



***Kids Summer Dance Camp 2026  
Information Packet***

***July 13 - 16***

***835 NW Wall St  
Bend, OR  
97703***

***Email: [audience@bodyvox.com](mailto:audience@bodyvox.com)***

[Camp Groups](#)

[General Information](#)

[What to Bring](#)

[Camp Rules and Outline](#)

[Release Forms](#)

[Permission Slip for Afternoon Adventure](#)

## ***Camp Groups***

### ***Red Group: Ages 4 - 5***

Camp Classes: Monday through Friday, 9:00am - 12:30pm

Camp Showcase: Friday, 2:30 - 3:30pm

### ***Green Group: Ages 6 - 7***

Camp Classes: Monday through Friday, 9:00am - 2:30pm

Camp Showcase: Friday, 2:30 - 3:30pm

### ***Blue Group: Ages 8 - 11***

Camp Classes: Monday through Friday, 9:00am - 2:30pm

Camp Showcase: Friday, 2:30 - 3:30pm

### ***Purple Group: Ages 12 - 14***

Camp Classes: Monday through Friday, 9:00am - 3:30pm

Camp Showcase: Friday 2:30 - 3:30

### ***Yellow Group: Ages 14+***

Camp Classes: Monday through Thursday, 9:00am - 3:30pm

Camp Showcase: Friday 2:30 - 3:30

\*\*Please print, sign, and return pages 7 - 13 by mail or email before the start of camp. Students may only participate in class after a valid release form has been received.

# General Information

## Check-In/Out

**Check In:** In the mornings, a parent or an authorized guardian will check-in their child at the Greeting Table located in the Tower Theatre lobby. Students will then be given a nametag and chaperoned by BodyVox staff to the studio. We find that children focus better in classes without an audience of parents and ask you to please depart after check-in.

**Check Out:** When parents arrive for check-out, BodyVox staff will collect each student and bring them to the lobby to sign-out. **\*\*IMPORTANT:** Guardians or caregivers will be required to sign students in and out each day. BodyVox will only release students to those guardians or caregivers listed as Authorized Guardians on the Contact Information Form (located at the end of this packet).

### **Early Check-in and Late Pick-up Policies:**

Kids Dance Camp will accept students at 8:30am each morning. We do not have the staffing for early drop off. We will have doors locked until all staff are present and prepared for your children at 8:30. Check in is between 8:30 - 9:00am daily. If you will not be attending that morning or are running late, please give us a call or an email.

Please arrange to have your child picked up on time each afternoon as the studio is used for many other groups throughout the evenings. There is a 15-minute grace period after camp has ended. Late pickups may be charged a fee.

# ***What to Bring***

## ***Clothing/Dress Code:***

- Children should wear comfortable dance or form-fitting athletic attire such as leotards, t-shirts, shorts, tights, or sweat pants.
- No clothes that flip up, skirts, loose tops, zippers/buttons, or stocking feet.
- Hair should be away from the face and secure for all classes.
- Please bring socks or ballet shoes for class.
- Closed-toe shoes required for between class transitions.
- Children under 6: NO laces.

## ***General Supplies:***

- Sack Lunch - **No peanuts, nuts of any kinds, or products that may contain nuts including PB&J sandwiches.** We may have students with severe peanut and nut allergies.
- Healthy snacks for the day - They will be active and hungry! They will have multiple snack breaks plus a lunch break.
- Water bottle - dancing requires lots of energy, and your child might sweat during classes. Send your child to camp equipped with a water bottle so they can stay hydrated throughout the day.
- Change of clothes - It's the summer and they will be dancing all day. Bring an extra set of clothes to change into after camp.
- Red Group (Ages 4 - 5): Many students in this age group are new-ish to toilet training. Please send extra pants and under garments with your child in case of accidents. Let your child know it's OK to ask any of our teachers or helpers at any time to help them to the toilet.

## **Camp Rules and Outline**

1. Students must wear shoes everywhere except on the studio dance floor.
2. Students will wear their name tags and wrist bands at all times.
3. Campers will show kindness to each other and be respectful.

### ***Class schedule***

Students will take different dance techniques each day including ballet, contemporary and more. They will also take BodyVox branded classes, such as BodyVox Methods, Stackrobats and Yogavox. Students in the Purple and Red groups will learn BodyVox repertoire and choreograph their own pieces.

Students will have multiple snack breaks a day.

- **The Red** group will be released at 12:30 Monday - Wednesday.
- **Green and Blue** groups will be released at 2:30 Monday - Wednesday. All groups will be released at 3:30 on Friday.
- **Purple and Yellow** groups will be released at 3:30 Monday- Wednesday.
- All groups will be released at 3:30 on Thursday

\*All classes will stay until 3:30 on Thursday

### ***Thursday Showcase — Family and Friends Invited!***

A Showcase open to family and friends will be held on Thursday in the main theater. The focus of the showcase is to share the process of student learning and creativity from the week.

