



Catfish Fillets

Ictalurus punctatus

Country of Origin:	China
Wild or Farmed:	Farm raised
Harvest Method:	Pond
Pack size:	1x15 LB
Ti x Hi	10x10
Fresh or Frozen:	Frozen
Sustainability Rating:	BAP – 4 Star

Key Notes:

Well Trimmed; No Belly Meat; Clean Fresh no Muddy flavor. IQF; Boneless; Skinless

Description

HSC Product codes:

Catfish Fillet 3/5	#002016	UPC: 10636880001263
Catfish Fillet 5/7	#002020	UPC: 10636880001020
Catfish Fillet 7/9	#002026	UPC: 10636880001259



Cooking tips:

Season both sides of thawed fillet with salt, pepper, and thyme and place fillets in cast iron skillet with butter and olive oil over medium high heat. Let fillets cook for 2-3 minutes on each side. Remove from pan after cooking and squeeze lemon.

For more information or help with placing an order;
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