



CRACKING THE COMMUNICATION CODE

EVERY COUPLE WANTS TO BE **KNOWN** AND **LOVED**.



LOCATED AT
St. Catherine of Siena

1643 Metairie Rd, Metairie, La 70005



SATURDAY
November 14 2026

8am-2:45pm | Lunch Provided

WHY ATTEND?

- Gain new insights into each other's needs
- Discover practical communication strategies to break the cycle of conflict
- Acquire tools for stronger and healthier connections in marriage
- Learn from real-life examples of how *Love and Respect* can transform relationships

All couples welcome.
Any faith background.

SCHEDULE:

7:15am Check-In | **8:00am** Mass

MORNING SESSIONS

Welcome & Introductions *Michelle & Scott*
Session with *Jason Angelette*
Couple Testimonial *Jean & Janice Charbonnet*
Dr. Emerson: The Crazy Cycle

11:45am Lunch Provided

AFTERNOON SESSIONS

Couple Testimonial *Eric & Nicole Cedor*
Dr. Emerson: The Energizing & Rewarding Cycle

2:30pm Closing Remarks, Prayer & Blessing

2:45pm Dismissal



Faith and Marriage

an Apostolate of the Willwoods Community



ARCHDIOCESE OF
NEW ORLEANS

Office of Marriage and Family Life



**\$100
/COUPLE**

Free for Clergy



**SCAN TO
LEARN MORE
SEE SCHEDULE
& REGISTER**



REGISTER NOW

MEET THE SPEAKERS

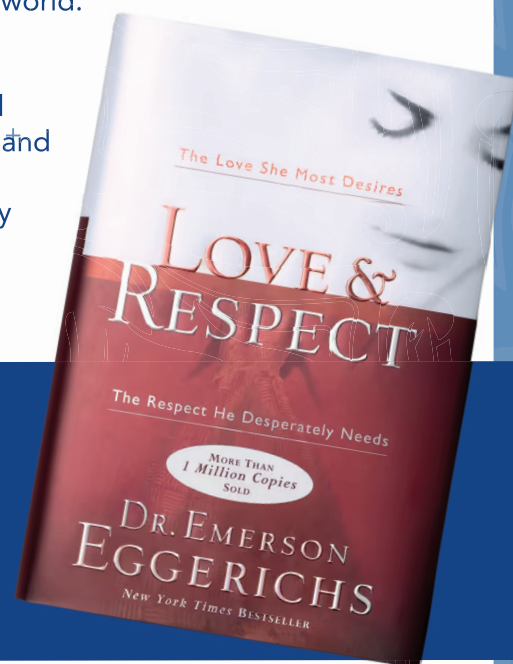
SPEAKER: **DR. EMERSON EGGERICHS**



Dr. Emerson Eggerichs is an internationally known author and speaker on the topics of marriage, parenting, communication and more. Based on five decades of counseling as well as scientific and biblical research, he founded Love and Respect Ministries with his wife, Sarah in 1999, which is actively impacting countless relationships all over the world.

He has spoken to the NFL, PGA, and NBA; keynoted national business events; addressed universities, mega churches, the U.S. military, and CEO groups. He holds a Ph.D. in Child and Family Ecology from Michigan State University

and has authored several books. Emerson and Sarah have been married since 1973 and have three adult children and seven grandchildren.



"There is a book I love, I recommend to all marriage prep couples and even couples that have been married for a long time, it's called *Love and Respect* by a man named Emerson Eggerichs."

- **FR. MIKE SCHMITZ**



JASON ANGELETTE

Father of five, co-author of the marriage enrichment program United in Love, United in Christ. Jason holds a Master of Theological Studies from the Pontifical John Paul II Institute on studies of Marriage and Family and is the director of the Willwoods Community Faith & Marriage Apostolate.



JEAN & JANICE CHARBONNET

Met in youth ministry with NET Ministries. Through moves, job changes, and raising five children, seeking God's will has been their guiding purpose. They serve on the Faith and Marriage Core Team, teach on couple prayer, and are active in the Catholic charismatic renewal.



ERIC & NICOLE CEDOR

Parishioners at St. Peter's in Covington and Mary Queen of Peace in Mandeville, the Cedors serve on the Willwoods Faith and Marriage Core Team. Their youngest daughter was born with a rare neurodevelopmental disorder. Their core message: joy and peace are possible even in the most difficult circumstances.