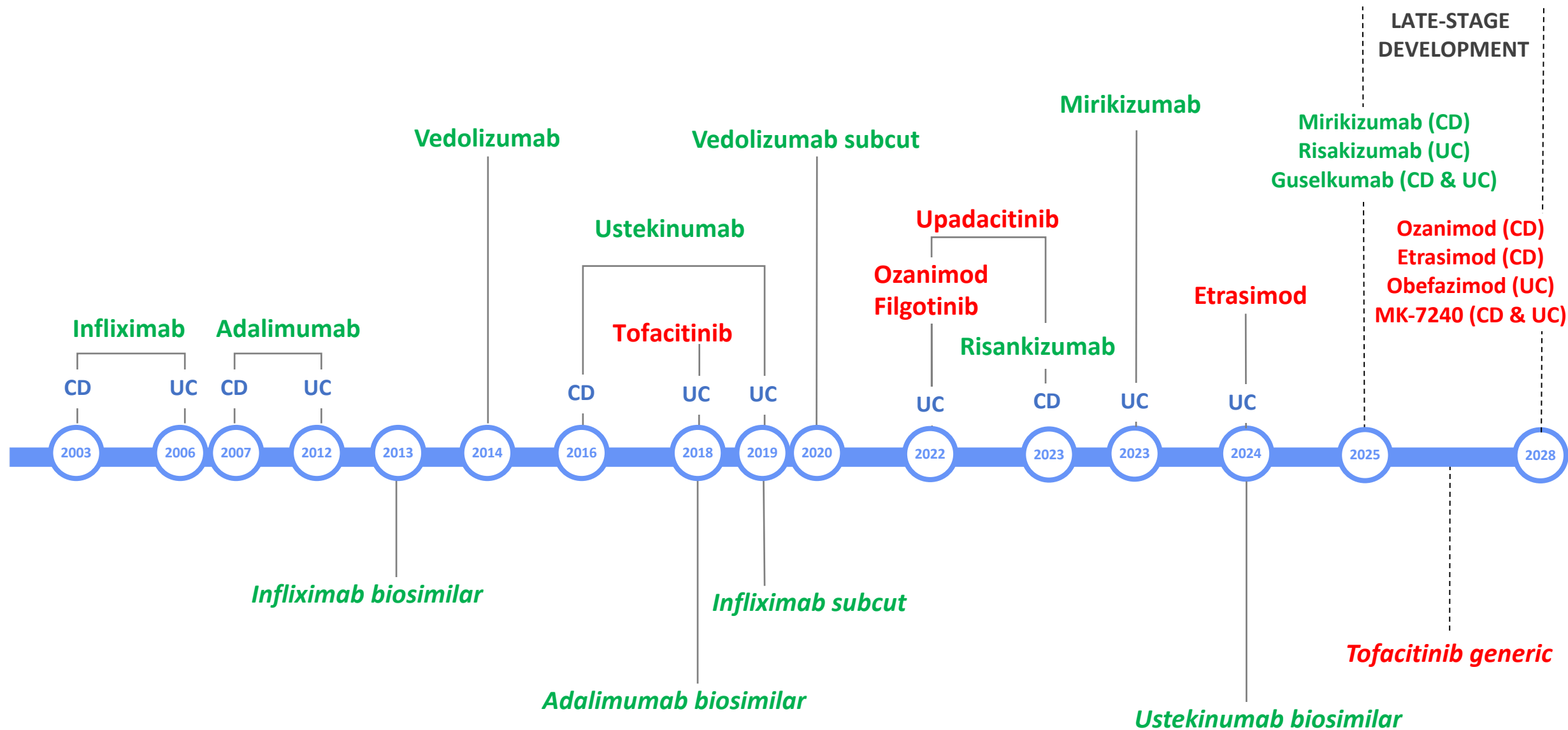
- extensive small bowel disease, peri-anal disease, rectal involvement and deep ulcers

