

L I STRIVE @ DANCE CENTRE OF THE
HAMPTONS PRESENTS:

MOMMY & ME DEVELOPMENTAL COMMUNITY CLASS



Join our 8-week Developmental Mommy & Me program designed to nurture your child's development and deepen your bond through a playful and flexible style that involves purposeful activities. Led by a seasoned expert in the field with over 35 years experience, supporting children and families, each session offers guided play and developmental insights on meeting your child's needs with a supportive community of caregivers.

**Instructor: Dr. Heidi MacAlpine, OTD,
E-RYT, Mindfulness Educator,
Fitness Instructor**

More info:

05/15-6/19/2025
11:30AM-1PM
INFANTS &
TODDLERS
\$100/CLASS

📍 460 County Rd 111, Ste 21
Manorville, NY 11949

📞 631-223-8806

REGISTER AT [LISTRIVE.COM](https://www.listrive.com)