

# Hope for Tomorrow

## Lesson 1: Follow Me



# Quick Connections


1. Split into two lines facing each other.
2. The first line will stay in place, and the second line will shift one person over at the end of each round.
3. The person at the end of the second line will move to the front of the line.
4. Each round will last for one minute.
5. During the minute, share your interesting facts with each other, and make sure to ask follow up questions.





# Let's Share

**Have you ever been a “follower”  
of something or someone?**





Discipleship is the lifelong journey of  
following Jesus in order to learn from him  
and become like him.





# Digging in



## Luke 5:1-11

One day as Jesus was preaching on the shore of the Sea of Galilee, great crowds pressed in on him to listen to the word of God. He noticed two empty boats at the water's edge, for the fishermen had left them and were washing their nets. Stepping into one of the boats, Jesus asked Simon, its owner, to push it out into the water. So he sat in the boat and taught the crowds from there.

## Luke 5:1-11

When he had finished speaking, he said to Simon, “Now go out where it is deeper, and let down your nets to catch some fish.”

“Master,” Simon replied, “we worked hard all last night and didn’t catch a thing. But if you say so, I’ll let the nets down again.” And this time their nets were so full of fish they began to tear! A shout for help brought their partners in the other boat, and soon both boats were filled with fish and on the verge of sinking.

## Luke 5:1-11

**When Simon Peter realized what had happened, he fell to his knees before Jesus and said, “Oh, Lord, please leave me—I’m such a sinful man.”** 9 For he was awestruck by the number of fish they had caught, as were the others with him. 10 His partners, James and John, the sons of Zebedee, were also amazed.

Jesus replied to Simon, “Don’t be afraid! **From now on you’ll be fishing for people!**” 11 And as soon as they landed, **they left everything and followed Jesus.**



## Let's Discuss

- What stands out to you about this story?
- What do you notice about how Jesus and Simon interact with each other?



## Let's Discuss

Simon Peter responded to the miracle by falling to his knees and saying, “Oh, Lord, please leave me—I’m such a sinful man.”

- What do you think it means to be sinful?
- How do you observe people around you being sinful, or how are you sinful toward others?



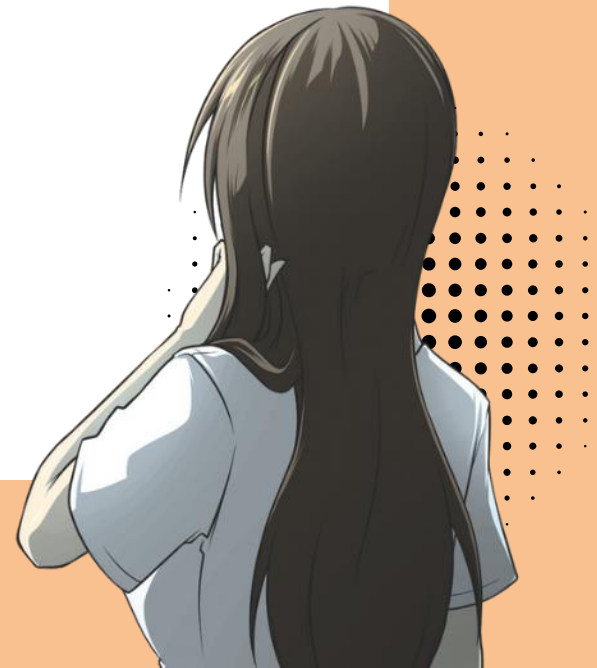


**Sin is anything we think, say,  
or do that goes against God.**



## Let's Discuss

What does Jesus mean when he tells Simon, "From now on you'll be fishing for people!"?



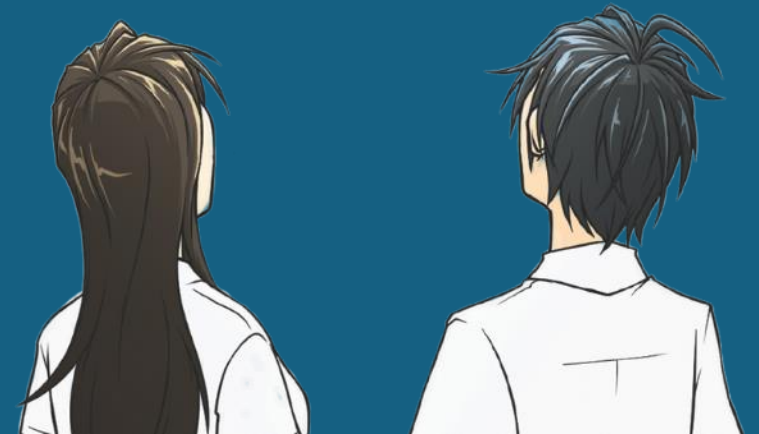
## Let's Discuss

What do you think it means that Simon and his coworkers “left everything and followed Jesus”?



