

CHAPTER HIGHLIGHTS AND
SUPPLEMENTAL READING
THE ELECTRONIC SEARCH TOOL

FOR
The Art of Meditation
PART 2: THE EXPERIENCE
CHAPTER 12
“For He Is Thy Life”

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CHAPTER HIGHLIGHTS AND
SUPPLEMENTAL READING

FOR

The Art of Meditation

CHAPTER 12

“For He Is Thy Life”

Chapter Highlights

... “for He is thy life, and the length of thy days...”

Deuteronomy 30:20

...Immortality is the realization of our true identity as God-being, an identity without beginning and without end, eternal and everlasting...

Pp 107

...Those who have no knowledge of God and their relationship to God may be forced out of their bodies by disease, accident, or old age; but those with a right understanding of God will make the transition without struggle, pain, or infirmity.

...We pass from infancy to childhood, childhood to adolescence, and adolescence to maturity—each state of consciousness, one of God’s many mansions.

...There is no difference between the flow of God this minute or a hundred years from now. Actually, the life of God will never age or end.

...As long as there is work for us to do on what is called this plane of existence, God will maintain us in vitality, strength, youth, health, and wholeness.

Pp 108

...Every transition is for the glory of God and for the development of our individual Soul.

...just as the flower blooms, fades, and then blooms again, so do old experiences give way to new. We pass through many transitional experiences, but death is never a part of any of these experiences.

...Death is our interpretation of what we are witnessing; but those who have caught the first tiny glimpse of God understand that God is life eternal, life without beginning and without end, “for he is thy life, and the length of thy days.”

Pp 109

...The body will die daily: the fingernails and hair are cut off and grow again; the skin sloughs off; the cells in the body are constantly changing; and yet despite these changes, the consciousness which is our true identity remains.

Pp 109-110

...At some period or other in our experience, we must give up our concept of the body as constituting the sum total of our being and accept the truth of our spiritual identity as consciousness.

...Every day we must consciously remove ourselves from the laws governing human experience and acknowledge the grace of God in the conscious realization that we are living in the Invisible, on the Invisible, and by the Invisible.

...Transition is not primarily physical; it is an act of consciousness.

Pp 110

...Transformation takes place in consciousness and externalizes itself as form.

Pp 110-111

...As we begin to understand this new and startling idea, we will then perceive that this I which I am, is permanent and eternal:

...Within me is the spiritual life force, which is functioning from the within to the without. I do not have a life force; I am the life force. That life force constitutes my true being and flows into harmonious and infinite form. Consciousness is the law and the activity unto the body. Nothing can ever stop the being that I am, because I exist independently of what the world calls matter, confinement, or embodiment. The nature of my being is eternality.

Pp 111

...The only moment I can know is this minute. A minute ago has no existence; a minute from now will have no existence. To me, the past, the present, and the future are now: it is this now in which I am living; it is now that I have always lived; and it is now that I shall always live. It is purposeless and pointless for me to look forward to a life one hundred or two hundred years from now. The only time I can live is now; and now, in this moment, God, the one Life, is expressing Itself. I do not express life: Life expresses Itself as my infinite, individual, indestructible being.

Pp 112

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Search: “immortality is”

From *The Altitude of Prayer*

...This constitutes your immortality. Dying does not ensure immortality. Immortality is an activity of truth in your consciousness and can just as well be experienced while you are on earth as in any future lifetime. In order to experience immortality, however, you must understand the nature of your own being. Unless you know what you are you cannot experience immortality. Immortality is an experience which you may have here and now if within yourself you can realize *I*: The *I* that I am is of the same spiritual substance as God; the *I* that I am is of the same truth-substance as God; the *I* that I am is of the same love-substance as God.

The Altitude of Prayer
Chapter 4 – “This is Immortality”

From the 1951 Second Portland Series

...Immortality is the realization of individual life as eternal, and you can't understand individual life as eternal unless you can understand God as individual life.

607B 1951 Second Portland Series
“Divine Impartation and Reincarnation”

From The 1955 Cape Town Series

...Now the very moment that you claim that the infinite wisdom of God is yours, all of God's love is yours, all of

immortality is yours, all eternal life is yours, all of “My peace” is yours.

707A 1955 Cape Town Series
“Start the Flow to God”

Search: “true identity is”

From *The Government of Eden*

... Ignorance of our true identity is the only cause of error in our experience.

The Government of Eden
Chapter 2 – “The Genesis of Identity”

From The 1954 Honolulu Lecture Series

... Your true identity is God expressing Itself, God revealing Itself, God unfolding and disclosing Itself; and therefore, this I of you has every property and every quality of God—not only quality but quantity also. Because you see, there is no such thing as dividing up God into bits. So God appearing is the infinity of God.

