

# RHYTHM & DRUMMING COMMUNITY CLASS

At LI Strive, our Rhythm & Drumming class offers an interactive and inclusive musical experience where participants explore self-expression, creativity, and connection through sound and movement. Each class combines guided instruction, hands-on practice, movement, and group participation. Students will explore different styles of rhythm, experiment with creating their own beats, and engage in collaborative musical collaboration.

**Thursdays**  
**2:45-**  
**3:30 PM**

**Instructor:**  
**Heidi MacAlpine**

**6/18/26-8/31/26**

**\$50/  
class**

**SIGN UP NOW**



Our Phone  
631-223-8806



More Information  
[www.listrive.com](http://www.listrive.com)

**OPEN TO ALL!!!**

