

LI Strive at Dance Centre of the Hamptons
presents:

CONNECTED & CONFIDENT COMMUNITY CLASS COURSE



LI Strive's Connected & Confident Level 1: Navigating Friendship, Dating 101, and Social Media connections is a community class to build social confidence, learn about relationships, and practice essential skills for meaningful connection.

Each curriculum-based class includes instruction, discussion, activities, and real-world practice, co-led by a licensed social worker and peer mentor.

WEDNESDAYS: 3-4:30 PM

(NO CLASS 7/16/25)

Instructor: Lori Phelan, LMSW

More info:

WEDNESDAYS
3-4:30 PM
FOR EVERYONE 18+
\$125/CLASS



460 County Rd 111, Ste 21
Manorville, NY 11949



631-223-8806

**FOR MORE INFORMATION AND TO REGISTER
VISIT US AT [LISTRIVE.COM](https://www.listrive.com)**