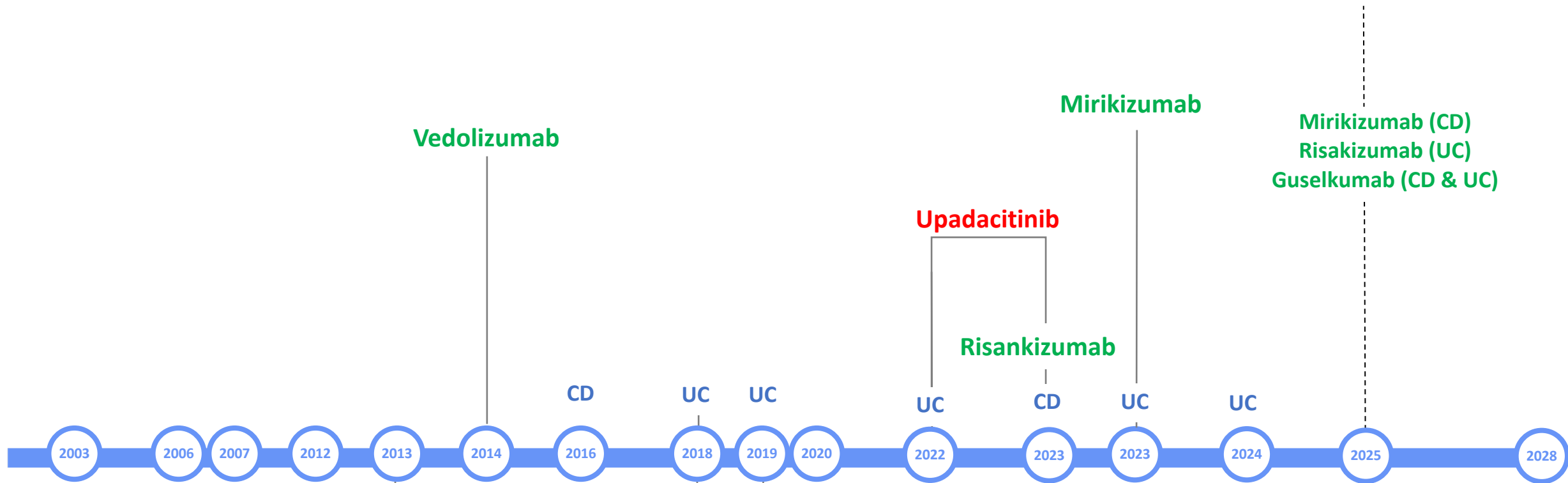
IFX plus AZA for higher risk; ADA monotherapy for others













UC

Golimumab

Guselkumab (UC)



