



Lesson 8: Made to be Light

Main Point

God created you to be his light in the world, and the way you engage with media can either magnify or dim this light.

Scripture: Matthew 5:14-16 NLT

You are the light of the world—like a city on a hilltop that cannot be hidden. No one lights a lamp and then puts it under a basket. Instead, a lamp is placed on a stand, where it gives light to everyone in the house. In the same way, let your good deeds shine out for all to see, so that everyone will praise your heavenly Father.

Scripture: Matthew 6:19-24 NLT

“Don’t store up treasures here on earth, where moths eat them and rust destroys them, and where thieves break in and steal. Store your treasures in heaven, where moths and rust cannot destroy, and thieves do not break in and steal. **Wherever your treasure is, there the desires of your heart will also be.**

“Your eye is like a lamp that provides light for your body. **When your eye is healthy, your whole body is filled with light. But when your eye is unhealthy, your whole body is filled with darkness.** And if the light you think you have is actually darkness, how deep that darkness is!

“No one can serve two masters. For you will hate one and love the other; you will be devoted to one and despise the other. You cannot serve God and be enslaved to money.

Exploring the Scripture:

- What does Jesus teach about the world and who his disciples are called to be?
- How can you use your presence online to shine the light of Jesus?
- Where does Jesus say we should store our treasures, and why?
- What are some examples of earthly treasures? Think of things you see commonly on social media.
- What does Jesus mean when he says, “Wherever your treasure is, there the desires of your heart will also be”?
- What danger do you see in treasuring things like the attention and approval we can find on social media? How might that affect your relationship with Jesus?
- In Matthew 6:22-23, Jesus uses a metaphor. What does Jesus mean when he says, “When your eye is healthy, your whole body is filled with light. But when your eye is unhealthy, your whole body is filled with darkness.”
- How do you feel after scrolling through social media for a long time?

Applying It to My Life:

Whether social media is good or bad for us depends on the posture of our hearts. If our eyes and hearts are set on God, then we can engage with social media in healthy, fun, creative ways for the good of ourselves, others, and for the glory of God.

- How do you use social media? What are your current habits?
- How are your habits around social media helping or hurting you as you follow Jesus?
- What is one step you can take this week to shine the light of Jesus online?