

Why young people access porn

- First exposure to porn is often **accidental**.
- To learn more about **sex** and their own **sexuality**.



! It is important to have open discussions about the difference between porn and in person sexual acts. This avoids any misunderstandings about what sex is.

Things to remember when talking about porn

- ✓ We do not want people to feel shamed for using porn.
- ✓ We want them to make informed choices about using porn.
- ✓ There are resources and services to assist in having these conversations.



Additional resources

- SECCA library
- SECCA workshops
- www.secca.org.au
- www.secca.tribalhabits.com

SECCA

SECCA is a NDIS registered service provider that supports people that live with a disability and their families and carers to provide education and counselling about sexual health, relationships and sexual expression. SECCA develops free resources that support sexuality and relationship education. Available on the website.

City West Lotteries House
2 Delhi St
West Perth WA
Phone (08) 9420 7226
admin@secca.org.au
secca.org.au

 [seccasupport](https://www.facebook.com/seccasupport)
 [secca_org](https://www.instagram.com/secca_org)

Things to Know About Porn

A guide to talking about pornography.



SECCA Ability Relationships Sexuality

What is porn?

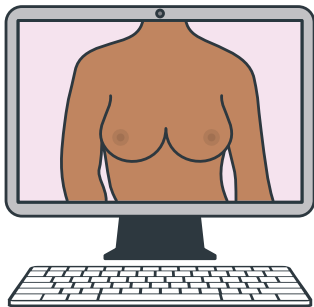
Porn is also called **pornography**.

.....

Porn is any photo, video or writing that mentions or is about **sexual activity**.

.....

Porn is usually made to make the reader or viewer feel **sexy** or **aroused**.



! Watching porn is a private behaviour.

Why teach about porn?

Children are typically exposed to pornographic content from an early age.

.....

This means talking to them about porn early and often can help avoid misunderstandings about sex and relationships.



What to teach

Generally, porn **does not show**:

- real relationships
- consent
- the use of contraception
- diverse bodies or relationships
- women being treated with respect.



! Porn can affect reader or viewer understandings of healthy sex.