Vedolizumab

CD

Adalimumab biosimilar



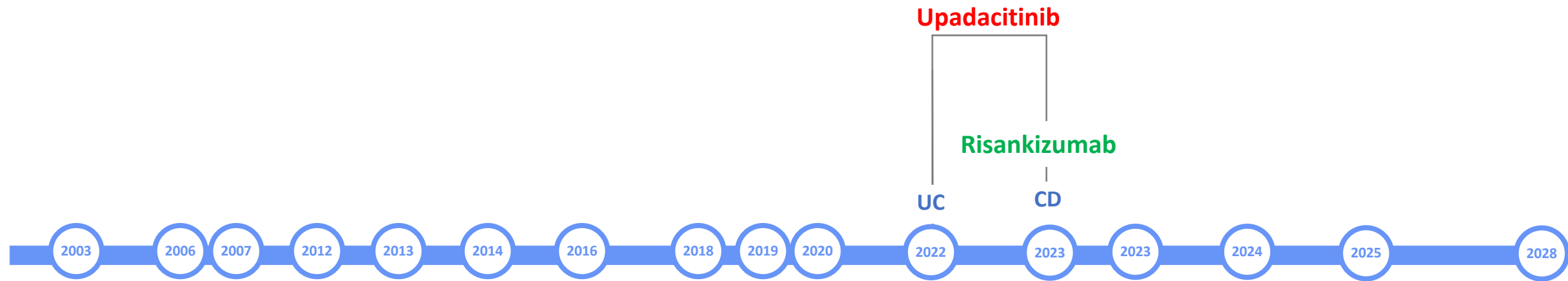
Vedolizumab

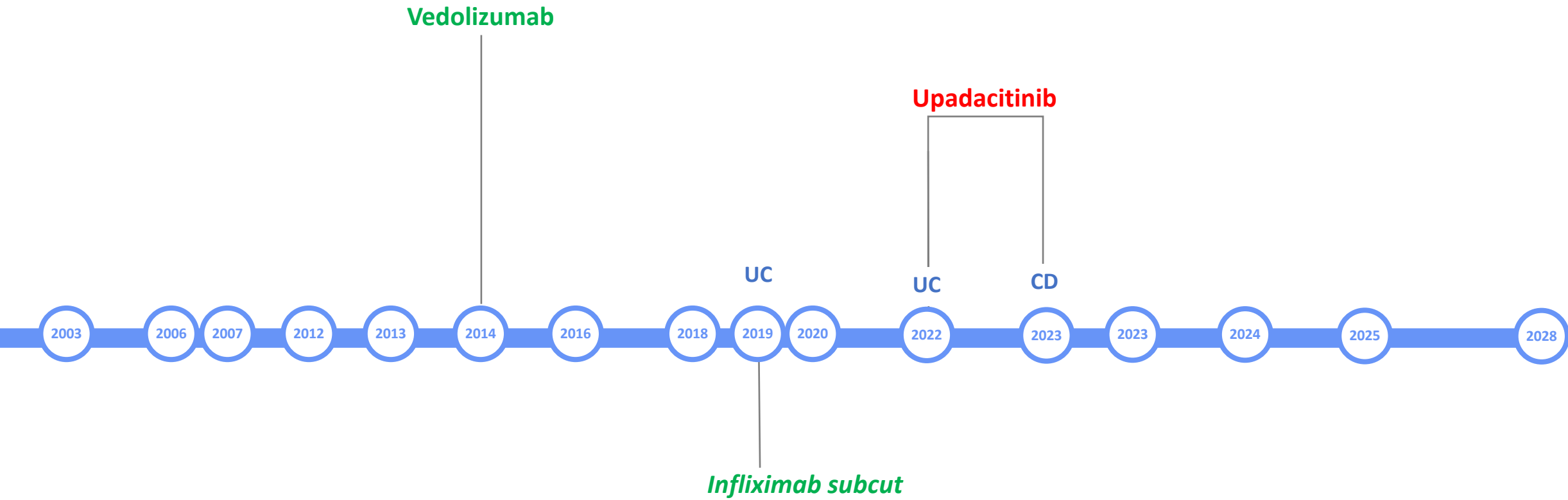
Upadacitinib

UC

CD







Our decisions are driven by

- Cost
- Guidelines
- Local availability
- Experience / familiarity
- Limited head-to-head data
- The latest network meta—analysis
- Real world evidence with propensity matching
- And the hype from the latest conference / marketing

WE ARE PERSONALISING MEDICINE

BUT ... this is **not yet** precision medicine

What are the key decisions / unknowns

FIRST DRUG in Crohn's to induce and maintain remission for 5+ years

- anti-TNF (really?) versus USTE versus RISA versus UPA
- versus combo JAKi plus p19 or anti-integrin and maintenance

AFTER first TNF failure

- second anti-TNF or RISA or UPA

FIRST DRUG in UC???????????

