notonously used in certain classes of society. The labourer is acquainted with but a very small section of his mother tongue, and he covers up all deficiencies, fills all gaps and cracks with a coat of crimson paint. A limited vocabulary is also the origin of those vague, unmeaning comparisons which are so freely used in colloquial speech. To say that a thing is done, or that a horse, for instance goes "like mad" or "like one o'clock", can hardly be called a precise statement.

Want of precision is often attributable, also, to confusion of ideas. A man must think clearly before he can speak or write clearly. Brevity by no means necessarily leads to precision; it may simply be the result of mental muddle, an inability to grasp the comparative values of words and the constructions of sentences. The Italian warehouseman who put up in his window the notice, "Respectacle girls, about 18. wanted for bottling," had certainly not learned to think clearly. The dealer in cheap shirts who in very large print warned the passersby that his goods wouldn't "last long at this price," was probably nearer the truth than he meant to be; while the householder who advertised in the columns of a daily paper which contained a description of the last Lord Mayor's feast - "Roast cook (young man) Wanted for the City"-might have avoided the gruesome suggestion of cannibalism which flavoured his advertisement, had he been a little more liberal in his use of words.

Punctuation is another pitfall. The statement in an American paper that "A man killed by a railroad car running into Boston, supposed to be deaf," seems to want a little adjustment. Some years ago the following alarming notice was exhibited at a certain English seaside resort: - Visitors are cautioned against bathing within a hundred yards of this spot, several persons having been drowned here lately by order of the authorities," Pronouns need to be used with care and discriminstion. The small boy who wrote to his after: "My dear Papa, - Whenever I'm tempted to do wrong, I think of you and say, "Get thee behind me, Satan," has had many adult companions equally unskilled in the use of pronouns.

The use of metaphor often "makes hay" of a speaker's ideas. If the enthusiastic curate, who called upon his lady hearers not to be lukewarm Christians' but to be "earnest fishers of men", had been a little less flowery in his diction, he would have run less chance of being misunderstood. General" Booth once called upon his followers to be "living torpedoes, bursting and going off in every direction", and so attracting others to religion.

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Unrest, the Demon.

One of the most note-worthy incidents of life in our winter resorts is the restlessness which, as the spring approaches, takes possession of the great majority of visitors. Early in February the first symptoms appear, and before many weeks the desire for change has spread like an infectious disease. until it has become feverish in its intensity and unreasoning in its dissatisfaction with everything and everybody. People who in other matters possess sound common sense, who, in making a decision, are accustomed to exercise a clear-headed appreciation of pros and cons, and who in questions of their wants and desires usually exhibit exemplary self-control, are equally with the emptyheaded, seized by this restless desire for change. Common-sense no longer dominates their course, the cons are drowned in the flood of specious argument which buoyantly floats the triumphant pros. and self-control is exchanged for an unreasoning spasm of intense longing for change.

So universal is the feverish desire to be on the move that the most extraordinary follies are committed under its influence, and the most astounding carelessness of life is exhibited, without raising the smallest remonstrance, or causing the slightest astonishment at this degrading instance of human folly.

Some may think we treat too seriously what at worst they consider as merely the indulgence of a passing whim; with such we join issue, leaving the facts to plead their own cause. It is quite a common occurence for one or several members of a family to spend some months of exile from home, from friends, from favourite pursuits or work, solely actuated by the desire to restore health to some relative or friend; in a word they have expended time, trouble and substance for a certain object, which in many cases is wholly or partially attained. One would imagine that that which has cost so much would be valued in proportion, and that the health so striven after would not be risked with reckless promptitude in exchange for the gratification of some passing desire, or for the avoidance of some trifling inconvenience. So powerful, however, is the demon Unrest, that these very friends and relatives will risk without scruple the very lives they have been anxiously solicitous of, merely to indulge in their craving for change, and will travel in any weather at the risk of health and often of life, rather than un-

dergo the trifling inconvenience of delaying their journey for a day or two. Usually the only reasons for haste are, that they have made their plans, they have packed their clothes, or they have ordered their sleigh. Health or even life is placed in the balance with the slight inconvenience of changing plans, or a trivial disappointment, and promptly kicks the beam.

So far we have dealt with the result of the restless longing for change, as it concerns persons who risk the life and health of others as a sacrifice to their own selfish wishes. We have yet to notice the result on persons whose own health and lives are endangered by their childish abandonment to the desire of the moment. Among such the demon Unrest prompts the ghastly proposition, that if life is to be short let it at all hazards be a merry one; the wilful sacrifice or shortening of life in pursuit of enjoyment follows as a natural consequence. It is difficult to imagine a proposition which, carried to its logical conclusion, would have more disastrous consequences to mankind. If looked at from the standpoint of Christianity its wickedness is appalling. On this principle a man condemned to die may spend his last days and hours in the indulgence of his favourite form of enjoyment, or on a bed of deadly sickness may expend his last moments in senseless amusement. admit the right of each one to barter his or her life in exchange for immediate enjoyment is to justify the drunkard in exchanging his body and soul for drink, is to applaud the man or woman who ruins his or her health in pursuit of pleasure, is to turn life into a bauble that may be thrown away at leisure; and places a halo of romantic heroism round the poor wretch, who breaks for ever the silver cord by taking refuge from sorrow in a suicide's death.

