

LI Strive at Dance Centre of the Hamptons
presents:

CONNECTED & CONFIDENT COMMUNITY CLASS COURSE



LI Strive's Connected & Confident Class: Navigating Friendships, Dating, Social Situations (to include Social Media), and so much more, is a community class to build social confidence, learn about relationships, and practice essential skills for meaningful connections, communication and build confidence.

Each curriculum-based class includes instruction, discussion, activities, and real-world practice, co-led by a licensed social worker and peer mentor.

WEDNESDAYS: 3-4:30 PM

Instructor: Lori Phelan, LMSW

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3-4:30 PM
FOR EVERYONE 18+
\$125/CLASS

More info:

 460 County Rd 111, Ste 21
Manorville, NY 11949

 631-223-8806

**FOR MORE INFORMATION AND TO REGISTER
VISIT US AT [LISTRIVE.COM](https://www.listrive.com)**