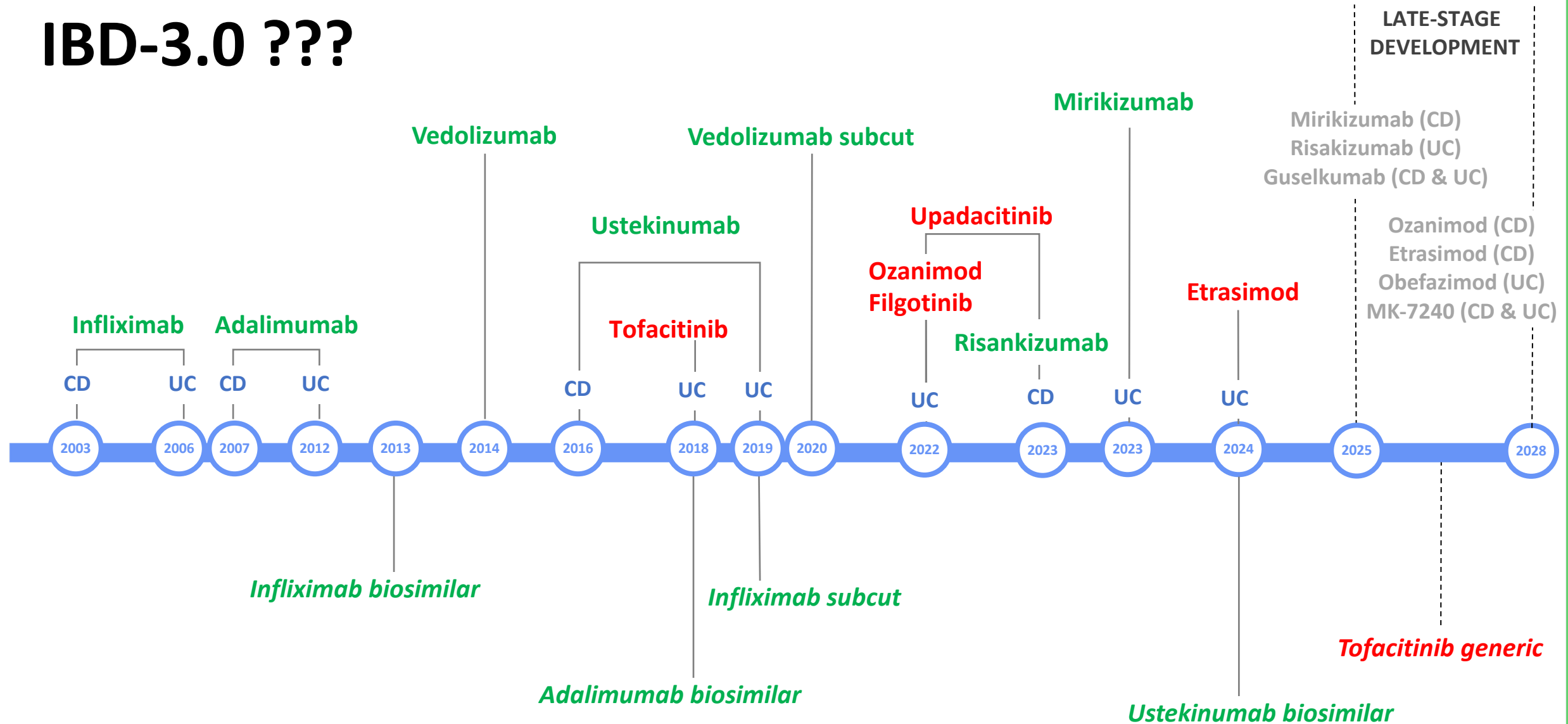
- p40 versus p19
- anti-integrin versus S1P modulator
- JAKi versus JAKi

