

## 1 Patient Information

### 1a DEMOGRAPHICS

Full name:	_____	MRN / Patient ID:	_____
Date of birth:	_____	Date of intake:	_____
Age:	_____	Preferred language:	_____
Sex:	_____	Interpreter needed:	_____

### 1b CONTACT INFORMATION

Phone (primary):	_____	Street address:	_____
Phone (secondary):	_____	City / State / ZIP:	_____
Email address:	_____	Preferred contact method:	_____

### 1c EMERGENCY CONTACT

Name:	_____	Phone:	_____
Relationship:	_____	Alternative phone:	_____

### 1d INSURANCE INFORMATION

Primary insurance:	_____	Secondary insurance:	_____
Member ID:	_____	Member ID (secondary):	_____
Group number:	_____	Co-pay / Deductible:	_____
Policy holder name:	_____	Referring provider:	_____

## 2 Chief Complaint

### 2 PRIMARY REASON FOR SEEKING CARE

Primary complaint (patient's words): \_\_\_\_\_

Duration of current concern: \_\_\_\_\_

Urgency / acuity: \_\_\_\_\_

## 3 History of Present Illness

### 3a ONSET & DURATION

When did symptoms begin:	_____	Course (improving / worsening / stable):	_____
Onset (sudden / gradual):	_____	Frequency / pattern:	_____

### 3b SEVERITY & PROGRESSION

Severity (0–10 scale): \_\_\_\_\_

Progression since onset: \_\_\_\_\_

Aggravating factors: \_\_\_\_\_

Alleviating factors: \_\_\_\_\_

### 3c ASSOCIATED SYMPTOMS

List any other symptoms occurring alongside the primary complaint — e.g., fever, fatigue, nausea, pain, neurological changes, cardiorespiratory symptoms...

**3d PRIOR EVALUATIONS & TREATMENTS**

Previously seen by: \_\_\_\_\_

Prior diagnoses (if any): \_\_\_\_\_

Describe any prior evaluations, lab work, imaging, or treatments already tried — include response and outcomes...

**4 Past Medical History**

**4a CHRONIC CONDITIONS**

List all chronic or ongoing medical conditions with approximate year of diagnosis — e.g., hypertension (2018), Type 2 diabetes (2020), asthma (childhood)...

**4b PRIOR HOSPITALIZATIONS**

List hospitalizations with reason and approximate date — e.g., pneumonia (2022), chest pain workup (2019)...

**4c SURGICAL HISTORY**

List all prior surgeries or procedures with approximate dates — e.g., appendectomy (2015), cholecystectomy (2021), knee arthroscopy (2017)...

**5 Medications**

**5 CURRENT MEDICATIONS**

MEDICATION NAME	DOSE	FREQUENCY	PRESCRIBING PROVIDER
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**OTC / SUPPLEMENTS / VITAMINS**

List any over-the-counter medications, supplements, vitamins, or herbal remedies...

**6 Allergies**

**6 KNOWN ALLERGIES & REACTIONS**

ALLERGEN (DRUG / FOOD / ENVIRONMENTAL)	TYPE	REACTION / SEVERITY
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Contrast / latex allergy: \_\_\_\_\_

NKDA (No Known Drug Allergies): \_\_\_\_\_

## 7 Family History

### 7 HEREDITARY & FAMILIAL CONDITIONS

RELATION	CONDITION(S)	AGE OF ONSET / NOTES
e.g., Mother		
e.g., Father		
e.g., Sibling		
e.g., Maternal grandmother		
e.g., Paternal grandfather		

Family history of cancer: \_\_\_\_\_

Family history of cardiac disease: \_\_\_\_\_

Family history of mental illness: \_\_\_\_\_

## 8 Social History

### 8a OCCUPATION & LIVING SITUATION

Occupation: \_\_\_\_\_ Living situation: \_\_\_\_\_

Employment status: \_\_\_\_\_ Lives with: \_\_\_\_\_

Work environment: \_\_\_\_\_ Support system: \_\_\_\_\_

### 8b SUBSTANCE USE

Tobacco use: \_\_\_\_\_ Recreational drug use: \_\_\_\_\_

Pack-year history: \_\_\_\_\_ Substance(s) used: \_\_\_\_\_

Alcohol use: \_\_\_\_\_ Caffeine intake: \_\_\_\_\_

Drinks per week: \_\_\_\_\_ Exercise habits: \_\_\_\_\_

### 8c ADDITIONAL SOCIAL CONTEXT

Marital / relationship status: \_\_\_\_\_

Number of children / dependants: \_\_\_\_\_

Highest education level: \_\_\_\_\_

Diet / nutritional patterns: \_\_\_\_\_

Stress level (0–10): \_\_\_\_\_

Sleep (hours/night, quality): \_\_\_\_\_

## 9 Review of Systems

### 9 BRIEF SYSTEM-BASED SYMPTOM SCREENING

Document positive and pertinent negative findings. Use the field to record specific symptoms, or note "Negative" if no symptoms in that system.

Constitutional: \_\_\_\_\_ HEENT: \_\_\_\_\_

Cardiovascular: \_\_\_\_\_ Respiratory: \_\_\_\_\_

Gastrointestinal: \_\_\_\_\_ Genitourinary: \_\_\_\_\_

Musculoskeletal: \_\_\_\_\_ Neurological: \_\_\_\_\_

Dermatologic: \_\_\_\_\_ Psychiatric: \_\_\_\_\_

Endocrine: \_\_\_\_\_ Hematologic / Lymphatic: \_\_\_\_\_

Immunologic / Allergic: \_\_\_\_\_ Reproductive: \_\_\_\_\_

## A Initial Assessment

### 10 PRELIMINARY CLINICAL IMPRESSION

Document the clinician's initial clinical impression based on intake information — working diagnoses, differentials, or areas of clinical concern...

### 11 RISK FACTORS & RED FLAGS

Check all that apply and document relevant detail in the field below.

Suicidal / self-harm ideation

Acute cardiac symptoms

Neurological deficit

Unintentional weight loss

New-onset severe headache

Fever of unknown origin

Respiratory distress

Immunocompromised state

History of malignancy

Recent trauma / injury

Substance use disorder

Domestic violence / safety concern

Document specific risk factor details, relevant clinical context, or additional red flags identified during intake...

## P Plan

### 12 DIAGNOSTIC WORKUP

List labs, imaging, or other diagnostic studies to be ordered — e.g., CBC, CMP, HbA1c, ECG, chest X-ray, MRI brain; include clinical indication for each...

### 13 REFERRALS

SPECIALTY / PROVIDER	REASON FOR REFERRAL	URGENCY
_____	_____	_____
_____	_____	_____
_____	_____	_____

### 14 INITIAL MANAGEMENT STEPS

Document immediate management decisions — medications initiated, lifestyle recommendations, safety planning, patient education, urgent interventions...

### 15 FOLLOW-UP

Return appointment: \_\_\_\_\_

Return earlier if: \_\_\_\_\_

Patient instructions: \_\_\_\_\_

### CLINICIAN SIGNATURE

Clinician name: \_\_\_\_\_

Date & Time: \_\_\_\_\_

Credentials / NPI: \_\_\_\_\_

Facility / Clinic: \_\_\_\_\_

Signature: \_\_\_\_\_

Visit type: \_\_\_\_\_