

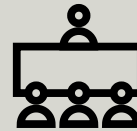
OPEN TO
EVERYONE
TEENS
14-18



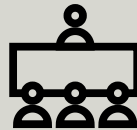
CONNECTED & CONFIDENT COMMUNITY CLASS

This class focuses on executive functioning, emotional regulation, self-awareness, communication, and problem solving while helping teens better understand social expectations both in person and online.

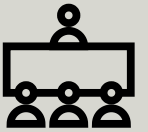
Mondays
3:30-4:15PM



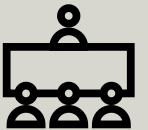
Weekly starting
6/15/26



Instructor:
Lori Phelan,
M.S.W.



\$75/class



REGISTER NOW

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