

Key Verse: “John 14:6 – *“I am the Way, and the Truth, and the Life.”*”

SUMMARY

It’s easy to turn to Google or social media for answers to big questions—like “Who am I?” or “Why am I here?”—but the internet isn’t always trustworthy. Search results are often paid for or biased, and influencers may have their own agendas. Even when online advice seems helpful, it can lead to mistakes or confusion. God knows you better than anyone, and His guidance is perfect and true. By running to God first, you can get answers that will actually help you navigate life, make wise choices, and find purpose

ICEBREAKER

Think about the last time you asked a big question. Did you look online first, or ask someone for advice? How did it go?

DISCUSSION STARTER

Why is it risky to rely on Google or social media for answers to big life questions?

DISCUSSION QUESTIONS

1. How can running to God first give you better guidance than searching online?
2. What kinds of questions should we bring to God instead of just Googling?
3. How can mentors help you find answers that align with God’s truth?
4. How does knowing Jesus is the Way, the Truth, and the Life help you when you’re unsure what to do?
5. Can you think of a situation recently where you ran to God first instead of trying to figure it out on your own?

ACTIVITY:

“Big Question Journal” – Give each student a small notebook or sheet of paper. Ask them to write down **one big question** they’ve been thinking about in life (identity, purpose, relationships, etc.). Next to the question, have them write:

1. How they might be tempted to find the answer online.
2. How they could run to God instead (prayer, Bible, mentor).

Encourage students to keep this journal and write follow-ups next week about what God showed them or what they learned.

WRAP-UP

The internet is full of answers, but not all of them are true or helpful. When you’re unsure about life, your purpose, or your identity, God is the one who has the answers. Run to Him first, and He will guide you, protect you from mistakes, and show you the truth. ***Run to God before you run to Google.***

