

# FORTY DAYS

## WEEK 5 DEVOTIONAL

This is a 5-Day Devotional from Sunday's sermon "Hope In The Midst of Hurt." Each day includes a Scripture reading, reflection, questions, and prayer to help guide personal renewal and deeper trust in Jesus.

### DAY 1: THE GOD OF ALL COMFORT

**Verse:**

"Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and the God of all comfort." – 2 Corinthians 1:3 (CSB)

**Reflection:**

Paul does not begin with his pain, but with praise. He declares God as the *"Father of mercies and the God of all comfort."* In moments of suffering, our instinct is often to pray for it to end, but Paul teaches us to first lift our eyes to the One who comforts us. Our faith cannot be anchored in the absence of pain but in the presence of God who meets us there.

**Meditation:**

Sit quietly and repeat: *"God is the God of all comfort."* Dwell on His presence with you in your deepest hurts. Let His nearness minister to your pain.

**Prayer:**

Read out loud – *"Father of mercies, thank You that in my hurt, You are not far but close. Teach me to praise You even in pain and to receive the comfort only You can give. In Jesus' name I pray. Amen."*

### DAY 2: COMFORTED TO COMFORT

**Verse:**

"He comforts us in all our affliction, so that we may be able to comfort those who are in any kind of affliction, through the comfort we ourselves receive from God." – 2 Corinthians 1:4 (CSB)

**Reflection:**

God does not waste your pain. The comfort He pours out is meant to overflow from you to others. Hope rises when we realize our wounds can become a source of healing for someone else. Your story of God's faithfulness in the valley may be the very testimony that helps someone else find strength.

**Meditation:**

Think of someone who is hurting today. As you recall the comfort you've received from God, ask Him how you might extend that same comfort to them.

**Prayer:**

Read out loud – *"Lord, thank You for not letting my afflictions be meaningless. Use my experiences to strengthen and encourage others. Use me as a vessel of Your comfort. In Jesus' name I pray. Amen."*

**Verse:**

"For just as the sufferings of Christ overflow to us, so also through Christ our comfort overflows." – 2 Corinthians 1:5 (CSB)

**Reflection:**

Following Christ doesn't exempt us from suffering—it actually aligns us with His. But the good news is this: our suffering is always paired with His comfort. Faith is strengthened in knowing we never walk through trials alone. What we share in His suffering, we also share in His strength and consolation.

**Meditation:**

Picture Christ sitting beside you in your pain, not distant but deeply present. Think about how His comfort overflows to you. Receive His presence.

**Prayer:**

Read out loud – *"Jesus, thank You for entering into suffering so that I would never be alone in mine. Let me sense Your comfort overflowing into my soul today. In Jesus' name I pray. Amen."*

**Verse:**

"If we are afflicted, it is for your comfort and salvation. If we are comforted, it is for your comfort, which produces in you patient endurance of the same sufferings that we suffer." – 2 Corinthians 1:6 (CSB)

**Reflection:**

Paul reminds us that affliction is not without purpose. Our trials strengthen not only us but the community of faith. When we endure with hope, others are encouraged to do the same. Hope grows when we see our pain as part of God's larger work in His people.

**Meditation:**

Breathe slowly and reflect: *"My endurance in Christ can inspire hope in others."* Ask God to help you see your struggles through His eternal lens.

**Prayer:**

Read out loud – *"Lord, give me endurance in my trials and help me to see how my journey can strengthen the faith of others. May my life point people to Your hope. In Jesus' name I pray. Amen."*

**Verse:**

"Indeed, we felt that we had received the sentence of death... We have put our hope in Him that He will deliver us again." – 2 Corinthians 1:9–10 (CSB)

**Reflection:**

Paul's despair was real and it was deep. But this became the ground where hope was renews—not in himself, but in the God who raises the dead. Our hope is secure not because our situation changes, but because God's resurrection power is at work. He has delivered, He will deliver, and He will deliver again.

**Meditation:**

Hold the words: *"He has delivered... He will deliver... He will deliver again."* Let this rhythm become a declaration of faith over your circumstances.

**Prayer:**

Read out loud – *"God of resurrection, when despair whispers that there is no way out, remind me that You are the God who raises the dead. My hope rests in Your power to deliver me again and again. In Jesus' name I pray. Amen."*