

Whole Cooked Lobster

Homarus americanus

Product Description:	Lobster Cooked Whole 14-16oz
HSC Product Code:	#002541
UPC Code:	N/A
Country of Origin:	Canada
Wild or Farmed:	Wild
Pack size:	1x10lb
Case Weight (Net):	10lb
Case Weight (Gross):	11.9lb
Ti x Hi	N/A
Storage:	Frozen
Shelf Life:	730 days
Sustainability Rating:	Good Choice.
<u>Key Notes:</u>	
Lobster meat is mild and sweet in flavor. Texture is very firm	

Cooking Tips:

Bring 6 cups of water to boil in a large stockpot. Drop the precooked lobster into the pot and **cook for two minutes**. This will just heat the lobster through. Do not over-cook, or the meat will become rubbery