RULES

of

the St. Moritz Tobogganing Club.

- The Club shall be called the St. Moritz Tobogganing Club, and shall consist of Ordinary, Honorary and Temporary Members.
- 2. The objects of the Club shall be the making and maintenance of the Cresta Run, the Fussweg Snow Run and the Bobsleigh Run, hereinafter referred to as the Club Runs, the holding and management of Races upon those runs, the encouragement and management of Races upon the Village Run and on other Roads or Runs, and generally,

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the promotion of the interests of Tobogganing and Bobsleighing.

- 3. The Committee shall have sole direction of the labour employed in the construction and maintenance of the Club Runs.
- 4. Each Season, at the earliest convenient time, a General Meeting of the Club shall be called by such members of the Committee elected the previous season as may be in St. Moritz, at which 12 members shall form a quorum, for the following purposes. Inter alia:
 - I. To consider accounts;
 - II. To elect a Committee for the ensuing season.
- 5. The Committee shall consist of the President (ex officio) and of four elected members who shall have power to add to their number or to replace Vacancies, and they shall hold office until resignation or the appointment of a new Committee under Rule 4.

Note. If, before the first General meeting of any season, there are not sufficient old Committee members present in St. Moritz to form a quorum (see Rule 11), such members of the Committee as are present shall complete their number to three (3), in order that they may te enabled to elect new Members.

- 6. Ordinary Members shall be such persons as may be elected by a majority of the Committee.
- 7. Honorary Members shall be such persons as may be elected by a majority of the Committee, either "Honoris causâ" or for special reasons, e. g. Competitors from Davos.
- 8. Temporary Members shall be such persons as, making a short stay at St. Moritz, may, at the discretion of the Committee, be accorded the use of the Club Runs, and the right to compete in any race held under the management of the Club on payment of less than the full annual subscription: and such reduced subscription or donation shall in no case be less than frs. 10. -
- 9. Honorary and Temporary Members thall be bound by all the Rules, and enjoy all the Privileges of the Club-save only that they shall have no right to attend or vote at any Meeting of the Club.
- 10. The annual Subscription shall be, for an ordinary Member frs. 30. -, for an Honorary Member nil, and for a Temporary Member, a sum to be determined in accordance with Rule 8. And no Ordinary or Temporary Member shall be entitled to exercise any of the rights of membership until he shall have paid his subscription for the season.

Note. Any person, on election by the Committee, who does not use the Cresta Run, or act as Steerer or Brakesman of a Bobsleigh on a Club Run, may use any other of the Club Runs on payment of a subscription of frs. 10.—and shall, otherwise, enjoy all the rights, and privileges of a Temperary Member (see Rule 40).

The Committee.

- 11. Three Members shall form a quorum.
- 12. The Committee shall have sole control of the Club Runs and of Races run upon them, with power to allow, or prohibit, the use of any point or points near the runs as stands from which the Races may be viewed.
- 13. At their first meeting, which shall be held immediately after the conclusion of the general meeting at which they were elected, the Committee shall proceed to elect, from their number, an Hon. Secretary and an Hon. Treasurer for the ensuing Season.
- 14. The Committee shall have the sole right to select competitors to represent the Club in the International Race at Davos and in the Grand National Race at St. Moritz.
- 15. The President may, at any time, instruct the Hon. Secretary to call a General Meeting of the Club, giving not less than twelve hours notice, by notices posted on the Club Notice Boards. and he shall be bound to call a General Meeting within forty eight hours at any time after the first General Meeting of the season, on receiving a written requisition from not less than ten Members of the Club stating the business for which the Meeting is required.
- 16. The Club Runs shall be open for the use of members at hours which shall from time to time be notified on the Club Notice Boards, and, during those hours, there shall always he a responsible person on duty at the Crossing of the Cresta Road to control the traffic and to secure the safety of those using the Runs.
- 17. Either or both of the Club Runs may, at any time, be opened or closed by the Committee in the interests of Members, and, on either of the Runs being so opened or closed, notices shall, as soon as possible, be posted on the Club Notice Boards.
- 18. When either of the Club Runs is blocked i. e. when obstacles are placed across the run by officials or servants of the Club, that Run must on no account be used by any one, and at times when, as on Holidays and on Sundays or between the hours of one and two P. M., either or both of the Club Runs may be closed, owing to the inability of the Committee to provide a man at the crossing (see Rule 16), members using either of the Club Runs must themselves find and place a competent person there to control the traffic and to secure their safety.
- 19. None of the above Rules shall be altered in any way except at a general meeting of the Club.

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On Sundays.

Holy Communion 8.30 a.m. 10.30 a.m. Morning Service Holy Communion (on 1st and)

11.30 3rd Sunday in the month)

Evening Service 5.30 p.m.

On Holy Days.

10.30 a.m. Holy Communion

During Advent and Lent.

Daily Morning Service 10.— a. m.

Visitors Lists.

Those visitors who find their names omitted from the list or misspelt will greatly oblige by mentioning the matter in the Bureau of their Hotel.

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