Showcases might include: demonstrations from classes, student produced choreography and more!

***All students: 2:30-3:30pm***

# Release Forms

**\*\*Please print, sign and return following pages by mail or email at least one week before camp. Students may only participate in class after a valid release form has been received. Contact Information: required for all participants**

Student(s): may be used for multiple students (use back if needed)

Name First/Last	Age	Medical Condition/Allergy
-----------------	-----	---------------------------

Name First/Last	Age	Medical Condition/Allergy
-----------------	-----	---------------------------

Name First/Last	Age	Medical Condition/Allergy
-----------------	-----	---------------------------

Parents/Guardians:

- (1) Name (first, last) cell #
- (2) Name (first, last) cell #

**Authorized Guardians:** if you intend to have someone, other than a parent or guardian listed above, pick up or drop off your student(s) please list them below. We will not release your child(ren) to anyone not listed here!

Name	relationship to student	cell #
------	-------------------------	--------

Name	relationship to student	cell #
------	-------------------------	--------

**Public Transit or Driving:** If your child is under 18 years of age, and they plan on taking public transportation or driving themselves to dance, please check the box below.

My child is allowed to leave the the studio without an authorized guardian

**Emergency Contact** (if different than above)

Name

relationship to student

cell #

Initial here \_\_\_\_\_ to give parental consent for BodyVox/Tower Theater to administer over the counter first aid as needed; band-aids and ice etc.

Participant Name (one form per child please)

\_\_\_\_\_

Photo Release:

I authorize use of my own and/or my child's visual image and statements made to be used by BODYVOX for any purpose and in any media now known or later developed. I acknowledge that this is a perpetual license granted without any compensation to me and/or my child.

**Please check one of the following:**

- Yes, you may use media of my student (no names will be included)
- No, please do not use any media of my student.

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

## Agreement Release and Waiver of Liability **\*\*required for all participants**

**Email, mail, or bring your completed completed form to:**

*Email: audience@bodyvox.com • BodyVox Dance Center • 1201 NW 17th Ave. • Portland, OR 97209 • No refunds after July 29. No refunds for any unattended days.*

In consideration of the opportunity to participate in BodyVox/Tower Theater Studio Classes or Camps, I agree as follows:

1. I understand and acknowledge that Dance and Movement classes are a strenuous physical activity involving the risk of physical injury and I have taken all steps necessary to learn of any physical impairment(s) that would limit or affect my child's /ward's safe participation. I also understand and acknowledge that the social and economic losses, which can result from those risks and dangers, can be severe and that not all such risks and dangers may be known or reasonably foreseeable at this time. I accept the responsibility for losses or damages resulting from all such risks and dangers involved in participation in the program.
2. I agree to take appropriate precautions for my own safety and that of others when participating in the program and further agree that, before participating I will inspect the facilities and equipment to be used and will, if I believe anything is unsafe, immediately advise the person in charge of that unsafe condition and will refuse to participate.
3. I hereby release, waive and discharge BodyVox/Tower Theater, it's instructors, assistants, officials, volunteers, officers, directors, agents and employees, from any and all liability to me and to my conservators, guardians or other legal representatives, assigns, heirs and next of kin for any and all claims, demands, losses or damages on account of any injury, or damage to property, arising out of my or my child's/ward's participation in the program, whether on BodyVox/Tower Theater premises or elsewhere, including transportation of myself and/or my child/ward to and from events and venues.
4. I also hereby agree to indemnify and to hold harmless from any claim or demand on account of injury or damage that my child/ward may suffer as a result of participation in the BodyVox/Tower Theater class and all other persons mentioned in Paragraph 3.
5. I understand that this release, waiver, and agreement to indemnify and hold harmless includes, but is not limited to, damages which are caused, or alleged to be caused, in whole or in part by the negligence of BodyVox/Tower Theater and the individuals listed in Paragraph 3.
6. I am the parent or legal guardian of the participant named above, who is under the age of 18 years and who wishes to participate in BodyVox/Tower Theater classes. In consideration of BodyVox/Tower Theater allowing my child or ward to participate in that class, I hereby agree to indemnify BodyVox/Tower Theater and all other persons described in Paragraph 3 above, and to hold each and all of the harmless from any claim or demand on account of injury to or damage suffered by my child or ward as a result of participation in that program, whether BodyVox/Tower Theater premises or elsewhere.  
I acknowledge it is my responsibility to deliver my child to the class and to pick up my child promptly upon the scheduled conclusion.

Signature of Parent/Guardian \_\_\_\_\_

Signature of student (if over 18) \_\_\_\_\_

Date \_\_\_\_\_

***Email completed form to:***

- *Email: [audience@bodyvox.com](mailto:audience@bodyvox.com) • No refunds after July 1. No refunds on any unattended days. •*