

Product Description:	Squid Rings
HSC Product Code:	002599
UPC Code:	636880003871
Country of Origin:	Peru
Wild or Farmed:	Wild-caught
Pack size:	24/1 lb.
Case Weight (Net):	24 lbs.
Case Weight (Gross):	26 lbs.
Ti x Hi	7x8
Storage:	Frozen
Shelf Life:	730 Days
Sustainability Rating:	Good Alternative (MBA)

Key Notes:

Very mild flavor with a firm texture.



Cooking Tips:

Heat the oil in a pan or deep fat fryer to 180°C or 350°F. If you are using a sauce pan take care not to fill it more than a third full.

Sprinkle the squid with salt and a pinch of smoked paprika.

Dip your squid rings into the flour, followed by the egg and finally into the bread crumbs.

Batch fry the squid in two batches in either a large saucepan or a wok. Each batch should take 2 minutes to brown and cook through.

Remove from the pan and drain on kitchen paper before serving.