## Time to Apply

- What might you need to leave behind in order to follow Jesus more fully? (Consider beliefs, habits, relationships, desires, pressures, expectations, etc.)
- Do you know what your purpose is? What would it look like for you to trust Jesus to give your life purpose?





## Practicing Life with Jesus

How can we follow Jesus or have a relationship with him when he is not standing in front of us?



## Let's Discuss

What do you think of when you hear the word “prayer”?



# Time to Respond

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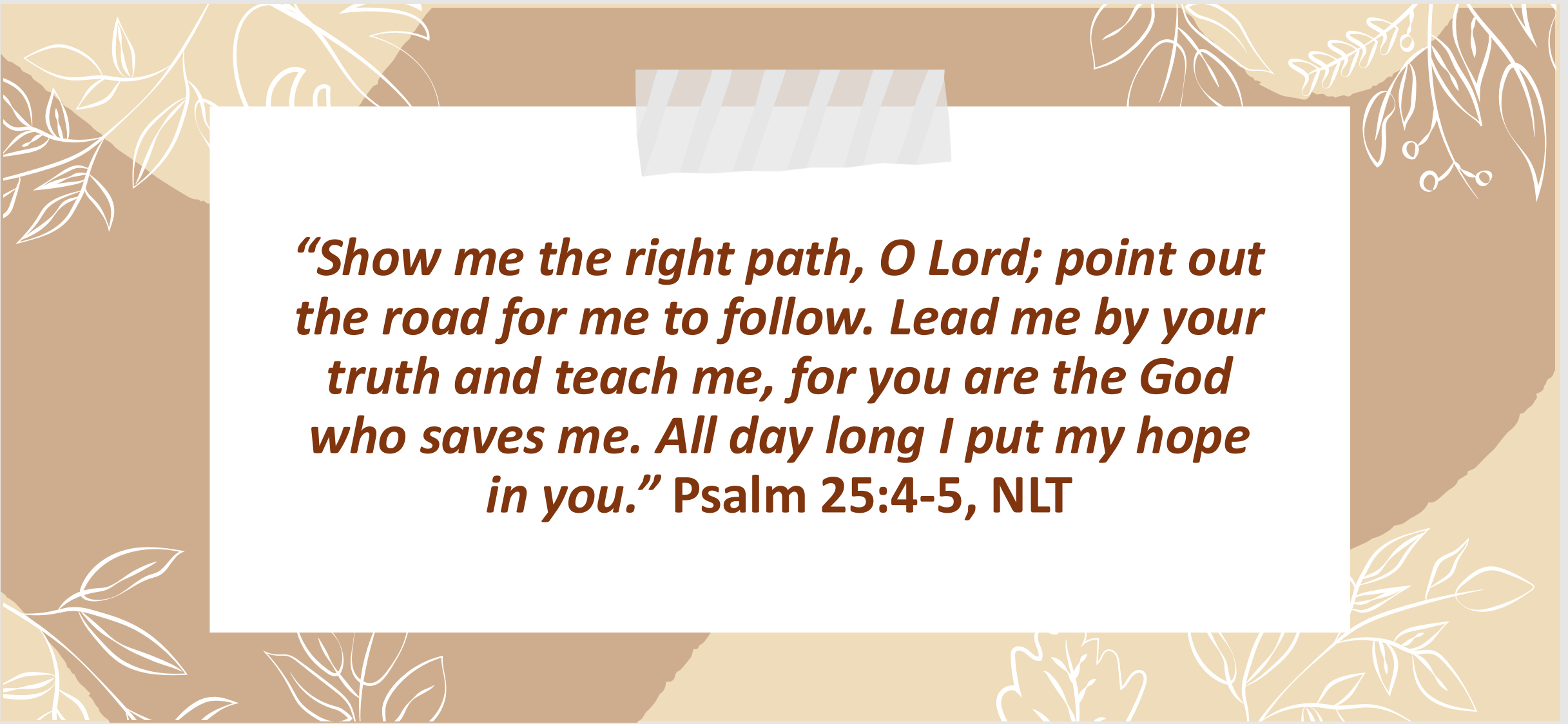

**Write a prayer in response to Jesus' invitation to walk with him. If you are not sure what to write, you can use these prompts as a guide:**

Can you relate to Simon Peter's sense of being a "sinful man" or of being far away from God? Talk to God about the reasons you feel distant and ask Jesus to close the gap.

Use these verses from Psalm 25 to ask God to guide you as you follow Jesus.

***"Show me the right path, O Lord; point out the road for me to follow. Lead me by your truth and teach me, for you are the God who saves me. All day long I put my hope in you." Psalm 25:4-5, NLT***





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