76A 1954 Honolulu Lecture Series
“What Have We in the House”

From *Realization of Oneness*

... The more we realize that this is God-life, that this is God-consciousness appearing as us, the more we lose concern for our own life in the realization that God knows how to maintain and sustain His life, which is ours. Knowing our true identity is the hidden manna. It is the ability to rest back, knowing that God has no limitations whatsoever, and that God lives our life. God cannot die; God cannot sin; God cannot be sick.

Realization of Oneness
Chapter 8 – “On the Sea of Spirit”

Search: “without beginning”

From The 1957 Inner Working Group Series

...Well, what is God? Indestructible, without beginning, without ending. Then matter must be one of Its forms. See that? And here we've been denying matter, saying there is no matter and poof at matter, when matter is an indestructible substance that you've got to learn to live with! You've got to learn to live with matter, and love it, because it's indestructible, It can change form. So if your body wants to die and get burned up in a furnace, You know what that science book says? It weighs just as much after it's burned up as when it's in full form. It doesn't even lose weight by going through the fire. See that? Indestructible, incorruptible, without beginning and without end is matter. Why? Because it's Mind and Mind is Spirit and Spirit is God.

448A 1957 Inner Working Group Series
“Function, Action, Law of Mind”

From *Conscious Union with God*

...Is immortality merely living a long time? Is it merely longevity? No, immortality is life eternal without beginning or ending. No spiritual seeker would believe that his consciousness can come to an end even though he might believe that it is inevitable that his body will drop away. But that is a thought which should be corrected at once. Your body does not drop away or age unless you permit it to do so. You are the one who must make the conscious decision that life is eternal and that your body, the temple of the living God, is under the jurisdiction of that life. Since life is eternal and life is consciousness, how can consciousness be dead?

Conscious Union with God
Chapter 3 – “States and Stages of Consciousness”

Search: “transition is not”

From *The Heart of Mysticism, Volume Four*

...Transition is not a physical thing. Transition is an act of consciousness which appears physically. To each of us there comes a time to cease being human beings, to cease living our human lives. That does not mean that we must die; it does not mean that we must pass on to attain our spiritual estate. There are those here who have passed from living a human life and are now living a spiritual life on earth, although, if you were to see them, you might not be aware of the transition they have undergone because their outward appearance is not unlike our own. But that is only the appearance: Actually, they have attained their Christhood.

The Heart of Mysticism, Volume Four
Chapter 4 – “Resurrection”

From The 1958 Second Chicago Closed Class

...Those on the spiritual path do not die or pass on. They make a transition which has nothing to do with dying or passing on, because it's not an act of theirs, it's an act of God. Transition is not what we do, but what happens to us by the grace of God. And you can understand it better if I describe it this way. Let us say that you're an infant, and you make the transition from infancy to childhood. Now you have an entirely different looking body. You haven't died or passed on; you've just made a transit from infancy to childhood. Now you reach the age of puberty and another change takes place in your body, but it is not dying and it is not passing on, it is a transitional stage into another phase of life.

213A 1958 Second Chicago Closed Class
“Questions and Answers”

Search: “and eternal”

From *The Early Years*

...True consciousness, which is the life of all being, knows only the allness of being; the allness of infinite and eternal perfection, without change, and without effect from human opinions or actions.

The Early Years
Chapter 11 – “Consciousness”

From *Consciousness Unfolding*

...Only as we are able to recognize Christ as being always like a cloud around us in Its freedom and Its tenderness, do we begin to understand what it means to be able to say, “I have no freedom, no health, no wealth of my own. It is the will of God, the life of God, made manifest as me. The life of God is immortal and eternal. It is health, wealth, harmony, wholeness, peace, joy, and dominion. It is all things of a spiritual nature.” We fail because, with the intellect, we try to bring God down to human terms; we try to connect God with a human being. We think of it as the life of God “in me,” and thereby, set up a “me” separate from the life of God.

Consciousness Unfolding
Chapter 5 – “Freedom in Christ”

Search: “the only moment”

From The 1952 New Washington Series

...We have existed throughout eternity. We will continue existing throughout eternity, and in proportion to your acceptance of this, the barrier that is your original birth date will start to disappear; and in disappearing you will catch glimpses of the immortality of your life in what is called both the past and the future, since there is no past or future. You see, a minute ago has no existence. A minute from now will have

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no existence. The only moment I can know is this moment, and it is this moment in which I'm knowing everything, whether you give it the title past, present, or future.

8B 1952 New Washington Series
“The Deep Things of Spirit”

From *The Art of Spiritual Living*

...Life is eternal, and life is no older than the life we are living at this moment. We are as young this moment as an infant or as a child of three, because this is the only moment in which we live, and in this moment in which we are living and being, what more can we have?

The Art of Spiritual Living
Chapter 9 – “The Consciousness of the Individual”

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