



#### **REMEMBER**

- 1. Design must touch 3 edges of the bike rack
- 2. Simpler is better. Fine detail might get lost
- 3. It needs to also be functional. Make sure you are able to tie a bike to it
- 4. Design must be above the dotted line

Name:	Parent/Guardian if under 18:	Age:
School (if Applicable)		
Email:	Phone:	

Entries must be received no later than **9/30 at 5pm at the Center**(4718 N. Polk). Winners will be chosen by a panel of local artisans and will be announced at our Fall Festival on Saturday, October 18th (4-6pm) at the Teague Center

## Ready to Ride?

Whether you're pedaling through the San Joaquin River trails, navigating Fresno's streets, or just teaching your kids the joy of riding, bike safety is essential for a great experience. Explore responsibly, stay visible, and ride defensively—Fresno has so much to offer when you see it from a bike.

### BICYCLE SAFELY IN FRESNO

Tips for Families, Commuters, and Everyone in Between



Whether you're a parent teaching your child to ride, a daily commuter, or a weekend explorer, safe biking habits are key to enjoying all that Fresno has to offer from the seat of a bicycle.









# Defensive Biking: Lessons from the Trail

Source: Bicycling in Fresno by Juan Flores (via Fresno County Bike Coalition)

Juan Flores, a lifelong bicyclist and local advocate, shares heartfelt stories and practical advice drawn from years of riding with his children across Fresno. His key tips include:

- Choose smarter routes: Don't just follow your driving path—explore shaded streets, hidden gems, and bike paths that showcase Fresno's natural and cultural beauty.
- Ride like you're invisible: Even if you have the right of way, assume drivers may not see you. Always watch for red-light runners and make eye contact when crossing.
- Use lights—even in the day: Front headlights and rear flashing lights increase your visibility, even during daylight hours.
- Respect bike paths: Share with joggers, walkers, and slower riders. Stay alert for sudden changes and passing conflicts.
- Sidewalk riding: Know your local laws—while generally discouraged, sidewalks may be safer in certain situations. Use judgment.
- Explore Fresno: Bicycling opens up access to the San Joaquin River, historic neighborhoods, and local bike clubs.

Flores also highlights the environmental and practical benefits of cycling—avoiding traffic, saving time, and reducing air pollution.

### Sheriff's Tips for Smart Riders

Source: Fresno County Sheriff's Office Bicycle Safety Tips

- Straight from law enforcement, here are top safety rules:
- Always wear a helmet
- Obey all stop signs and traffic laws
- Never ride double or swerve unpredictably
- Use hand signals when turning
- Wear bright clothing and walk bikes across intersections
- Register and lock your bike to protect your property
- Always ride single file in groups and with the flow of traffic

### What Do Green Bike Lanes Mean?

Source: California Office of Traffic Safety Bicycle Resources

Green bike lanes are becoming more common across California. Here's how to navigate them safely:

- Green = High Interaction Zones: These lanes often appear near intersections or driveways—areas where cars and bikes may cross paths.
- Dashed green sections signal merging zones—proceed with extra caution.
- No automatic right-of-way: Green paint is a visual cue, not a guarantee of safety. Stay alert.

Quick Reminders for All Riders in California:

- Helmets required under 18, recommended for all
- Use front white lights and rear red lights/reflectors at night
- Watch for car doors opening ("dooring")
- Use hand signals and avoid distractions like phones or headphones
- Take the full lane if the bike lane is blocked or unsafe