STARTERS

PAN CON TOMATE & OLIVE OIL –4€

210 g

Bread, tomato, olive oil, salt

Calories: ~310 kcal Fat: ~11 g
Protein: ~7 g Carbs: ~45 g





IBERIAN HAM WITH TOASTED BREAD –14€

245 g

Iberian ham, toasted bread, tomato, olive oil

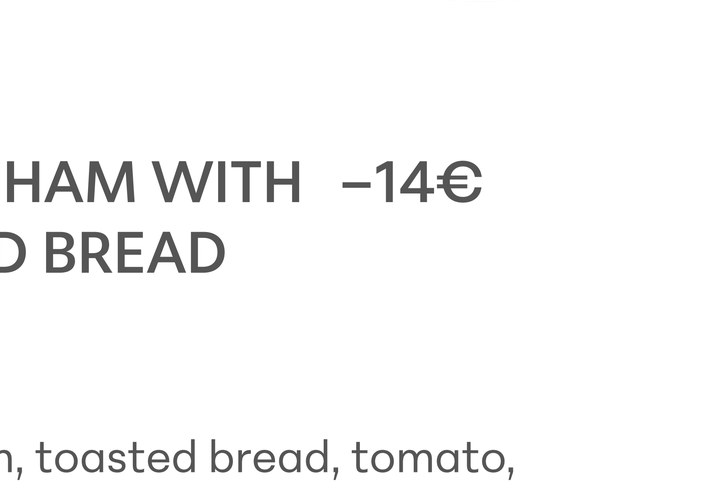
Calories: ~420 kcal Fat: ~18 g
Protein: ~22 g Carbs: ~42 g

