

Flinders Pilates

MON	7:00am	12:10pm	4:15pm	5:15pm	6:15pm
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TUES	7:00am	7:45am	1:00pm	4:15pm	5:15pm
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WED	7:45am	12:10pm	4:15pm	5:15pm	6:15pm
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THUR	7:00am	7:45am	12:10pm	4:15pm	5:15pm	6:15pm
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FRI	7:00am	5:00pm
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SAT	8:00am	9:00am	10:00am
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SUN	9:00am	10:00am
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Class duration 45 mins

Located in the Flinders Reformer studio on the Mezzanine level at FUSF



**SPORT &
FITNESS**

fit reformer