GRACE THAT FORMS US

Family Study: Titus 2:11-15

Main Idea: God's grace doesn't just save us—it trains us to live out God's love every day.

Key Verse: *"For the grace of God has been revealed, bringing salvation to all people. And we are instructed to turn from godless living and sinful pleasures...." — Titus 2:11–12a (NLT)*

Object Lesson: Coach Grace & The Personal Trainer

Supplies Needed: A soccer ball, basketball, or jump rope *(*see note below)*

1. **Set up:** Have your child attempt a trick or skill (like dribbling a soccer ball or shooting a basket) without any instruction. *(*You know your child. Choose something they are interested in or something that would be fun or silly for them to do. It doesn't have to be a sport. It could be any activity or skill.)*
2. **Action:** Act as their "coach" or "trainer." Demonstrate how to position their feet or hands, encourage them when they make a mistake, and guide them through trying again.
3. **Discuss:** How is having a good coach different from someone who just yells rules at you? A coach stays right beside you, helping you practice, grow stronger, and build good habits. Paul tells us that **God's grace acts just like a coach or trainer in our lives!**

Scripture & Discussion

Read Together: Titus 2:11-14 (NIrV or NLT translation recommended for kids).

- What does the word "grace" mean? *(It means God's free, unearned gift of love and forgiveness to us through Jesus!)*
- How does grace "train" or "coach" us to say "No" to bad choices? *(When we understand how much God loves us, our hearts want to please Him instead of chasing selfish or greedy things.)*
- Why is it easier to practice self-control when we remember what Jesus did for us? *(Because knowing Jesus satisfies our hearts so much that we don't need to look for happiness in the wrong places.)*

Key Takeaway

God's grace isn't just a gift we receive once when we are saved—it is an active force working in us every single day! Just like a patient coach, grace teaches us how to drop bad habits, say "No" to selfish desires, and say "Yes" to living a wise, self-controlled life that honors God.

Family Action Step

Pick one "training goal" as a family this week (for example: saying "No" to complaining, choosing patience when waiting your turn, or putting away screens to spend time together). Whenever it gets tough, remind each other: *"God's grace is coaching us today!"*

Closing Prayer:

"Lord, thank You for Your incredible grace that saved us and continues to guide us every day. Be our coach this week as we learn to say 'No' to selfish things and 'Yes' to loving You and others. Help our family show Your grace to everyone around us. Amen."

GRACE THAT FORMS US

Sermon: Grace Trains Us

Scripture: Titus 2:11-15

Opening Questions

What is one habit, skill, or discipline in your life that required significant training or practice to master? What kept you motivated through that process?

When you hear the word "discipline," what usually comes to mind first—punishment, strict rules, or growth? How does thinking of grace as a "trainer" shift that picture?

Digging Deeper

Read Titus 2:11-15. Paul uses the Greek word *paideuo* for training, which refers to raising a child or shaping character. How does understanding grace as active education change the way we view our daily struggles with sin?

Read 1 Timothy 6:6 & Hebrews 12:1-10. The goal isn't simply to become better at resisting sin, but to become increasingly satisfied in Christ. How does finding ultimate satisfaction in Jesus empower us to renounce worldly passions?

Why do we often try to hold onto both God's grace and our earthly treasures or worldly desires? What makes this compromise so tempting, and why is it ultimately dangerous?

Living it Out

Is God’s grace truly "rich" to you right now, or has it become a familiar routine? What is one practical step you can take this week to cultivate a deeper awe for His unmerited favor?

Where in your life are you currently resisting the "training" of grace? What specific desire, status, or habit is God inviting you to surrender to Him today?