HOMEMADE CROQUETTES –4€

300 g / 8 pcs

Ham, roasted vegetables, goat cheese

Calories: ~450 kcal Fat: ~26 g
Protein: ~16 g Carbs: ~36 g





BURRATA WITH TOMATO & PESTO –12€

370 g

Burrata cheese, tomato, basil pesto, olive oil

Calories: ~480 kcal Fat: ~38 g
Protein: ~18 g Carbs: ~12 g

GARLIC SHRIMP –14€

130 g

Shrimp, garlic, olive oil, chili, parsley

Calories: ~260 kcal Fat: ~16 g
Protein: ~24 g Carbs: ~4 g



SALADS

CAESAR SALAD WITH GRILLED CHICKEN –14€

290 g

Romaine lettuce, grilled chicken, croutons, Caesar dressing, parmesan

Calories: ~450 kcal
Protein: ~34 g
Fat: ~25 g
Carbs: ~22 g





MEDITERRANEAN SALAD –12€

250 g

Tomato, cucumber, olives, feta cheese, olive oil, onion

Calories: ~300 kcal
Protein: ~10 g
Fat: ~22 g
Carbs: ~12 g

AVOCADO & SHRIMP SALAD –15€

270 g

Avocado, shrimp, cherry tomatoes, olive oil, lemon juice

Calories: ~420 kcal
Protein: ~24 g
Fat: ~28 g
Carbs: ~12 g



GRILL

BEEF ENTRECÔTE –26€

300 g

Beef entrecôte, salt, pepper, olive oil

Calories: ~720 kcal Fat: ~50 g
Protein: ~60 g Carbs: ~50 g





BEEF TENDERLOIN –29€

250 g

Beef tenderloin, salt, pepper, olive oil

Calories: ~650 kcal Fat: ~44 g
Protein: ~55 g Carbs: ~40 g

GRILLED CHICKEN WITH HERBS –18€

200 g

Chicken breast, herbs, olive oil, salt, pepper

Calories: ~350 kcal Fat: ~20 g
Protein: ~40 g Carbs: ~14 g





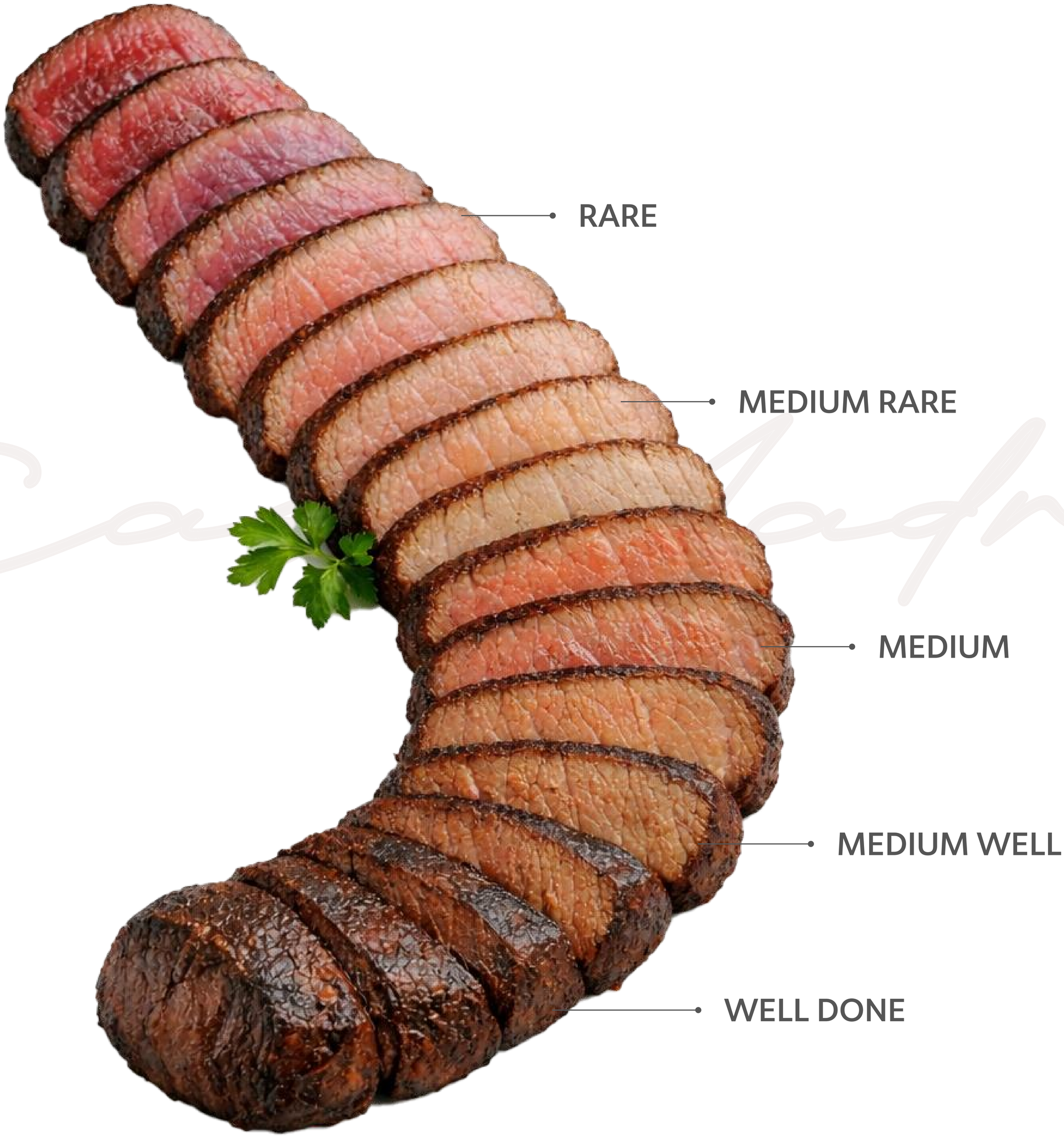
GRILLED SALMON –21€

200 g

Salmon fillet, olive oil, lemon, salt, pepper

Calories: ~500 kcal Fat: ~18 g
Protein: ~40 g Carbs: ~32 g

LEVEL OF DONENESS



PIZZA

PIZZA MARGHERITA –12€

350 g

Pizza dough, tomato sauce,
mozzarella, basil, olive oil

Calories: ~800 kcal Fat: ~28 g
Protein: ~28 g Carbs: ~95 g





PROSCIUTTO & MUSHROOM PIZZA –14€

450 g

Pizza dough, tomato sauce, mozzarella,
prosciutto, mushrooms

Calories: ~900 kcal Fat: ~32 g
Protein: ~35 g Carbs: ~95 g

SPICY SALAMI PIZZA –14€

450 g

Pizza dough, tomato sauce,
mozzarella, spicy salami

Calories: ~1000 kcal Fat: ~42 g
Protein: ~34 g Carb: ~95 g





BURRATA & ARUGULA PIZZA –15€

460 g

Pizza dough, tomato sauce, burrata,
arugula, olive oil

Calories: ~950 kcal Fat: ~40 g
Protein: ~30 g Carb: ~95 g

PASTA

SPAGHETTI BOLOGNESE –14€



350 g

Spaghetti, minced beef, tomato sauce, onion, garlic, olive oil, herbs

Calories: ~600 kcal Fat: ~20 g
Protein: ~28 g Carbs: ~70 g



CARBONARA –13€

350 g

Spaghetti, eggs, prosciutto, parmesan, cream, black pepper

Calories: ~700 kcal Fat: ~36 g
Protein: ~30 g Carbs: ~65 g

SPAGHETTI WITH TRUFFLE & PARMESAN –16€



330 g

Spaghetti, truffle / truffle mushroom, parmesan, butter, cream, egg

Calories: ~750 kcal Fat: ~42 g
Protein: ~24 g Carbs: ~65 g

TO SHARE



FRENCH FRIES –5€

180 g

Potatoes, frying oil, salt

Calories: ~350 kcal Fat: ~18 g
Protein: ~4 g Carbs: ~45 g



RUSTIC POTATOES –5€

180 g

Rustic potatoes

Calories: ~520 kcal Fat: ~4 g
Protein: ~15 g Carbs: ~100 g



ARTISAN BREAD –2€

200 g

Rustic bread

Calories: ~520 kcal Fat: ~4 g
Protein: ~15 g Carbs: ~100 g

DESSERTS

CHEESECAKE –7€

150 g

Cream cheese, sugar, eggs, biscuit base, butter

Calories: ~450 kcal Fat: ~30 g
Protein: ~8 g Carbs: ~35 g





HOMEMADE TIRAMISU –7€

150 g

Mascarpone, eggs, sugar, coffee-soaked ladyfingers, cocoa

Calories: ~500 kcal Fat: ~32 g
Proteins: ~8 g Carbs: ~40 g

ARTISAN ICE CREAM –6€

150 g / 3 scoops

Vanilla / chocolate / strawberry

Calories: ~250 kcal Fat: ~15 g
Protein: ~4 g Carbs: ~25 g





BROWNIE WITH VANILLA –8€ ICE CREAM

200 g

Chocolate brownie, vanilla ice cream, chocolate sauce, powdered sugar

Calories: ~550 kcal Fat: ~30 g
Protein: ~6 g Carbs: ~60 g