

MEET THE SPEAKER

CHRISTOPHER WEST



Christopher West, Th.D., is a devoted husband and father of five. As president of Theology of the Body Institute near Philadelphia, PA, he leads an international apostolate spreading St. John Paul II's life-transforming teaching through graduate-level in-person and online courses, on-site events and programs, clergy enrichment training, and an online global community dedicated to ongoing formation. In addition to serving as Professor of Theological Anthropology in the Institute's jointly sponsored M.A. program with Pontifex University, Dr. West has served on the faculties of St. John Vianney Theological Seminary in Denver; the Institute for Priestly Formation in Omaha; the St. Therese Institute of Faith and Mission in Canada; and as a visiting professor of the John Paul II Institute in Australia.

West is the author of more than a dozen best-selling books and is the editor and primary contributor to Theology of the Body Institute Press' first release, *God Is Beauty: A Retreat on the Gospel and Art w/ Karol Wojtyla*. His most recent book, *Eating the Sunrise: Meditations on the Liturgy & Our Hunger for Beauty*, was released in October 2023.

He co-hosts (with his wife Wendy) the world's most popular Theology of the Body podcast, *Ask Christopher West*, on Spotify and Theology of the Body Institute's YouTube channel. *Ask Christopher West* has passed 4 million total downloads. Since 2025 (on the same channels), he is also a co-host with Bill Donaghy and Mike Mangione of *Word Made Fresh* podcast, which dives into art, poetry, music, stories, and everyday moments to reveal the sacramentality of reality. Christopher's work has been featured in *The New York Times*, on ABC News, Fox News, MSNBC, and in countless Catholic and evangelical media outlets.

Stay connected to Christopher by joining the mailing list at TheologyoftheBody.com, by subscribing to the Theology of the Body Institute YouTube channel and by following Christopher at @cwestofficial on Instagram, Facebook and Twitter.