After JAKi failure – another JAKi or out of class



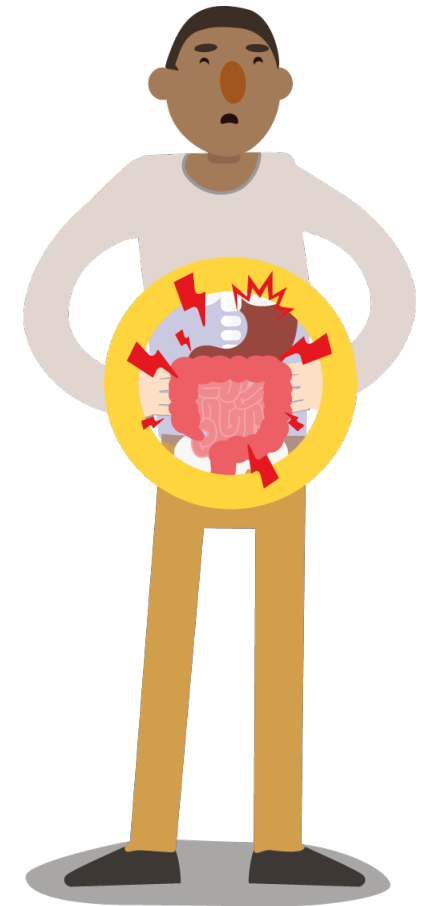
- ✓ Treat symptoms
- ✓ Control gut inflammation
- ✓ Minimise steroid exposure
- ✓ Keep patient out of hospital
- ✓ Prevent the disease from progressing
- ✓ Decrease surgery and stoma formation
- ✓ Minimise complications from drugs and disease

IBD-3.0 ???



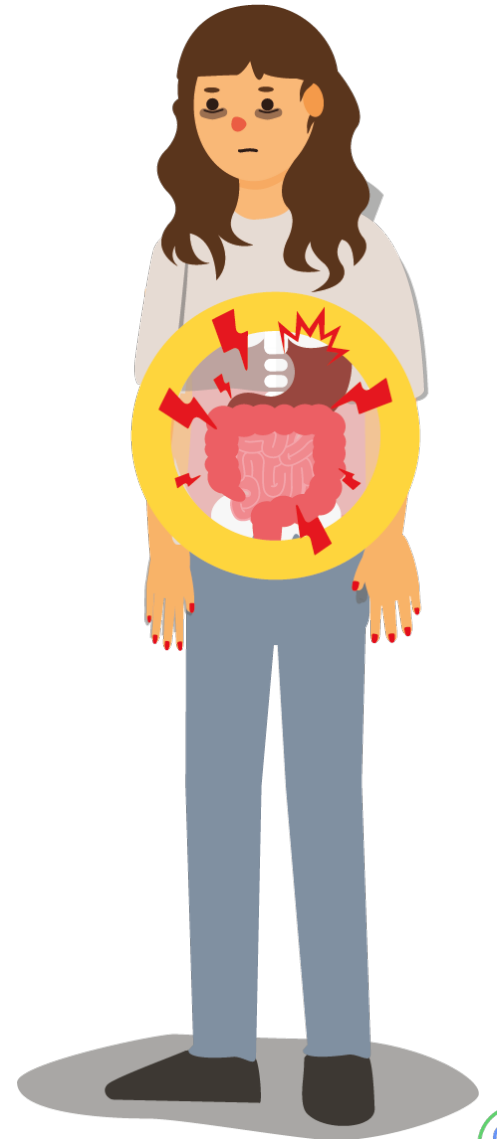
Where should we focus our efforts?

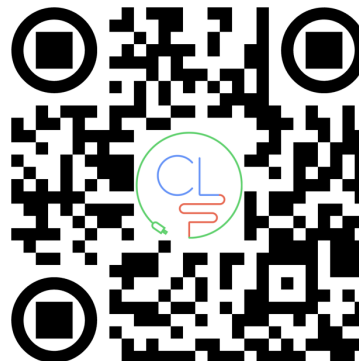
1. **Building solid evidence**
2. **Fistula and stricture** therapy
3. **Microbial** and **dietary** strategies
4. **Rational combinations** of therapies
5. **Special populations:** children especially
6. **Delivery of high-quality care** to all patients
7. **Biomarker discovery** to enable precision medicine
8. **Psychological** and **holistic** approaches to enhance care
9. **Frictionless** and **passive monitoring** that work for patients



Is this really a new life for our patients?

“good progress, but more work to do”





ATOMIC IBD



UK Research
and Innovation



**CROHN'S &
COLITIS UK**

THE UNIVERSITY
of EDINBURGH

