

## Local Wellness Policy Triennial Assessment

Sponsors participating in the National School Lunch Program and/or School Breakfast Program are required to have a Local Wellness Policy. At a minimum, the Local Wellness Policy must be assessed once every three years; this is referred to as the Triennial Assessment. Triennial assessments must determine, for each participating site under a sponsor's jurisdiction, 1) compliance with the wellness policy, 2) progress made in attaining the goals of the wellness policy, and 3) how the wellness policy compares to model wellness policies.

Sponsor Name: Hoosier Care

Site Name: Swann Special Care Center/Walter Lawson

Date Completed: January 23, 2023

Completed by: John A. Lawrence, Administrator/Head Teacher

### Part I: Content Checklist

Below is a list of items that must be addressed in Local Wellness Policies, based on U.S. Department of Agriculture (USDA) and state guidance. Check the box for each item included in your Local Wellness Policy. For any box that is not checked, consider taking steps to add the item(s) to the policy in the future. For more information, see [ISBE's Local Wellness Policy Content Checklist](#).

☒ Goals for Nutrition Education

☐ Goals for Nutrition Promotion

☒ Goals for Physical Activity

☒ Goals for Other School-Based  
Wellness Activities

☐ Unused Food Sharing Plan

☒ Nutrition Standards for School Meals

☐ Nutrition Standards for Competitive Foods

☒ Standards for All Foods/Beverages  
Provided, but Not Sold

☐ Food & Beverage Marketing

☒ Wellness Leadership

☒ Public Involvement

☐ Triennial Assessments

☒ Reporting

## Part II: Goal Assessment

Input the goals of your Local Wellness Policy into the table below for the corresponding areas: Nutrition Education, Nutrition Promotion, Physical Activity, and Other School-Based Wellness Activities. Indicate if the school is meeting, partially meeting, or not meeting each goal listed. Include any next steps in attaining the goal(s), if applicable. Table rows may be added for additional goals.

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
<b>Nutrition Education</b>				
1. Student participation working on mealtime goals as a part of the student's Individual Education Plan (IEP) and Individual Program Plan (IPP).	X			Not applicable
2. Monitoring of individual student diets by various medical, nursing, dietary, educational and support staff.	X			Not applicable
Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
<b>Nutrition Promotion</b>				
1. Parents are informed about the nutrition program and wellness policy on an annual basis.		X		We are currently informing parents about the wellness policy annually, but this needs to be included as a part of the policy.
2. Use of a nutrition bulletin board with information for parents, community members, staff and students about the nutrition program and good nutritional practices.		X		We are currently using such a bulletin board, but this needs to be included as a part of the wellness policy.

<b>3. Advertising the Summer Meal Program.</b>		<b>X</b>		<b>We currently advertise this program, but it needs to be included as a part of the wellness policy.</b>

<b>Goals</b>	<b>Meeting</b>	<b>Partially Meeting</b>	<b>Not Meeting</b>	<b>Next Steps (If Applicable)</b>
<b>Physical Activity</b>				
<b>1. Students are encouraged on a daily basis to participate to the fullest extent possible in physical activities that are appropriate for them.</b>	<b>X</b>			<b>Not applicable</b>
<b>2. Physical Therapy programs are completed as appropriate and if students tolerate them.</b>	<b>X</b>			<b>Not applicable</b>
<b>3. Students will have opportunities to participate in extracurricular activities including adaptive Little League baseball and Special Olympics.</b>	<b>X</b>			<b>Not applicable.</b>

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
<b>Other School-Based Wellness Activities</b>				
1. All food service personnel shall have adequate pre-service training and regularly participate in professional development activities.	X			Not applicable
2. School meals served shall be consistent with the Dietary Guidelines for Americans and meet the minimum nutrition requirements for school meals as outlined by the National School Breakfast and Lunch Programs.	X			Not applicable

### Part III: Model Policy Comparison

Indicate the Model Wellness Policy used for comparison against your Local Wellness Policy. Provide a narrative for each prompt below based on the findings.

☒ Alliance for a Healthier Generation's Model Wellness Policy

☐ Rudd Center's WellSAT 3.0

☐ Other: \_\_\_\_\_

1. What strengths does your current Local Wellness Policy possess?

- A. Providing nutritionally appropriate meals for our students in order to meet their individual and unique needs
- B. Monitoring of each student's nutrition on an individual basis by various medical, nursing, dietary, educational and support staff.

2. What improvements could be made to your Local Wellness Policy?

Various items and sections need to be added to our wellness policy in order to make it a complete policy as outlined by accepted standards and in order to accurately reflect things that our program currently does, but which are not in the policy.

3. List any next steps that can be taken to make the changes discussed above.

Update the wellness policy to include the missing items and sections.